

CORRECTIONAL SERVICES 10KM - ST ALBANS GQEBERHA - 2025/05/04										
POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	347	1361	ANDILE	MOTWANA	NEDBANK	M	28	SM	0.30.10	5
2	537	1879	ROSS	BARNARD	HOLLYWOO	M	34	SM	0.31.24	5
3	340	1354	ANDRE	KETCHEM	NEDBANK	M	41	40-44M	0.31.33	5
4	705	2253	KHAYA	GQWETHA	VUKANI	M	40	40-44M	0.32.07	5
5	615	40089	CHRISTIANO	BROWN	VARSIITY	M	17	JM	0.32.22	5
6	505	40545	DALLIAN	OERSON	SCHOOL	M	18	JM	0.32.29	5
7	743	2637	SAKHE	MAHOTE	MADIBAZ	M	20	SM	0.32.44	5
8	466	948	XOLISA	NDLUMBINI	CHARLO	M	42	40-44M	0.33.05	5
9	584	40413	SEMIHLE	BEDA	IKHAMVA	M	18	JM	0.33.10	5
10	345	40005	BULUMKO	MALINGA	NEDBANK	M	18	JM	0.33.17	5
11	583	40415	OKUHLE	DLOTO	IKHAMVA	M	17	JM	0.33.38	5
12	636	40164	AGCOBILE	JEZILE	MOTHER	M	16	JM	0.33.57	5
13	689	2278	MAIXOLE	NTLOKO	VUKANI	M	35	35-39M	0.34.07	5
14	740	1363	THULANI	MDLALO	NEDBANK	M	40	40-44M	0.34.23	5
15	634	40167	HLOMLA	NCUMANI	MOTHER	M	17	JM	0.34.29	5
16	323	1482	JEANDRY	DEERLING	NEDBANK	M	32	SM	0.34.30	5
17	694	701	NYASHA	MUKANDI	CRUSADE	M	32	SM	0.34.53	5
18	400	40671	ICHUMILE	MACHAKA	SCHOOL	M	16	JM	0.35.07	5
19	1	1211	NOEL	ADAMS	ELITEAC	M	52	50-54M	0.35.26	5
20	239	1931	SIYANDA	PETER	BLUEBAY	M	36	35-39M	0.35.41	5
21	619	40087	HENRICO	LOUW	VARSIITY	M	17	JM	0.35.42	5
22	12	1242	GCOBANI	BEKWAPHI	ELITEAC	M	45	45-49M	0.35.50	5
23	417	174	VIWE	TEKO	ACT AC	M	27	SM	0.35.54	5
24	542	1622	DARREN	BENECKE	MADIBA	M	33	SM	0.35.55	5
25	748	2314	BATHANDWA	MOOI	VUKANI	M	40	40-44M	0.36.27	5
26	324	40201	RIAAZ	DENNIS	NEDBANK	M	16	JM	0.36.50	4
27	498	40549	GUERRA	NTULI	SCHOOL	M	16	JM	0.36.51	4
28	26	3029	SIYANDA	BUTHELEZI	UNKNOWN	M	27	SM	0.37.05	0
29	426	282	ABDUL	WICOMB	MUIRITE	M	46	45-49M	0.37.18	5
30	528	376	REUBEN	STANDER	IKHAMVA	M	21	SM	0.37.22	4
31	424	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	0.37.26	5
32	727	400	LEBOHANG	SENTI	IKHAMVA	M	38	35-39M	0.37.41	4
33	348	40999	ASONGE	MTHANA	NEDBANK	M	18	JM	0.37.46	4
34	360	1406	REFELOE	SOLOMONS	NEDBANK	F	44	40-44F	0.37.46	5
35	206	2292	ATHINI	MABALA	VUKANI	M	31	SM	0.37.47	4
36	630	74	TUMELO	MOCHELENYANE	SAPPE	M	42	40-44M	0.37.58	5
37	617	1503	LUVUYO	DYANI	NEDBANK	M	54	50-54M	0.38.22	5
38	318	1316	MORNE	BUIS	NEDBANK	M	32	SM	0.38.25	3
39	339	2089	SIPHESIHLE	JOJA	SANDFEP	M	26	SM	0.38.39	3
40	695	1330	RUAN	SMALBERGER	NEDBANK	M	35	35-39M	0.38.45	4
41	146	3146	RICCO	VISSER	TEMP	M	23	SM	0.38.46	0
42	668	1465	HENRY	CRAUSE	NEDBANK	M	42	40-44M	0.38.49	4
43	567	156	STANTON	FREEMAN	ACT AC	M	47	45-49M	0.38.54	5
44	524	1847	MHLENGI	MAHLABA	HOLLYWOO	M	33	SM	0.39.14	3
45	673	1213	SEBASTIAN	KLEU	ELITEAC	M	49	45-49M	0.39.14	5
46	613	2863	QAWE	MAJIZA	ADVEN	M	38	35-39M	0.39.18	3
47	623	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	43	40-44F	0.39.19	5
48	342	40004	DANIEL	KRUGER	NEDBANK	M	17	JM	0.39.23	3
49	568	1105	MARK	FRASER	ACH	M	31	SM	0.39.24	3
50	639	1216	WESSEL	WOLMARANS	ELITEAC	M	47	45-49M	0.39.34	5
51	132	3132	ZANE	SCHWARZ	TEMP	M	40	40-44M	0.39.38	0
52	729	378	SIYABONGA	HONNI	IKHAMVA	M	41	40-44M	0.39.51	4
53	467	897	NKONGELEKO	NGCOSHLO	CHARLO	M	34	SM	0.39.56	3
54	756	5432	VICTOR	NGOBENI	TEMP	M	34	SM	0.40.05	0
55	422	40561	KYLE	BARKER	SCHOOL	M	16	JM	0.40.07	3
56	231	40649	DESNAY	O'GRADY	SCHOOL	F	14	JF	0.40.23	5
57	534	455	THAPELO	LESIA	CHILLIEP	M	40	40-44M	0.40.36	3
58	749	1168	SLULAMI	JACK	TRANSNET	M	49	45-49M	0.40.37	4
59	635	40166	ZINTLE	XHONTI	MOTHER	F	16	JF	0.40.40	4

