

EMANCIPATION OF ENSLAVED PEOPLE



WP
LEAGUE
RACE

CASTLE OF
GOOD HOPE

10km
run

START TIME 07H15am
CUT OFF 09H15am
PRIZE GIVING 09H30am

ENTRY FEE

LICENCED	UNLICENCED
R110	SENIORS R170
R65	JUNIORS R105
Free	70+ R60

23 NOVEMBER 2025
SUNDAY

REGISTRATIONS

ONLINE **WEBTICKETS**

BULK|CLUB|GROUP **ONLINE**
OR CONTACT RACE ORGANISERS

MANUAL ENTRIES **ON RACE DAY**
CARD FACILITIES | CORRECT CASH PAYMENTS
05:30am - 07:00am

RACE IS RUN IN ACCORDANCE WITH ASA AND WPA RULES, SOCIAL WALKERS ARE WELCOME



RACE CONTACT INFO CARLTON 076 481 0563 | JANNIS 072 298 4854 JANNISGOP1@GMAIL.COM

PRIZE MONEY

MALE & FEMALE	OPEN	40 - 49	50 - 59	60 - 69	14 - 19	70+
1 ST	R900	R600	R500	R500	R500	R500
2 ND	R750	R500	R400	R400	R400	R400
3 RD	R650	R400	R300	R300	R300	R300

TEAM PRIZE MONEY

MEN	R300	X4
WOMEN	R300	X4

ALL PRIZE MONEY WILL BE PAID BY EFT

RACE RULES



- The race is run according to the rules of ASA, and WPA.
- Participants must be 14 years of age or older to qualify for the 10km race.
- Race numbers (bibs) will not be issued. All registered athletes must wear two valid licence numbers. Unregistered participants must purchase a Temporary Licence which must be worn on the front of the vest.
- Temporary licence holders when registering must complete and hand in the tear off strip from the number in order to be eligible to compete. Temporary Licence athletes must run in clothing without advertising.
- Licensed athletes should wear club colours. Full club colours must be worn to qualify for team prizes. Temporary licenced athletes must run in clothing without advertising.
- Age category tags must be worn (front and back) and visible for the entire race to be eligible for an age category prize including Juniors.
- In 2025 Juniors are defined as anyone born in 2006 or later. (Under the age of 20 at year end).
- Entry cards, must be in the athlete's possession during the race and handed in at the results board at the Finish.
- Prize-giving is at 9h30am.
- Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees.
- The use of music players with headphones is not allowed and may result in disqualification.
- Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
- Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
- To qualify for team prizes, athletes must be SA Citizens, wear full club colours and participate with a permanent licence.
- Cut-off time will be 9h15am for the 10km.
- Race entry allows you a free tour of the castle until 12pm.
- Online entries close on 16 November 2025

Disclaimer: Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or cost relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.

REGISTER

ONLINE **WEBTICKETS**

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OR CONTACT RACE ORGANISERS

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05:30am - 07:00am

RACE INFO

- Registration on the day at the Castle of Good Hope from 05:30 - 07:00am
- All entrants must follow the instructions of the Race Marshalls.
- Social Walkers are welcome.
- Tog bag facilities are available at own risk.
- Race entry allows you a free tour of the castle until 12pm

Detailed rules are available on www.wpa.org.za or on request from the organizers or the WPA office



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