

CRUSADERS 10KM - AFRICAN SKY LORRAINE - 2025/10/11										
POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1584	51587	KEANU	DOMINGO	NWUPUK	M	23	SM	0.29.52	0
2	438	355	MELIKHAYA	FRANS	IKHAMVA	M	35	35-39M	0.30.20	5
3	440	396	LITHEBE	MENZELELELI	IKHAMVA	M	26	SM	0.30.21	5
4	439	357	SINAWO	POTI	IKHAMVA	M	23	SM	0.31.20	5
5	432	1361	ANDILE	MOTWANA	NEDBANK	M	28	SM	0.32.15	5
6	441	40414	LUKHANYISO	APRIL	IKHAMVA	M	17	JM	0.32.53	5
7	2176	3019	SICELO	MASHABA	CHILLIEP	M	25	SM	0.32.58	5
8	1601	1499	OYAMA	NTANTISO	NEDBANK	M	20	SM	0.32.58	5
9	447	356	LUYANDA	TSHANGANA	IKHAMVA	M	42	40-44M	0.33.00	5
10	442	40477	OKUHLE	DLOTO	IKHAMVA	M	18	JM	0.33.12	5
11	443	40413	SEMIHLE	BEDA	IKHAMVA	M	18	JM	0.33.46	5
12	444	358	MZWANELE	MAPHEKULA	IKHAMVA	M	49	45-49M	0.33.48	5
13	434	40184	ASONGE	MTHANA	NEDBANK	M	18	JM	0.34.01	5
14	49	2253	KHAYA	GQWETHA	VUKANI	M	40	40-44M	0.34.18	5
15	357	40545	DALLIAN	OERSON	SCHOOL	M	18	JM	0.34.24	5
16	2144	2210	THEMBELANI	MBENENGE	SIBALEKA	M	30	SM	0.34.52	5
17	9898	40378	ANTON	AVENATHI	SIBALEKA	M	18	JM	0.35.07	5
18	433	1363	THULANI	MDLALO	NEDBANK	M	40	40-44M	0.35.13	5
19	9853	1941	MILA	PASIYA	SIBALEKA	M	46	45-49M	0.36.02	5
20	1479	1322	SINETHEMBA	MIRELE	NEDBANK	M	28	SM	0.36.43	4
21	135	2846	VIWE	TEKO	ACT AC	M	27	SM	0.36.59	4
22	217	1211	NOEL	ADAMS	ELITEAC	M	53	50-54M	0.37.06	5
23	435	55184	ASAKHE	SHAYI	NEDBANK	M	18	JM	0.37.43	4
24	155	2690	JEMAIN	WILSON	VITALITY	M	37	35-39M	0.38.11	4
25	91	3010	TUMELO	MOCHELENYANE	SAPPE	M	43	40-44M	0.38.15	5
26	551	1255	ERROL	WHITTAL	ELITEAC	M	50	50-54M	0.38.26	5
27	445	400	LEBOHANG	SENTI	IKHAMVA	M	39	35-39M	0.38.38	4
28	431	1406	REFELOE	SOLOMONS	NEDBANK	F	44	40-44F	0.38.39	5
29	388	950	CHARLES	SEGALO	CHARLO	M	38	35-39M	0.38.47	4
30	1921	217	SAPHO	NKATA	CSEP	M	48	45-49M	0.39.02	5
31	153	282	ABDUL	WICOMB	MUIRITE	M	46	45-49M	0.39.04	5
32	2153	1847	MHLENGI	MAHLABA	HOLLYWOO	M	34	SM	0.39.31	3
33	216	2855	BADROEDEEN	ABRAHAMS	MALABAR	M	38	35-39M	0.39.35	3
34	335	50582	PHILA	MZILENI	NEDBOR	M	30	SM	0.39.40	0
35	2181	1168	SLULAMI	JACK	TRANSNET	M	50	50-54M	0.39.43	5
36	128	1642	NICO	SMITH	MADIBA	M	40	40-44M	0.39.44	4
37	1724	1216	WESSEL	WOLMARANS	ELITEAC	M	47	45-49M	0.39.44	5
38	329	993	THEMBEKILE	MSIPA	CHARLO	M	51	50-54M	0.40.18	5
39	2137	1465	HENRY	CRAUSE	NEDBANK	M	42	40-44M	0.40.18	3
40	543	6811	PAUL	FREETH	SOCIAL	M	39	35-39M	0.40.19	0
41	356	931	ANDILE	NYOKA	CHARLO	M	52	50-54M	0.40.20	5
42	446	2278	MAIXOLE	NTLOKO	IKHAMVA	M	35	35-39M	0.41.15	3
43	1480	40649	DESNAY	O'GRADY	SCHOOL	F	15	JF	0.41.15	4
44	1711	1064	GRAHAM	ESHMADE	ACH	M	48	45-49M	0.41.28	4
45	916	1079	HANSON	SINGAPHI	ACH	M	47	45-49M	0.41.32	4
46	8	40560	RUBEN	BOUWER	SCHOOL	M	17	JM	0.42.17	2
47	381	955	SIVUYILE	SCHEEPERS	CHARLO	M	32	SM	0.42.19	2
48	480	11480	NATIA	GOUS	TEMP	F	34	SF	0.42.24	0
49	449	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	43	40-44F	0.42.30	5
50	437	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	59	55-59M	0.42.44	5
51	376	875	MATTHEW	RODGERS	CHARLO	M	23	SM	0.42.54	2
52	1741	367	VUSI	MSUTHWANA	IKHAMVA	M	53	50-54M	0.43.20	4
53	395	1293	THEMBINKOSI	STOKWE	VWAC	M	47	45-49M	0.43.29	3
54	578	451	SIPHE	MZAYIDUME	CHILLIEP	M	31	SM	0.43.34	2

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55	781	9947	DENVER	SEARLE	TEMP	M	43	40-44M	0.43.45	0
56	2156	1652	HEIN	LODEWYKS	MADIBA	M	43	40-44M	0.43.52	2
57	436	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39M	0.44.08	2
58	799	560	FENANDO	KIEWIETS	RUN4C	M	40	40-44M	0.44.13	2
59	542	2696	EDDIE	VACU	VITALITY	M	37	35-39M	0.44.21	2
60	1334	2150	KHANGELANI	HALOM	TRANSNET	M	44	40-44M	0.44.28	2
61	154	1518	INGE	WILLIAMS	NEDBANK	F	36	35-39F	0.44.37	3
62	346	2166	RIEDAAH	NORDIEN	CHARLO	M	38	35-39M	0.44.41	2
63	322	2807	SABELO	MELITAFA	CSEP	M	46	45-49M	0.44.44	3
64	534	2529	ETHAN	HOWARD	MADIBAZ	M	21	SM	0.44.54	2
65	1572	363	MNQWENO	TYOKOLO	IKHAMVA	M	42	40-44M	0.45.05	2
66	2241	2221	SIPHOSETHU	MAVATHA	SIBALEKA	F	29	SF	0.45.14	3
67	319	952	CINDY	MARAIS	CHARLO	F	48	45-49F	0.45.22	5
68	1471	446	LONWABO	NDLALANI	CHILLIEP	M	48	45-49M	0.45.26	2
69	231	970	MALCOLM	BLANDY	CHARLO	M	43	40-44M	0.45.47	2
70	323	938	THOBELO	MFIKILI	CHARLO	M	39	35-39M	0.45.47	2
71	180	11380	ELDRIDGE	JONKERS	TEMP	M	46	45-49M	0.45.51	0
72	229	888	RAHUL	BHANA	CHARLO	M	22	SM	0.45.53	2
73	325	2480	ALULUTO	MKIVA	ABSAEP	M	18	JM	0.45.57	2
74	34	1038	PHILLIP	DU PLESSIS	XCEL	M	55	55-59M	0.46.06	3
75	362	539	SERGIO	PETERSON	RUN4C	M	47	45-49M	0.46.15	2
76	248	891	DARRYL	CALVERT	CHARLO	M	50	50-54M	0.46.16	3
77	451	1083	ALAN	TAYLOR	ACH	M	68	65-69M	0.46.19	5
78	540	1238	PIETER	GERBER	ELITEAC	M	50	50-54M	0.46.24	3
79	326	964	JUSTIN	MOGRIDGE	CHARLO	M	37	35-39M	0.46.24	2
80	108	1533	THOBELA	NTAMO	DESPATCH	M	40	40-44M	0.46.29	2
81	1631	1416	CHRISTINE	CLAASEN	NEDBANK	F	61	60-64F	0.46.30	5
82	373	957	PIERRE	RENSHAW	CHARLO	M	52	50-54M	0.46.38	3
83	256	982	CHARLES	CORBY	CHARLO	M	55	55-59M	0.46.47	3
84	295	919	KELVIN	JOOSTE	CHARLO	M	38	35-39M	0.46.50	2
85	487	11487	DAWID	KEYSER	TEMP	M	46	45-49M	0.47.05	0
86	255	561	CHANTELL	CLOETE	RUN4C	F	39	35-39F	0.47.07	2
87	115	2514	TEDDY	PRUSENT	MADIBAZ	M	37	35-39M	0.47.22	2
88	9616	9971	ZOLANI	NTUNGWA	TEMP	M	42	40-44M	0.47.30	0
89	422	495	DEWALD	VERMEULEN	RUN4C	M	53	50-54M	0.47.38	2
90	1582	1457	RICHARD	MAZUNGULA	NEDBANK	M	48	45-49M	0.47.45	2