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60	478	955	SIVUYILE	SCHEEPERS	CHARLO	M	32	SM	0.40.52	3
61	402	40085	ABBIE	MITCHELL	MADIBAZ	F	18	JF	0.40.55	4
62	403	1069	WAYNE	MITCHELL	ACH	M	52	50-54M	0.40.55	5
63	241	539	SERGIO	PETERSON	RUN4C	M	47	45-49M	0.40.59	4
64	595	1561	GRANT	RUDMAN	RUN4C	M	47	45-49M	0.41.09	4
65	15	1646	THANDO	BIXA	MADIBA	M	44	40-44M	0.41.20	3
66	481	989	Brett	Steyn	CHARLO	M	50	50-54M	0.41.24	5
67	495	40565	HENDRIK	KRUGER	SCHOOL	M	15	JM	0.41.42	3
68	728	1652	HEIN	LODEWYKS	MADIBA	M	42	40-44M	0.41.45	3
69	502	2913	SYLVESTER	KABUSHONG	SAPPE	M	29	SM	0.41.49	2
70	504	2020	CHRISTI	JANSE VAN RENSBURG	SAPPE	M	26	SM	0.41.57	2
71	625	1477	MARIO	PLAATJIES	NEDBANK	M	44	40-44M	0.41.57	3
72	359	1461	VUYISILE	SIMAYILE	NEDBANK	M	38	35-39M	0.41.58	3
73	461	898	PATRIC	MAKWENKWE	CHARLO	M	59	55-59M	0.42.12	5
74	722	125	FUARD	DE JAGER	MALABAR	M	46	45-49M	0.42.24	3
75	363	323	CLIVE	VAN RAYNER	MUIRITE	M	58	55-59M	0.42.24	5
76	123	3123	WILFRED	NELANI	TEMP	M	28	SM	0.42.28	0
77	496	40642	JAYDENE	TEE	SCHOOL	F	14	JF	0.42.30	3
78	325	2251	BABONKE	DINGA	VUKANI	M	36	35-39M	0.42.39	3
79	462	938	THOBELO	MFIKILI	CHARLO	M	38	35-39M	0.42.46	2
80	638	1638	COLE	ADAMS	TEMP	M	25	SM	0.42.50	0
81	105	3105	DANTE	ERASMUS	TEMP	M	15	JM	0.42.52	0
82	721	4299	CHAD	WEWERS	TEMP	M	31	SM	0.42.55	0
83	78	619	BRETT	HOLMES	ASPEN	M	50	50-54M	0.42.58	4
84	243	1957	HENRY	PIENAAR	BLUEBAY	M	53	50-54M	0.43.08	4
85	725	380	MBOLEKWA	MAYILA	IKHAMVA	M	45	45-49M	0.43.09	3
86	606	1340	WELCOME	LOLIWE	NEDBANK	M	60	60-64M	0.43.19	5
87	703	1431	GIDEON	MENGO	NEDBANK	M	47	45-49M	0.43.28	3
88	677	1647	JUSTIN	LEESON	MADIBA	M	39	35-39M	0.43.29	2
89	437	982	CHARLES	CORBY	CHARLO	M	54	50-54M	0.43.34	4
90	649	551	RODGER	GYSMAN	RUN4C	M	51	50-54M	0.43.37	3
91	608	2578	MELEA	WILLIAMS	MADIBAZ	M	47	45-49M	0.43.46	3
92	384	40668	JOHAN	DYER	SCHOOL	M	17	JM	0.43.48	2
93	252	554	PETRUS	RADEMEYER	RUN4C	M	50	50-54M	0.43.54	3
94	287	1544	ABIGAIL	VAN DER BERG	DESPATCH	F	20	SF	0.43.55	3
95	446	2177	TIAAN	GERBER	CHARLO	M	20	SM	0.44.00	2
96	734	2088	GEDDES	GALLANT	SANDFEP	M	58	55-59M	0.44.01	4
97	713	148	ABDUL	LILLAH	MALABAR	M	35	35-39M	0.44.13	2
98	47	1228	CLIVE	DE LANGE	ELITEAC	M	53	50-54M	0.44.22	3
99	412	1771	ELGIE	SHUSHA	GELVAN	M	43	40-44M	0.44.29	2
100	7	342	JONATHAN	BAKKER	MUIRITE	M	34	SM	0.44.29	2
101	457	999	THOMAS	MARAIS	CHARLO	M	38	35-39M	0.44.32	2
102	648	1750	BASIL	STEVENS	GELVAN	M	53	50-54M	0.44.34	3
103	311	1009	JACOB	ABRAHAM	BODYCON	M	58	55-59M	0.44.39	4
104	720	5331	AFRIKA	MHLOPHE	TEMP	M	46	45-49M	0.44.41	0
105	13	40014	JAMIE-LEE	BESTER	RUN4C	F	16	JF	0.44.43	3
106	611	1282	SEBASTIAN	HAARHOFF	VWAC	M	48	45-49M	0.44.47	3
107	154	2154	DAWID	KEYSER	TEMP	M	46	45-49M	0.44.49	0
108	299	806	LEON	VOULTSOS	32GI	M	51	50-54M	0.44.50	3
109	458	964	JUSTIN	MOGRIDGE	CHARLO	M	36	35-39M	0.44.52	2
110	679	79	BRENDON	JACOBS	SAPPE	M	35	35-39M	0.44.55	2
111	432	890	SIMPHIWE	BLOU	CHARLO	M	53	50-54M	0.44.58	3
112	731	1729	BRIAN	JONAS	GELVAN	M	64	60-64M	0.45.02	5
113	405	1590	ANNEKE	MOORE	DESPATCH	F	41	40-44F	0.45.05	3
114	712	1220	ANDREW	UITHALER	ELITEAC	M	33	SM	0.45.05	2
115	690	1494	TAWFEEQ	VYVER	NEDBANK	M	26	SM	0.45.08	2
116	385	1633	ENRICO	ELS	MADIBA	M	46	45-49M	0.45.09	3
117	93	1687	RUDI	KRIEL	MADIBA	M	35	35-39M	0.45.10	2
118	628	1389	BABALO	MAKALIMA	NEDBANK	M	41	40-44M	0.45.14	2
119	680	1293	THEMBINKOSI	STOKWE	VWAC	M	46	45-49M	0.45.15	2

