



**We aren't just a team...  
We are a family**

**Orcas Ultra Marathon  
50km & 25km**

**Enter at Eventtiming**

**Date: 20 April 2025**

**Time: 5AM**

**Location: Kings Park Athletics Stadium**

**Orcas City Trail  
10km & 5km**

**Enter Online at KZNTR**

**Date: 20 April 2025**

**Time: 6AM**

**Location: Kings Park Athletic Stadium**



**COMRADES MARATHON QUALIFIER**



**Additional Information**  
Contact: 060 496 6781  
Email: [orcasrunningacademy@gmail.com](mailto:orcasrunningacademy@gmail.com)  
T-Shirts for the first 300 pre-entries  
Comrades Marathon Qualifier



LINDA'S ROYAL CATERERS



**link africa**



KWAZULU-NATAL ATHLETICS



AMADEKE EVENTS



### Orcas Ultra Marathon and City Trail

#### Rules & Regulations

##### General Rules

The race is held in accordance with WA, ASA, and KNZA rules.

The license number may be covered with the competition-issued number.

Both provincial licenses must be worn on the upper front and back of the vest or crop top.

Proof of payment is required when collecting the race number.

Tog bag facilities will be provided, but use is at the participant's own risk. Race officials and organizers are not liable for any lost personal belongings.

##### Race Participation Requirements

All participants must wear an RSA-approved KZN 2025 license and relevant age category tags on the upper part of the vest/crop top (front and back) to qualify for prizes.

No refunds will be given.

No pacing is permitted.

Participants must obey all marshals, traffic officials, and race officials.

##### Age Restrictions

50KM participants must be 20 years or older on race day.

25KM participants must be 19 years or older on race day.

10KM participants must be 14 years or older on race day.

5KM participants must be 9 years or older on race day.

Junior athletes must be 19 years or younger as of 31 December of the competition year.

##### Proof of Age & Eligibility

Participants must wear a "J" on the upper front of their vest/crop top to be eligible for prizes.

Participants must provide proof of age on race day.

Proof of age will be required for age category winners.

Temporary license athletes are not covered by a national insurance policy.

##### Club & Kit Requirements

Club kit must be worn.

Unregistered athletes running with temporary licenses must wear a race shirt or neutral colors and adhere to WA and ASA rules.

Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in accordance with WA and ASA rules (25.6.13 and 25.6.15).



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## Orcas Ultra Marathon Entry Fees

**50KM >>>>>>> R490.00**

**25KM >>>>>>> R290.00 – Temporary Licence R80**

**10KM Trail >>>>>>> R290.00**

**5KM >>>>>>>>> R190.00**

## PRIZE MONEY (MALE AND FEMALE)

Prizes for 50KM	Prize for 25KM	10KM Trail Prizes	Trail Race 5KM
1st = R10 000.00	1st = R2 000.00	1st = R1 500.00	Top 3 = Hampers
2nd = R5 000.00	2nd = R1 000.00	2nd = R1 000.00	-
3rd = R2 500.00	3rd = R750.00	3rd = R500.00	-
4th = R1 500.00	40+1st = R750.00	-	-
5th = R1 000.00	50+1st = R750.00	-	-
40+1st = R1 000.00	60+1st = R750.00	-	-
50+1st = R1 000.00	70+1st = R750.00	-	-
60+1st = R1 000.00	-	-	-
70+1st = R1 000.00	-	-	-

### Team Prizes for 50KM Male and Female

- 1st Prize: R2 000.00 for the first 4 members



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AMADEKE EVENTS



### MANUAL ENTRY DETAILS

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_  
 ID / Passport No: \_\_\_\_\_ Age: \_\_\_\_\_  
 Email Address: \_\_\_\_\_ Cell No: \_\_\_\_\_  
 Club: \_\_\_\_\_ Licence No: \_\_\_\_\_

### (PLEASE CIRCLE WHERE APPLICABLE)

Gender: Male / Female  
 Runner / Walker  
 Age Category: Open / 35-39 / 40-49 / 50-59 / 60-69 / 70+

### MEDICAL DETAILS

Medical Aid Company: \_\_\_\_\_ Medical Aid No: \_\_\_\_\_  
 Emergency Contact Person: \_\_\_\_\_ Emergency Contact No: \_\_\_\_\_

Name: \_\_\_\_\_  
 Signature: \_\_\_\_\_  
 Date: \_\_\_\_\_

### INDEMNIT

I confirm that I am medically fit to run and fully understand that I enter at my own risk. I indemnify the organizers, sponsors, and any persons assisting in the organization or holding of the race from liability for any injury or illness that I may suffer directly or indirectly as a result of participating in the race, or for any damage to my property or loss which I may suffer directly or indirectly as a result of participating in the race.

Name: \_\_\_\_\_  
 Signature: \_\_\_\_\_  
 Date: \_\_\_\_\_

