

SUN FLAMINGO 777 RACE

Presented by:



Take part in our race and stand a chance to win a share of
***R12 500** in cash prizes.

27 JULY 2019 | 07:14

Flamingo Casino Grounds

- Online entries on rwflkby.co.za from 1 July - 20 July
- Pre-entries at Adamantia High School on 24 July from 17h00 - 19h00.
- Entries on the day: 06h00 - 06h45. Breakfast: 08h00 - 11h00 at R89pp

ENTRY FEES

Please include toiletries in your entry as donations to Kimberley Hospital Rehabilitation Centre.

7km (9 years and older)	R80	CUTT OFF TIME: 3 HOURS
14km (15 years and older)	R100	
21.1km (16 years and older)	R130	
Temporary License	R50	Prize-giving at 10h45.

**CRECHE
AVAILABLE
at R50**
for kids 10 years
and under.

RACE PRIZE MONEY 21,1KM										
MALE		1ST - R1500		2ND - R1000		3RD - R500		1ST RWFL MALE - R200		1ST MALE WALKER - R250
FEMALE		1ST - R1500		2ND - R1000		3RD - R500		1ST RWFL FEMALE - R200		1ST FEMALE WALKER - R250
RACE PRIZE MONEY AGE CATEGORIES										
AGE 35		AGE 40 AND UP		AGE 50 AND UP		AGE 60 AND UP		AGE 70 AND UP		
MALE - R300	FEMALE - R300	MALE - R300	FEMALE - R300	MALE - R300	FEMALE - R300	MALE - R300	FEMALE - R300	MALE - R300	FEMALE - R300	
RACE PRIZE MONEY 14KM										
1ST MALE - R500		1ST FEMALE - R500	1ST MALE WALKER - R100		1ST FEMALE WALKER - R100		1ST RWFL MALE AND FEMALE - R150 EACH			
RACE PRIZE MONEY 7KM										
1ST MALE - R200		1ST FEMALE - R200	1ST RWFL MALE AND FEMALE - R100 EACH							

Physiotherapist will be available. Medals to all athletes who complete the race in the set time. For more information, contact 053 830 2650.
Jenny Uys: 082 834 8499 / Willem Uys: 071 070 8574. This is not a chip race.

General Info: Race is run under IAAF, ASA and AGW rules. No earphones or cell phones allowed. Age tags must be visible and worn in correct place.
Two license numbers must be worn and visible, one in front and one at back. Temporary license numbers must be worn in front.

Sun International

For more information
contact 053 830 2600

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