

SPONSER BY



KLEINBRAK



BRINKLEYS PAASFEES

15km, 4km Fun Run

Saturday, 29 March 2025

ONLINE ENTRIES

Distance 15km, Fun Run
Cost Fun Run = NO ONLINE ENTRIES
Cost 15km = R95 (ASA Licensed Athlete)
Cost 15km = R140 (Unlicensed Athlete)
Where www.aswd.co.za
Close date 24 March 2025 @ 12h00

MANUAL ENTRIES

Distance 15km, Fun Run
Cost Fun Run = R35
Cost 15km = R85 (ASA Licensed Athlete)
Cost 15km = R130 (Unlicensed Athlete)
Where Hartenbos Drawers Time Trial or per email
Close date 26 March 2025 @ 19h00

LATE ENTRIES

Where Brinkleys on R102 in Kleinbrak
Time 16h00 till 18h00
Date Friday, 28 March 2025
Cost Fun Run = R35
Cost 15km = R105 (ASA Licensed Athlete)
Cost 15km = R150 (Unlicensed Athlete)

NO ENTRIES ON RACE DAY

**ATHLETES MUST RUN WITH BOTH
2025 LICENCE NUMBERS**

NO ENTRIES ON RACE DAY

GENERAL INFORMATION

	15km	Fun Run
TIME LIMIT :	02H30	01H00
STARTING TIME :	06h30	06h45
MEDALS :	First 300 Finishers	First 100 Finishers
PRIZE GIVING :	30 Minutes after the race has been signed off by the referee	

Ferdie 0832942640 ferdie@mweb.co.za Petro 0722596759 hartenbosdrawers1@gmail.com



The Race is held under the rules of
ASA and ASWD



RULES AND REGULATIONS

1	Age	<i>Minimum age on race day is 14 years for the 15km.</i>	<i>The minimum age for the Fun Run is 7 years, however entrants younger than 7 years can participate if accompanied by a guardian who is 16 years or older.</i>
2	Second	No seconding from cyclists or private vehicles allowed. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2).	
3	Safety	All distances – No earphones (ASA Rule 34.10.6), animals (ASA Rule 34.10.1), racers (ASA Rule 34.10.3) or wheelchairs (ASA Rule 34.10.4) allowed.	
4	Age tags	Participants will be eligible for prizes in the OPEN category and the age category for which they have entered provided the relevant OFFICAL ASWD age category tag is displayed, visible and above license number, front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. (Red age tags/White background)(ASA rule 22.9)	
5	Prize Giving	Prize giving is 30min after the race has been signed off by the referee.	
6	Proof of age	Athletes must give proof of age at the request of the Race Referee. (SA ID/Passport/Driver's License/Refugee Permit/Birth Cert.)	
7	Foreigners	All foreign athletes must comply with IAAF rule 142.2 and 4.2. Foreign athletes must be able to produce a letter from their respective federation permitting them to participate on race day.	
8	Rules used	All road races held subject to the rules of ASA and Athletics SWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non compliance may lead to disqualification. The Race Referee's decision is final. The race organiser reserves the right to accept/reject any entry received.	
9	Entries	<p>Online can be done at www.aswd.co.za & entry forms will be at ASWD office and at all clubs.</p> <p>Late entries on 28 March 2025 at Brinkleys on R102 in Klein Brak from 16h00 till 18h00</p> <p style="text-align: center;">NO ENTRIES ON RACE DAY</p>	

INFORMATION

ENTRY FORM

Entry forms will be available at the following places :
1 - ASWD Office
2 - Hartenbos Drawwers Time Trial at Bikini Beach

Where to Enter for Event

ONLINE ENTRIES : Closing on 26 March 2025 @ 12h00 - www.aswd.co.za
MANUAL ENTRIES : Closing on 27 March 2025 @ 19h00 - ASWD Office in George
- Hartenbos Drawwers Time Trial at Bikini Beach
LATE ENTRIES : 28 March 2025 at Brinkleys on the R102 in Klein Brak from 16h00 till 18h00

Manual Entry Payment

Hartenbos Drawwers
Standard bank (Savings Account) Branch code: 051001
Account number 385414803 Reference: Name and Surname
Entry form plus proof of payment must be send by email to : hartenbosdrawwers1@gmail.com

Collection of Temp Licence Numbers & Timing Chips

28 March 25 16h00 till 18h00 at Brinkleys on R102 in Klein Brak
On Race Day (29 March) from 05h30 till 06h15

	10km	Fun Run
TIME LIMIT :	02h30	01h00
STARTING TIME :	06h30	06h45
MEDALS :	First 300 Finishers	First 100 Finishers
PRIZE GIVING :	30 Minutes after the raced has been signed off by the Referee	

Waterpoints are between 2.5km and 3,5km apart

PLEASE NOTE : THERE WILL ONLY BE PRIZE MONEY IF THERE ARE 3 OR MORE ATHLETES IN AN AGE CATEGORY

Prize Money for 15km

PLACE	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women
	OPEN	JUNIOR	40 – 49	50 - 59	60 – 69	70 - 79	80+	Walk	HARTENBOS
1	R500	R150	R150	R150	R150	R150	R150	R150	R150
2	R400								
3	R300								

Contact Persons

Ferdie 0832942640 ferdie@mweb.co.za Petro 0722596759 hartenbosdrawwers1@gmail.com



HARTENBOS DRAWERS



PAAS NAWEEK 2025 15km Entry Form

For office use only

15KM	Licence No	
	Temp Licence No	
	Tag/Chip No	

**NO ENTRIES ON RACE DAY
ONLY COLLECTION OF TEMP
LICENCE NUMBERS AND TAGS**

Entry for Fun Run, 15km

15km				Fun Run		
Online Entry <small>CLOSE 24 Mar 25 12h00</small>	Licensed Athlete	R95		No Online Entries	X	X
	Unlicensed	R140				
Pre Entry <small>CLOSE 26 Mar 25 17h00</small>	Licensed Athlete	R85		No Licence required	R35	
	Unlicensed	R130				
Late Entry <small>28 Mar 25 16h00 - 18h00</small>	Licensed Athlete	R105		No Licence required	R35	
	Unlicensed	R150				

Surname																			
First Name																			
ID Number																			
Date of birth	D	D	M	M	Y	Y	Y	Y		Age					Male			Female	
Cell Number																			
Email Address																			

Emergency Contact

Emergency Contact	
Contact number	

Club name	
2025 Licence Nr	
10km	
Run	
Walk	
ASA Province	
Age category	
14-19	
Open	
40-49	
50-59	
60-69	
70-79	
80+	

INDEMNITY / DISCLAIMER

By entering this event, I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of the physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre - and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe; I will immediately discontinue further participation in the activity.

Signature	
Date	

MINOR RELEASE

And I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this indemnity/waiver on behalf of the minor.

Printed name of participant (Parent/Guardian in case of a minor) : _____

(Signed by a parent/legal guardian if participant is under the age of 18) _____ Date _____