

COMRADES QUALIFIER
**BRUINTJIESHOOGTE
MARATHON
2025**

**SATURDAY
3RD MAY**

**50KM
6:30 AM**

**25 & 15KM
7:30 AM**

**5KM
8:30 AM**

GILL PRIMARY SCHOOL - SOMERSET EAST

CONTACT **HENRICO** FOR MORE INFORMATION: **083 446 5598**

PART OF THE EPA PARTICIPATION LEAGUE



AFRICAN WILDLIFE ARTISTRY

Taxidermy
EST. 2010

ENTER ONLINE: www.webtickets.co.za

Race held under rules of ASA and EPA. Athletes indemnify the Provincial & Regional Bodies, sponsors or Organisers against all & any action of whatsoever nature, arising out of their participation in the race.



44th BRUINTJIESHOOGTE MARATHON

50km, 25km, 15km run & 5km fun run/walk

Saturday 3 May 2025

RULES AND GENERAL INFORMATION:

1. **Out and back route:** All races start and finish at Gill Primary School, Somerset East (GPS – 32°72'37"S 25°58'81"E)
2. Races will start at: 06h30 (50km); 07h30 (25km & 15km) 08h30; (5km Walk/Run)
3. 2025 licence number to be worn at front and back of vest/shirt. Race number to be worn on front of vest/shirt with the ASA sponsor clearly visible.
4. Athletes who are not licensed members of a club affiliated to ASA must purchase a temporary license (**R50.00**) to be worn on the back of vest or plain coloured T-shirt, with the official race number on the front of the vest/T-shirt. Temporary licenced athletes are not covered by ASA group insurance and are urged to join an affiliated club. Contact EPA for more information.
5. Only licensed members of a club affiliated to ASA may participate in the 50km ultra marathon. Temporary licenses will only be available for the 25km and 15km races.
6. This race is a qualifier for the Comrades Marathon. Split times at 42.2 km until 4:49:59.
7. Registration and number collection on Friday evening (2 May 2025) from 17h00 to 21h00 at **Somerset East Bowls Club** (opposite Gill Primary School) or morning of race at Gill Primary School (50km –from 05h45; 25 km – from 06h45; 15km – from 06h45)
8. Age category tags to be worn (front and back) to qualify for age category prizes.
9. Minimum age limit on day of race: 50 km = 20 years; 25 km = 16 years; 15km = 15 years; 5km = 9 years
10. Unless otherwise directed by traffic officials or marshals, athletes must stay within the yellow line on the right-hand side of the road, facing traffic. Failure to obey may lead to disqualification.
10. The wearing of earphones or headsets is prohibited and will lead to disqualification
11. Prize Giving and lucky draws (attendance) at Gill Primary School at 13h15 for the 15km, 25km and 50km (5km at 10h30am). It is recommended that athletes wear club kit on the podium.
12. Pasta Party: Friday at Somerset East Bowls Club 17h00–20h00. Tickets at door. Cash Bar available.
13. Meals & refreshments will be for sale at the Gill Primary School Club House
14. Refreshment stations every 3 km. Stand and hand rule to apply.
15. Refuse bins will be provided up to 100m after every refreshment station. Please discard litter into these bins and not beyond the designated point. Intentional littering may lead to disqualification.
16. Permanent numbers for 10 completed races (50km & 25km)
17. For further information: Henrico – 083 4465598; Ronette – 083 505 7700
18. **ACCOMMODATION:** Gill Primary Hostel: Melissa Geldenhuys: Tel 073 325 3823; Gill College (High School) Hostel & Bellevue Hostel – Marisa Strydom: Tel 079 668 1256
19. Pre-entries at sport shops will be accepted until Friday 25 April 2025 at:
 - **BRIAN BANDS SPORTS** (Cape Rd, Newton Park)
 - **THE FOOTBALLER & SPORTS** (Cape Rd, Newton Park)
20. Pre-entries via email with proof of payment will be accepted until Wednesday 30 April 2025 at: Email: ronette@gbggroup.co.za
Banking details: Bank: Investec; Acc name: Somerset Oos Atletiekklub
Acc nr: 50009543918; Branch code: 580105; Ref: Name & Surname
21. Online entries at www.webtickets.co.za – Entries close on Wednesday 30 April 2025.
22. Full results will be available on www.eathletics.co.za.

23. COURSE RECORDS:

50 km

Jnr Men		
Jnr Ladies		
Men's Open	3:00:46	E. Pelem 2010
Men's 40 – 49	3:10:46	C. Mabengeza 2009
Women's Open	3:44:29	S. Smith 2018
Women's 40–49	3:47:14	L. v Aswegen 2010
Men's 50 – 59	3:40:24	M. Mpalala 2018
Women's 50–59	4:34:06	L. Maritz 2013
Men's 60 +	4:12:32	J. Styan 2012
Woman's 60+	5:20.56	L. Maritz 2022
Mens 70+	4:41.46	T. Jusayi 2012

25 km

1:38:15	S. Rhafuza 2022
2:10:49	L. Liebenberg 2009
1:18:25	W. Gallant 2007
1:24;13	C. Mabengeza 2007
1:42,54	F. vd Merwe 2007
1:42,54	F. vd Merwe 2007
1:37:58	B.Bonaparte 2017
1:51;39	C. Claasen 2016
1:43;07	T. Jusayi 2007
2:14;01	C. Fourie 2007
2:02;03	T. Jusayi 2013

24. PRIZES

MEDALS 50km

Gold – First 10 men & First 5 ladies; Silver – 11TH to 20th men, 6th-10th ladies;

MEDALS 25km – Gold - First 5 men & First 3 ladies; Silver – 6th to 15th men & 4th to 10th ladies.

Bronze medals to all runners of all distances who finish before cut-off at 12h30.

CASH PRIZES

Male & Female	Pos	50km	25km	15km
Open	1	R2 000	R1000	R300
	2	R1 500	R750	R200
	3	R1 000	R500	R150
40 - 49	1	R500	R250	
50 – 59	1	R500	R250	
60 - 69	1	R500	R250	
70+	1	R500	R250	
Juniors	1	-	R250	
Course Records		R500	R250	

ENTRY FORM

44th BRUINTJIESHOOGTE MARATHON – 3 MAY 2025

Tick Appropriate Box

- 50km Race starts at 06h30 25km Race Starts at 07h30
- 15km Race starts at 07h30 5km Race Starts at 08h30

Surname:

First Name:

Sex: M F Identity No: Age:

Telephone No. Email:

Club Name / School:

2025 Licence No..... Province:

Permanent Number:

Emergency Contact: Number:

INDEMNITY/WAIVER

By entering this event I undertake to be bound by the rules and regulations of the event including those of World Athletics and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organisers of the event all sponsors, persons and organisations assisting in the staging the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or cost relating to any injury, loss or damage of whatever nature, however caused, arising directly from the participation in the event including pre- and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity;

MINOR RELEASE: and I, the minor’s parent and/or legal guardian, understand the nature of athletic activities and the minor’s experience and capabilities and believe the minor to be qualified, in good health, and in the proper physical condition to participate in such activity and I enter into this indemnity/waiver on behalf of the minor.

I agree to not litter during the race and accept disqualification if reported for doing so.

ENTRY FEE

(Tick appropriate box)

50km (Only ASA Licensed club members)	R300	<input type="checkbox"/>
25km	R200	<input type="checkbox"/>
15km	R120	<input type="checkbox"/>
5km	R50	<input type="checkbox"/>
Temporary Licence (25km & 15km only)	R50	<input type="checkbox"/>

Total amount: R

Signature: Date:/...../2025
(parent or guardian if under 18)