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120	678	290	JAN	LE ROUX	MUIRITE	M	52	50-54M	0.45.25	3
121	178	2178	YOUSEF	POURRAHIM	TEMP	M	43	40-44M	0.45.27	0
122	267	1944	MUSA	SENTI	BLUEBAY	M	32	SM	0.45.34	2
123	557	789	KELVIN	SAMUEL	32GI	M	41	40-44M	0.45.43	2
124	761	259	LINDIKHAYA	NTEYI	TINARHA	M	45	45-49M	0.45.45	2
125	256	281	MONIQUE	RICHARDSON	MUIRITE	F	29	SF	0.45.46	2
126	415	552	GEOFFREY	SWARTBOOI	RUN4C	M	49	45-49M	0.45.54	2
127	176	2476	WERNER	MEYER	TEMP	M	51	50-54M	0.45.56	0
128	737	1263	KAHN	LANGFORD	VWAC	M	46	45-49M	0.45.56	2
129	675	1489	ANNEMIE	HOLTZHAUSEN	NEDBANK	F	39	35-39F	0.45.56	3
130	672	1422	DEON	HOLTZHAUSEN	NEDBANK	M	40	40-44M	0.45.57	2
131	577	888	RAHUL	BHANA	CHARLO	M	17	JM	0.45.58	2
132	600	1597	EDVIN	DONLEY	DESPATCH	M	47	45-49M	0.46.05	2
133	475	985	CHRISTOFF	PUREN	CHARLO	M	34	SM	0.46.06	2
134	444	914	ETIENNE	GERBER	CHARLO	M	55	55-59M	0.46.06	3
135	261	283	LORENZO	SAMUELS	MUIRITE	M	40	40-44M	0.46.07	2
136	518	1238	PIETER	GERBER	ELITEAC	M	50	50-54M	0.46.17	3
137	33	561	CHANTELL	CLOETE	RUN4C	F	39	35-39F	0.46.19	3
138	260	1643	HERMAN	SAAYMAN	NEDBANK	M	40	40-44M	0.46.20	2
139	500	854	DERRICK	DUBASE	SPAREC	M	50	50-54M	0.46.27	3
140	565	1113	ROGER	TRADER	ACH	M	71	70+M	0.46.27	5
141	456	952	CINDY	MARAIS	CHARLO	F	47	45-49F	0.46.30	4
142	589	1283	URAN	LE ROUX	VWAC	M	58	55-59M	0.46.40	3
143	320	1062	NICK	CHAPMAN	ACH	M	53	50-54M	0.46.43	2
144	733	2477	LEHLOHONOLO	THOKOA	ABSAEP	M	44	40-44M	0.46.46	2
145	382	3011	BILL	DAVIDS	MADIBAZ	M	55	55-59M	0.46.50	3
146	277	1212	BURNITA	STRYDOM	ELITEAC	F	56	55-59F	0.46.51	5
147	55	733	ALEX	DU TOIT	CRUSADE	M	60	60-64M	0.46.52	4
148	379	1037	CHESTER	BROOKS	XCEL	M	67	65-69M	0.46.54	5
149	60	1659	HANNES	ELS	MADIBA	M	75	70+M	0.46.58	5
150	665	1918	BONGANI	BASHE	BLUEBAY	M	43	40-44M	0.46.58	2
151	362	1010	JAN	VAN EEDEN	NEDBANK	M	66	65-69M	0.47.00	5
152	688	1052	CHRISTIAN	DU PREEZ	XCEL	M	55	55-59M	0.47.05	3
153	225	1326	ARNO	NEL	NEDBANK	M	47	45-49M	0.47.09	2
154	453	919	KELVIN	JOOSTE	CHARLO	M	38	35-39M	0.47.25	2
155	700	1700	GJ	BOTHA	TEMP	M	52	50-54M	0.47.34	0
156	546	52	DARIUS	SWIEGELAAR	SAPPE	M	30	SM	0.47.43	2
157	376	830	NATALIE	BOSHOF	32GI	F	38	35-39F	0.47.50	2
158	68	777	STEVEN	GAGIANO	32GI	M	44	40-44M	0.47.50	2
159	52	1053	SALWYN	DENNIS	XCEL	M	47	45-49M	0.47.52	2
160	479	900	JASON	SAUNDERS	CHARLO	M	45	45-49M	0.47.53	2
161	425	1200	JANINE	WHITTAL	ELITEAC	F	44	40-44F	0.47.55	2
162	742	1356	JEROME	MAY	NEDBANK	M	58	55-59M	0.47.58	3
163	497	40567	ETHAN	COUTTS	SCHOOL	M	17	JM	0.48.05	2
164	723	637	MARK	GODDARD	ASPEN	M	28	SM	0.48.11	2
165	499	1444	MFUNDISO	LUVALO	NEDBANK	M	55	55-59M	0.48.11	2
166	370	40670	MIKULE	NEL	SCHOOL	M	17	JM	0.48.13	2
167	38	1954	LEONARD	CONRADIE	BLUEBAY	M	71	70+M	0.48.15	5
168	94	2528	Brooke	Kruger	MADIBAZ	F	22	SF	0.48.17	2
169	494	1075	GAVIN	SCHONKNECHT	ACH	M	57	55-59M	0.48.20	2
170	97	576	VERNON	LANDMAN	RUN4C	M	50	50-54M	0.48.22	2
171	578	2514	TEDDY	PRUSENT	MADIBAZ	M	37	35-39M	0.48.27	2
172	433	949	WELCOME	BASKITI	CHARLO	M	57	55-59M	0.48.28	2
173	492	921	RYAN	VAN DER MESCHT	CHARLO	M	44	40-44M	0.48.33	2
174	586	50160	JONGI	MNYATHELI	CHEETAHS	M	30	SM	0.48.36	0
175	597	1261	FRANKLYN	HUMAN	VWAC	M	49	45-49M	0.48.37	2
176	631	1554	HELGARD	POTGIETER	DESPATCH	M	53	50-54M	0.48.40	2
177	258	1183	SANETTE	RYAN	ELITEAC	F	55	55-59F	0.48.43	5
178	187	1277	DENVER	ELLIE	VWAC	M	44	40-44M	0.48.46	2
179	294	1042	EUGENE	VAN WYK	XCEL	M	53	50-54M	0.48.47	2

