

# LOSKOP MARATHON SERIES 2025

**SATURDAY 26 APRIL 2025**

THE 36<sup>TH</sup> RUN OF THE ULTRA (50KM) MARATHON  
THE 16<sup>TH</sup> RUN OF THE WILD CHALLENGE (21KM)  
THE 1<sup>ST</sup> RUN OF THE TOUGH RUN (10KM)



## PRE-ENTRIES ONLY / ONLINE!

**ENTRIES CLOSE ON 7 APRIL 2025**

**ENTER BEFORE 7 FEBRUARY 2025 TO QUALIFY FOR THE COMPLIMENTARY RACE SHIRT  
LIMITED FIELDS ON ALL RACES!**

[www.loskopmarathon.co.za](http://www.loskopmarathon.co.za) | [loskop@raceoffice.co.za](mailto:loskop@raceoffice.co.za)

## RACE INFORMATION

**DATE: SATURDAY 26 APRIL 2025**

50km Ultra Marathon, 21km Wild Challenge and 10km Tough Run

### MARATHON RACE OFFICE

Cell: 082 437 4413

Email: loskopmarathonseries@gmail.com

### ENTRIES

- Entry Fees: **50km Ultra Marathon: R690** (Payment installments accepted - see website)  
**21km Wild Challenge: R495**  
**10km Tough Run: R100**  
(Including Athletics Mpumalanga levy)
- Entries are limited as follows: 50km Ultra Marathon: 5000 participants  
21km Wild Challenge: 2000 participants  
10km Tough Run: 150 participants
- Closing Date: 2 April 2025 @ 17h00 / 7 February 2025 to qualify for complimentary Race T-Shirt**  
**21km & 50km:** Only paid entries received before this date will be confirmed by SMS/email. Official race t-shirts will be issued only to entries received before 7 February 2025.  
**\*10km Race T-Shirts for sale @ R150 on or before 7 February 2025.**
- We regret no wheelchairs allowed

### TEMPORARY LICENSES

Available from the Race Administration Office @ R40 each. BOOK AND PAY WITH ENTRY.

### WATER POINTS & REFRESHMENT STATIONS

Refreshment stations will provide Coke and purified water sachets.

- 50km Ultra:** every 3km for the first half and every 2.5km for the second half
- 21km Wild Challenge:** every 3km
- 10km Tough Run:** every 2.5km

### COURSE RECORDS

A time incentive bonus will be used this year and will be paid to the first athlete per category to finish within the set time and are as follows:

- Men: 02:44:03 R15 000
- Women: 03:14:37 R15 000
- 40+ Men: 02:47:34 R 2 000
- 40+ Women: 03:27:03 R 2 000

### COMRADES QUALIFIER & SEEDING

See Comrades website: [www.comrades.co.za](http://www.comrades.co.za) for qualifying or seeding details.

### GPS COORDINATES

50km (S 25°46' 32", E 29°27' 32")

21km (S 25°24' 5", E 29°22' 03.4")

10km (S25°26'33.2", E29°28'03.9")

## GENERAL INFORMATION

**NUMBER COLLECTION NUMERICAL** (IMPORTANT: Please provide proof of payment and your allocated race number as sent per SMS/email to collect your race number/package)

**18/19 April 2025 - Weekend prior to race**

- WOODMEAD RETAIL PARK**, 1 Waterfall Cres, Woodmead, JHB, 2191 (10km, 21km & 50km)

**25/26 April 2025 - Race Weekend**

- 10km Tough Run** - Steve Tshwete Municipal Offices, Middelburg (**FRIDAY ONLY and Saturday @ START**)
- 50km Ultra** - Steve Tshwete Municipal Offices, Middelburg
- 21km Wild Challenge** - Damwal Complex (Loskopdam)

**Collecting times for all events:**

- Friday** - from 12h00 - 20h00
- Saturday** - from 04h30 - 06h00

**THE START: ULTRA 06H00 & WILD CHALLENGE 06H30**

- 50km Ultra** - Steve Tshwete Municipal Offices, Middelburg: STRICTLY 06H00
- 21km Wild Challenge** - Damwal Complex (Loskopdam): STRICTLY 06H30
- 10km Tough Run** - N11 (-24.44255, 29.46776): STRICTLY 07H00 (Free shuttle from Forever Resort)
- Secure parking @ R50
- Coffee for sale from 05h00 on race day at 21km & 50km START venues
- Pasta buffet at the Loskopdam Restaurant (Friday 25 April ONLY)