91	564	55	SIMCELE	SITHEMBU	SAPPE	M	34	SM	0.47.50	2
92	9617	269	Mthunzi	Qorana	SIBALEKA	M	43	40-44M	0.47.50	2
93	368	442	MSINDISI	QALINGE	CHILLIEP	M	30	SM	0.47.50	2
94	280	914	ETIENNE	GERBER	CHARLO	M	55	55-59M	0.48.01	3
95	156	2995	RODNEY	WITBOOI	ATLANTIC	M	54	50-54M	0.48.03	2
96	585	3012	ANDRE	IMMELMAN	TEMP	M	48	45-49M	0.48.12	0
97	16	40569	CARLA	CLOTZ	SCHOOL	F	18	JF	0.48.16	2
98	78	1389	BABALO	MAKALIMA	NEDBANK	M	42	40-44M	0.48.20	2
99	1971	1213	SEBASTIAN	KLEU	ELITEAC	M	49	45-49M	0.48.23	2
100	133	1212	BURNITA	STRYDOM	RUN4C	F	57	55-59F	0.48.23	5
101	182	11382	PIETER	JOUBERT	TEMP	M	36	35-39M	0.48.27	0
102	93	1590	ANNEKE	MOORE	DESPATCH	F	41	40-44F	0.48.43	2
103	545	1597	EDVIN	DONLEY	DESPATCH	M	48	45-49M	0.48.44	2
104	10	1037	CHESTER	BROOKS	XCEL	M	67	65-69M	0.48.48	3
105	232	890	SIMPHIWE	BLOU	CHARLO	M	53	50-54M	0.48.59	2
106	552	1200	JANINE	WHITTAL	ELITEAC	F	44	40-44F	0.49.13	2
107	535	2021	BIANCA	SCHOONBEE	BLOM AWL	F	22	SF	0.49.22	0
108	46	532	JUDY	GERBER	RUN4C	F	59	55-59F	0.49.24	5
109	138	4214	THEMBILEJ	TSHAKAZA	SANDF	M	36	35-39M	0.49.27	0

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110	1321	1315	WERNER	MEYER	SAPPE	M	52	50-54M	0.49.30	2
111	9900	1209	LIZE-ANN	RADEMEYER	ELITEAC	F	32	SF	0.49.32	2
112	300	40563	RUBEN	KEYSER	SCHOOL	M	14	JM	0.49.33	1
113	26	1229	NATASCIA	DE RIDDER	ELITEAC	F	47	45-49F	0.49.34	2
114	27	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	45-49M	0.49.35	2
115	913	1062	NICK	CHAPMAN	ACH	M	53	50-54M	0.49.40	2
116	2191	1666	JULIA	HOFART	MADIBA	F	42	40-44F	0.49.44	2
117	289	51457	THAMSANQA	JACK	KHULANI	M	48	45-49M	0.49.46	0
118	318	999	THOMAS	MARAIS	CHARLO	M	38	35-39M	0.49.50	2
119	311	1072	KYLA	MAARTENS	ACH	F	21	SF	0.49.50	2
120	109	1843	BOMKAZI	NTONI	ACH	F	38	35-39F	0.49.51	2
121	225	1043	DAVID	BAINS	XCEL	M	59	55-59M	0.49.53	2
122	557	825	GRANT	HOYLE	32GI	M	52	50-54M	0.49.56	2
123	18	1954	LEONARD	CONRADIE	BLUEBAY	M	71	70+M	0.49.59	4
124	377	1183	SANETTE	RYAN	ELITEAC	F	55	55-59F	0.50.00	4
125	7	1328	CHRIS	BOTHA	VITALITY	M	44	40-44M	0.50.06	2
126	244	967	MIKE	BURGER	CHARLO	M	66	65-69M	0.50.08	3
127	9857	1494	TAWFEEQ	VYVER	NEDBANK	M	26	SM	0.50.10	1
128	50	1872	AYANDA	GROOTBOOM	HOLLYWOO	M	40	40-44M	0.50.11	2
129	386	1075	GAVIN	SCHONKNECHT	ACH	M	57	55-59M	0.50.16	2
130	9865	2477	LEHLOHONOLO	THOKOA	ABSAEP	M	44	40-44M	0.50.18	2
131	159	3168	NICHOLAS	BANGO	VITALITY	M	38	35-39M	0.50.20	1
132	796	9963	DYLAN	COLLINS	TEMP	M	37	35-39M	0.50.26	0
133	25	40072	JADEN	DE RIDDER	ELITEAC	M	19	JM	0.50.27	1
134	374	281	MONIQUE	RICHARDSON	MUIRITE	F	30	SF	0.50.30	2
135	221	344	ANTON	AUGUST	MUIRITE	M	43	40-44M	0.50.31	2
136	150	1412	RAYMOND	WEITZ	NEDBANK	M	70	70+M	0.50.37	3
137	245	1683	JERHARD	BURRELL	MADIBA	M	36	35-39M	0.50.42	1
138	136	2501	GRAHAM	TERBLANCHE	MADIBAZ	M	60	60-64M	0.50.46	2
139	9975	2751	JEREMY	SCOTT	VWAC	M	54	50-54M	0.51.00	2
140	563	619	BRETT	HOLMES	ASPEN	M	51	50-54M	0.51.04	2
141	568	811	TIM	PARKIN	32GI	M	45	45-49M	0.51.09	2
142	409	1010	JAN	VAN EEDEN	NEDBANK	M	67	65-69M	0.51.17	2
143	949	9942	ERIKA	GOURLAY	TEMP	F	29	SF	0.51.17	0
144	2198	1193	HELGE	PRETORIUS	ELITEAC	F	30	SF	0.51.20	2
145	1331	604	LUYANDA	SINEKE	ASPEN	M	39	35-39M	0.51.23	1
146	258	40566	KEAGAN	COUTTS	SCHOOL	M	14	JM	0.51.26	1
147	313	2841	THANDUXOLO	MAGAQA	OTHER	M	45	45-49M	0.51.30	0
148	121	40332	MARCELLE	SCHOONBEE	BLOM AWL	F	19	JF	0.51.31	0
149	122	2634	SIMONE	SCHOONBEE	MADIBAZ	F	24	SF	0.51.31	2
150	424	876	GEORGE	WINSHIP	CHARLO	M	59	55-59M	0.51.45	2
151	380	900	JASON	SAUNDERS	CHARLO	M	46	45-49M	0.51.47	1
152	118	84	PRASHAAN	RAGA	INFINITY	M	27	SM	0.51.48	1
153	493	11493	VISHAAN	MAKAN	TEMP	M	26	SM	0.51.49	0
154	427	2463	Luthando	Yibe	ABSAEP	M	44	40-44M	0.51.50	1
155	596	485	WANDILE	BATAYI	RUN4C	M	29	SM	0.51.54	1
156	526	10526	SINETHEMBA	YOTSI	TEMP	M	31	SM	0.51.56	0
157	541	3002	WESLEY	MERRICK	VITALITY	M	31	SM	0.52.01	1
158	384	514	MONTE	SCHOLTZ	RUN4C	M	64	60-64M	0.52.06	2
159	567	2799	JEAN-PERI	REDOÑA	32GI	M	37	35-39M	0.52.07	1
160	569	2961	MICHA	CRONJE	32GI	F	35	35-39F	0.52.07	2
161	261	1088	PERCY	DALTON	ACH	M	77	70+M	0.52.08	3
162	2183	1196	SHIRLEY	RADEMEYER	ELITEAC	F	29	SF	0.52.21	1
163	92	3061	ERIC	MOENG	CSEP	M	54	50-54M	0.52.26	2
164	1611	2050	BILLY BOY	KIETAS	VWAC	M	50	50-54M	0.52.31	2

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165	301	1118	BRUCE	KING	ACH	M	59	55-59M	0.52.35	2
166	200	11400	CARMEN	SAMPSON	TEMP	F	35	35-39F	0.52.42	0
167	277	2776	GEORGE	STERN	MUIRITE	M	19	JM	0.52.43	1
168	69	1684	MARLON	KOEN	MADIBA	M	38	35-39M	0.52.55	1
169	84	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	38	35-39M	0.53.05	1
170	120	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	65	65-69F	0.53.10	5
171	511	10511	LEANDRA	ROSSLEE	TEMP	F	41	40-44F	0.53.11	0
172	1575	1560	PIETER	STRYDOM	DESPATCH	M	64	60-64M	0.53.13	2
173	119	283	LORENZO	SAMUELS	MUIRITE	M	40	40-44M	0.53.14	1
174	9623	9973	LEANDI	VAN TONDER	TEMP	F	14	JF	0.53.15	0
175	339	1326	ARNO	NEL	NEDBANK	M	47	45-49M	0.53.17	1
176	40	906	TARYN	FERREIRA	CHARLO	F	44	40-44F	0.53.23	2
177	334	2886	DESMOND	MVUNDLELA	TRANSNET	M	44	40-44M	0.53.29	1
178	379	1975	KELVIN	SAMUEL	32GI	M	42	40-44M	0.53.29	1
179	176	11376	ALVARO	HENRIQUES	TEMP	M	47	45-49M	0.53.33	0
180	448	1450	NKHATHALLENG	KHIBA	NEDBANK	F	44	40-44F	0.53.34	1
181	44	2947	FERAAN	GEORGE	MALABAR	M	39	35-39M	0.53.36	1