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180	49	1230	PHILLIP	DE RIDDER	ELITEAC	M	49	45-49M	0.48.48	2
181	255	2799	JEAN-PERI	REDOÑA	ASPEN	M	37	35-39M	0.48.56	2
182	653	653	LAKHIWE	ALOMBEMBE	TEMP	M	14	JM	0.48.59	0
183	468	911	TANYA	NORRIS	CHARLO	F	40	40-44F	0.48.59	2
184	92	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	35	35-39M	0.48.59	2
185	410	792	JACO	ROOS	32GI	M	36	35-39M	0.49.01	2
186	592	2771	Silimela	Nyikisa	SAPPE	M	42	40-44M	0.49.01	2
187	365	510	GIDEON	VAN ZYL	RUN4C	M	43	40-44M	0.49.01	2
188	397	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-44F	0.49.02	2
189	6	1043	DAVID	BAINS	XCEL	M	59	55-59M	0.49.03	2
190	48	1229	NATASCIA	DE RIDDER	ELITEAC	F	46	45-49F	0.49.05	3
191	174	2174	CJ	GROBBELAAR	TEMP	M	26	SM	0.49.05	0
192	655	1681	DEAN	FINLAY	MADIBA	M	58	55-59M	0.49.07	2
193	540	1360	SITHEMBILE	MPAKO	NEDBANK	M	64	60-64M	0.49.13	3
194	316	1205	ALISON	BOWKER	ELITEAC	F	37	35-39F	0.49.16	2
195	387	768	WILLIE	ELS	CRUSADE	M	49	45-49M	0.49.21	2
196	591	2038	NKOSIYEDWA	MABASO	MUIRITE	M	45	45-49M	0.49.31	2
197	520	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	0.49.41	5
198	212	1055	JEROME	MAY	XCEL	M	58	55-59M	0.49.42	2
199	266	514	MONTE	SCHOLTZ	RUN4C	M	64	60-64M	0.49.43	2
200	390	40667	JUSTIN	HANCOX	SCHOOL	M	14	JM	0.49.49	1
201	718	1559	NOLEEN	AMBRAAL	DESPATCH	F	55	55-59F	0.50.09	4
202	44	1275	PLAAITJIE	DAMONS	VWAC	M	61	60-64M	0.50.11	2
203	295	40075	CHLOE	VERMAAK	ELITEAC	F	18	JF	0.50.18	2
204	554	1070	ANCHE	HOLLINS	ACH	F	43	40-44F	0.50.23	2
205	514	1560	PIETER	STRYDOM	DESPATCH	M	63	60-64M	0.50.25	2
206	521	1118	BRUCE	KING	ACH	M	58	55-59M	0.50.30	2
207	36	285	VANESSA	COETZEE	MUIRITE	F	48	45-49F	0.50.36	2
208	590	52950	PHAKAMISA	MATINISI	KOMANIR	M	47	45-49M	0.50.41	0
209	490	883	LINDI	VAN TONDER	CHARLO	F	47	45-49F	0.50.42	2
210	609	2684	KATLEGO	MOCWALEDI	VITALITY	M	37	35-39M	0.50.43	1
211	511	1088	PERCY	DALTON	ACH	M	76	70+M	0.50.44	3
212	451	2174	JENNA	JONKER	CHARLO	F	21	SF	0.50.48	2
213	430	967	MIKE	BURGER	CHARLO	M	65	65-69M	0.50.48	3
214	572	55	SIMCELILE	SITHEMBU	SAPPE	M	34	SM	0.50.49	1
215	539	1586	MAUDY	BOTES	DESPATCH	F	43	40-44F	0.50.49	2
216	80	1531	NEIL	INGRAM	DESPATCH	M	38	35-39M	0.50.50	1
217	389	1006	BRUCE	GIE	BODYCON	M	51	50-54M	0.50.58	2
218	686	2930	NICO	DU PREEZ	MUIRITE	M	32	SM	0.51.01	1
219	543	594	ANTONIE	KOEN	RUN4C	M	48	45-49M	0.51.11	2
220	685	1843	BOMKAZI	NTONI	HOLLYWOO	F	37	35-39F	0.51.16	2
221	602	1757	JACOBUS	JULIUS	GELVAN	M	50	50-54M	0.51.16	2
222	98	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	0.51.17	2
223	596	2032	CARLIE	NEL	MUIRITE	F	31	SF	0.51.21	2
224	538	1585	GEORGE	BOTES	DESPATCH	M	51	50-54M	0.51.21	2
225	604	1921	OWEN	NCUBE	BLUEBAY	M	44	40-44M	0.51.22	1
226	659	653	CRAIG	WARD	ASPEN	M	48	45-49M	0.51.26	2
227	381	1683	JERHARD	BURRELL	MADIBA	M	36	35-39M	0.51.32	1
228	222	2886	DESMOND	MVUNDLELA	TRANSNET	M	44	40-44M	0.51.33	1
229	702	1289	Anslon	Hector	VWAC	M	31	SM	0.51.34	1
230	529	2195	TERENCE	LANTZ	ASPEN	M	45	45-49M	0.51.36	2
231	409	1510	PRESTON	PETERSEN	NEDBANK	M	36	35-39M	0.51.39	1
232	355	2778	Marlize	Robinson	MUIRITE	F	31	SF	0.51.40	2
233	219	50024	LUMKO	MQAI	QOKOL	M	35	35-39M	0.51.40	0
234	79	618	KELLY	HOLMES	ASPEN	F	48	45-49F	0.51.49	2
235	343	2519	MOMELEZI	KULA	MADIBAZ	M	47	45-49M	0.51.57	1
236	152	2152	JAKE	KEETON	TEMP	M	31	SM	0.51.58	0
237	272	1139	ROBERT	SPRUNG	CHARLO	M	27	SM	0.51.59	1