**THE FINISH**

- 50km Ultra, 21km Wild Challenge and 10km Tough Run will finish at Loskopdam, a Forever Resort.
- Athletes will receive a maximum of three (3) entry vouchers to the Resort. These vouchers will be attached to your race number. Should you enter the Resort prior to collecting your free entry vouchers, you must pay the normal entry fee. You may then redeem these vouchers, with proof of payment, for a refund at the reception.
- Only runners wearing official race numbers clearly visible on the front of their club vests will be allowed to enter the finishing area.**

**PRIZE GIVING**

- Winners MUST redeem their prize-vouchers at the Podium after the prize giving **BEFORE 15H00**
- Trophies, gold medals and other prizes will be awarded after the races. Prize-giving will take place at the stage area next to the finish line.
- PLEASE NOTE:** Official prize-giving times: 10km & 21km @ 11h30 & 50km @ 12h00

**TOG BAGS**

Transport of tog bags will be available from both venues to the finish at Loskopdam, free of charge (at owners' own risk). Use the numbered tags provided to collect your bag at the finish. **PLEASE USE YOUR OWN PLASTIC BAG IN CASE IT RAINS** as the vehicle used is an open truck!

## ACCOMMODATION

### LOSKOPDAM, A FOREVER RESORT

Contact us at: Loskopdam, a Forever Resort

Tel: +27 (0)13 262 3075

Email: [loskopres@foreversa.co.za](mailto:loskopres@foreversa.co.za)

Bookings for accommodation may be in advance

**PLEASE SPEAK  
TO RECEPTION**

### ALTERNATIVE ACCOMMODATION

ALTERNATIVE ACCOMMODATION CAN BE RESERVED AT:

**Middelburg info centre** - central reservations - Tel: +27 (0)13 243 2253/4

- Website: [www.midinfo.co.za](http://www.midinfo.co.za) - or **Contact the Loskop Marathon Admin Office**

- Tel: 082 437 4413 - Website: [www.loskopmarathon.co.za](http://www.loskopmarathon.co.za)

## RACE RULES

- 2025 License numbers must be worn. Race number on the front of your vest.
- Official timing chip is attached to your race number.
- NO CHIP = NO RESULT = NO RACE HISTORY
- Licensed runners must wear club colours; other runners should be neatly dressed in accordance with accepted athletic norms.
- To prevent disqualification, obey all Referees and traffic officers/officials.
- Only athletes as defined by ASA & WA rules:
  - 10km: The minimum age is 14 years of age on race day
  - 21.1km: The minimum age is 16 years of age on race day; and
  - 50km Ultra: 20 years of age on race day.
  - Identification and proof of age must be provided on request on race day.
- Athletes competing for category prizes must wear age category tags on both front and back of their vests. Category tags MUST be visible. They must complete the race before 11h30.
- Time limits will apply as follows (NO SECONDS ALLOWED):
  - 21.1km - 4 hours 00 Minutes.
  - 50km Ultra - 7 hours 00 Minutes.
  - 50km Cut-off times: 25km - 3:45; 36km - 5:15, 42km - 06:00
- The referees decisions are final.
- Submitting medical information is compulsory and entrant's responsibility
- Run under the rules of ASA and Athletics Mpumalanga
- Walkers may participate with no additional time allowed. Cut-off times as above will apply.
- Run clean - any athlete accused of irresponsible disposing of litter other than into/at provided refuse bins may be subject to disciplinary action, and if found to be in contravention of any race rules/laws will be disqualified and subject to future bans.**
- Voluntary seeding. Walkers and slow runners please refrain from starting in the front - this is for your own benefit and safety.
- Runners to check all information on their race pack/envelope BEFORE leaving the registration desk. Report any errors to the administration team at the info desk.
- Random drug testing, under the auspices of Drug Free Sport and ASA will be conducted.
- Time incentives will be paid into the recipient's bank account only once full doping results are received by the organisers.
- Substitution will be allowed at a cost of R250 until Friday 25 April 2025. Substitutions will only be done at the Race Number collection venues. NO substitutions will be done on Saturday morning, 26 April 2025 at either venue. Race t-shirt for the substitute is the shirt (size) originally ordered by the athlete.
- No permanent number can be substituted.
- International Athletes** - ensure that you are in possession of a clearance letter from your national body as per WA Rule.