182	257	40567	ETHAN	COUTTS	SCHOOL	M	17	JM	0.53.38	1
183	90	1637	CHARL	MEISTRE	MADIBA	M	40	40-44M	0.53.42	1
184	305	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-44F	0.53.47	1
185	307	1615	STEVE	LAMBRECHTS	DESPATCH	M	42	40-44M	0.53.47	1
186	561	1598	LERENZO	FRANCIS	DESPATCH	M	39	35-39M	0.53.47	1
187	21	1040	NIGEL	DANIELS	XCEL	M	50	50-54M	0.53.55	1
188	234	1588	JACQUES	BOTHA	DESPATCH	M	51	50-54M	0.54.02	1
189	364	960	ADELE	PHIPPS	CHARLO	F	56	55-59F	0.54.02	2
190	287	1531	NEIL	INGRAM	DESPATCH	M	38	35-39M	0.54.04	1
191	196	11396	LORSHIN	PADAYACHY	TEMP	M	31	SM	0.54.15	0
192	107	1332	THANDI	NKWANDLA	NEDBANK	F	60	60-64F	0.54.16	3
193	2150	40200	MASIBULELE	KOYANA	NEDBANK	M	17	JM	0.54.16	1
194	282	877	KURT	GROENER	CHARLO	M	44	40-44M	0.54.18	1
195	512	10512	WALDIMAR	ROSSLEE	TEMP	M	45	45-49M	0.54.26	0
196	214	11214	MONGEZI	VOCO	TEMP	M	34	SM	0.54.27	0
197	328	3147	KUHLE	MQASHANE	CHILLIEP	F	22	SF	0.54.30	1
198	790	411	SIYABONGA	ZULU	CHILLIEP	M	43	40-44M	0.54.30	1
199	947	415	SONTO	HORN	CHILLIEP	F	46	45-49F	0.54.31	2
200	950	9943	LUVUYO	BANGAZI	TEMP	M	49	45-49M	0.54.54	0
201	586	3010	GARETH	ANDERSON	TEMP	M	62	60-64M	0.54.58	0
202	349	940	GARY	NORTJE	CHARLO	M	56	55-59M	0.55.02	1
203	28	40073	STACEY	DE RIDDER	ELITEAC	F	16	JF	0.55.04	1
204	285	915	JOEL	HUMAN	CHARLO	M	52	50-54M	0.55.12	1
205	530	10530	JOANNE	DANIELS	TEMP	F	59	55-59F	0.55.15	0
206	562	618	KELLY	HOLMES	ASPEN	F	48	45-49F	0.55.21	1
207	403	3161	SIVUYILE	TSHINGI	ASPEN	M	40	40-44M	0.55.24	1
208	224	984	BELINDA	BAIN	CHARLO	F	63	60-64F	0.55.29	2
209	9858	1492	DEON	VYVER	NEDBANK	M	58	55-59M	0.55.32	1
210	11	1575	LESLEY-ANN	BUSH	DESPATCH	F	53	50-54F	0.55.38	2
211	948	9941	RYNO	LAUBSCHER	TEMP	M	37	35-39M	0.55.41	0
212	571	1031	IVO	MEYER	BODYCON	M	50	50-54M	0.55.47	1
213	532	10532	ANDY	DANIELS	TEMP	M	63	60-64M	0.55.47	0
214	589	1106	ERROL	BLACK	ACH	M	74	70+M	0.55.53	2
215	9933	51	MELISSA	DU RANDT	SAPPE	F	35	35-39F	0.55.53	1
216	789	9969	ERIN	BROMLEY-GANS	TEMP	F	38	35-39F	0.55.54	0
217	416	883	LINDI	VAN TONDER	CHARLO	F	47	45-49F	0.55.55	1
218	284	966	KEANO	HITZEROTH	CHARLO	M	25	SM	0.55.55	1
219	252	903	KESVAL	CHETTY	CHARLO	M	61	60-64M	0.56.03	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
220	64	1346	KALLIE	KLINKENBURG	NEDBANK	M	41	40-44M	0.56.07	1
221	276	2722	MISHALE	FUTCHER	VITALITY	F	30	SF	0.56.07	1
222	105	541	ULRICH	NIEUWOUDT	RUN4C	M	30	SM	0.56.09	1
223	560	1585	GEORGE	BOTES	DESPATCH	M	51	50-54M	0.56.11	1
224	81	1291	ASHENDA	MAKONIE	VWAC	F	49	45-49F	0.56.12	1
225	9897	40192	JODY	FLEURS	GELVAN	M	17	JM	0.56.16	1
226	2162	1203	ANNEMIE	DU TOIT	ELITEAC	F	41	40-44F	0.56.25	1
227	549	6576	PHUNYEZWA	NDEVU	SABC	F	59	55-59F	0.56.26	0
228	455	1496	KUSELO	NYONGO	SANDF	M	41	40-44M	0.56.26	0
229	1411	2530	ALVADO	ARENDSE	MADIBAZ	M	51	50-54M	0.56.26	1
230	110	1552	THERESA	OOSTHUIZEN	DESPATCH	F	54	50-54F	0.56.33	1
231	920	1296	NOEL	MCMASTER	VWAC	M	59	55-59M	0.56.43	1
232	292	3182	LINCOLN	JANSEN	MADIBAZ	M	35	35-39M	0.56.47	1
233	12	50345	ROBERT	BUTTON	OLDSELB	M	66	65-69M	0.57.00	0
234	151	21	NADIA	WESSELS	PEAAC	F	55	55-59F	0.57.03	2
235	528	10528	NGONIDZASHE	ZATA	TEMP	M	33	SM	0.57.07	0
236	559	1586	MAUDY	BOTES	DESPATCH	F	43	40-44F	0.57.08	1
237	9976	50803	SIVIWE	MEVENI	REALGIJ	M	38	35-39M	0.57.10	0
238	243	40450	RUBENN	BUCKLEY	SCHOOL	M	14	JM	0.57.13	1
239	795	9962	KIRSTEN	COLLINS	TEMP	F	37	35-39F	0.57.14	0
240	794	9961	KOBUS	RADEMEYER	TEMP	M	32	SM	0.57.15	0
241	303	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	0.57.17	1
242	572	2321	LUVUYO	SIWUNDLA	VUKANI	M	45	45-49M	0.57.17	1
243	389	410	AMANDA	SHAW	IKHAMVA	F	60	60-64F	0.57.20	2
244	9899	556	ARTHUR	WILLIAMS	RUN4C	M	62	60-64M	0.57.21	1
245	370	554	PETRUS	RADEMEYER	RUN4C	M	51	50-54M	0.57.21	1
246	219	1623	SUSAN	ALCOCK	MADIBA	F	59	55-59F	0.57.22	1
247	501	10501	SIFUNDO	MTHEMBU	TEMP	M	33	SM	0.57.33	0
248	909	8842	SEAN	LACEY	TEMP	M	54	50-54M	0.57.40	0
249	402	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	0.57.42	1
250	209	11209	KRISTINE	TUDHOPE	TEMP	F	35	35-39F	0.57.43	0
251	566	830	NATALIE	BOSHOFF	32GI	F	38	35-39F	0.57.47	1
252	565	777	STEVEN	GAGIANO	32GI	M	45	45-49M	0.57.47	1
253	218	120	TYRA	ROOZENDAAL	VARSITY	F	23	SF	0.57.50	1
254	302	2528	BROOKE	KRUGER	MADIBAZ	F	22	SF	0.57.50	1
255	179	11379	SHAUN	HOEKSTRA	TEMP	M	25	SM	0.57.52	0
256	268	937	JAMES	DU TOIT	CHARLO	M	40	40-44M	0.57.55	1
257	267	1194	EDMUND	DRAKE	ELITEAC	M	35	35-39M	0.58.07	1
258	365	889	PETER	POHLMANN	CHARLO	M	62	60-64M	0.58.10	1
259	72	1263	KAHN	LANGFORD	VWAC	M	47	45-49M	0.58.18	1
260	574	1215	PIERRE	BELLEW	ELITEAC	M	35	35-39M	0.58.28	1
261	291	1116	HEIDI	JANSEN	ACH	F	58	55-59F	0.58.38	1
262	336	1267	ANAND	NAIDOO	VWAC	M	55	55-59M	0.58.42	1
263	581	7561	ALAN	RYAN	TEMP	M	58	55-59M	0.58.54	0
264	399	50184	MAKAZIWE	TENYANE	CHEETAHS	M	50	50-54M	0.58.57	0
265	458	11458	JENNY	AH CHONG	TEMP	F	57	55-59F	0.58.58	0
266	391	930	IMKE	SMIT	CHARLO	F	36	35-39F	0.58.59	1
267	222	978	CHRISTOPHER	AYERST	CHARLO	M	58	55-59M	0.59.00	1
268	367	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	68	65-69M	0.59.03	1
269	317	1775	CLARENCE	MANUEL	GELVAN	M	31	SM	0.59.06	1
270	575	2341	WENDY	VAN EYCK	VUKANI	F	42	40-44F	0.59.07	1
271	43	851	THANDO	FRANS	SPAREC	M	47	45-49M	0.59.07	1
272	457	1201	CATHY	ALLERS	ELITEAC	F	63	60-64F	0.59.17	1