238	687	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	28	SM	0.52.02	1
239	191	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	0.52.05	2

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
240	393	1002	PAUL	JOHNSON	BODYCON	M	57	55-59M	0.52.14	2
241	245	2964	CHESLIN	PLAATJIES	VITALITY	M	39	35-39M	0.52.18	1
242	101	3101	ALLISTER	ARENDS	TEMP	M	40	40-44M	0.52.18	0
243	354	350	MARIUS	ROACH	MUIRITE	M	31	SM	0.52.21	1
244	53	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	0.52.26	1
245	536	1106	ERROL	BLACK	ACH	M	74	70+M	0.52.27	3
246	356	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	0.52.30	4
247	290	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	0.52.31	2
248	24	2190	ALAN	BROWNE	32GI	M	33	SM	0.52.38	1
249	185	1684	MARLON	KOEN	MADIBA	M	38	35-39M	0.52.40	1
250	651	1575	LESLEY-ANN	BUSH	DESPATCH	F	52	50-54F	0.52.41	2
251	730	1564	LEON	WEITSZ	DESPATCH	M	51	50-54M	0.52.42	2
252	377	1588	JACQUES	BOTHA	DESPATCH	M	51	50-54M	0.52.47	1
253	411	410	AMANDA	SHAW	IKHAMVA	F	60	60-64F	0.52.48	4
254	575	1192	HEINZ	CONRAD	ELITEAC	M	46	45-49M	0.52.52	1
255	738	1880	MELUMZI	NORUSHU	HOLLYWOO	M	56	55-59M	0.52.55	2
256	582	24408	MARK	HEADBUSH	CCJHB	M	80	70+M	0.53.00	0
257	420	2792	SHEZELLE	VAN WYK	DESPATCH	F	20	SF	0.53.02	1
258	14	1208	CHRISTINE	BIRD	ELITEAC	F	54	50-54F	0.53.03	2
259	441	906	TARYN	FERREIRA	CHARLO	F	44	40-44F	0.53.16	2
260	18	2350	CHRISTELLE	BLUME	JBAY	F	57	55-59F	0.53.18	2
261	429	984	BELINDA	BAIN	CHARLO	F	63	60-64F	0.53.19	3
262	603	1788	RAYMOND	JACOBS	GELVAN	M	67	65-69M	0.53.26	2
263	302	556	ARTHUR	WILLIAMS	RUN4C	M	62	60-64M	0.53.26	2
264	476	991	GREGORY	ROSS	CHARLO	M	51	50-54M	0.53.27	1
265	374	485	WANDILE	BATAYI	RUN4C	M	29	SM	0.53.33	1
266	364	519	CHARLOTTE	VAN WYK	RUN4C	F	43	40-44F	0.53.33	1
267	373	1285	WANDA	BANJWA	VWAC	M	38	35-39M	0.53.35	1
268	622	1566	RUAN	WELGEMOED	DESPATCH	M	30	SM	0.53.38	1
269	614	1592	BENNIE	THYSSE	DESPATCH	M	67	65-69M	0.53.39	2
270	709	6966	KATE	ROBERTS	TEMP	F	31	SF	0.53.39	0
271	701	5063	IAN	ROBERTS	TEMP	M	33	SM	0.53.40	0
272	465	934	JEAN	MEYER	CHARLO	M	46	45-49M	0.53.41	1
273	464	905	MICHELE	MOOLMAN	CHARLO	F	40	40-44F	0.53.41	1
274	306	2995	RODNEY	WITBOOI	ATLANTIC	M	53	50-54M	0.53.49	1
275	549	2797	YAMKELA	QOMIYANA	ASPEN	M	29	SM	0.53.52	1
276	230	1332	THANDIWE	NKWANDLA	NEDBANK	F	60	60-64F	0.53.53	3
277	571	5571	NICOLE	JOHNSON	TEMP	F	28	SF	0.53.56	0
278	199	3199	LAURE	PIETERSE	TEMP	M	54	50-54M	0.53.57	0
279	448	915	JOEL	HUMAN	CHARLO	M	52	50-54M	0.54.02	1
280	663	6663	ADRIAAN	BEZUIDENHOUT	TEMP	M	40	40-44M	0.54.03	0
281	633	341	DELME	REDCLIFFE	MUIRITE	M	41	40-44M	0.54.03	1
282	383	1203	ANNEMIE	DU TOIT	ELITEAC	F	40	40-44F	0.54.03	1
283	711	1565	BONITA	WEITSZ	DESPATCH	F	52	50-54F	0.54.08	2
284	297	1085	ANDRE	VILJOEN	ACH	M	70	70+M	0.54.11	2
285	404	2296	KAYA	MLENZE	VUKANI	M	44	40-44M	0.54.16	1
286	744	611	HAYLEY	NEWING	ASPEN	F	40	40-44F	0.54.20	1
287	88	723	ALETTA	JOUBERT	CRUSADE	F	63	60-64F	0.54.22	3
288	666	1666	AVIWE	PAKADE	TEMP	M	39	35-39M	0.54.23	0
289	170	2170	CHRISTOPHER	BROWNE	TEMP	M	28	SM	0.54.24	0
290	216	1298	MPHATHISI	MJADU	VWAC	M	53	50-54M	0.54.26	1
291	319	1111	GRAHAM	CHANNON	ACH	M	75	70+M	0.54.30	2
292	473	889	PETER	POHLMANN	CHARLO	M	61	60-64M	0.54.40	2
293	198	3198	SIYABONGA	MAJEKE	TEMP	M	44	40-44M	0.54.41	0
294	193	75	HESTER	DEKKER	SAPPE	F	53	50-54F	0.54.41	2
295	45	2656	TENIELLE	DE ANDRADE	VITALITY	F	40	40-44F	0.54.41	1
296	95	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	0.54.46	1