# PRIZES

## 10KM TOUGH RUN

MEN	WOMEN
1. R 850 - 00	1. R 850 - 00
2. R 750 - 00	2. R 750 - 00
3. R 650 - 00	3. R 650 - 00

JUNIOR MEN	JUNIOR WOMEN
1. R 650 - 00	1. R 650 - 00
2. R 550 - 00	2. R 550 - 00
3. R 450 - 00	3. R 450 - 00

## 21KM WILD CHALLENGE

MEN	WOMEN
1. R3 750 - 00	1. R3 750 - 00
2. R1 900 - 00	2. R1 900 - 00
3. R1 250 - 00	3. R1 250 - 00
4. R 950 - 00	4. R 950 - 00
5. R 650 - 00	5. R 650 - 00

JUNIOR MEN	JUNIOR WOMEN
1. R1 000 - 00	1. R1 000 - 00
2. R 750 - 00	2. R 750 - 00
3. R 650 - 00	3. R 650 - 00
4. R 550 - 00	4. R 550 - 00
5. R 450 - 00	5. R 450 - 00

MEN 40-49	WOMEN 40-49
1. R 650 - 00	1. R 650 - 00
2. R 400 - 00	2. R 400 - 00
3. R 250 - 00	3. R 250 - 00

MEN 50-59	WOMEN 50-59
1. R 650 - 00	1. R 650 - 00
2. R 400 - 00	2. R 400 - 00
3. R 250 - 00	3. R 250 - 00

MEN 60-69	WOMEN 60-69
1. R 650 - 00	1. R 650 - 00
2. R 400 - 00	2. R 400 - 00

MEN 70+	WOMEN 70+
1. R 650 - 00	1. R 650 - 00
2. R 400 - 00	2. R 400 - 00

## 50KM LOSKOP ULTRA MARATHON

MEN	WOMEN
1. R15 000 - 00	1. R15 000 - 00
2. R10 000 - 00	2. R10 000 - 00
3. R 7 500 - 00	3. R 7 500 - 00
4. R 5 000 - 00	4. R 5 000 - 00
5. R 2 500 - 00	5. R 2 500 - 00

MEN 40-49	WOMEN 40-49
1. R3 150 - 00	1. R3 150 - 00
2. R2 500 - 00	2. R2 500 - 00
3. R1 900 - 00	3. R1 900 - 00

MEN 50-59	WOMEN 50-59
1. R1 250 - 00	1. R1 250 - 00
2. R 950 - 00	2. R 950 - 00
3. R 650 - 00	3. R 650 - 00

MEN 60-69	WOMEN 60-69
1. R1 250 - 00	1. R1 250 - 00
2. R 650 - 00	2. R 650 - 00

MEN 70+	WOMEN 70+
1. R1 250 - 00	1. R1 250 - 00
2. R 650 - 00	2. R 650 - 00

**THE PERFECT ROUTE FOR YOUR  
FINAL COMRADES PREPERATION**



**BREAKING THE  
50KM RECORD = R15 000**

## INCENTIVE PRIZES/BONUS - 50KM ULTRA

A time incentive bonus will be paid to the first athlete per category to finish within the record time and are as follow:

<b>Men:</b>	<b>02:44.03</b>	<b>R15 000</b>
<b>Women:</b>	<b>03:14.37</b>	<b>R15 000</b>

<b>40+ Men:</b>	<b>02:47.34</b>	<b>R2 000</b>
<b>40+ Women:</b>	<b>03:27.03</b>	<b>R2 000</b>

# TROPHIES

ALL CATEGORY WINNERS RECEIVE A FLOATING TROPHY (Awarded with a collectable miniature trophy)

## 21KM WILD CHALLENGE

GOLD	SILVER	BRONZE
FIRST 5 MEN PLUS CATEGORY WINNER	Men: Sub 1:30	Balance up to 1 500 finishers
FIRST 5 WOMEN PLUS CATEGORY WINNER	Women: Sub 1:40	