273	178	11378	JANE	HILLOCK	TEMP	F	29	SF	0.59.23	0
274	342	1232	SONIKA	NEL	ELITEAC	F	25	SF	0.59.25	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
275	226	434	NQABISA	BENYA	CHILLIEP	F	44	40-44F	0.59.28	1
276	479	11479	HERMAN	GERS	TEMP	M	34	SM	0.59.28	0
277	9864	2350	CHRISTELLE	BLUME	JBAY	F	57	55-59F	0.59.30	1
278	263	1456	Sanet	De Nysschen	JBAY	F	58	55-59F	0.59.33	1
279	2128	1567	JACOBUS	WYATT	DESPATCH	M	62	60-64M	0.59.36	1
280	466	11466	RODNEY	BUTTERS	TEMP	M	63	60-64M	0.59.41	0
281	509	10509	LAURE	PIETERSE	TEMP	M	54	50-54M	0.59.42	0
282	127	1299	MICHAEL	SLATER	VWAC	M	55	55-59M	0.59.43	1
283	191	11391	DANIEL	MERRINGTON	TEMP	M	29	SM	0.59.44	0
284	58	1594	ADEL	JANSE VAN RENSBURG	DESPATCH	F	55	55-59F	0.59.46	1
285	33	1195	SAMANTHA	DOUGLAS	ELITEAC	F	37	35-39F	0.59.49	1
286	144	1250	PETER	VAN RENSBURG	ELITEAC	M	67	65-69M	0.59.50	1
287	94	2642	TANITH	MORETON	MADIBAZ	F	20	SF	0.59.55	1
288	228	956	NEELES	BHANA	CHARLO	M	54	50-54M	0.59.58	1
289	425	1534	FRANCOIS	WIUM	DESPATCH	M	42	40-44M	1.00.01	1
290	582	8311	DIANA	MARAI	TEMP	F	68	65-69F	1.00.04	0
291	87	2459	BULELANI	MATENJWA	IKHAMVA	M	44	40-44M	1.00.06	1
292	321	896	GAVIN	MATTHEWS	CHARLO	M	49	45-49M	1.00.06	1
293	486	11486	LORIN	JANSEN	TEMP	F	39	35-39F	1.00.12	0
294	112	1264	LAVINIA	PIETERSE	VWAC	F	50	50-54F	1.00.15	1
295	598	969	TREVLIN	HOYLE	TEMP	F	50	50-54F	1.00.16	0
296	516	50516	MIHLALI	SONDLO	TEMP	M	25	SM	1.00.17	0
297	9862	270	ABU	KHADROUI	GELVAN	M	24	SM	1.00.18	1
298	1293	2525	INA	VAN RENSBURG	MADIBAZ	F	52	50-54F	1.00.19	1
299	360	996	PAULA	PEARCE	CHARLO	F	57	55-59F	1.00.20	1
300	348	911	TANYA	NORRIS	CHARLO	F	41	40-44F	1.00.20	1
301	404	3160	WANDILE	TSHINGI	ASPEN	M	38	35-39M	1.00.21	1
302	361	1734	DENVER	PETERSEN	GELVAN	M	42	40-44M	1.00.21	1
303	408	921	RYAN	VAN DER MESCHT	CHARLO	M	44	40-44M	1.00.22	1
304	371	1748	RICHARD	RAMATSASA	GELVAN	M	49	45-49M	1.00.23	1
305	35	1609	WILLEMEN	DU RANDT	DESPATCH	F	51	50-54F	1.00.24	1
306	1721	1495	SIMPHIWE	NTIANTI	NEDBANK	M	44	40-44M	1.00.25	1
307	83	1776	SHAHIED	MAMOOJEE	GELVAN	M	59	55-59M	1.00.26	1
308	9	1205	ALISON	BOWKER	ELITEAC	F	37	35-39F	1.00.27	1
309	167	11367	ROSEMARY	DE BRUIN	TEMP	F	28	SF	1.00.29	0
310	2111	641	JACQUES	KEIRSGIETER	ASPEN	M	37	35-39M	1.00.32	1
311	556	1074	FRANCOIS	SMIT	ACH	M	65	65-69M	1.00.34	1
312	250	2345	NOMFUSI	CESHEMBA	VUKANI	F	43	40-44F	1.00.38	1
313	148	520	SASKIA	WAIT	RUN4C	F	23	SF	1.00.57	1
314	338	754	CELESTIN	NDHLOVU	CRUSADE	M	53	50-54M	1.00.58	1
315	576	2111	GEROME	MINTOOR	ATLANTIC	M	58	55-59M	1.01.01	1
316	907	9933	TAURIQ	HENDRICKS	TEMP	M	35	35-39M	1.01.10	0
317	6	2626	SYLVAN	BLIGNAUT	MADIBAZ	M	66	65-69M	1.01.11	1
318	412	1063	CRYSTAL	VAN HEERDEN	ACH	F	31	SF	1.01.13	1
319	157	456	BULELANI	WITI	CHILLIEP	F	29	SF	1.01.20	1
320	9622	9989	BHEKI	MKHWANAZI	TEMP	M	39	35-39M	1.01.21	0
321	1311	327	ELWIN	WOODS	MUIRITE	M	62	60-64M	1.01.24	1
322	215	11215	LAWRENTIUS MALA	ZEELIE	TEMP	M	55	55-59M	1.01.25	0
323	272	507	JOHAN	FERREIRA	RUN4C	M	63	60-64M	1.01.29	1
324	2143	1286	SHANDRY	NAZER	VWAC	F	36	35-39F	1.01.34	1
325	784	9949	PAUL	BOTHA	TEMP	F	29	SF	1.01.45	0
326	782	9948	CHARL	BEZUIDENHOUT	TEMP	M	46	45-49M	1.01.45	0
327	149	50503	KAREN	WATSON	BUFF	F	56	55-59F	1.01.45	0
328	281	959	JOHAN	GERBER	CHARLO	M	46	45-49M	1.01.46	1
329	1583	1955	DANIEL	PIETERSE	BLUEBAY	M	63	60-64M	1.01.46	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
330	269	1996	JOHANN	ELS	JBAY	M	51	50-54M	1.01.52	1
331	529	10529	ANDILE	ZONDI	TEMP	F	30	SF	1.01.59	0
332	1298	1930	TIM	BRAY	BLUEBAY	M	62	60-64M	1.02.02	1
333	460	11460	TANYA	BELLEW	TEMP	F	40	40-44F	1.02.10	0
334	3	2461	FUNDISWA	ANTONY	ABSAEP	F	53	50-54F	1.02.21	1
335	798	3163	Ntombizine	Makaula	CHILLIEP	F	39	35-39F	1.02.25	1
336	382	935	BRENTON	SCHNETLER	CHARLO	M	51	50-54M	1.02.28	1
337	126	2035	DARREL	SLAMBEE	MUIRITE	M	40	40-44M	1.02.35	1
338	525	10525	CORNE	VOSLOO	TEMP	M	46	45-49M	1.02.38	0
339	591	1708	JOHAN	PRETORIUS	MADIBA	M	51	50-54M	1.02.39	1
340	759	9945	SIYABONGA	MAJEKE	TEMP	M	44	40-44M	1.02.41	0
341	2	123	SIHAAM	ALLISON	MALABAR	F	40	40-44F	1.02.42	1
342	783	9950	CLINTON	FRANCIS	TEMP	M	50	50-54M	1.02.44	0
343	785	9951	MERWIN	FRANCIS	TEMP	F	47	45-49F	1.02.44	0
344	246	246	GREG	BUTTERS	TEMP	M	31	SM	1.02.49	0
345	544	804	VALMAINE	DE KLERK	32GI	F	48	45-49F	1.02.51	1
346	137	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	31	SF	1.02.59	1
347	555	1094	MARIETJIE	PIETERSEN	ACH	F	68	65-69F	1.03.13	1
348	41	529	ANDRE	FOURIE	RUN4C	M	78	70+M	1.03.16	1
349	181	11381	AMY	JORDAAN	TEMP	F	32	SF	1.03.25	0
350	508	10508	MATTHEW	PEARCE	TEMP	M	26	SM	1.03.25	0
351	407	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	46	45-49F	1.03.28	1
352	45	2805	CHARL	GERBER	RUN4C	M	61	60-64M	1.03.31	1
353	514	10514	DANIEL	SCHLUTER	TEMP	M	32	SM	1.03.34	0
354	9852	2204	ERROL	ROSSOUW	SIBALEKA	M	75	70+M	1.03.40	1
355	482	11482	LUTHO	GWILI	TEMP	M	30	SM	1.03.48	0
356	908	646	LUTHO	NOMBEMBE	ASPEN	M	32	SM	1.04.00	1
357	106	503	FAKAZILE	NKOMIYAHLABA	RUN4C	F	38	35-39F	1.04.03	1
358	471	3152	MARTIN	CLOETE	RUN4C	M	47	45-49M	1.04.09	1
359	227	933	SANET	BEZUIDENHOUT	CHARLO	F	37	35-39F	1.04.19	1
360	286	892	CHANTEL	HUYGEN	CHARLO	F	40	40-44F	1.04.25	1
361	550	50036	NOSICELO	BIYANA	QOKOL	F	49	45-49F	1.04.32	0
362	420	874	LYNNE	VAN WYK	CHARLO	F	41	40-44F	1.04.34	1
363	95	2547	BERNARD	PETERSEN	MADIBAZ	M	60	60-64M	1.04.43	1