297	248	88	HENRY	PRAHALADH	INFINITY	M	58	55-59M	0.54.47	1
298	334	1548	TYLO	GERBER	DESPATCH	F	19	SF	0.54.51	1
299	235	1551	WERNER	OLIVIER	DESPATCH	M	41	40-44M	0.54.51	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
300	164	2164	HEINRICH	STAPELBERG	TEMP	M	32	SM	0.54.58	0
301	202	1269	SIMON	LELAKA	VWAC	M	52	50-54M	0.55.07	1
302	710	525	WESSEL	EBERSOHN	RUN4C	M	35	35-39M	0.55.09	1
303	645	5927	MALUSI	DLAMINI	TEMP	M	36	35-39M	0.55.16	0
304	116	3116	SIVENE	MJILA	TEMP	M	36	35-39M	0.55.20	0
305	129	3129	KELVIN	PIKIRAI	TEMP	M	34	SM	0.55.21	0
306	111	3111	MARC	MAHAMBEHLALA	TEMP	M	33	SM	0.55.21	0
307	580	25925	PALESA	HEADBUSH	CCJHB	F	46	45-49F	0.55.23	0
308	724	526	NIEKE	EBERSOHN	RUN4C	F	33	SF	0.55.24	1
309	352	1201	CATHY	ALLERS	ELITEAC	F	63	60-64F	0.55.28	2
310	375	2626	SYLVAN	BLIGNAUT	MADIBAZ	M	65	65-69M	0.55.28	2
311	510	1726	BERNARD-BENJAMI	LODEWYK	GELVAN	M	54	50-54M	0.55.31	1
312	249	40216	TALIA	PRAHALADH	INFINITY	F	14	JF	0.55.36	1
313	745	1124	LIZ	PRINS	ACH	F	55	55-59F	0.55.40	2
314	563	665	VUSIKAYA	MANCAPA	MOTHER	M	59	55-59M	0.55.42	1
315	618	1191	ELIZE	ADAMS	ELITEAC	F	50	50-54F	0.55.43	2
316	493	876	GEORGE	WINSHIP	CHARLO	M	59	55-59M	0.55.43	1
317	65	745	KATHLEEN	FLANAGAN	CRUSADE	F	39	35-39F	0.55.43	1
318	443	959	JOHAN	GERBER	CHARLO	M	46	45-49M	0.55.46	1
319	34	505	ANDRIES	COETSEE	RUN4C	M	39	35-39M	0.55.47	1
320	257	750	PIETER	ROUX	CRUSADE	M	70	70+M	0.55.51	2
321	715	1705	JOHN	FREWEN	MADIBA	M	63	60-64M	0.55.51	1
322	671	1567	JACOBUS	WYATT	DESPATCH	M	62	60-64M	0.55.54	1
323	117	3117	ERIC	MOENG	TEMP	M	54	50-54M	0.55.58	0
324	40	2961	MICHA	CRONJE	32GI	F	35	35-39F	0.56.00	1
325	335	1695	CARLA	GILLWALD	MADIBA	F	36	35-39F	0.56.08	1
326	450	892	CHANTEL	HUYGEN	CHARLO	F	40	40-44F	0.56.10	1
327	548	535	GERT	HARMSE	RUN4C	M	59	55-59M	0.56.13	1
328	269	563	LINDA	SILLS	RUN4C	F	43	40-44F	0.56.15	1
329	522	1251	CLIVE	WEWERS	ELITEAC	M	64	60-64M	0.56.15	1
330	268	564	GAVIN	SILLS	RUN4C	M	52	50-54M	0.56.15	1
331	308	1534	FRANCOIS	WIUM	DESPATCH	M	42	40-44M	0.56.24	1
332	329	42	SAM	ERASMUS	SAPPE	M	67	65-69M	0.56.29	1
333	545	77	LOUIS	SWIEGELAAR	SAPPE	M	59	55-59M	0.56.29	1
334	209	2205	SIKHUMBUZO	MANXOYI	SIBALEKA	M	38	35-39M	0.56.31	1
335	676	676	RUSHIL	DELLWARIA	TEMP	M	33	SM	0.56.33	0
336	460	896	GAVIN	MATTHEWS	CHARLO	M	49	45-49M	0.56.34	1
337	72	348	LIEZEL	GOUSSARD	MUIRITE	F	42	40-44F	0.56.35	1
338	670	1670	KIERAN	LEWIES	TEMP	M	15	JM	0.56.38	0
339	291	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	60	60-64F	0.56.38	2
340	427	978	CHRISTOPHER	AYERST	CHARLO	M	58	55-59M	0.56.43	1
341	532	840	BRONWIN	MEYER	32GI	F	52	50-54F	0.56.45	1
342	292	1582	MARINET	VAN TONDER	DESPATCH	F	47	45-49F	0.56.45	1
343	322	1557	CARIN	COETZEE	DESPATCH	F	48	45-49F	0.56.47	1
344	330	1601	ANIZE	GERBER	DESPATCH	F	52	50-54F	0.56.47	1
345	66	529	ANDRE	FOURIE	RUN4C	M	78	70+M	0.56.49	2
346	233	1587	MARISKA	OLIVIER	DESPATCH	F	37	35-39F	0.56.54	1
347	656	2090	WELLINGTON	TSHINGANE	SANDFEP	M	54	50-54M	0.56.59	1
348	515	1955	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	0.57.02	1
349	247	18552	LIZELLE	POTGIETER	MAVERICK	F	35	35-39F	0.57.13	0
350	624	1624	ABU	KHADROUI	TEMP	M	23	SM	0.57.14	0
351	300	1119	TREMAINE	WESSON	ACH	M	64	60-64M	0.57.22	1
352	489	926	TREVOR	VAN RENSBURG	CHARLO	M	72	70+M	0.57.29	1
353	89	513	ROZETTA	KEMP	RUN4C	F	71	70+F	0.57.31	3
354	726	5351	DELPHINE	LE PECHOUX	TEMP	F	26	SF	0.57.33	0
