

ONLINE ENTRIES

Fun Run = No online entries

Cost : 15km = R95 (ASA Licensed Athlete)
15km = R140 (Unlicensed Athlete)

Where : www.aswd.co.za

Date : Opening till 29 Sept 2025 at 12h00

MANUAL ENTRIES

Fun Run = R35

Cost : 15km = R85 (ASA Licensed Athlete)
15km = R130 (Unlicensed Athlete)

Where : Hartenbos Drawwers Clubhouse or per email

Date : Opening till 29 Sept 2025 at 12h00

LATE ENTRIES

Fun Run = R35

Cost : 15km = R105 (ASA Licensed Athlete)
15km = R150 (Unlicensed Athlete)

Where : Hartenbos Library

Date : 3 Oct 2025 from 16h00 till 18h00

NO ENTRIES ON RACE DAY

GENERAL INFORMATION

TIME LIMIT	: 15km - 02H30	TIME LIMIT	: Fun Run - 01H30
STARTING TIME	: 15km - 07h00	STARTING TIME	: Fun Run - 07h15
START & FINISH	: Hartenbos Library		
MEDALS	: First 500 Finishers who complete the race in the cut-off time		
PRIZE GIVING	: 15 Minutes after last athlete completed the 15km in the cut-off time.		

Ferdie 083 294 2640

ferdie@mweb.co.za

Petro 079 188 9579

hartenbosdrawwers1@gmail.com



The Race is held under the rules of
ASA and ASWD



RULES AND REGULATIONS

<i>Minimum age on race day is 14 years for the 15km</i>	
1 Age	<i>The minimum age for the funrun is 7 years, however entrants younger than 7 years can participate in the funrun if accompanied by a guardian who is 16 years or older.</i>
2 Seconding	No seconding from cyclists or private vehicles allowed. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2).
3 Safety	All distances – No earphones (ASA Rule 34.10.6), animals (ASA Rule 34.10.1), racers (ASA Rule 34.10.3) or wheelchairs (ASA Rule 34.10.4) allowed.
4 Age tags	Participants will be eligible for prizes in the OPEN category and the age category for which they have entered provided the relevant OFFICAL ASWD age category tag is displayed, visible and above license number, front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. (Red age tags/White background)(ASA rule 22.9)
5 Prize Giving	Prize giving will be held at the venue 15 minutes after the last athlete complete the race in the cut-off time.
6 Proof of age	Athletes must give proof of age at the request of the Race Referee. (SA ID/Passport/Driver's License/Refugee Permit/Birth Cert.)
7 Foreigners	All Foreign athletes must get a Temp Number Or "All foreign athletes must comply with WA rule 142.2 and 4.2. Foreign athletes must be able to produce a letter from their respective federation permitting them to participate on race day.
8 Rules used	All road races held subject to the rules of ASA and Athletics SWD. All competitors must comply with the rules, regulations and instructions given by officials, marshalls and traffic officials. Non compliance may lead to disqualification. The Race Referee's decision is final. The race organiser reserves the right to accept/reject any entry received.
9 Entries	Online can be done at www.aswd.co.za & entry forms will be at ASWD office and at all clubs. Late entries on 3 Oct 2025 at Hartenbos Library form 16h00 till 18h00 NO ENTRIES ON RACE DAY

INFORMATION

	<u>ENTRY FORMS</u>
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1	Entry forms will be available at the following places :	1 - ASWD Office 2 - Hartenbos Drawwers Clubhouse
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Where to Enter for Event

2	ONLINE ENTRIES	: Closing on 29 Sept 2025 @ 12h00	- www.aswd.co.za
	MANUAL ENTRIES	: Closing on 29 Sept 2025 @ 17h00	- ASWD Office in George - Hartenbos Drawwers Clubhouse
	LATE ENTRIES	: 3 Oct 2025 at the Hartenbos Library from 16h00 till 18h00	

	<u>Manual Entry Payment</u>	
Hortonbus Drivers		NO CASH to be deposited

3	Hartenbos Drawwers	NO CASH to be deposited
	Standard bank (Savings Account)	Branch code: 051001
	Account number 385414803	Reference: Name and Surname
	Entry form and proof of payment must be emailed to :	hartenbosdrawwers1@gmail.com

Collection of Temp Licence Numbers & Timing Chips
3 Oct. 2025 at the Hartenbos Library from 16h00 till 18h00

4	<p>3 Oct 2025 at the Plantenbos Library from 10h00 till 10h00</p> <p>On Race Day (4 Oct) between 6h00 & 6h45</p> <p>NO ENTRIES ON RACE DAY</p>
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<u>GENERAL INFORMATION</u>					
TIME LIMIT	15 min	00/120	TIME LIMIT	15 min	00/120

TIME LIMIT	:	15km - 02h30	TIME LIMIT	:	Fun Run - 01h30
STARTING TIME	:	15km - 07h00	STARTING TIME	:	Fun Run - 07h15

5	STARTING TIME	15km - 08:00		STARTING TIME	10km - 08:00	
	START & FINISH	Hartenbos Library				
	MEDALS	First 500 Finishers who complete the race in the cut-off time				
	PRIZE GIVING	15 Minutes after last athlete completed the 15km in the cut-off time.				
	Ferdie	083 294 2640	ferdie@mweb.co.za	Petro	079 188 9579	hartenbosdrawwers1@gmail.com

6	Waterpoints will be at the 3km, 6km, 9km, 12km and at the finish line.
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[illegible]

PLACE	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women
	OPEN	JUNIOR	40 - 49	50 - 59	60 - 69	70 - 79	80+	HARTENBOS

1	R500	R150	R150	R150	R150	R150	R150	R150
2	R400	No Walkers Price Money						
3	R300							

[illegible]

	Ferdie	083 294 2640	ferdie@mweb.co.za	Petro	079 188 9579	hartenbosdrawwers1@gmail.com
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HARTENBOS DRAWWERS

Mossel Bay Sports Festival Event - 4 Oct 2025



ENTRY FORM

Admin Use	-	Temp Nr		Chip Nr	
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15 km

Funrun

Online Entry Closing 29 Sept 25	Licensed Athletes	R95	
	Unlicensed Athletes	R140	
Manual Entries - Closing 29 Sept 25	Licensed Athletes	R85	
	Unlicensed Athletes	R130	
Late Entry on 3 Oct 2025	Licensed Athletes	R105	
	Unlicensed Athletes	R150	

4km Funrun: Online Entry - Closing 29 Sept 25	R45	
4km Funrun: Manual Entry - Closing 29 Sept 25	R35	
4km Funrun: Late Entry - On 3 Oct 25	R35	

Surname																			
First Name																			
ID Number																			
Date of birth	D	D	M	M	Y	Y	Y	Y	Age							Male		Female	
Cell Number																			
Email																			

Emergency Contact

Emergency Contact	
Contact Number	

Club name													
2025 Licence Nr													
4km		15km		Run		Walk							
Age category / Ouderdom kategorie													
Jnr		Open		40-49		50-59		60-69		70-79		80+	

INDEMNITY / DISCLAIMER

By entering this event, I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of the physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizers of the event, all sponsors, persons and organizations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre - and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe; I will immediately discontinue further participation in the activity.

Signature	Date

MINOR RELEASE

And I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this indemnity / waiver on behalf of the minor.

Printed name of participant (parent/guardian in case of a minor)	
SIGNED (signed by a parent/legal guardian if the participant is under the age of 18)	Date