364	294	40010	Isabella	Jonson	RUN4C	F	16	JF	1.04.55	1
365	220	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	63	60-64M	1.04.58	1
366	341	1224	SHAUN	NEL	ELITEAC	M	50	50-54M	1.05.02	1
367	454	1541	MONIQUE	SENEKAL	DESPATCH	F	34	SF	1.05.03	1
368	800	1920	NOZBELE	MBETHE	BLUEBAY	F	50	50-54F	1.05.05	1
369	316	2467	Xhanti	Mantshiyo	ABSAEP	M	58	55-59M	1.05.23	1
370	74	2504	WAYNE	MAC GEAR	MADIBAZ	M	62	60-64M	1.05.27	1
371	519	10519	SINOTHANDO	TISO	TEMP	F	31	SF	1.05.31	0
372	573	2208	GARFIELD	TSATSANE	SIBALEKA	M	59	55-59M	1.05.32	1
373	344	2076	BONILE	NGCEKE	SANDFEP	F	31	SF	1.05.39	1
374	9615		SIPELELE	ZENILE	TEMP	M	27	SM	1.05.41	0
375	478	11478	MKHUSELI	GABELA	TEMP	M	24	SM	1.05.41	0
376	312	3142	NOMKE	MABIZELA	VITALITY	M	42	40-44M	1.05.41	1
377	60	145	FADIELA	JOHNSON	MALABAR	F	61	60-64F	1.05.47	1
378	476	11476	KELLY	EVANS	TEMP	F	48	45-49F	1.05.48	0
379	1521	2069	LULAMILE	PHONGOLA	NMBAC	M	68	65-69M	1.05.49	1
380	413	2699	ADEL	VAN RENSBURG	VITALITY	F	47	45-49F	1.05.50	1
381	140	1680	JANI	VALENTINE	MADIBA	F	31	SF	1.05.56	1
382	141	1648	KEITH	VALENTINE	MADIBA	M	34	SM	1.05.56	1
383	278	71	TRISTAN	GEORGE	SAPPE	M	23	SM	1.06.01	1
384	266	82	LETA	DOS SANTOS	INFINITY	F	61	60-64F	1.06.02	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
385	547	496	ZANE	VAN DER WESTHUIZEN	RUN4C	F	26	SF	1.06.05	1
386	546	498	TAMMY	NEVELING	RUN4C	F	33	SF	1.06.05	1
387	189	11389	LIKHONA	MASIKA	TEMP	M	42	40-44M	1.06.12	0
388	429	51484	BONISWA	ZONDANI	CHEETHAS	F	41	40-44F	1.06.25	0
389	419	927	ANTON	VAN WYK	CHARLO	M	57	55-59M	1.06.38	1
390	9861	2093	AXOLA	PAKADE	ASPEN	M	28	SM	1.06.54	1
391	17	2907	MOMELEZI	COMJWA	ASPEN	M	30	SM	1.06.54	1
392	347	2167	SAKEENA	NORDIEN	CHARLO	F	26	SF	1.06.58	1
393	101	1737	LYNDLE	NAIDOO	GELVAN	F	33	SF	1.07.05	1
394	111	1464	DAVID	O'REILLY	NEDBANK	M	77	70+M	1.07.11	1
395	944	9938	ANTON	NEVELING	TEMP	M	28	SM	1.07.18	0
396	945	9939	HENNING	CHAMBERLAIN	TEMP	M	32	SM	1.07.18	0
397	570	2940	SIPHOKAZI	TILI	ADVEN	F	46	45-49F	1.07.27	1
398	236	882	ARMIN	BRANDLE	CHARLO	M	73	70+M	1.07.28	1
399	32	247	LANA	DICKASON	KOWIE	F	49	45-49F	1.07.33	1
400	1573	1333	MBULELO	SOBIKWA	NEDBANK	M	71	70+M	1.07.42	1
401	498	11498	NOBUNTU	MCUNUKELWA	TEMP	F	36	35-39F	1.07.44	0
402	415	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	1.07.45	1
403	791	9958	KELLY	ROSE	TEMP	F	47	45-49F	1.07.55	0
404	359	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.07.57	1
405	411	1535	CLAUDEAN	VAN GREUNEN	DESPATCH	F	44	40-44F	1.08.00	1
406	405	917	VICKY	TSOUKNIDAS	CHARLO	F	47	45-49F	1.08.00	1
407	145	1958	MELISSA	VAN WYK	BLUEBAY	F	32	SF	1.08.05	1
408	240	2921	Kenny	Brown	JBAY	M	74	70+M	1.08.05	1
409	172	11372	MARTIN	GRIESSEL	TEMP	M	32	SM	1.08.05	0
410	143	52491	MINKA	VAN DER MERWE	NEWH	F	52	50-54F	1.08.07	0
411	472	11472	VANESSA	DE CONTI	TEMP	F	55	55-59F	1.08.08	0
412	53	1252	AMANDA	HECHTER	ELITEAC	F	44	40-44F	1.08.11	1
413	129	479	CARMIA	SMUTS	WALMER	F	29	SF	1.08.12	1
414	160	11360	ASHRAF	ABRAHAMS	TEMP	M	53	50-54M	1.08.15	0
415	9856	470	JODI	PIENAAR	WALMER	M	31	SM	1.08.19	1
416	123	1310	PHUMLA	SIBALI	VWAC	F	46	45-49F	1.08.20	1
417	536	8789	CHARNE	MARAIS	TV	F	34	SF	1.08.21	0
418	241	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	1.08.23	1
419	2196	1466	AT	SCHOEMAN	NEDBANK	M	68	65-69M	1.08.29	1
420	484	11484	VUYOKAZI	HARRISON	TEMP	F	36	35-39F	1.08.30	0
421	239	924	GRAHAM	BROOM	CHARLO	M	55	55-59M	1.08.36	1
422	423	1119	TREMAINE	WESSON	ACH	M	65	65-69M	1.08.38	1
423	223	128	DAWOOD	BABOO	MALABAR	M	38	35-39M	1.08.45	1
424	332	52489	NOLUBABALO	MTSHAKAZI	KOMANIR	F	46	45-49F	1.08.51	0
425	9977	8944	MLAMLELI	MPETA	AIRPORT	M	45	45-49M	1.08.53	0
426	397	40016	Hannah	Sullivan	RUN4C	F	15	JF	1.08.59	1
427	584	7537	ANCHERIEN	DU PLESSIS	TEMP	F	60	60-64F	1.09.03	0
428	392	409	VERONICA	SMITH	IKHAMVA	F	59	55-59F	1.09.05	1
429	251	923	EVA	CHETTY	CHARLO	F	57	55-59F	1.09.05	1
430	483	11483	ZIZIPHO	GXULA	TEMP	F	28	SF	1.09.30	0
431	788	9855	ELZET	BRITS	TEMP	F	36	35-39F	1.09.34	0
432	9800	1758	BRAMWELL	FLEURS	GELVAN	M	46	45-49M	1.09.39	1
433	946	9940	SIVIWE	NKAYI	TEMP	M	33	SM	1.09.43	0
434	539	2202	VUYISEKA	MHLAHLA	SIBALEKA	F	43	40-44F	1.09.48	1
435	130	466	LYNETTE	SMUTS	WALMER	F	59	55-59F	1.09.49	1
436	279	971	DEIDRE	GERBER	CHARLO	F	54	50-54F	1.09.51	1
437	548	1228	CLIVE	DE LANGE	ELITEAC	M	53	50-54M	1.09.51	1
438	495	11495	BUSISIWE	MAPASA-DUBE	TEMP	F	42	40-44F	1.09.53	0
439	599	599	CONOR	COLQUHOUN	TEMP	M	24	SM	1.09.53	0

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
440	906	9932	JULIA	BOLAND	TEMP	F	25	SF	1.09.53	0
441	5	1631	AMANDA	BLIGNAULT	MADIBA	F	66	65-69F	1.10.21	1
442	306	40106	STEFANI	LAMBRECHTS	DESPATCH	F	15	JF	1.10.25	1
443	2175	1104	CATHY	IVES	ACH	F	72	70+F	1.10.26	1
444	24	1624	ESTELLE	DE KLERK	MADIBA	F	59	55-59F	1.10.27	1
445	558	1287	MICHELLE	HARDY-BERRINGTON	VWAC	F	40	40-44F	1.10.30	1
446	259	1240	MARINDA	CRONJE	ELITEAC	F	60	60-64F	1.10.32	1
447	469	11469	JARED	CHARLTON	TEMP	M	34	SM	1.10.34	0
448	237	5539	MARI	BRINK	WESTC	F	40	40-44F	1.10.37	0
449	553	1103	LIZ	AUSTIN	ACH	F	67	65-69F	1.10.38	1
450	19	100	LYNETTE	CRAUSE	INFINITY	F	65	65-69F	1.10.38	1
451	310	17673	RICHARD	LOMAX	RUNZONE	M	71	70+M	1.10.40	0
452	597	1207	CHARL	GRIESSEL	ELITEAC	M	61	60-64M	1.10.42	1
453	48	14493	VICTORIA	GOODALL	CCJHB	F	44	40-44F	1.11.06	0
