

DESPATCH SUPERSPAR 10KM - DESPATCH - 2025/08/30												
POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES	
1	1	355	MELIKHAYA	FRANS	IKHAMVA	M	35	35-39M	0.29.12	5	25	
2	3	1361	ANDILE	MOTWANA	NEDBANK	M	28	SM	0.29.59	5	24	
3	4	396	LITHOBE	MENZELELELI	IKHAMVA	M	26	SM	0.30.16	5	23	
4	408	439	MXOLELENI	TABATA	ACH	M	22	SM	0.31.49	5	22	
5	255	356	LUYANDA	TSHANGANA	IKHAMVA	M	42	40-44M	0.32.18	5	21	
6	430	358	MZWANELE	MAPHEKULA	IKHAMVA	M	49	45-49M	0.32.39	5	20	
7	360	40545	DALLIAN	OERSON	SCHOOL	M	18	JM	0.32.45	5	0	
8	328	1363	THULANI	MDLALO	NEDBANK	M	40	40-44M	0.33.11	5	19	
9	425	360	NTSIKA	NTAMO	IKHAMVA	M	22	SM	0.33.36	5	18	
10	254	2278	MAIXOLE	NTLOKO	IKHAMVA	M	35	35-39M	0.33.44	5	17	
11	173	2210	THEMBELANI	MBENENGE	SIBALEKA	M	30	SM	0.33.49	5	16	
12	468	49999	ASONGE	MTHANA	NEDBANK	M	18	JM	0.34.04	5	15	
13	392	177	Simunye	Sineke	SIBALEKA	M	22	SM	0.34.37	5	14	
14	9963	2253	KHAYA	GQWETHA	VUKANI	M	40	40-44M	0.34.37	5	13	
15	341	701	NYASHA	MUKANDI	CRUSADE	M	33	SM	0.34.55	5	12	
16	9927	165	SANUSE	MBONENI	HOLLYWOO	M	40	40-44M	0.35.10	5	0	
17	317	1335	ANELE	MALIZA	NEDBANK	M	47	45-49M	0.35.15	5	11	
18	264	1482	JEANDRY	DEERLING	NEDBANK	M	33	SM	0.35.18	5	10	
19	18	1242	GCOBANI	BEKWAPHI	ELITEAC	M	46	45-49M	0.35.22	5	9	
20	361	1941	MILA	PASIYA	SIBALEKA	M	45	45-49M	0.35.34	5	8	
21	99	3010	TUMELO	MOCHELENYANE	SAPPE	M	43	40-44M	0.35.40	5	7	
22	9905	772	MARTIN	VON ALLEMANN	32GI	M	44	40-44M	0.35.42	5	6	
23	362	1931	SIYANDA	PETER	BLUEBAY	M	36	35-39M	0.35.46	5	5	
24	9997	2314	BATHANDWA	MOOI	VUKANI	M	40	40-44M	0.35.53	5	4	
25	313	40671	ICHUMILE	MACHAKA	SCHOOL	M	16	JM	0.36.19	4	0	
26	9984	1503	LUVUYO	DYANI	NEDBANK	M	55	55-59M	0.36.20	5	3	
27	347	40385	SENZO	NDZOTOYI	SIBALEKA	M	16	JM	0.36.22	4	2	
28	467	40184	ASAKHE	SHAYI	NEDBANK	M	18	JM	0.36.48	4	1	
29	337	2219	MASANDE	MLONYENI	SIBALEKA	M	44	40-44M	0.36.48	5	0	
30	488	1255	ERROL	WHITTAL	ELITEAC	M	50	50-54M	0.36.49	5	0	
31	9948	1488	MELIKHAYA	KEPE	NEDBANK	M	49	45-49M	0.36.52	5	0	
32	403	1406	REFELOE	SOLOMONS	NEDBANK	F	44	40-44F	0.36.55	5	25	
33	476	423	SANDISO	NGXISHE	CHILLIEP	M	55	55-59M	0.37.00	5	0	
34	422	282	ABDUL	WICOMB	MUIRITE	M	46	45-49M	0.37.06	5	0	
35	435	40454	THEO	BUIS	NEDBANK	M	16	JM	0.37.12	4	0	
36	157	2690	JEMAIN	WILSON	VITALITY	M	37	35-39M	0.37.23	4	0	
37	9998	1847	MHLENGI	MAHLABA	HOLLYWOO	M	34	SM	0.37.35	4	0	
38	433	1322	SINETHEMBA	MIRELE	NEDBANK	M	28	SM	0.37.36	4	0	
39	9906	1807	THAMSANQA	MANGI	BATHURST	M	41	40-44M	0.37.59	5	0	
40	303	267	ZOLANI	KOLOSA	SIBALEKA	M	31	SM	0.38.00	4	0	
41	397	1330	RUAN	SMALBERGER	NEDBANK	M	35	35-39M	0.38.03	4	0	
42	387	950	CHARLES	SEGALO	CHARLO	M	38	35-39M	0.38.15	4	0	
43	440	1168	SLULAMI	JACK	TRANSNET	M	50	50-54M	0.38.25	5	0	
44	359	931	ANDILE	NYOKA	CHARLO	M	52	50-54M	0.38.34	5	0	
45	386	1436	NTSIKELELO	SEBE	NEDBANK	M	42	40-44M	0.38.40	4	0	
46	164	1400	KELLY	VAN VLIET	NEDBANK	F	37	35-39F	0.38.43	5	24	
47	7	378	SIYABONGA	HONNI	IKHAMVA	M	41	40-44M	0.38.43	4	0	
48	265	1480	AUGUST	ESAU	NEDBANK	M	54	50-54M	0.38.44	5	0	
49	470	370	DESMOND	ZIBI	IKHAMVA	M	61	60-64M	0.38.44	5	0	
50	346	1372	SIBUSISO	THU	NEDBANK	M	37	35-39M	0.38.47	4	0	
51	453	1465	HENRY	CRAUSE	NEDBANK	M	42	40-44M	0.38.49	4	0	
52	9987	1091	LEIGH	CALLAGHAN	ACH	F	30	SF	0.38.56	5	23	
53	354	897	NKONGELEKO	NGCOSHOLE	CHARLO	M	34	SM	0.39.16	3	0	
54	9988	1639	VANDRE	NEL	MADIBA	M	40	40-44M	0.39.18	4	0	
55	400	1642	NICO	SMITH	MADIBA	M	40	40-44M	0.39.18	4	0	
56	9990	1216	WESSEL	WOLMARANS	ELITEAC	M	47	45-49M	0.39.18	5	0	
57	334	40085	ABBIE	MITCHELL	MADIBAZ	F	18	JF	0.39.18	5	22	
58	227	8527	RICCO	VISSER	TEMP	M	23	SM	0.39.29	0	0	
59	314	2863	QAWWE	MAJIZA	ADVEN	M	38	35-39M	0.39.38	3	0	
60	9920	2855	BADROEDEEN	ABRAHAMS	MALABAR	M	38	35-39M	0.39.45	3	0	
61	339	993	THEMBEKILE	MSIPA	CHARLO	M	51	50-54M	0.39.47	5	0	
62	311	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	59	55-59M	0.39.51	5	0	
63	261	1316	MORNE	BUIS	NEDBANK	M	32	SM	0.40.00	3	0	

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64	466	1398	MUTEKILE	RASMENI	NEDBANK	M	60	60-64M	0.40.04	5	0
65	393	1079	HANSON	SINGAPHI	ACH	M	47	45-49M	0.40.05	5	0
66	500	1848	PHAPHAMA	GLADILE	HOLLYWOO	M	35	35-39M	0.40.19	3	0
67	246	8546	ZANE	SCHWARZ	TEMP	M	41	40-44M	0.40.22	0	0
68	333	1069	WAYNE	MITCHELL	ACH	M	52	50-54M	0.40.24	5	0
69	195	878	DANE	CRONJE	CHARLO	F	28	SF	0.40.28	5	21
70	376	955	SIVUYILE	SCHEEPERS	CHARLO	M	32	SM	0.40.29	3	0
71	38	2251	BABONKE	DINGA	VUKANI	M	37	35-39M	0.40.37	3	0
72	323	2269	KHANYISO	MASWANA	VUKANI	M	35	35-39M	0.40.45	3	0
