MEREWENT ATHLETIC CLUB



SUN, 14 SEPT 2025

6:30AM

DHUBRI ROAD SPORTS GROUND, MEREBANK

Join us and push your limits while having fun. Let's run / walk towards greatness together!

More Information: Strini - 078 205 1900 / Jayce - 079 793 3478 / Deena - 082 202 3892

Sponsor







EREWEN

EARLY BIRD ENTRY FEE:

15km - R180 5km - R 30





Temporary licence (15km) - R80

- Race day is Sun, 14 Sept 2025. Early bird registration closes on 14 31 Aug 2025. All entries after 14 31
 Aug will attract an additional fee of R30 for the 15km race and R10 for the 5km fun run/walk.
- Online entries will close on 08 Sept 2025.
- Age 70 and over Free entry. Will receive medals but will not be eligible for the free early bird t-shirt. It can be purchased for R100.
- T-Shirts to early bird entries only (15km). No guarantee on preferred t-shirt size.
- All finishers for the 15km and 5km will receive medals.
- Start time 6.30am for the 15km / 7.00am for the 5km. Cut-off time for both events is 9.30am.
- · Start and finish at Dhubri Road Grounds, Merebank.
- Both events allow for running or walking. The 15km event has a separate prize for the fastest walker.
- . The 5km Fun Run/Walk participants will also get a race bib and will receive an official time.

REGISTRATION:

- · Register on the website www.webtickets.co.za or
- · Click on the registration link for direct access or
- Pick 'n Pay stores



PRIZE MONEY												
OPEN			JUNIORS			SENIORS				WALKERS		
Position	Male	Female	Position	Male	Female	Position	Category	Male	Female	Position	Male	Female
1st	R1 000	R1 000	1st	R500	R500	1st	40-49	R400	R400	1st	R500	R500
2nd	R750	R750	2nd	R300	R300	1st	50-59	R400	R400	2nd	R300	R300
3rd	R500	R500	3rd	R200	R200	1st	60-69	R400	R400	3rd	R200	R200
						1st	70+	R400	R400			

Collection of race packs and final registration on Sat, 13 Sept 2025 at Dhubri Road Grounds between 10am - 4pm.

Additional Information

INDEMNITY: I am medically fit to compete and fully understand that I enter at my own risk and the organizers and their sponsors will not be held responsible for any loss or injury during or as a result of the event. I agree to comply with the rules of the World Athletics. Athletics South Africa and Kwa-Zulu Athletics for my participation in this event. If I am competing with a temporary licence, I not covered by the ASA Athletics Medical Insurance policy.

Min entrance age is 15 years old - ASA Rule 22.10. Junior athletes must be 19 years old or younger on 31

December in the year of the competition, must wear a "J" on the upper front and back of the vest/crop top

to be eligible for prizes and must provide proof of age on race day.

GENERAL RACE INFORMATION

- All licensed runners are required to display 2025 license numbers on the front and back of your vest/crop top with race numbers on the front - ASA Rule 25.4.8 and 26.1.13
- 2. Club colours must be worn by licensed athletes
- New ASA/KZNA age category tags (60mm 80mm) must be worn on the front and back of vest/crop top and must be clearly visible to claim prizes.
- 4. Traffic Officers, Race Officials, and Marshals must be always obeyed.
- 5. The race will be run subjected to the rules of WA. ASA and KwaZulu Natal Athletics.
- 6. Foreign athletes must abide by WA Rules CR 1.7. TR 4.1. TR 4.2. ASA Rule 9.
- 7. Proof of age must be provided if entrant qualifies for a prize category ASA Rule 2.14 and 5.14.
- 8. No personal seconding
- 9. ASA Rule 25.6.15 All entrants participate at own risk. Organizers and sponsors will not be held responsible for any loss or injury during or as a result of the race, property lost or damaged on the course or premises. Temporary licensed athletes are not covered by ASA insurance Policy.
- All unlicensed entrants require a temporary license at R80 which must be worn on the back of the vest/crop-top and
 the race number must be on the front.
- 11. Unlicensed entrants to wear plain colour vests/crop tops with no advertising. In accordance with WA and ASA advertising rules. Holders of Temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.8.13.
- Litter Zones will be enforced at all Water Tables as per ASA Rule 28. There will be 4 water tables with Water and Coke.
- 13. ASA Rule 34.10.6 For safety reasons the use of personal music players or other devices with headphones is not allowed. Any person may be disqualified without warning



KWAZULU-NATAL ATHLETICS