

**12 OCTOBER 2025  
SUNDAY**

# OMMIEDRAAI 10 KM RACE

**ROSMEAD SPORTS GROUNDS, LOCH ROAD, KENILWORTH.**  
**10 km Race 06h30    5km FUN RUN 06H50**  
**GOODIE BAGS FOR THE 1ST 1000 ONLINE ENTRIES**



**WINNERS OF THE WPA ROAD  
RACE OF THE YEAR 2024**



ENTER HERE  
WEBTICKETS OR CODE



**LOADS OF SPOT PRIZES ON THE DAY!!!**  
**FREE Parking at Kenilworth Centre (KC)**

## HOW TO ENTER

- Online entries: [www.webtickets.co.za](http://www.webtickets.co.za)
- Manual entries and online entry collection:
- at Kenilworth Centre
- Friday 10th October 2025 - 15h00 – 20h00
- Saturday 11th October 2025 - 10h00 – 17h00
- Race Day – 05h00am till the start of the race
- Bulk Entries: [ommiedraai@gmail.com](mailto:ommiedraai@gmail.com)

## ENTRY COSTS

- Online Licensed R100
- Online Temp R160
- Online Licensed Junior R50
- Online Temp Junior R60
- Manual Licensed R110
- Manual Temp R170
- Manual Licensed Junior R60
- Manual Temp Junior R100
- Licensed 70yr+ FREE – On race day only
- Unlicensed 70yr+ R85– On race day only
- Fun Run R50





## INFORMATION

Race queries to be directed to  
Munsief Daniels 082 967 9566 or  
Wahib Sherfodien on 082 290 3392.  
Alternatively email race queries to  
ommiedraai@gmail.com.

## PRIZE MONEY

### 10KM RUN

Equal prize money for Male and Female Athletes.  
Prize and lucky draw money will be paid to your  
bank account by way of EFT. Prize money will only be  
paid out once the race results have been verified.

Category	1st	2nd	3rd
Junior	R700	R500	R400
Open	R1 500	R1 000	R600
40-49	R700	R500	R400
50-59	R700	R500	R400
60-69	R700	R500	R400
70-79	R700	R500	R400
80+	R700		
Open Teams	4 x R500	Men & Women	

## ENTRY RULES

1. The race is run according to the rules of ASA and WPA.
2. Participants in the 10km must be 14 years of age or older. Participants in the 5km must be 10 years of age or older unless accompanied by an adult.
3. Race numbers (bibs) will not be issued. All registered athletes must wear two valid license numbers. Unregistered participants must purchase a Temporary License which must be worn on the front of the vest.
4. Temporary license holders when registering **MUST** complete and hand in the tear off strip from the number to be eligible to compete.
5. Licensed athletes should wear club colours. Temporary licensed athletes must run in clothing without advertising.
6. To qualify for team prizes, athletes **MUST BE SA** Citizens, wear full club colours and participate with a permanent **2025 ASA** license.
7. Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age category prize.
8. Entry cards must be in the athlete's possession during the race and handed in at the results board at the Finish.
9. **Cut off for all races is at 08h30. Prize-giving is at 08h30.**
10. Do not litter. This is a plastic free event. No plastic sachets will be used. Water will be served in cups. Participants are encouraged to "Carry their Own".
11. The use of music players with headphones is not allowed and will result in disqualification.
12. Detailed rules are available on [www.wpa.org.za](http://www.wpa.org.za) or on request from the organisers or the WPA office.
13. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
14. A tog bag area will be available at own risk.
15. Juniors (born in 2006 or later) wearing a senior or junior licence must display category tags "J", to qualify for age group prizes. Juniors will count towards Open team prize.
16. No personal seconding will be permitted except at official refreshment stations.
17. **DISCLAIMER:** Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.
18. In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their Club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
19. Temporary licenced participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
20. Runners must obey traffic officers, race marshals and race officials at all times.

**TOPPERS**  
THE TOP NAME IN SCHOOLWEAR



**Camissa**  
Asset Management



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