454	186	11386	ROSE	LOLO	TEMP	F	30	SF	1.11.09	0
455	337	143	ZAHEERA	NANABHAY	MALABAR	F	44	40-44F	1.11.12	1
456	247	904	MARI	CALITZ	CHARLO	F	65	65-69F	1.11.13	1
457	2416	198	RIAAN	SMALBERGER	CSEP	M	70	70+M	1.11.18	1
458	792	9959	ANNALIE	STRYDOM	TEMP	F	62	60-64F	1.11.22	0
459	327	2603	PHATHEKA	MOKGWETSI	MADIBAZ	F	33	SF	1.11.27	1
460	517	10517	RYAN	STANHAM	TEMP	M	47	45-49M	1.11.42	0
461	204	11204	MELIKHAYA	SONGONGO	TEMP	M	43	40-44M	1.11.45	0
462	197	11397	FAAIK	PANDAY	TEMP	M	49	45-49M	1.11.55	0
463	235	1556	RIAANA	BOUWER	DESPATCH	F	49	45-49F	1.12.00	1
464	2147	2682	MARK	WEYER	VITALITY	M	60	60-64M	1.12.09	1
465	345	1307	FIKISWA	NGONYAMA	VWAC	F	41	40-44F	1.12.17	1
466	147	550	LIEZEL	WAIT	RUN4C	F	52	50-54F	1.12.27	1
467	82	2270	NOMLINDO	MAKUBALO	VUKANI	F	51	50-54F	1.12.40	1
468	271	1935	XENOPHON	FEIRRERA	BLUEBAY	M	64	60-64M	1.12.44	1
469	456	1483	ZAFIKA	NYONGO	SANDF	F	45	45-49F	1.12.48	0
470	124	15	EMMERENCHIA	SLABBERT	PEAAC	F	52	50-54F	1.12.50	1
471	125	20	SIMORE	SLABBERT	PEAAC	F	31	SF	1.12.50	1
472	406	2811	AMUKELANI	VALOYI	ASPEN	F	30	SF	1.12.54	1
473	363	18863	TEMBA	PEZISA	CSCG	M	59	55-59M	1.12.57	0
474	55	2115	DERRICK	HOSHE	ATLANTIC	M	66	65-69M	1.12.59	1
475	296	886	CELEST	JOYCE	CHARLO	F	56	55-59F	1.13.00	1
476	780	9946	THUTHUZELA	MAPOMA	TEMP	F	31	SF	1.13.01	0
477	183	11383	GODFREY	KATHAN	TEMP	M	51	50-54M	1.13.09	0
478	2158	2308	THOBEKA	MABUSELA	VUKANI	F	64	60-64F	1.13.09	1
479	510	10510	MELISSA	POTGIETER	TEMP	F	39	35-39F	1.13.11	0
480	170	3022	MORNE	DU PLESSIS	MADIBAZ	M	47	45-49M	1.13.15	1
481	752	9944	AYABONGA	MATSHAYA	TEMP	F	28	SF	1.13.16	0
482	315	2179	DOROTHY	MALULEKA	CHARLO	F	47	45-49F	1.13.22	1
483	579	8193	JORDAN	HOWARD	TEMP	F	17	JF	1.13.44	0
484	134	1690	ZELDA	STRYDOM	MADIBA	F	44	40-44F	1.14.02	1
485	146	1607	SONJA	VAN WYK	DESPATCH	F	43	40-44F	1.14.05	1
486	104	1197	NOREEN	NELSON	ELITEAC	F	60	60-64F	1.14.08	1
487	185	11385	THULISA	KOBESE	TEMP	M	34	SM	1.14.27	0
488	205	11205	NICHOLAS	STEGMANN	TEMP	M	59	55-59M	1.14.29	0
489	273	2585	Matabo	Flatela	MADIBAZ	F	26	SF	1.14.39	1
490	29	2186	Adrian	de Waal	32GI	M	61	60-64M	1.14.44	1
491	521	10521	MOSALE	TLAKA	TEMP	F	28	SF	1.14.47	0
492	9863	669	MOHAMED	KHADRAOUI	GELVAN	M	27	SM	1.14.50	1
493	288	1532	SIMONDA	INGRAM	DESPATCH	F	39	35-39F	1.14.59	1
494	188	11388	SARAH	MARX	TEMP	F	32	SF	1.14.59	0

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
495	352	953	PHUMELELA	NTUNGWA	CHARLO	F	38	35-39F	1.15.00	1
496	54	40440	MATTHEW	HECHTER	ELITEAC	M	14	JM	1.15.00	1
497	9859	1306	GAVIN	KLINK	VWAC	M	52	50-54M	1.15.02	1
498	152	129	MUHAMMAD	WHITE	MALABAR	M	38	35-39M	1.15.02	1
499	398	500	Richard	Sullivan	RUN4C	M	55	55-59M	1.15.02	1
500	23	2212	ZIMKITHA	DAYI-SIBANGELE	SIBALEKA	F	40	40-44F	1.15.07	1
501	254	1606	FANIE	CLAASSEN	DESPATCH	M	67	65-69M	1.15.19	1
502	320	928	ALLISTER	MARRAN	CHARLO	M	49	45-49M	1.15.20	1
503	351	1396	ONGEZWA	NLATI	NEDBANK	F	31	SF	1.15.25	1
504	99	863	NANDIPA	MYELEYELE	SPAREC	F	37	35-39F	1.15.26	1
505	1894	197	AUBREY	LE ROUX	CSEP	M	72	70+M	1.15.35	1
506	211	11211	SHAWN	VAN EYK	TEMP	M	57	55-59M	1.15.35	0
507	270	591	ERICA	ERASMUS	RUN4C	F	56	55-59F	1.15.39	1
508	274	2162	ERIKA	FOREMAN	CHARLO	F	55	55-59F	1.15.39	1
509	283	2163	SUNET	HARRIS	CHARLO	F	52	50-54F	1.15.39	1
510	459	11459	JO	STUURMAN	TEMP	F	46	45-49F	1.15.59	0
511	233	2643	KWAKHONA	BOCO	MADIBAZ	F	28	SF	1.16.00	1
512	515	50515	TASMIN	SCHOULTZ	TEMP	F	33	SF	1.16.06	0
513	473	11473	TAMERYN	DE JESUS	TEMP	F	30	SF	1.16.06	0
514	410	1386	JOHLI	VAN EEDEN	NEDBANK	F	56	55-59F	1.16.14	1
515	202	11202	CHEVON	SLAMBEE	TEMP	F	42	40-44F	1.16.17	0
516	507	10507	SPHAMANDLA	NQUNQA	TEMP	M	32	SM	1.16.18	0
517	533	3167	NICOLETTE	POTGIETER	RUN4C	F	51	50-54F	1.16.18	1
518	522	10522	SUSAN	VAN NIEKERK	TEMP	F	59	55-59F	1.16.20	0
519	308	489	PRISCILLA	LAZARO	RUN4C	F	60	60-64F	1.16.24	1
520	595	8943	LUNGA	MINYAYO	TEMP	M	40	40-44M	1.16.41	0
521	477	11477	TAYLA	FUTCHER	TEMP	F	27	SF	1.16.47	0
522	481	11481	APHINDA	GWEBECIMELE	TEMP	F	20	JF	1.16.47	0
523	89	2201	NOCawe	MDAZUKA	SIBALEKA	F	41	40-44F	1.16.48	1
524	496	11496	MONICA	MASHISHI	TEMP	F	21	SF	1.16.50	0
525	132	2927	SIMON	STRIMLING	ATLANTIC	M	63	60-64M	1.17.03	1
526	518	10518	COLIN	STEPHEN	TEMP	M	37	35-39M	1.17.06	0
527	2157	1182	ARLENE	HELBERG	ELITEAC	F	62	60-64F	1.17.11	1
528	9855	413	MBALI	QUBEKA	CHILLIEP	F	28	SF	1.17.20	1
529	393	150	ZAHEER	SOOMAR	MALABAR	M	54	50-54M	1.17.21	1
530	587	8950	SUNIL	GAJJAR	TEMP	M	60	60-64M	1.17.22	0
531	264	72	HERMAN	DEKKER	SAPPE	M	80	70+M	1.17.39	1
532	67	1239	YOLANDE	KNOETZE	ELITEAC	F	58	55-59F	1.17.43	1
533	463	11463	ANNELINE	BOWKERS	TEMP	F	41	40-44F	1.17.59	0
534	260	488	CHERYL	CUPIDO	RUN4C	F	56	55-59F	1.18.00	1
535	494	11494	STUAWIE	MALOUW	TEMP	M	31	SM	1.18.01	0
536	161	11361	MOHAMMED	ACKERDIEN	TEMP	M	40	40-44M	1.18.08	0
537	195	11395	LULAMA	NTSHINGA	TEMP	M	55	55-59M	1.18.19	0
538	97	463	JO-ANNE	MUIR	WALMER	F	56	55-59F	1.18.42	1
539	114	464	SHARON	POTGIETER	WALMER	F	61	60-64F	1.18.45	1
540	9854	2196	SELBY	THABETHE	SIBALEKA	M	51	50-54M	1.19.04	1
541	56	2364	VICTOR	HUGO	JBAY	M	65	65-69M	1.19.10	1
542	1911	2652	MIHLALI	MBANGENI	MADIBAZ	F	26	SF	1.19.12	1
543	490	11490	HEATHER	LANGFORD	TEMP	F	54	50-54F	1.19.12	0
544	394	2393	PETRO	STEENKAMP	JBAY	F	59	55-59F	1.19.29	1
545	426	2969	LEANNE	WIUM	DESPATCH	F	41	40-44F	1.19.43	1
