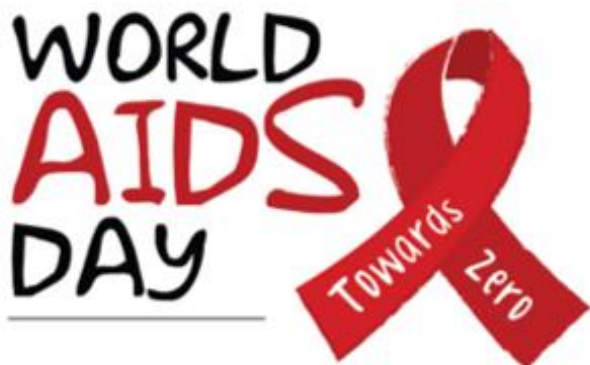


PRESENTS

De Beers Wellness Race



Commemorate those who have lost their lives to HIV/AIDS and for raise awareness for (90/90/90 UNAIDS strategy)

Stand a chance to win a diamond in the lucky draw
Exclusive race T-shirt will be handed to early entrants
Medals to all finishers

SATURDAY, 30 NOVEMBER 2019

Distance	5km	10km		
Age of the day of event	9 Years	14 Years		
Event Time Limits		2 Hours		
Race Starting Times	06h15	06h00		
Event Cost	R30	R60	Temp License (10km)	R40
Registration Times	Date: Wednesday 27th Nov Date: Friday 29 Nov & 30Nov Time: 5 – 7pm & Time: 5-7pm & 4h30am Venue: Bishops Club Venue: The Big Hole			
Race Venue	The Big Hole			

GENERAL INFORMATION:

Age Tags	Age tags must be visible & on the correct place
License Nr.	2 License numbers - on the FRONT & BACK and must be visible
Temporary License Nr.	Temp license - on the front and must be visible

Timing Chip: NO Timing Chip is Required for this race!!!

Medals	To all 5km & 10km athletes who complete the race
Prize Giving	10km Prize Giving & Lucky Draws will be at 08:30

CONTACT PERSONS:

Tracy-Lynn Lee 071 177 5613	Sandile Maseko	Maurida Halliday	Lebo Mphaka 061 748 8236
	073 382 2607	082 467 6741	

***THIS RACE WILL BE RUN IN ACCORDANCE TO ASA & AGW RULES.**

EVENT PRIZE :

10km 1st M/F 2ndM/F 3rd M/F