73	326	2234	GIFT	MBEDZI	SIBALEKA	M	29	SM	0.40.56	3	0
74	434	40201	RIAAZ	DENNIS	NEDBANK	M	17	JM	0.40.57	3	0
75	368	269	Mthunzi	Qorana	SIBALEKA	M	43	40-44M	0.41.04	3	0
76	113	2659	KHAKA	NJOZELA	VITALITY	M	38	35-39M	0.41.13	3	0
77	9945	210	SANELE	SAM	CSEP	M	32	SM	0.41.21	3	0
78	477	411	SIYABONGA	ZULU	CHILLIEP	M	43	40-44M	0.41.27	3	0
79	438	1395	MICHAEL	MAGSON	NEDBANK	M	49	45-49M	0.41.29	4	0
80	257	829	WYNAND	DU PREEZ	32GI	M	52	50-54M	0.41.31	5	0
81	2	357	SINAWO	POTI	IKHAMVA	M	23	SM	0.41.35	3	0
82	315	898	PATRIC	MAKWENKWE	CHARLO	M	59	55-59M	0.41.47	5	0
83	444	2963	DANTON	SEPTEMBER	MUIRITE	M	31	SM	0.41.57	2	0
84	120	539	SERGIO	PETERSON	RUN4C	M	47	45-49M	0.42.12	3	0
85	321	999	THOMAS	MARAIS	CHARLO	M	38	35-39M	0.42.18	3	0
86	9980	844	THERESA	BUCHNER	32GI	F	40	40-44F	0.42.26	5	20
87	9925	180	DANNY	HARTZENBERG	TNETFS	M	49	45-49M	0.42.43	0	0
88	295	79	BRENDON	JACOBS	SAPPE	M	35	35-39M	0.42.45	3	0
89	241	8541	SIYOMCELO	MBELEKANE	TEMP	M	30	SM	0.42.59	0	0
90	9935	1511	APHLYN	TAAI	NEDBANK	M	43	40-44M	0.42.59	3	0
91	391	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39M	0.42.59	2	0
92	109	3088	WILFRED	NELANI	EMC RC	M	28	SM	0.43.08	2	0
93	9999	1925	MANDLA	AFRICA	BLUEBAY	M	23	SM	0.43.15	2	0
94	405	1293	THEMBINKOSI	STOKWE	VWAC	M	47	45-49M	0.43.20	3	0
95	9939	2295	ZOLANI	MQOQI	VUKANI	M	48	45-49M	0.43.22	3	0
96	97	2480	ALULUTO	MKIVA	ABSAEP	M	18	JM	0.43.37	2	0
97	162	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	43	40-44F	0.43.39	4	19
98	9967	380	MBOLEKWA	MAYILA	IKHAMVA	M	46	45-49M	0.43.45	3	0
99	448	442	MSINDISI	QALINGE	CHILLIEP	M	30	SM	0.43.53	2	0
100	76	1687	RUDI	KRIEL	MADIBA	M	35	35-39M	0.43.56	2	0
101	479	1957	HENRY	PIENAAR	BLUEBAY	M	54	50-54M	0.43.58	3	0
102	395	273	ROBERT	SLABBERT	MUIRITE	M	38	35-39M	0.44.07	2	0
103	446	323	CLIVE	VAN RAYNER	MUIRITE	M	58	55-59M	0.44.08	4	0
104	320	952	CINDY	MARAIS	CHARLO	F	48	45-49F	0.44.12	5	18
105	306	1340	WELCOME	LOLIWE	NEDBANK	M	60	60-64M	0.44.15	5	0
106	332	938	THOBELO	MFIKILI	CHARLO	M	39	35-39M	0.44.16	2	0
107	243	8543	THINUMZI	NTSHWEZA	TEMP	F	29	SF	0.44.27	0	0
108	9993	1213	SEBASTIAN	KLEU	ELITEAC	M	49	45-49M	0.44.39	3	0
109	407	52	DARIUS	SWIEGELAAR	SAPPE	M	30	SM	0.44.45	2	0
110	163	1404	DARREN	VAN VLIET	NEDBANK	M	42	40-44M	0.44.46	2	0
111	9956	9956	KIAN	TERBLANCHE	TEMP	M	28	SM	0.44.54	0	0
112	283	1282	SEBASTIAN	HAARHOFF	VWAC	M	48	45-49M	0.44.56	3	0
113	142	1212	BURNITA	STRYDOM	RUN4C	F	56	55-59F	0.44.59	5	17
114	220	8520	RUDI	SENEKAL	TEMP	M	46	45-49M	0.45.06	0	0
115	9928	1238	PIETER	GERBER	ELITEAC	M	50	50-54M	0.45.09	3	0
116	9946	259	LINDIKHAYA	NTEYI	TINARHA	M	46	45-49M	0.45.13	2	0
117	483	1113	ROGER	TRADER	ACH	M	71	70+M	0.45.13	5	0
118	9972	261	PETER	NTSHIKILA	TINARHA	M	63	60-64M	0.45.16	5	0
119	325	1457	RICHARD	MAZUNGULA	NEDBANK	M	48	45-49M	0.45.18	2	0
120	9914	9914	WILLIAM	PLAATJIES	TEMP	M	25	SM	0.45.23	0	0
121	9926	2009	FREEK	DANIELS	TRANSNET	M	59	55-59M	0.45.28	3	0
122	240	8540	SIVENATHI	MATE	TEMP	M	16	JM	0.45.30	0	0
123	274	2805	CHARL	GERBER	RUN4C	M	61	60-64M	0.45.38	5	0
124	369	2216	ZOLILE	QWEBANI	SIBALEKA	M	55	55-59M	0.45.40	3	0
125	23	1779	Gershwin	Booyesen	GELVAN	M	37	35-39M	0.45.45	2	0
126	9909	1590	ANNEKE	MOORE	DESPATCH	F	41	40-44F	0.45.50	3	16
127	80	576	VERNON	LANDMAN	RUN4C	M	50	50-54M	0.45.51	3	0

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128	350	40469	MIKULE	NEL	GELVAN	M	18	JM	0.45.55	2	0
129	437	1394	DAVERA	MAGSON	NEDBANK	F	50	50-54F	0.46.00	5	15
130	409	1083	ALAN	TAYLOR	ACH	M	68	65-69M	0.46.00	5	0
131	48	768	WILLIE	ELS	CRUSADE	M	49	45-49M	0.46.01	2	0
132	487	1416	CHRISTINE	CLAASEN	NEDBANK	F	61	60-64F	0.46.11	5	14
133	41	733	ALEX	DU TOIT	CRUSADE	M	60	60-64M	0.46.13	4	0
134	402	1862	SIMPHIWE	SOCI	HOLLYWOO	M	59	55-59M	0.46.19	3	0
135	15	1285	WANDA	BANJWA	VWAC	M	38	35-39M	0.46.40	2	0
136	229	8529	THOKOZANI	BAMO	TEMP	M	30	SM	0.46.40	0	0
137	310	1072	KYLA	MAARTENS	ACH	F	21	SF	0.46.42	2	13
138	9930	1281	ZIMMO	MADIKIZELA	VWAC	M	30	SM	0.46.50	2	0
139	9992	1873	BISHO	NOMBEWU	HOLLYWOO	M	59	55-59M	0.46.52	3	0
140	485	1062	NICK	CHAPMAN	ACH	M	53	50-54M	0.46.54	2	0
141	63	40102	Owami	GWAMANDA	VWAC	M	16	JM	0.46.54	2	0
142	158	2995	RODNEY	WITBOOI	ATLANTIC	M	54	50-54M	0.46.57	2	0
143	9924	2088	GEDDES	GALLANT	SANDFEP	M	58	55-59M	0.47.02	3	0
144	388	2228	NGWANE	SHORTY	SIBALEKA	M	29	SM	0.47.06	2	0
145	9916	50096	ZENE	GERBER	CHEETAH	F	24	SF	0.47.07	0	0
146	9915	9915	ALEXANDER	DALEMAN	TEMP	M	31	SM	0.47.08	0	0
147	478	444	MAXWELL	NTABANKULU	CHILLIEP	M	42	40-44M	0.47.09	2	0
148	9982	1412	RAYMOND	WEITZ	NEDBANK	M	70	70+M	0.47.24	5	0