546	358	1956	SONJA	OLIVIER	BLUEBAY	F	58	55-59F	1.19.44	1
547	262	968	DENISE	DARLOW	CHARLO	F	57	55-59F	1.19.51	1
548	299	969	GARY	KELLEHER	CHARLO	M	68	65-69M	1.19.52	1
549	31	1204	YOLANDA	DEYSEL	ELITEAC	F	50	50-54F	1.20.04	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
550	467	11467	SANDRA	BUTTERS	TEMP	F	60	60-64F	1.20.15	0
551	491	11491	LESLEY	MAGGOTT	TEMP	F	58	55-59F	1.20.36	0
552	353	638	NOKUZOLA	NTWASA	ASPEN	F	47	45-49F	1.20.38	1
553	9860	1270	LEIGH	KLINK	VWAC	F	43	40-44F	1.20.39	1
554	131	2475	NOLUBABALO	SOHABA	ABSAEP	F	36	35-39F	1.20.43	1
555	39	2999	DANIEL	FERREIRA	RUN4C	M	67	65-69M	1.20.49	1
556	304	1936	MARKUS	KUNNEKE	BLUEBAY	M	56	55-59M	1.20.57	1
557	793	9960	ANNELINE	POTGIETER	TEMP	F	50	50-54F	1.20.58	0
558	369	557	CHARLENE	RADEMEYER	RUN4C	F	44	40-44F	1.21.07	1
559	400	1241	MARLENE	TERBLANCE	ELITEAC	F	75	70+F	1.21.07	1
560	461	11461	ROBYN	BELLINGAN	TEMP	F	35	35-39F	1.21.09	0
561	465	11465	LILLY	BROWN	TEMP	F	66	65-69F	1.21.18	0
562	314	1100	JODI	MALAN	ACH	F	40	40-44F	1.21.18	1
563	499	11499	ERIN-ANN	MEYER	TEMP	F	25	SF	1.21.20	0
564	117	2181	BIANCA	RADEMEYER	INFINITY	F	26	SF	1.21.21	1
565	42	528	HELEN	FOURIE	RUN4C	F	55	55-59F	1.21.50	1
566	275	2723	LYNN	FUTCHER	VITALITY	F	60	60-64F	1.21.54	1
567	142	2700	MITESH	VALLABH	VITALITY	M	50	50-54M	1.22.00	1
568	787	9952	SHASMEEN	BOTHA	TEMP	F	15	JF	1.22.04	0
569	583	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	69	65-69M	1.22.20	1
570	462	11462	TAYLA	BOTHA	TEMP	F	28	SF	1.22.26	0
571	350	2483	PORTIA	NQAYI	ABSAEP	F	38	35-39F	1.22.34	1
572	116	2852	NQOBILE-NOBS	QUPE	HOLLYWOO	F	55	55-59F	1.22.44	1
573	52	1434	DIANNE	HARTZENBERG	NEDBANK	F	66	65-69F	1.22.51	1
574	309	920	LOCHI	LOCHNER	CHARLO	M	77	70+M	1.23.12	1
575	786	9954	KATHLEEN	DAWIS	TEMP	F	40	40-44F	1.23.23	0
576	375	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	39	35-39F	1.23.30	1
577	68	2518	ALGENE	KOEBERG	MADIBAZ	F	42	40-44F	1.23.33	1
578	1811	368	NWABISA	MSUTHWANA	IKHAMVA	F	45	45-49F	1.23.40	1
579	2138	384	NONTSIKELELO	NGWENYA	IKHAMVA	F	49	45-49F	1.24.31	1
580	175	11375	WALTER	HENDERSON	TEMP	M	60	60-64M	1.24.32	0
581	36	1869	NWABISA	DUKADA	HOLLYWOO	F	53	50-54F	1.24.42	1
582	210	11210	DEIDRE	VAN EYK	TEMP	F	56	55-59F	1.24.58	0
583	298	642	ESTINE	KEIRSGIETER	ASPEN	F	38	35-39F	1.25.03	1
584	9594	1746	ARDEN	GROOTBOOM	GELVAN	F	44	40-44F	1.25.17	1
585	600	9930	SANKE	NTANTA	TEMP	M	34	SM	1.25.30	0
586	505	10505	SINDI	NGCAYISA	TEMP	F	34	SF	1.25.36	0
587	401	94	DENISE	TERBLANCHE	INFINITY	F	78	70+F	1.25.39	1
588	396	3165	NOMAZINBUKU	STOUT	RUN4C	F	42	40-44F	1.25.44	1
589	468	11468	MISHKA	BUTTRESS	TEMP	F	29	SF	1.25.53	0
590	593	960	HENRI	ABRAHAMMS	TEMP	M	43	40-44M	1.26.01	0
591	164	11364	CHUMANI	CABE	TEMP	M	40	40-44M	1.26.01	0
592	914	9934	ANTOINETTE	LEVER	TEMP	F	31	SF	1.26.01	0
593	524	10524	CINDY	VOSLOO	TEMP	F	43	40-44F	1.26.02	0
594	9611	9965	KIMBERLEY	VORSTER	TEMP	F	32	SF	1.26.13	0
595	797	9964	LAURA	VAN DER MERWE	TEMP	F	31	SF	1.26.13	0
596	168	11368	VANESSA	DE GROOT	TEMP	F	56	55-59F	1.26.35	0
597	79	1390	VUYISEKA	MAKALIMA	NEDBANK	F	41	40-44F	1.27.02	1
598	474	3110	ISABEL	DEATS	JBAY	F	63	60-64F	1.27.04	1
599	15	1471	SHIRLEEN	CLARKE	NEDBANK	F	63	60-64F	1.27.09	1
600	242	1697	CHANTAL	BUCKLEY	MADIBA	F	32	SF	1.27.41	1
601	500	11500	ZIZIPHO	MSEBENZI	TEMP	F	26	SF	1.27.44	0
602	165	11365	JACKY	CHERRY	TEMP	F	60	60-64F	1.27.49	0
603	918	9936	SHANICE	HUMAN	TEMP	F	32	SF	1.27.51	0
604	9613	9967	FRANCOIS	TIMOTHEUS	TEMP	M	48	45-49M	1.27.57	0

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
605	492	11492	RODNEY	MAGGOTT	TEMP	M	67	65-69M	1.28.06	0
606	523	10523	DRIES	VERHOEF	TEMP	M	77	70+M	1.28.10	0
607	354	50166	LUMKA	NYAMELA	CHEETAH	F	33	SF	1.28.10	0
608	554	1117	GRAHAM	NELL	ACH	M	74	70+M	1.28.14	1
609	537	1122	BOB	STEDMAN	ACH	M	76	70+M	1.28.14	1
610	538	1102	KEN	BARWOOD	ACH	M	70	70+M	1.28.14	1
611	580	8519	SISIPHO	MAYO	TEMP	F	28	SF	1.28.16	0
612	206	11206	BERNADETTE	STEMMET	TEMP	F	41	40-44F	1.28.31	0
613	162	2230	ANDRE	BARNARD	SIBALEKA	M	63	60-64M	1.28.32	1
614	293	1740	JANICE	JONES	GELVAN	F	49	45-49F	1.28.41	1
615	355	1851	SIPHOSETHU	NYATI	HOLLYWOO	F	41	40-44F	1.28.53	1
616	588	8946	RELEBOHILE	MOSALLA	TEMP	F	28	SF	1.28.57	0
617	194	11394	MIA	NDLOVU	TEMP	F	19	JF	1.29.00	0
618	158	441	NOZUKO	YEYE	CHILLIEP	F	53	50-54F	1.29.01	1
619	428	51329	FAITH	ZAZINI	STUT	F	36	35-39F	1.29.24	0
620	76	486	CHRISTOPHER	MAHWEHWE	RUN4C	M	57	55-59M	1.29.44	1
621	77	580	MARIA	MAHWEHWE	RUN4C	F	51	50-54F	1.29.44	1
622	75	942	EDITH	MAC GEAR	CHARLO	F	57	55-59F	1.30.15	1
623	387	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	1.30.30	1
624	453	1657	SANDRA	SHARE	MADIBA	F	60	60-64F	1.31.16	1
625	919	9937	TAMRYN	HUMAN	TEMP	F	30	SF	1.31.42	0
626	249	3070	NDULELA	CANCA	VWAC	F	43	40-44F	1.32.21	1
627	502	10502	DELANIE	NAUDE	TEMP	F	51	50-54F	1.32.23	0
628	212	11212	NADIA	VAN WYK	TEMP	F	49	45-49F	1.32.55	0
629	475	11475	ONELE	DYONASE	TEMP	F	32	SF	1.34.35	0
630	383	936	MARGOT	SCHNETLER	CHARLO	F	48	45-49F	1.36.52	1
631	65	1650	PIERRE	KNOESEN	MADIBA	M	71	70+M	1.38.50	1
632	470	11470	NOMAHLUBI	CHUMA NDIMENI	TEMP	F	40	40-44F	1.39.33	0
633	577	3121	XABISO	KONA	VITALITY	F	30	SF	1.42.06	1
634	531	10531	JENNI-LYNN	ROBERTSON	TEMP	F	53	50-54F	1.43.54	0
635	1461	1461	NAMAWABO	MSIZI	TEMP	F	64	60-64F	1.44.14	0
636	63	1766	GODFREY	KARIEM	GELVAN	M	85	70+M	1.45.35	1
