



Date : 28 June 2025

Venue : Pollock Beach

**Time : 21km - 7:00am
5km - 7:10am**



**GREAT PRIZES
TO BE WON**

**EPA Participation
& PrestigeLeague**





**First 700 Online Entries receives a free Nike T-shirt - Enter online at www.webtickets.co.za
Before Monday 23 June 2025**



nelson mandela bay
MUNICIPALITY



HALF MARATHON PRIZE MONEY

Category	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Open	40000	25000	20000	15000	12000	8000	6000	4000	2000	1500
Junior	3000	2000	1500	1000	750	 				
35-39	3000	2000	1500	1000	750					
40-49	3000	2000	1500	1000	750					
50-59	3000	2000	1500	1000	750					
60-69	3000	2000	1500	1000	750					
70+	3000	2000	1500	1000	750					

All prize money payments will be made via EFT as soon as clearance from the Provincial body is received. Age category athletes are required to wear the appropriate age flashes clearly visible on the front and back of the vest. Proof of identification may be requested.

ENTRIES AND REGISTRATION

- The closing date for online and manual entries will be 17h00 on Monday 23 June 2025. Online entries will be available on www.webtickets.co.za. Manual entries may be submitted at Brian Bands Sports, Footballer Sport, Action Sports, and Sportsmans Warehouse William Moffat.
- Collection of race numbers as well as late entries, will be available in the Oyster Catcher venue on the 1st Floor of the Summerstrand Marine Hotel, Summerstrand, on **Friday 27 June 2025 from 12h00 to 20h00.**
- The first 700 entries received for the 21.1km event will receive a special Nike T-shirt. No pre-allocated tshirt sizes will be requested. Sizes available at registration on a first come first served basis.
- Limited Tshirts will be on sale at registration.
- NO LATE ENTRIES WILL BE AVAILABLE ON SATURDAY MORNING 28 JUNE 2025.**
- COLLECTION OF NUMBERS ON THE MORNING OF THE EVENT AT THE HOTEL BETWEEN 05H00 AND 06H30 ONLY.**
- The race number contains a chip and must under no circumstances be folded.
- Athletes must run in official Club colours with the 2025 licence numbers on the front and back of vest/tshirt, and the official race number placed over the licence number on the front of the vest.
- Unlicensed runners must purchase a temporary licence with their entry, to be worn on the back of attire. Invited / International athletes will be provided with the necessary temporary license as per ASA rules.
- Athletes must be at least 16 years or older to participate in the 21.1km and 9 years of age for the 5km run.
- Timing for the 21.1km will be done gun to mat. No timing for the 5km event.
- The cut off time for the 21.1km is 3 ½ hours.
- 21.1km Athletes that are being overtaken by the overall winners before reaching the finish gantry on the first lap, will be asked to keep to the right of the fencing on the land side of the road. Athletes that have not reached the 14km mark in 02:20:00 (09h20) will be asked to leave the course.**

STARTING TIME

- The 21.1km race will start at 07h00 from Pollock beach. All athletes to be at the start by 06h55 latest.
- The 5km run will start at 07h10 from Something Good. All athletes must be on the land side of the road and at the start before the main race starts at 07h00.
- NO Late starters will be allowed in either race.**



PRIZE GIVING

- 17. Prize giving will be held at the race venue at 10h00.
- 18. Everyone is eligible to win a lucky draw!

REFRESHMENT STATIONS

- 19. Refreshment tables will be placed every 3km along the 21.1km route and will serve water sachets at all points and cups in coke from 9km onwards.
- 20. There will be one refreshment station on the 5km route, which will be at the turning point at McArthur Pools.
- 21. Refuse Bins will be provided along the route up to 300m past the water point and at every km mark. Litter **MUST** be discarded into the bins. Intentional littering and littering in non-designated areas may lead to instant disqualification.

PARKING

- 22. Parking will be available on the seaside accessible by crossing at the 8th avenue robots until 06h30.
- 23. Athletes that choose to park on the seaside will not be able to leave before 10h30.
- 24. Parking in all other areas are at your own risk.

GENERAL RULES

- 25. Organised in accordance with the rules and regulations of a World Athletics, ASA, and EPA. All athletes indemnify the National, Provincial and Regional bodies, sponsors and organizers against all and any actions of whatsoever nature.
- 26. All Traffic Officials, Technical Officials and marshals must be obeyed. Breach of any regulation or requirement may lead to instant removal without appeal. The race organiser and safety officer have final decision in this regard.
- 27. The wearing of earphones or headsets is not permitted due to safety reasons and may lead to disqualification.
- 28. Race venue is an alcohol-free zone. Club gazebos are welcomed to be placed in the designated area at the race village.
- 29. It is every athlete's responsibility to read and comply with these requirements. No contraventions will be entertained.
- 30. All finishers will receive unique event medal (4th puzzle piece).
- 31. Full result and photographs will be available on www.mobiielite.com, or www.epathletics.co.za, or EPA Facebook page.

ROAD CLOSURE

- 32. Roads for the 21.1km will be closed from 05h00 starting from Driftsands Drive along Marine Drive to the back entrance of NMU, as well as Admiralty Road from University Way.
- 33. Access parking from Strandfontein Road into 2nd Avenue, via Brighton Drive and crossing at 8th avenue.

INFORMATION

- 34. For more information, contact Michael Mbambani (079 149 6796), Irene van Eeden (083 299 1775), Genevieve Laycock (0607190984) or email to epamanager@epathletics.co.za.