149	251	1229	NATASCIA	DE RIDDER	ELITEAC	F	46	45-49F	0.47.29	3	12
150	9968	310	TREVOR	NEL	MUIRITE	M	61	60-64M	0.47.30	3	0
151	9921	1441	MARTIN	JANSEN	NEDBANK	M	57	55-59M	0.47.32	3	0
152	9917	55	SIMCELILE	SITHEMBU	SAPPE	M	34	SM	0.47.34	2	0
153	457	552	GEOFFREY	SWARTBOOI	RUN4C	M	49	45-49M	0.47.39	2	0
154	31	1954	LEONARD	CONRADIE	BLUEBAY	M	71	70+M	0.47.42	5	0
155	331	934	JEAN	MEYER	CHARLO	M	46	45-49M	0.47.42	2	0
156	271	914	ETIENNE	GERBER	CHARLO	M	55	55-59M	0.47.52	3	0
157	98	2338	FERLANDO	MKIVA	VUKANI	M	32	SM	0.47.58	2	0
158	9947	2846	VIWE	TEKO	ACT AC	M	27	SM	0.48.02	2	0
159	329	183	UNATHI	MELENI	ACT AC	M	30	SM	0.48.02	2	0
160	490	1200	JANINE	WHITTAL	ELITEAC	F	44	40-44F	0.48.03	2	11
161	174	978	CHRISTOPHER	AYERST	CHARLO	M	58	55-59M	0.48.05	3	0
162	88	2038	NKOSIYEDWA	MABASO	MUIRITE	M	45	45-49M	0.48.07	2	0
163	105	2534	FREDAH	NCUBE	MADIBAZ	F	43	40-44F	0.48.08	2	10
164	460	1075	GAVIN	SCHONKNECHT	ACH	M	57	55-59M	0.48.10	3	0
165	498	2306	PHAKAMISA	BALENI	VUKANI	M	35	35-39M	0.48.10	2	0
166	234	8534	JAYDEN	JENECKER	TEMP	M	22	SM	0.48.11	0	0
167	46	1659	HANNES	ELS	MADIBA	M	75	70+M	0.48.17	5	0
168	431	1374	LUYOLO	DYUBHELE	NEDBANK	M	32	SM	0.48.26	2	0
169	34	3011	BILL	DAVIDS	MADIBAZ	M	55	55-59M	0.48.31	2	0
170	13	1043	DAVID	BAINS	XCEL	M	59	55-59M	0.48.35	2	0
171	9936	1037	CHESTER	BROOKS	XCEL	M	67	65-69M	0.48.39	4	0
172	9949	2521	ABULELE	ROZANA	MADIBAZ	M	29	SM	0.48.45	2	0
173	185	967	MIKE	BURGER	CHARLO	M	66	65-69M	0.48.50	3	0
174	133	1183	SANETTE	RYAN	ELITEAC	F	55	55-59F	0.48.51	5	9
175	130	281	MONIQUE	RICHARDSON	MUIRITE	F	30	SF	0.48.52	2	8
176	179	949	WELCOME	BASKITI	CHARLO	M	58	55-59M	0.48.53	2	0
177	394	584	BRENDON	SLABBERT	RUN4C	M	54	50-54M	0.49.02	2	0
178	202	8502	NICHOLAS	BANGO	TEMP	M	38	35-39M	0.49.02	0	0
179	415	1010	JAN	VAN EEDEN	NEDBANK	M	67	65-69M	0.49.04	3	0
180	25	1205	ALISON	BOWKER	ELITEAC	F	37	35-39F	0.49.16	2	7
181	9965	40192	JODY	FLEURS	GELVAN	M	17	JM	0.49.21	1	0
182	492	40459	Ethan	Daniels	GELVAN	M	18	JM	0.49.24	1	0
183	199	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	45-49M	0.49.26	2	0
184	289	1289	ANSLON	HECTOR	VWAC	M	31	SM	0.49.31	1	0
185	51	745	KATHLEEN	FLANAGAN	CRUSADE	F	39	35-39F	0.49.34	2	6
186	424	876	GEORGE	WINSHIP	CHARLO	M	59	55-59M	0.49.34	2	0
187	297	628	CT	JACOBS	ASPEN	M	41	40-44M	0.49.36	2	0
188	482	1757	JACOBUS	JULIUS	GELVAN	M	51	50-54M	0.49.39	2	0
189	385	2751	JEREMY	SCOTT	VWAC	M	54	50-54M	0.49.45	2	0
190	175	2955	JOSEPH	BAIN	CSEP	M	65	65-69M	0.49.51	3	0
191	268	634	JO-ANNE	FORSON	ASPEN	F	37	35-39F	0.49.53	2	5

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192	57	2947	FERAAN	GEORGE	MALABAR	M	39	35-39M	0.49.55	2	0
193	302	1118	BRUCE	KING	ACH	M	59	55-59M	0.49.59	2	0
194	442	1837	XOLA	MBATSHA	HOLLYWOO	M	45	45-49M	0.50.07	2	0
195	475	475	GIVAN	NDUNA	TEMP	M	43	40-44M	0.50.11	0	0
196	471	1088	PERCY	DALTON	ACH	M	77	70+M	0.50.12	4	0
197	81	577	YOLANDIE	LANDMAN	RUN4C	F	50	50-54F	0.50.15	3	4
198	356	911	TANYA	NORRIS	CHARLO	F	41	40-44F	0.50.16	2	3
199	9912	50803	SIVIWE	MEVENI	REALGIJ	M	38	35-39M	0.50.25	0	0
200	382	514	MONTE	SCHOLTZ	RUN4C	M	64	60-64M	0.50.26	2	0
201	166	1450	NKHATHALLENG	KHIBA	NEDBANK	F	44	40-44F	0.50.34	2	2
202	469	1315	WERNER	MEYER	SAPPE	M	52	50-54M	0.50.36	2	0
203	73	1684	MARLON	KOEN	MADIBA	M	38	35-39M	0.50.40	1	0
204	461	8561	ENSLIN	VAN DER BROOK	TEMP	M	36	35-39M	0.50.55	0	0
205	423	556	ARTHUR	WILLIAMS	RUN4C	M	62	60-64M	0.51.01	2	0
206	58	2776	GEORGE	STERN	MUIRITE	M	19	JM	0.51.05	1	0
207	447	2757	CARLO	BEER	MUIRITE	M	22	SM	0.51.06	1	0
208	56	1812	THULANI	FUNDE	BATHURST	M	41	40-44M	0.51.26	1	0
209	115	1332	THANDIWE	NKWANDLA	NEDBANK	F	60	60-64F	0.51.27	5	1
210	374	991	GREGORY	ROSS	CHARLO	M	52	50-54M	0.51.42	2	0
211	9995	992	CYNTHIA	HEYNS	CHARLO	F	41	40-44F	0.51.42	2	0
212	309	2209	VELILE	LUSITI	SIBALEKA	M	36	35-39M	0.51.47	1	0
213	9941	2268	SANDISILE	QUMZA	VUKANI	M	37	35-39M	0.51.47	1	0
214	9979	40200	MASIBULELE	KOYANA	NEDBANK	M	17	JM	0.51.48	1	0
215	259	40668	JOHAN	DYER	SCHOOL	M	17	JM	0.51.49	1	0
216	481	1356	JEROME	MAY	NEDBANK	M	58	55-59M	0.51.55	2	0
217	9911	3002	WESLEY	MERRICK	VITALITY	M	31	SM	0.52.04	1	0
218	378	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	0.52.10	4	0
219	436	1490	SIPHO	KONA	NEDBANK	M	58	55-59M	0.52.24	2	0
220	428	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	0.52.27	2	0
221	9901	201	VUYISILE	DELIWE	CSEP	M	50	50-54M	0.52.30	2	0
222	79	127	MUSTAFA	LAGARDIEN	MALABAR	M	32	SM	0.52.38	1	0
223	293	915	JOEL	HUMAN	CHARLO	M	52	50-54M	0.52.50	1	0