355	220	51751	WENDY	MQAI	NEDBOR	F	34	SF	0.57.34	0
356	487	895	GIANNI	TISTELLI	CHARLO	M	53	50-54M	0.57.35	1
357	288	284	ESTELLE	VAN DER MERWE	MUIRITE	F	59	55-59F	0.57.36	1
358	581	1928	THABO	HEADBUSH	BLUEBAY	M	54	50-54M	0.57.37	1
359	434	903	KESVAL	CHETTY	CHARLO	M	60	60-64M	0.57.45	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
360	646	2785	Zenita	Durrheim	ASPEN	F	46	45-49F	0.57.45	1
361	535	5535	TERESA	JOUBERT	TEMP	F	53	50-54F	0.57.46	0
362	454	969	GARY	KELLEHER	CHARLO	M	67	65-69M	0.57.47	1
363	760	760	SIYANDA	KETANI	TEMP	M	38	35-39M	0.57.54	0
364	27	50345	ROBERT	BUTTON	OLDSELB	M	66	65-69M	0.57.54	0
365	706	5286	MIKE	FOURIE	TEMP	M	43	40-44M	0.57.56	0
366	707	6988	MARENE	FOURIE	TEMP	F	41	40-44F	0.57.57	0
367	301	735	LIBBY	WILKE	CRUSADE	F	51	50-54F	0.58.01	1
368	758	40192	JODY	FLEURS	GELVAN	M	17	JM	0.58.07	1
369	755	1291	ASHENDA	MAKONIE	VWAC	F	49	45-49F	0.58.07	1
370	650	1721	LIZETTE	OLIVER	GELVAN	F	38	35-39F	0.58.07	1
371	693	1492	DEON	VYVER	NEDBANK	M	58	55-59M	0.58.07	1
372	732	1264	LAVINIA	PIETERSE	VWAC	F	50	50-54F	0.58.08	1
373	553	1776	MOEGAMAT	MAMOOJEE	GELVAN	M	59	55-59M	0.58.08	1
374	643	1735	BRUCHANE	WILLIAMS	GELVAN	M	39	35-39M	0.58.08	1
375	644	1779	Gershwin	Booyesen	GELVAN	M	37	35-39M	0.58.08	1
376	658	50803	SIVIWE	MEVENI	REALGIJ	M	38	35-39M	0.58.08	0
377	253	391	MLULEKI	RALA	IKHAMVA	M	45	45-49M	0.58.08	1
378	552	1734	DENVER	PETERSEN	GELVAN	M	41	40-44M	0.58.08	1
379	229	1846	Simo	Nkanyuza	HOLLYWOO	M	38	35-39M	0.58.09	1
380	551	1748	RICHARD	RAMATSASA	GELVAN	M	49	45-49M	0.58.09	1
381	579	2093	AXOLA	PAKADE	ASPEN	M	28	SM	0.58.09	1
382	208	1911	MATHONGO	MAKHIWANE	BLUEBAY	M	49	45-49M	0.58.09	1
383	37	1850	SIYABONGA	COKILE	HOLLYWOO	M	48	45-49M	0.58.09	1
384	652	646	LUTHO	NOMBEMBE	ASPEN	M	32	SM	0.58.09	1
385	431	956	NEELES	BHANA	CHARLO	M	54	50-54M	0.58.10	1
386	716	1785	JADE	FESTUS	GELVAN	M	35	35-39M	0.58.10	1
387	697	697	MAHESH	HOOKA	TEMP	M	52	50-54M	0.58.10	0
388	682	682	KURT	BRITZ	TEMP	M	49	45-49M	0.58.10	0
389	555	1675	MARIUS	ZEELIE	MADIBA	M	60	60-64M	0.58.10	1
390	530	2463	Luthando	Yibe	ABSAEP	M	44	40-44M	0.58.10	1
391	99	1202	JACQUES	LANGLEY	ELITEAC	M	36	35-39M	0.58.10	1
392	84	717	TANYA	JANSEN VAN VUUREN	CRUSADE	F	56	55-59F	0.58.13	1
393	205	741	MARGARET	LLOYD	CRUSADE	F	61	60-64F	0.58.13	2
394	564	721	FIONA	FLEUR	CRUSADE	F	40	40-44F	0.58.13	1
395	232	1759	LYDIA	OLIVER	GELVAN	F	57	55-59F	0.58.25	1
396	419	2699	ADEL	VAN RENSBURG	VITALITY	F	47	45-49F	0.58.28	1
397	22	298	SANET	BOUCHER	MUIRITE	F	45	45-49F	0.58.29	1
398	569	2470	THEMBU	NTSUKUNYANE	ABSAEP	F	46	45-49F	0.58.31	1
399	533	1930	TIM	BRAY	BLUEBAY	M	62	60-64M	0.58.35	1
400	10	746	JOHAN	BARNARD	CRUSADE	M	70	70+M	0.58.37	1
401	660	6724	DANIELLE	KOTZE	TEMP	F	29	SF	0.58.37	0
402	64	507	JOHAN	FERREIRA	RUN4C	M	63	60-64M	0.58.39	1
403	158	2158	MICHELLE	MEYER	TEMP	F	45	45-49F	0.58.41	0
404	607	2641	MARLON	KOOPMAN	MADIBAZ	M	45	45-49M	0.58.41	1
405	594	5594	COLEEN	ROBINSON	TEMP	F	58	55-59F	0.58.43	0
406	262	1045	YUSUF	SAMUELS	XCEL	M	66	65-69M	0.58.48	1
407	418	1535	CLAUDEAN	VAN GREUNEN	DESPATCH	F	43	40-44F	0.58.49	1
408	480	913	SHARON	SMUTS	CHARLO	F	59	55-59F	0.58.50	1
409	298	726	KEITH	VOSLOO	CRUSADE	M	62	60-64M	0.58.52	1
410	408	1464	DAVID	O'REILLY	NEDBANK	M	77	70+M	0.58.56	1
411	57	738	SAM	DU TOIT	CRUSADE	F	55	55-59F	0.58.56	1
412	279	1429	RIKA	TERBLANCHE	NEDBANK	F	48	45-49F	0.58.59	1
413	313	512	ANSIE	BENADE	RUN4C	F	65	65-69F	0.59.00	2