HELPERS RUN										
H1	801	701	NYASHA	MUKANDI	CRUSADE	M	33	SM	0.35.52	5
H2	802	768	WILLIE	ELS	CRUSADE	M	49	45-49M	0.40.17	4
H3	803	733	ALEX	DU TOIT	CRUSADE	M	61	60-64M	0.40.42	5
H4	804	731	GAVIN	ROGERS	CRUSADE	M	61	60-64M	0.41.15	5
H5	805	844	THERESA	BUCHNER	32GI	F	40	40-44F	0.42.38	5
H6	806	1069	WAYNE	MITCHELL	ACH	M	52	50-54M	0.43.27	4
H7	807	1687	RUDI	KRIEL	MADIBA	M	35	35-39M	0.45.25	2
H8	808	706	STEPHEN	MCCARTHY	CRUSADE	M	64	60-64M	0.46.14	4
H9	809	727	ANGELA	ROGERS	CRUSADE	F	56	55-59F	0.48.04	5
H10	810	721	FIONA	FLEUR	CRUSADE	F	40	40-44F	0.48.09	2
H11	811	342	JONATHAN	BAKKER	MUIRITE	M	34	SM	0.48.46	2
H12	812	878	DANE	CRONJE	CHARLO	F	28	SF	0.49.09	2
H13	813	791	CHARL	GERBER	32GI	M	49	45-49M	0.49.44	2
H14	814	707	MPUMELELO	NGWENYA	CRUSADE	M	35	35-39M	0.49.52	2
H15	815	576	VERNON	LANDMAN	RUN4C	M	50	50-54M	0.50.17	2
H16	816	1040	NIGEL	DANIELS	XCEL	M	50	50-54M	0.50.31	2
H17	817	518	NIENKE	SCHOLTZ	RUN4C	F	28	SF	0.53.10	1
H18	818	1073	CONNOR	MITCHELL	ACH	M	21	SM	0.53.20	1
H19	819	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	0.53.41	2
H20	820	708	JOAN	MARLBOROUGH	CRUSADE	F	71	70+F	0.54.05	5
H21	821	738	SAM	DU TOIT	CRUSADE	F	56	55-59F	0.54.23	2
H22	822	1234	DEWALD	DEYSEL	ELITEAC	M	43	40-44M	0.55.30	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H23	823	639	DHIRESH	VALLABH	ASPEN	M	40	40-44M	0.55.51	1
H24	824	2656	TENIELLE	DE ANDRADE	VITALITY	F	40	40-44F	0.55.56	1
H25	825	759	MIKE	BURGER	CRUSADE	M	71	70+M	0.56.03	2
H26	826	1635	DORIS	GERBER	MADIBA	F	54	50-54F	0.56.13	1
H27	827	726	KEITH	VOSLOO	CRUSADE	M	62	60-64M	0.56.35	1
H28	828	2331	XOLISA	MENEMENE	VUKANI	M	41	40-44M	0.56.44	1
H29	829	1247	LISLE	MATTHEWS	ELITEAC	F	51	50-54F	0.56.56	1
H30	830	1325	SHANNON	THEOBALD	NEDBANK	F	50	50-54F	0.56.57	1
H31	831	753	PLACXEDES	NDHLOVU	CRUSADE	F	51	50-54F	0.57.14	1
H32	832	584	BRENDON	SLABBERT	RUN4C	M	54	50-54M	0.57.31	1
H33	833	1124	LIZ	PRINS	ACH	F	56	55-59F	0.57.58	1
H34	834	535	GERT	HARMSE	RUN4C	M	59	55-59M	0.58.06	1
H35	835	2028	CURT	ROBERTS	ACH	M	40	40-44M	0.58.25	1
H36	836	350	MARIUS	ROACH	MUIRITE	M	32	SM	0.58.49	1
H37	837	285	VANESSA	COETZEE	MUIRITE	F	48	45-49F	0.58.49	1
H38	838	52	DARIUS	SWIEGELAAR	SAPPE	M	30	SM	0.59.09	1
H39	839	50	MICHAEL	DEKKER	SAPPE	M	53	50-54M	0.59.23	1
H40	840	505	ANDRIES	COETSEE	RUN4C	M	40	40-44M	1.00.54	1
H41	841	583	CHRISTELLE	SLABBERT	RUN4C	F	53	50-54F	1.01.09	1
H42	842	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	1.01.10	1
H43	843	513	ROZETTA	KEMP	RUN4C	F	71	70+F	1.01.14	1
H44	844	512	ANSIE	BENADE	RUN4C	F	66	65-69F	1.01.15	1
H45	845	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	1.03.49	1
H46	846	1629	ARINDA	VAN DER LINDE	MADIBA	F	36	35-39F	1.03.49	1
H47	847	2036	ANDRE	VAN DER BANK	MUIRITE	M	54	50-54M	1.04.25	1
H48	848	3046	Yolanda	Colesky	CRUSADE	F	53	50-54F	1.04.28	1
H49	849	491	YOLANDE	ARCHER	RUN4C	F	46	45-49F	1.05.25	1
H50	850	544	JACQULENE	DU TOIT	RUN4C	F	52	50-54F	1.05.44	1
H51	851	723	ALETTA	JOUBERT	CRUSADE	F	63	60-64F	1.07.11	1
H52	852	1274	GAYLE	SAAYMAN	VWAC	F	37	35-39F	1.07.11	1
H53	853	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	1.07.12	1
H54	854	1237	HERMAN	MATTHEWS	ELITEAC	M	51	50-54M	1.07.34	1
H55	855	713	DENISE	FERREIRA	CRUSADE	F	63	60-64F	1.07.57	1
H56	856	744	KAREN	CUNNINGHAM	CRUSADE	F	63	60-64F	1.08.38	1
H57	857	3164	MARILEE	SCHOLTZ	VITALITY	F	28	SF	1.08.42	1
H58	858	720	CLEO	JACOBS	CRUSADE	F	24	SF	1.10.12	1
H59	859	1706	BRUCE	SMITH	MADIBA	M	50	50-54M	1.10.27	1
H60	860	2801	SHOWNA	PETZER	RUN4C	F	42	40-44F	1.11.14	1
H61	861	600	ANDRE	PIENAAR	RUN4C	M	62	60-64M	1.12.58	1
H62	862	1102	KEN	BARWOOD	ACH	M	70	70+M	1.13.02	1
H63	863	2026	RAKGWADI	MORITI	CRUSADE	M	36	35-39M	1.14.26	1
H64	864	1641	DEBBIE	HILTON	MADIBA	F	53	50-54F	1.15.25	1
H65	865	1634	TANIA	TRUTER	MADIBA	F	53	50-54F	1.15.30	1
H66	866	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	1.15.31	1
H67	867	536	ELIZMA	HARMSE	RUN4C	F	64	60-64F	1.15.41	1
H68	868	64	DAVID	FORTEIN	SAPPE	M	60	60-64M	1.16.30	1
H69	869	767	GILLIAN	MCAINSH	CRUSADE	F	65	65-69F	1.18.05	1
H70	870	2037	BELINDA	VAN DER BANK	MUIRITE	F	57	55-59F	1.19.22	1
H71	871	710	LEONA	KEMP	CRUSADE	F	69	65-69F	1.19.25	1
H72	872	871	RICHARD	DE ANDRADE	CHARLO	M	65	65-69M	1.20.32	1
H73	873	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	68	65-69F	1.24.00	1
H74	874	910	RAE	LUCKMAN	CHARLO	F	55	55-59F	1.24.08	1
H75	875	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	56	55-59F	1.24.08	1
H76	876	2172	LEE	PAGE	CHARLO	F	42	40-44F	1.24.08	1
H77	877	40001	ZANTE	DEKKER	SAPPE	F	18	JF	1.26.26	1

POS	RNO	LIC	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H78	878	75	HESTER	DEKKER	SAPPE	F	53	50-54F	1.26.26	1
H79	879	70	BIANCA	SWARTS	SAPPE	F	22	SF	1.26.26	1
H80	880	1099	CRAIG	BESTER	ACH	M	48	45-49M	1.30.56	1
H81	881	2864	NOBULUMKO	MAKEDAMA	ADVEN	F	49	45-49F	1.31.08	1
H82	882	9882	BONGANI	MAGWALA	TEMP	M	43	40-44M	1.31.08	0
H83	883	712	NDILEKA	THOMPSON	CRUSADE	F	48	45-49F	1.31.36	1
H84	884	2779	CHARNE	PIETERSEN	MUIRITE	F	32	SF	1.31.40	1
H85	885	761	NTOKOZO	DAMBUZA	CRUSADE	F	46	45-49F	1.31.43	1
H86	886	1097	CINDI	BESTER	ACH	F	45	45-49F	1.32.44	1
H87	887	995	BERNADETTE	LOOCK	CHARLO	F	46	45-49F	1.33.00	1
H88	888	2047	MELISA	ROBERTS	ACH	F	43	40-44F	1.34.50	1
H89	889	2857	NOBUNTU	NXUMALO	ADVEN	F	45	45-49F	1.39.50	1