224	318	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	38	35-39M	0.52.52	1	0
225	381	518	NIENKE	SCHOLTZ	RUN4C	F	28	SF	0.52.55	1	0
226	30	285	VANESSA	COETZEE	MUIRITE	F	48	45-49F	0.52.55	2	0
227	191	1219	MELANIE	CHRISTIE	ELITEAC	F	41	40-44F	0.52.55	2	0
228	9986	63	MPUMELELO	MBALI	SAPPE	M	34	SM	0.53.13	1	0
229	324	2304	QAQAMBA	MATUNDU	VUKANI	F	27	SF	0.53.13	1	0
230	29	505	ANDRIES	COETSEE	RUN4C	M	39	35-39M	0.53.14	1	0
231	370	554	PETRUS	RADEMEYER	RUN4C	M	51	50-54M	0.53.14	1	0
232	258	937	JAMES	DU TOIT	CHARLO	M	40	40-44M	0.53.15	1	0
233	9971	9971	MALUSI	DLAMINI	TEMP	M	36	35-39M	0.53.28	0	0
234	187	50345	ROBERT	BUTTON	OLDSELB	M	66	65-69M	0.53.30	0	0
235	411	895	GIANNI	TISTELLI	CHARLO	M	54	50-54M	0.53.40	1	0
236	129	3089	NEAL	PRINSLOO	EMC RC	M	40	40-44M	0.53.40	1	0
237	35	2656	TENIELLE	DE ANDRADE	VITALITY	F	40	40-44F	0.53.41	1	0
238	100	3061	Eric	Moeng	CSEP	M	54	50-54M	0.53.44	1	0
239	213	8513	MAWETHU	MAZOMBA	TEMP	M	32	SM	0.53.45	0	0
240	59	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	0.53.46	3	0
241	159	2463	Luthando	Yibe	ABSAEP	M	44	40-44M	0.53.48	1	0
242	486	1559	NOLEEN	AMBRAAL	DESPATCH	F	55	55-59F	0.53.49	2	0
243	77	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	0.53.52	2	0
244	160	42	SAM	ERASMUS	SAPPE	M	67	65-69M	0.53.53	2	0
245	284	40667	JUSTIN	HANCOX	SCHOOL	M	15	JM	0.53.58	1	0
246	91	1291	ASHENDA	MAKONIE	VWAC	F	49	45-49F	0.54.01	2	0
247	190	903	KESVAL	CHETTY	CHARLO	M	60	60-64M	0.54.02	2	0
248	9923	1192	HEINZ	CONRAD	ELITEAC	M	46	45-49M	0.54.06	1	0
249	127	88	HENRY	PRAHALADH	INFINITY	M	58	55-59M	0.54.14	1	0
250	9938	2294	SIDWELL	MATINYANE	VUKANI	M	59	55-59M	0.54.25	1	0
251	305	1726	BERNARD-BENJAMI	LODEWYK	GELVAN	M	54	50-54M	0.54.35	1	0
252	270	851	THANDO	FRANS	SPAREC	M	47	45-49M	0.54.40	1	0
253	253	75	HESTER	DEKKER	SAPPE	F	53	50-54F	0.54.45	2	0
254	9943	637	MARK	GODDARD	ASPEN	M	29	SM	0.54.47	1	0
255	349	615	KATHERINE	NEL	ASPEN	F	35	35-39F	0.54.48	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
256	248	8548	ROCH	THOMPSON	TEMP	M	38	35-39M	0.55.00	0	0
257	278	1716	DERICK	GOLIATH	GELVAN	M	61	60-64M	0.55.13	1	0
258	96	170	THANDEKA	MHLANGA	ACT AC	F	35	35-39F	0.55.15	1	0
259	319	1543	SARETHA	MARAIS	DESPATCH	F	40	40-44F	0.55.16	1	0
260	232	8532	RYAN	DU PREEZ	TEMP	M	28	SM	0.55.17	0	0
261	262	1512	DEON	ENGELBRECHT	NEDBANK	M	57	55-59M	0.55.19	1	0
262	125	2964	CHESLIN	PLAATJIES	VITALITY	M	39	35-39M	0.55.26	1	0
263	12	3041	ALLISTER	ARENDS	ATLANTIC	M	41	40-44M	0.55.26	1	0
264	9903	1124	LIZ	PRINS	ACH	F	56	55-59F	0.55.34	2	0
265	300	1833	BONISIWE	KAMANGA	HOLLYWOO	F	31	SF	0.55.39	1	0
266	244	8544	LAURE	PIETERSE	TEMP	M	54	50-54M	0.55.40	0	0
267	231	8531	RICARDO	DIEDERICKS	TEMP	M	24	SM	0.55.46	0	0
268	480	8597	JAMIE	STRAUSS	TEMP	M	21	SM	0.55.47	0	0
269	55	136	ABDURRAHMAAN	FREDERICKS	MALABAR	M	45	45-49M	0.56.00	1	0
270	9942	2737	SIPHOKAZI	MANI	VITALITY	F	35	35-39F	0.56.03	1	0
271	9981	1267	ANAND	NAIDOO	VWAC	M	55	55-59M	0.56.15	1	0
272	418	883	LINDI	VAN TONDER	CHARLO	F	47	45-49F	0.56.21	1	0
273	494	8599	BENNITUS	WELCH	TEMP	M	50	50-54M	0.56.23	0	0
274	291	954	ANDREW	HIGGS	CHARLO	M	54	50-54M	0.56.27	1	0
275	9934	9934	MARNE	KOEN	TEMP	F	18	JF	0.56.29	0	0
276	484	1299	MICHAEL	SLATER	VWAC	M	55	55-59M	0.56.35	1	0
277	71	513	ROZETTA	KEMP	RUN4C	F	71	70+F	0.56.37	4	0
278	149	284	ESTELLE	VAN DER MERWE	MUIRITE	F	59	55-59F	0.56.40	2	0
279	273	959	JOHAN	GERBER	CHARLO	M	46	45-49M	0.56.42	1	0
280	9931	2295	ZOLANI	MQOQI	VUKANI	M	48	45-49M	0.56.45	1	0
281	9973	9973	THANDEKILE	GAXAMBA	VWAC	M	54	50-54M	0.56.45	1	0
282	454	9454	FADEELAH	DAVIDS	TEMP	F	41	40-44F	0.56.54	0	0
283	495	8602	LONWABO	MLILWANA	TEMP	M	57	55-59M	0.56.54	0	0
284	421	972	CONRAD	VENTER	CHARLO	M	34	SM	0.56.59	1	0
285	10	1201	CATHY	ALLERS	ELITEAC	F	63	60-64F	0.57.05	2	0
286	292	966	KEANO	HITZEROTH	CHARLO	M	25	SM	0.57.07	1	0
287	92	2459	BULELANI	MATENJWA	IKHAMVA	M	43	40-44M	0.57.09	1	0
288	459	2971	MCEBISI	MZINZI	DPWEC	M	45	45-49M	0.57.12	1	0
289	9910	2626	SYLVAN	BLIGNAUT	MADIBAZ	M	65	65-69M	0.57.37	1	0
290	441	2035	DARREL	SLAMBEE	MUIRITE	M	40	40-44M	0.57.49	1	0
291	399	930	IMKE	SMIT	CHARLO	F	36	35-39F	0.57.51	1	0
292	9985	2061	MALCOLM	FIGG	NMBAC	M	67	65-69M	0.57.57	1	0
293	19	512	ANSIE	BENADE	RUN4C	F	66	65-69F	0.58.03	2	0
294	50	507	JOHAN	FERREIRA	RUN4C	M	63	60-64M	0.58.08	1	0
295	60	1635	DORIS	GERBER	MADIBA	F	54	50-54F	0.58.11	1	0
296	152	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	0.58.11	2	0
297	28	339	ILSE	CLAASSENS	MUIRITE	F	26	SF	0.58.17	1	0
298	275	302	LUCINDA	GERBER	MUIRITE	F	50	50-54F	0.58.33	1	0