## 50KM LOSKOP ULTRA MARATHON

GOLD	SILVER	BRONZE
FIRST 5 MEN & WOMEN ALL CATEGORY WINNERS	Sr Men : Under 3:45 40+ Men : Under 3:50 50+ Men : Under 4:20 60+ Men : Under 4:45	Balance up to 3 500 finishers
	Sr Women : Under 4:05 40+ Women : Under 4:25 50+ Women : Under 5:05 60+ Women : Under 5:50	

**FOLLOW US ON:**



@loskopmarathonseries



@loskopmarathonseries

# FOR YOUR CONVENIENCE

## THE 4.9KM RHINO FUN RUN

This family Fun Run takes place on Saturday 26 April 2025, from the start of the 21km Wild Challenge (near the Dam Wall). This unique run will be towards the Resort along the dam. Entries, only on race day at the start. R50 per entry and contribute towards the FRIENDS OF LOSKOP CONSERVATION FUND. No prize-money will be awarded, but all finishers will receive a medal. Walkers are also welcome. The Fun Run starts at 06h45.

### PARKING R50 AND COFFEE FOR SALE

From 04h30 on race day at both START venues. 50km start - secure parking at R50

### PASTA BUFFET AVAILABLE (BOOKING REQUIRED)

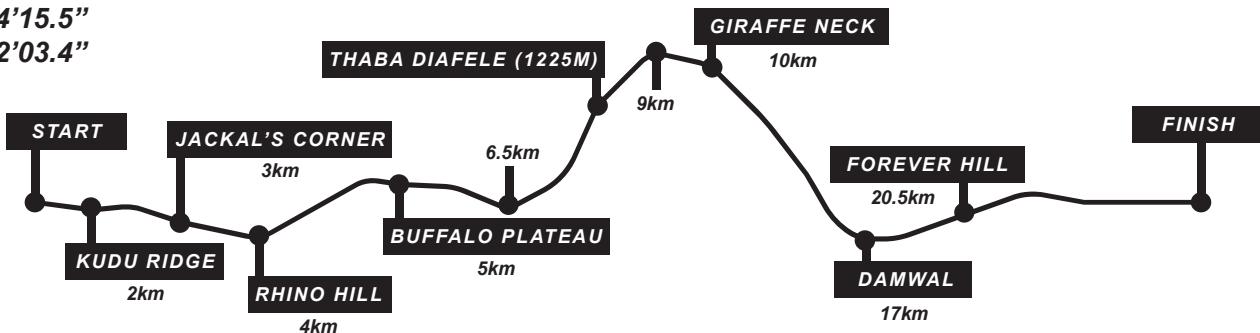
on Friday night at the Loskopdam, a Forever Resort Restaurant @ R150 per person

## ROUTE PROFILE

View the routes in 3D by visiting [www.loskopmarathon.co.za](http://www.loskopmarathon.co.za) for exact distance, elevations & identify the landmarks and notorious hills/decents.

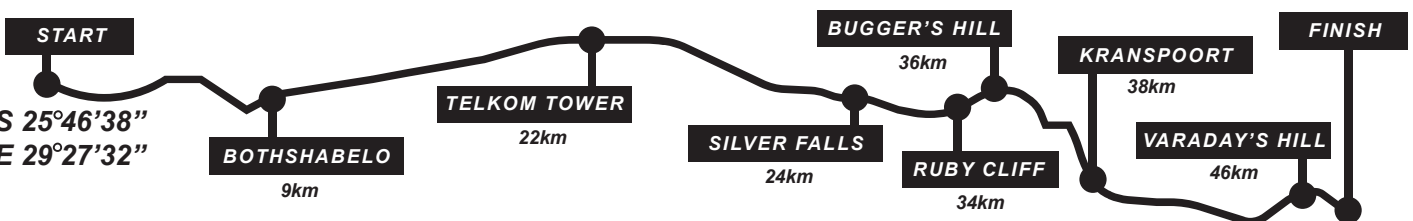
### 21KM - THE ULTIMATE WILD CHALLENGE

S 25°24'15.5"  
E 29°22'03.4"



### 50KM - ULTRA MARATHON

S 25°46'38"  
E 29°27'32"



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