299	228	8528	MONGEZI	VOCO	TEMP	M	34	SM	0.58.50	0	0
300	406	77	LOUIS	SWIEGELAAR	SAPPE	M	59	55-59M	0.58.51	1	0
301	266	765	LESLIE	FERREIRA	CRUSADE	M	30	SM	0.58.52	1	0
302	61	1207	CHARL	GRIESSEL	ELITEAC	M	61	60-64M	0.58.53	1	0
303	9940	9940	PAKISO	MOEKETSI	TEMP	M	44	40-44M	0.58.57	0	0
304	474	8856	SINOXOLO	MTSATSE	TEMP	M	27	SM	0.58.57	0	0
305	9991	1269	SIMON	LELAKA	VWAC	M	52	50-54M	0.58.59	1	0
306	16	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	0.59.00	1	0
307	143	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	0.59.03	1	0
308	188	2345	NOMFUSI	CESHEMBA	VUKANI	F	43	40-44F	0.59.03	1	0
309	463	8563	DANZEL	VAN DER MERWE	TEMP	M	29	SM	0.59.07	0	0
310	277	1695	CARLA	GILLWALD	MADIBA	F	37	35-39F	0.59.12	1	0
311	53	529	ANDRE	FOURIE	RUN4C	M	78	70+M	0.59.18	1	0
312	390	563	LINDA	SILLS	RUN4C	F	43	40-44F	0.59.26	1	0
313	396	583	CHRISTELLE	SLABBERT	RUN4C	F	53	50-54F	0.59.26	1	0
314	44	3076	Dewald	Deyzel	JBAY	M	57	55-59M	0.59.43	1	0
315	9918	9918	SALWAH	VAN RHEEDE	TEMP	F	35	35-39F	0.59.57	0	0
316	107	1517	MZIWOXOLO	NDZIWENI	ADVEN	M	42	40-44M	0.59.59	1	0
317	24	298	SANET	BOUCHER	MUIRITE	F	45	45-49F	1.00.01	1	0
318	9978	1930	TIM	BRAY	BLUEBAY	M	62	60-64M	1.00.12	1	0
319	9944	9944	MORNE	SMITH	TEMP	M	45	45-49M	1.00.20	0	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
320	122	2503	NONDUMISO	PHAKATHI	MADIBAZ	F	44	40-44F	1.00.27	1	0
321	33	1380	BANDILE	CUNTU	NEDBANK	M	60	60-64M	1.00.29	1	0
322	9950	2316	AWONKE	LUCWABA	VUKANI	F	29	SF	1.00.31	1	0
323	9960	9960	CHANTELLE	VAN RENSBURG	TEMP	F	48	45-49F	1.00.42	0	0
324	9959	9959	WERNER	VAN RENSBURG	TEMP	M	48	45-49M	1.00.42	0	0
325	104	1286	SHANDRY	NAZER	VWAC	F	36	35-39F	1.00.57	1	0
326	67	1261	FRANKLIN	HUMAN	VWAC	M	50	50-54M	1.00.57	1	0
327	365	1309	GERALD	PIETERSEN	VWAC	M	45	45-49M	1.00.57	1	0
328	401	913	SHARON	SMUTS	CHARLO	F	59	55-59F	1.01.03	1	0
329	419	874	LYNNE	VAN WYK	CHARLO	F	41	40-44F	1.01.13	1	0
330	145	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	31	SF	1.01.20	1	0
331	375	2204	ERROL	ROSSOUW	SIBALEKA	M	75	70+M	1.01.34	1	0
332	260	575	JACKIE	ELOFF	RUN4C	F	53	50-54F	1.01.34	1	0
333	86	588	RENIER	LIEBENBERG	RUN4C	M	43	40-44M	1.01.35	1	0
334	366	902	KRISH	PILLAY	CHARLO	M	63	60-64M	1.01.37	1	0
335	9937	769	MEGAN	ELS	CRUSADE	F	40	40-44F	1.01.38	1	0
336	69	723	ALETTA	JOUBERT	CRUSADE	F	63	60-64F	1.01.39	1	0
337	26	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	53	50-54M	1.01.54	1	0
338	209	8509	SKHUMBUZO	MADLALA	TEMP	M	32	SM	1.01.55	0	0
339	472	2461	FUNDISWA	ANTONY	ABSAEP	F	53	50-54F	1.02.21	1	0
340	134	1274	GAYLE	SAAYMAN	VWAC	F	37	35-39F	1.02.28	1	0
341	256	289	RENAY	DU PLESSIS	MUIRITE	F	57	55-59F	1.02.29	1	0
342	417	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	1.02.29	1	0
343	101	53057	ONDAMKELA	MPHIKE	SAPSTR	F	25	SF	1.02.42	0	0
344	87	2914	NOMANDLA	LUNGUZA	SAPPE	F	49	45-49F	1.02.43	1	0
345	497	361	JULIUS	SHOGOLE	IKHAMVA	M	72	70+M	1.02.43	1	0
346	75	162	ANDA	KOPANA	SAPPE	F	25	SF	1.02.44	1	0
347	355	1846	Simo	Nkanyuza	HOLLYWOO	M	38	35-39M	1.02.45	1	0
348	216	8516	CHAD	NEL	TEMP	M	34	SM	1.02.48	0	0
349	89	2504	WAYNE	MAC GEAR	MADIBAZ	M	62	60-64M	1.02.54	1	0
350	288	40440	MATTHEW	HECHTER	ELITEAC	M	14	JM	1.02.55	1	0
351	178	1102	KEN	BARWOOD	ACH	M	70	70+M	1.03.00	1	0
352	156	1119	TREMAINE	WESSON	ACH	M	64	60-64M	1.03.01	1	0
353	135	1466	AT	SCHOEMAN	NEDBANK	M	68	65-69M	1.03.05	1	0
354	9966	1758	BRAMWELL	FLEURS	GELVAN	M	46	45-49M	1.03.07	1	0
355	47	1632	JOS	ELS	MADIBA	F	73	70+F	1.03.14	1	0
356	136	1310	PHUMLA	SIBALI	VWAC	F	46	45-49F	1.03.15	1	0
357	9962	633	DAVID	NEL	ASPEN	M	38	35-39M	1.03.18	1	0
358	9964	863	NANDIPA	MYELEYELE	SPAREC	F	37	35-39F	1.03.24	1	0
359	458	8557	ABDULLAH	FREDERICKS	TEMP	M	22	SM	1.03.31	0	0
360	37	1234	DEWALD	DEYSEL	ELITEAC	M	43	40-44M	1.03.51	1	0
361	204	8504	MELANIE	DEYSEL	TEMP	F	42	40-44F	1.03.51	0	0
362	9933	9933	CHANI	KOEN	TEMP	F	16	JF	1.03.55	0	0
363	11	491	YOLANDE	ARCHER	RUN4C	F	46	45-49F	1.04.01	1	0
364	9994	333	DERICK	BIRCH	MUIRITE	M	70	70+M	1.04.11	1	0
365	180	933	SANET	BEZUIDENHOUT	CHARLO	F	37	35-39F	1.04.12	1	0
366	171	943	LOGAMURTHIE	ATHIEMOOLAM	CHARLO	M	62	60-64M	1.04.12	1	0
367	414	1629	ARINDA	VAN DER LINDE	MADIBA	F	35	35-39F	1.04.14	1	0
368	496	1333	MBULELO	SOBIKWA	NEDBANK	M	71	70+M	1.04.14	1	0
369	420	927	ANTON	VAN WYK	CHARLO	M	57	55-59M	1.04.14	1	0
370	114	503	FAKAZILE	NKOMIYAHLABA	RUN4C	F	38	35-39F	1.04.26	1	0
371	36	1927	ANIRLE	DE MEYER	BLUEBAY	F	28	SF	1.04.27	1	0
372	9907	1950	Nicole	GRAY	BLUEBAY	F	24	SF	1.04.27	1	0
373	9957	544	JACQULENE	DU TOIT	RUN4C	F	52	50-54F	1.04.41	1	0
374	345	143	ZAHEERA	NANABHAY	MALABAR	F	43	40-44F	1.04.42	1	0
375	491	17	KANYISA	MAYAYA	SAPPE	F	38	35-39F	1.04.45	1	0
376	42	738	SAM	DU TOIT	CRUSADE	F	56	55-59F	1.04.46	1	0
377	286	2508	DANEILLE	HARRY	MADIBAZ	F	40	40-44F	1.05.03	1	0
378	201	8501	ABDOLLATIEF	HASSAAN	TEMP	M	26	SM	1.05.10	0	0
379	223	8523	GIDION	VAN DER MERWE	TEMP	M	59	55-59M	1.05.27	0	0
380	119	2093	AXOLA	PAKADE	ASPEN	M	28	SM	1.05.28	1	0
381	194	1850	SIYABONGA	COKILE	HOLLYWOO	M	48	45-49M	1.05.30	1	0
382	316	352	ZUKO	MALIWA	IKHAMVA	M	48	45-49M	1.05.30	1	0
383	9996	2907	MOMELEZI	COMJWA	ASPEN	M	30	SM	1.05.30	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
384	84	40103	Kieran	Lewies	VWAC	M	15	JM	1.05.31	1	0
385	85	1290	MARTIN	LEWIES	VWAC	M	51	50-54M	1.05.32	1	0
386	9953	51177	OMPHILE	TSOMOKO	ALIWAL	M	35	35-39M	1.05.49	0	0
387	294	1104	CATHY	IVES	ACH	F	72	70+F	1.05.53	1	0
388	343	1737	LYNDLE	NAIDOO	GELVAN	F	33	SF	1.05.55	1	0
389	118	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.06.02	1	0
390	272	971	DEIDRE	GERBER	CHARLO	F	54	50-54F	1.06.13	1	0
391	181	1631	AMANDA	BLIGNAULT	MADIBA	F	65	65-69F	1.06.16	1	0
392	198	1624	ESTELLE	DE KLERK	MADIBA	F	59	55-59F	1.06.17	1	0
393	183	924	GRAHAM	BROOM	CHARLO	M	55	55-59M	1.06.20	1	0
394	9902	198	RIAAN	SMALBERGER	CSEP	M	70	70+M	1.06.29	1	0
395	287	1252	AMANDA	HECHTER	ELITEAC	F	44	40-44F	1.06.30	1	0
396	290	299	JOHANNES	HERBST	MUIRITE	M	79	70+M	1.06.33	1	0
397	340	51822	NOLUBABALO	MTSHAKAZI	KOMANIR	F	46	45-49F	1.06.51	0	0
398	172	1103	LIZ	AUSTIN	ACH	F	67	65-69F	1.07.19	1	0
399	150	303	SANET	VAN NIEKERK	MUIRITE	F	56	55-59F	1.07.24	1	0
400	32	100	LYNETTE	CRAUSE	INFINITY	F	65	65-69F	1.07.39	1	0
401	338	2217	ASANDA	MSARO	SIBALEKA	F	39	35-39F	1.07.43	1	0
402	211	8511	SARAH	MARX	TEMP	F	32	SF	1.07.55	0	0
403	298	2095	RICHTER	JACOBS	ASPEN	M	38	35-39M	1.08.01	1	0
404	456	2279	PHUMLA	CHELESI	VUKANI	F	45	45-49F	1.08.06	1	0
405	186	1258	LIZAAN	BURKETT	VWAC	F	41	40-44F	1.08.14	1	0
406	176	1256	NAOMI	BAKKER	VWAC	F	48	45-49F	1.08.14	1	0
407	184	309	YVETTE	BROPHY	MUIRITE	F	55	55-59F	1.08.22	1	0
408	233	8533	ZIZIPHO	GXULA	TEMP	F	28	SF	1.08.25	0	0
409	245	8545	LISA	RANDALL	TEMP	F	45	45-49F	1.08.31	0	0
410	230	8530	MICHELLE	BLOM	TEMP	F	48	45-49F	1.08.32	0	0
411	499	1266	DAVID	CHENGWE	VWAC	M	47	45-49M	1.08.34	1	0
412	9955	1295	XOLANI	MGIJIMA	VWAC	M	43	40-44M	1.08.34	1	0
413	377	1257	STEPHANIE	SCHEEPERS	VWAC	F	28	SF	1.08.34	1	0
414	74	980	PETRUS	KOOPMAN	CHARLO	M	64	60-64M	1.09.07	1	0
415	281	2164	SHARON	GRIESEL	CHARLO	F	54	50-54F	1.09.11	1	0
416	282	2165	DION	GRIESEL	CHARLO	M	57	55-59M	1.09.12	1	0
417	9908	1945	Janine	Gray	BLUEBAY	F	47	45-49F	1.09.19	1	0
418	169	2218	BABALWA	HENA	SIBALEKA	F	48	45-49F	1.09.19	1	0
419	116	428	SHAAHID	NORKEE	MALABAR	M	59	55-59M	1.09.22	1	0
420	49	1935	XENOPHON	FERREIRA	BLUEBAY	M	64	60-64M	1.09.27	1	0
421	445	2033	SHANNON	SEPTEMBER	MUIRITE	F	32	SF	1.09.38	1	0
422	285	2163	SUNET	HARRIS	CHARLO	F	52	50-54F	1.10.13	1	0
423	267	2162	ERIKA	FOREMAN	CHARLO	F	55	55-59F	1.10.14	1	0
424	462	8562	LUCINDA	VAN DER MERWE	TEMP	F	31	SF	1.10.15	0	0
425	451	14974	TSHEPO	SITOLE	SOULCITY	M	31	SM	1.10.16	0	0
426	473	197	AUBREY	LE ROUX	CSEP	M	72	70+M	1.10.32	1	0
427	138	479	CARMIA	SMUTS	WALMER	F	29	SF	1.11.32	1	0
428	139	466	LYNETTE	SMUTS	WALMER	F	59	55-59F	1.11.32	1	0
429	367	901	EUSENTHA	PILLAY	CHARLO	F	59	55-59F	1.11.54	1	0
430	182	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	1.12.06	1	0
431	205	8505	MORNE	DU PLESSIS	TEMP	M	47	45-49M	1.12.13	0	0
432	189	923	EVA	CHETTY	CHARLO	F	57	55-59F	1.12.20	1	0
433	177	2948	OKUHLE	BANA	VWAC	F	38	35-39F	1.12.21	1	0
434	9919	9919	LWANDO	BANA	TEMP	F	25	SF	1.12.22	0	0
435	68	720	CLEO	JACOBS	CRUSADE	F	23	SF	1.12.24	1	0
436	412	922	REFILWE	TSATSIMPE	CHARLO	F	29	SF	1.12.25	1	0
437	413	2759	Zonwabele	Tsawu	MUIRITE	M	61	60-64M	1.12.27	1	0
438	263	591	ERICA	ERASMUS	RUN4C	F	55	55-59F	1.12.45	1	0
439	9952	458	THOKOZANI	MTIMKULU	CHILLIEP	F	28	SF	1.13.05	1	0
440	327	2201	NOCAWE	MDAZUKA	SIBALEKA	F	41	40-44F	1.13.19	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
441	410	2196	SELBY	THABETHE	SIBALEKA	M	51	50-54M	1.13.36	1	0
442	141	346	LEANDRE	STRUMPHER	MUIRITE	F	42	40-44F	1.13.38	1	0
443	398	287	YOLANDI	SMALBERGER	MUIRITE	F	45	45-49F	1.13.42	1	0
444	279	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	1.13.42	1	0
445	132	1368	ZHULDYZ	ROBERTS	NEDBANK	F	39	35-39F	1.13.50	1	0
446	153	550	LIEZEL	WAIT	RUN4C	F	52	50-54F	1.14.09	1	0
447	226	8526	CJ	VISSER	TEMP	M	65	65-69M	1.14.35	0	0
448	322	928	ALLISTER	MARRAN	CHARLO	M	49	45-49M	1.14.45	1	0
449	452	3105	PIA	VAN DER HOEK	CRUSADE	F	40	40-44F	1.14.51	1	0
450	239	8539	KAGISO	MANAIA	TEMP	M	33	SM	1.15.03	0	0
451	364	600	ANDRE	PIENAAR	RUN4C	M	62	60-64M	1.15.33	1	0
452	9969	1306	GAVIN	KLINK	VWAC	M	52	50-54M	1.15.49	1	0
453	124	2373	NADIA	PETERSEN	JBAY	F	68	65-69F	1.15.53	1	0
454	117	1956	SONJA	OLIVIER	BLUEBAY	F	57	55-59F	1.15.54	1	0
455	235	8535	HEATHER	LANGFORD	TEMP	F	54	50-54F	1.16.48	0	0
456	439	8439	YOLANDI	VAN TONDER	TEMP	F	52	50-54F	1.16.56	0	0
457	66	2364	VICTOR	HUGO	JBAY	M	65	65-69M	1.17.00	1	0
458	455	2052	RUSHDIE	NACKERDIEN	MALABAR	M	38	35-39M	1.17.04	1	0
459	167	1751	SAMIER	ABRAHAMS	GELVAN	M	54	50-54M	1.17.05	1	0
460	103	463	JO-ANNE	MUIR	WALMER	F	56	55-59F	1.17.09	1	0
461	126	464	SHARON	POTGIETER	WALMER	F	60	60-64F	1.17.09	1	0
462	9922	1241	MARLENE	TERBLANCHE	ELITEAC	F	75	70+F	1.17.24	1	0
463	9989	9989	FABIAN	MARAIS	TEMP	M	40	40-44M	1.17.44	0	0
464	128	40596	NIQUI	PRETORIUS	SCHOOL	F	15	JF	1.18.01	1	0
465	154	520	SASKIA	WAIT	RUN4C	F	23	SF	1.18.04	1	0
466	78	1936	MARKUS	KUNNEKE	BLUEBAY	M	56	55-59M	1.18.15	1	0
467	8	126	MOGAMAD	ABDOLLATIEF	MALABAR	M	52	50-54M	1.18.29	1	0
468	276	276	CHRISTIAAN	GERBER	MUIRITE	M	50	50-54M	1.18.34	1	0
469	9951	1746	ARDEN	GROOTBOOM	GELVAN	F	44	40-44F	1.18.40	1	0
470	450	51493	ALUNGILE	TYWAKU	CHEETAH	F	33	SF	1.18.44	0	0
471	9954	9954	MIJAUNE	SMITH	TEMP	F	24	SF	1.18.47	0	0
472	148	2037	BELINDA	VAN DER BANK	MUIRITE	F	57	55-59F	1.19.10	1	0
473	371	557	CHARLENE	RADEMEYER	RUN4C	F	44	40-44F	1.19.12	1	0
474	106	1520	BUSISWA	NDZIWENI	ADVEN	F	35	35-39F	1.19.15	1	0
475	9913	3032	ZAKIYYAH	AJAM	MALABAR	F	37	35-39F	1.19.35	1	0
476	54	528	HELEN	FOURIE	RUN4C	F	55	55-59F	1.19.42	1	0
477	249	8549	ANNALINE	TSHIKILA	TEMP	F	34	SF	1.19.55	0	0
478	21	2768	NOMVELISO	BIDLA	SAPPE	F	33	SF	1.20.25	1	0
479	137	2486	SIMANGELE	SKOSANA	ABSAEP	F	45	45-49F	1.20.25	1	0
480	197	968	DENISE	DARLOW	CHARLO	F	56	55-59F	1.20.33	1	0
481	301	969	GARY	KELLEHER	CHARLO	M	67	65-69M	1.20.33	1	0
482	9958	527	Kamohelo	Mota	RUN4C	F	32	SF	1.20.35	1	0
483	64	1434	DIANNE	HARTZENBERG	NEDBANK	F	66	65-69F	1.21.12	1	0
484	123	2779	CHARNE	PIETERSEN	MUIRITE	F	32	SF	1.21.12	1	0
485	348	2222	NOMBULELO	NDZUZO	SIBALEKA	F	44	40-44F	1.21.13	1	0
486	27	3070	NDULELA	CANCA	VWAC	F	43	40-44F	1.21.14	1	0
487	212	8512	SISIPHO	MAYO	TEMP	F	28	SF	1.21.35	0	0
488	416	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	69	65-69M	1.22.03	1	0
489	39	209	Siyasanga	Dlaku	CSEP	F	39	35-39F	1.22.21	1	0
490	9983	1860	KHANYA	LIWANI	HOLLYWOO	F	28	SF	1.22.24	1	0
491	351	1117	GRAHAM	NELL	ACH	M	74	70+M	1.22.31	1	0
492	250	8550	XHANTILOMZI	TSHIKILA	TEMP	M	36	35-39M	1.22.53	0	0
493	9970	1270	LEIGH	KLINK	VWAC	F	43	40-44F	1.22.56	1	0
494	307	995	BERNADETTE	LOOCK	CHARLO	F	45	45-49F	1.23.14	1	0
495	308	910	RAE	LUCKMAN	CHARLO	F	55	55-59F	1.24.11	1	0
496	236	8536	NOLUVO	MADIKIZELA	TEMP	F	30	SF	1.24.35	0	0
497	9932	448	KHOLISA	PAPU	CHILLIEP	F	38	35-39F	1.24.37	1	0
498	9904	61	ABEGAIL	TEYISE	SAPPE	F	53	50-54F	1.24.40	1	0
499	217	8517	SIMONE	OLCKERS	TEMP	F	23	SF	1.24.40	0	0
500	252	72	HERMAN	DEKKER	SAPPE	M	80	70+M	1.24.40	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
501	489	1783	JASMINE	JACK	GELVAN	F	54	50-54F	1.25.01	1	0
502	112	3049	NONTUTHUZELO	NGXONONO- DOUSE	SAPPE	F	56	55-59F	1.25.07	1	0
503	192	1471	SHIRLEEN	CLARKE	NEDBANK	F	62	60-64F	1.25.47	1	0
504	207	8507	THOZAMA	JANUARY	TEMP	F	34	SF	1.25.49	0	0
505	218	8518	FEZIWE	SALAZE	TEMP	F	37	35-39F	1.26.07	0	0
506	404	1122	BOB	STEDMAN	ACH	M	76	70+M	1.26.25	1	0
507	242	8542	TSHOLOFELO	MOKOLOPO	TEMP	F	43	40-44F	1.26.55	0	0
508	221	8521	RAISAL	SHAIKH	TEMP	M	25	SM	1.27.17	0	0
509	312	942	EDITH	MAC GEAR	CHARLO	F	57	55-59F	1.27.19	1	0
510	203	8503	ANDRE	BARNARD	TEMP	M	63	60-64M	1.27.47	0	0
511	222	8522	BERNADETTE	STEMMET	TEMP	F	40	40-44F	1.27.47	0	0
512	43	2789	BUSISIWE	DYANTYI	TRANSNET	F	36	35-39F	1.28.13	1	0
513	108	2993	ORGIA	NELL	MUIRITE	F	81	70+F	1.28.25	1	0
514	17	2153	THULISA	BATYI	TRANSNET	F	43	40-44F	1.28.37	1	0
515	384	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	1.29.10	1	0
516	225	8525	NADIA	VAN WYK	TEMP	F	49	45-49F	1.29.32	0	0
517	443	326	NEIL	GROBLER	MUIRITE	M	65	65-69M	1.29.48	1	0
518	493	1720	NOLEEN	NORRIS	GELVAN	F	68	65-69F	1.30.42	1	0
519	9929	1766	GODFREY	KARIEM	GELVAN	M	84	70+M	1.32.09	1	0
520	224	8524	MERYLL	VAN DER MERWE	TEMP	F	61	60-64F	1.32.57	0	0
521	214	8514	BUSI	MPAHLENI	TEMP	F	39	35-39F	1.32.59	0	0
522	215	8515	NOMAHLUBI	NDIMENI	TEMP	F	40	40-44F	1.33.22	0	0
523	344	929	ANUSHA	NAIDU	CHARLO	F	58	55-59F	1.35.06	1	0
PERS RUN											
H1	701	1571	WERNER	ZEELIE	DESPATCH	M	45	45-49M	0.44.22	3	0
H2	702	1533	THOBELA	NTAMO	DESPATCH	M	39	35-39M	0.46.59	2	0
H3	703	1569	NEEVRA	BELLINGAN	DESPATCH	F	38	35-39F	0.47.05	2	0
H4	704	1550	JESSICA	ZEELIE	DESPATCH	F	32	SF	0.47.09	2	0
H5	705	1581	LILY	JANSE VAN RENSBURG	DESPATCH	F	49	45-49F	0.47.24	3	0
H6	706	342	JONATHAN	BAKKER	MUIRITE	M	34	SM	0.48.31	2	0
H7	707	3001	JUAN	GOOSEN	MUIRITE	M	24	SM	0.49.35	1	0
H8	708	1596	PIERRE	DEYSEL	DESPATCH	M	51	50-54M	0.49.55	2	0
H9	709	1538	ADRE	STRYDOM	DESPATCH	F	48	45-49F	0.50.18	2	0
H10	710	1584	LINDIE	STANDER	DESPATCH	F	40	40-44F	0.50.23	2	0
H11	711	1597	EDVIN	DONLEY	DESPATCH	M	48	45-49M	0.50.39	2	0
H12	712	2050	BILLY BOY	KIETAS	VWAC	M	50	50-54M	0.50.41	2	0
H13	713	1598	LERENZO	FRANCIS	DESPATCH	M	39	35-39M	0.50.44	1	0
H14	714	1531	NEIL	INGRAM	DESPATCH	M	38	35-39M	0.52.18	1	0
H15	715	1575	LESLEY-ANN	BUSH	DESPATCH	F	53	50-54F	0.52.41	2	0
H16	716	1586	MAUDY	BOTES	DESPATCH	F	43	40-44F	0.52.51	2	0
H17	717	1554	HELGARD	POTGIETER	DESPATCH	M	53	50-54M	0.53.12	1	0
H18	718	1247	LISLE	MATTHEWS	ELITEAC	F	51	50-54F	0.53.52	2	0
H19	719	1552	THERESA	OOSTHUIZEN	DESPATCH	F	54	50-54F	0.53.57	2	0
H20	720	1585	GEORGE	BOTES	DESPATCH	M	51	50-54M	0.54.09	1	0
H21	721	906	TARYN	FERREIRA	CHARLO	F	44	40-44F	0.54.43	1	0
H22	722	984	BELINDA	BAIN	CHARLO	F	63	60-64F	0.54.44	3	0
H23	723	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-44F	0.54.45	1	0
H24	724	1250	PETER	VAN RENSBURG	ELITEAC	M	67	65-69M	0.55.13	2	0
H25	725	1609	WILLEMEN	DU RANDT	DESPATCH	F	51	50-54F	0.55.14	2	0
H26	726	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	42	40-44M	0.55.22	1	0
H27	727	1588	JACQUES	BOTHA	DESPATCH	M	51	50-54M	0.55.22	1	0
H28	728	1587	MARISKA	OLIVIER	DESPATCH	F	38	35-39F	0.56.10	1	0
H29	729	1298	MPHATHISI	MJADU	VWAC	M	54	50-54M	0.56.15	1	0
H30	730	350	MARIUS	ROACH	MUIRITE	M	32	SM	0.56.50	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
H31	731	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	55	55-59F	0.57.09	2	0
H32	732	889	PETER	POHLMANN	CHARLO	M	62	60-64M	0.57.45	1	0
H33	733	1545	RUAN	JONKER	DESPATCH	M	26	SM	0.59.10	1	0
H34	734	1551	WERNER	OLIVIER	DESPATCH	M	41	40-44M	0.59.33	1	0
H35	735	2792	SHEZELLE	VAN WYK	DESPATCH	F	20	JF	0.59.45	1	0
H36	736	1547	MADELEINE	GREYLING	DESPATCH	F	54	50-54F	1.00.08	1	0
H37	737	1592	BENNIE	THYSSE	DESPATCH	M	68	65-69M	1.00.30	1	0
H38	738	1566	RUAN	WELGEMOED	DESPATCH	M	30	SM	1.00.30	1	0
H39	739	1195	SAMANTHA	DOUGLAS	ELITEAC	F	37	35-39F	1.00.53	1	0
H40	740	1600	YVETTE	JONKER	DESPATCH	F	53	50-54F	1.01.12	1	0
H41	741	1555	LYDIA	POTGIETER	DESPATCH	F	50	50-54F	1.01.12	1	0
H42	742	1534	FRANCOIS	WIUM	DESPATCH	M	42	40-44M	1.01.32	1	0
H43	743	1275	PLAAITJIE	DAMONS	VWAC	M	61	60-64M	1.03.03	1	0
H44	744	2036	ANDRE	VAN DER BANK	MUIRITE	M	53	50-54M	1.03.42	1	0
H45	745	1564	LEON	WEITSZ	DESPATCH	M	51	50-54M	1.04.00	1	0
H46	746	1565	BONITA	WEITSZ	DESPATCH	F	53	50-54F	1.04.00	1	0
H47	747	1601	ANIZE	GERBER	DESPATCH	F	52	50-54F	1.04.00	1	0
H48	748	1603	RONNIE	JONKER	DESPATCH	M	55	55-59M	1.04.00	1	0
H49	749	1325	SHANNON	THEOBALD	NEDBANK	F	49	45-49F	1.04.56	1	0
H50	750	947	GANIEF	DAVIDS	CHARLO	M	59	55-59M	1.04.56	1	0
H51	751	1548	TYLO	GERBER	DESPATCH	F	19	JF	1.05.33	1	0
H52	752	1237	HERMAN	MATTHEWS	ELITEAC	M	50	50-54M	1.05.59	1	0
H53	753	996	PAULA	PEARCE	CHARLO	F	57	55-59F	1.06.02	1	0
H54	754	917	VICKY	TSOUKNIDAS	CHARLO	F	47	45-49F	1.06.27	1	0
H55	755	40106	STEFANI	LAMBRECHTS	DESPATCH	F	15	JF	1.06.53	1	0
H56	756	1604	HENRY	HULME	DESPATCH	M	60	60-64M	1.08.37	1	0
H57	757	1593	LESEDI	MTAU	DESPATCH	F	23	SF	1.09.15	1	0
H58	758	1556	RIAANA	BOUWER	DESPATCH	F	49	45-49F	1.09.37	1	0
H59	759	1582	MARINET	VAN TONDER	DESPATCH	F	47	45-49F	1.11.18	1	0
H60	760	40107	MINIQUE	VAN TONDER	DESPATCH	F	19	JF	1.11.18	1	0
H61	761	1606	FANIE	CLAASSEN	DESPATCH	M	67	65-69M	1.14.02	1	0
H62	762	871	RICHARD	DE ANDRADE	CHARLO	M	64	60-64M	1.14.54	1	0
H63	763	1197	NOREEN	NELSON	ELITEAC	F	60	60-64F	1.15.34	1	0
H64	764	1239	YOLANDE	KNOETZE	ELITEAC	F	58	55-59F	1.15.34	1	0
H65	765	64	DAVID	FORTEIN	SAPPE	M	60	60-64M	1.15.50	1	0
H66	766	1572	NANDIPHA	NAIDOO	DESPATCH	F	46	45-49F	1.16.52	1	0
H67	767	2969	LEANNE	WIUM	DESPATCH	F	41	40-44F	1.18.20	1	0
H68	768	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	56	55-59F	1.19.50	1	0
H69	769	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	68	65-69F	1.19.50	1	0
H70	770	1570	ERIKA	BARNARD	DESPATCH	F	56	55-59F	1.35.09	1	0