414	610	2111	GEROME	MINTOOR	ATLANTIC	M	57	55-59M	0.59.01	1
415	371	128	DAWOOD	BABOO	MALABAR	M	38	35-39M	0.59.04	1
416	421	1607	SONJA	VAN WYK	DESPATCH	F	43	40-44F	0.59.13	1
417	317	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	52	50-54M	0.59.14	1
418	32	339	ILSE	CLAASSENS	MUIRITE	F	25	SF	0.59.15	1
419	735	1271	LEZELL	HARRIS	VWAC	F	51	50-54F	0.59.17	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
420	463	2170	Matthew	Muller	CHARLO	M	23	SM	0.59.21	1
421	85	145	FADIELA	JOHNSON	MALABAR	F	61	60-64F	0.59.22	1
422	717	5311	AMEER	ENSAL	TEMP	M	49	45-49M	0.59.24	0
423	523	2912	HEIN	BADENHORST	SAPPE	M	55	55-59M	0.59.28	1
424	750	2991	LEONARD	GROVES	GELVAN	M	61	60-64M	0.59.29	1
425	264	1948	NEVILLE	SCHMELZER	BLUEBAY	M	74	70+M	0.59.30	1
426	399	2504	WAYNE	MAC GEAR	MADIBAZ	M	61	60-64M	0.59.34	1
427	407	502	SHANE	SAUNDERS	RUN4C	M	57	55-59M	0.59.38	1
428	357	1102	KEN	BARWOOD	ACH	M	70	70+M	0.59.51	1
429	714	1704	MARIZA	FREWEN	MADIBA	F	63	60-64F	1.00.05	1
430	414	409	VERONICA	SMITH	IKHAMVA	F	58	55-59F	1.00.06	1
431	73	1207	CHARL	GRIESSEL	ELITEAC	M	61	60-64M	1.00.06	1
432	698	1380	BANDILE	CUNTU	NEDBANK	M	60	60-64M	1.00.07	1
433	482	40111	Dylan-John	Steyn	CHARLO	M	17	JM	1.00.10	1
434	50	40073	STACEY	DE RIDDER	ELITEAC	F	15	JF	1.00.27	1
435	757	1758	BRAMWELL	FLEURS	GELVAN	M	46	45-49M	1.00.28	1
436	167	2167	DWANDRE	CASSELS	TEMP	M	42	40-44M	1.00.38	0
437	5	491	YOLANDE	ARCHER	RUN4C	F	46	45-49F	1.00.44	1
438	380	555	MELANIE	BUITENDAGH	RUN4C	F	42	40-44F	1.01.04	1
439	113	3113	KAYLA	MARX	TEMP	F	28	SF	1.01.13	0
440	197	3197	JENNIFER	MICHAU	TEMP	F	58	55-59F	1.01.17	0
441	327	82	LETA	DOS SANTOS	INFINITY	F	60	60-64F	1.01.18	1
442	333	302	LUCINDA	GERBER	MUIRITE	F	50	50-54F	1.01.20	1
443	141	3141	SONGEZO	TUNTULWANA	TEMP	M	40	40-44M	1.01.20	0
444	62	1935	XENOPHON	FERREIRA	BLUEBAY	M	63	60-64M	1.01.23	1
445	559	1094	MARIETJIE	PIETERSEN	ACH	F	68	65-69F	1.01.32	1
446	188	72	HERMAN	DEKKER	SAPPE	M	80	70+M	1.01.41	1
447	474	996	PAULA	PEARCE	CHARLO	F	56	55-59F	1.01.43	1
448	166	2166	ANNA	VAN ROOYEN	TEMP	F	27	SF	1.01.57	0
449	285	2036	ANDRE	VAN DER BANK	MUIRITE	M	53	50-54M	1.02.05	1
450	558	1074	FRANCOIS	SMIT	ACH	M	65	65-69M	1.02.06	1
451	59	575	JACKIE	ELOFF	RUN4C	F	52	50-54F	1.02.16	1
452	366	328	MADRE	WELMANS	MUIRITE	F	56	55-59F	1.02.23	1
453	151	2151	NONKE	DAYI	TEMP	M	42	40-44M	1.02.36	0
454	470	902	KRISH	PILLAY	CHARLO	M	63	60-64M	1.02.38	1
455	168	2168	CHUMA	ZWANE	TEMP	M	41	40-44M	1.02.39	0
456	423	1453	HEINRICH	WENTZEL	NEDBANK	M	39	35-39M	1.02.43	1
457	616	349	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	SF	1.02.51	1
458	428	933	SANET	BEZUIDENHOUT	CHARLO	F	37	35-39F	1.02.52	1
459	237	334	MADELEINE	OTTO	MUIRITE	F	65	65-69F	1.02.59	1
460	161	2161	MZWETHU	PLAATJIE	TEMP	M	50	50-54M	1.03.02	0
461	576	2467	Xhanti	Mantshiyo	ABSAEP	M	57	55-59M	1.03.04	1
462	87	1600	YVETTE	JONKER	DESPATCH	F	53	50-54F	1.03.04	1
463	86	1603	RONNIE	JONKER	DESPATCH	M	55	55-59M	1.03.04	1
464	228	492	NTOKOZO	NGUBANE	RUN4C	F	30	SF	1.03.06	1
465	304	2187	DEBBIE	WINTERMEYER	32GI	F	47	45-49F	1.03.07	1
466	303	40444	CALEB	WINTERMEYER	32GI	M	14	JM	1.03.08	1
467	172	2172	MEGAN	CROSSMAN	TEMP	F	25	SF	1.03.10	0
468	307	456	BULELANI	WITI	CHILLIEP	F	29	SF	1.03.23	1
469	213	432	MVELELI	MBANDE	CHILLIEP	M	39	35-39M	1.03.25	1
470	544	403	ANDREW	KOCK	IKHAMVA	M	49	45-49M	1.03.27	1
471	692	5692	HYMIE	YSPEERT	TEMP	M	31	SM	1.03.29	0
472	472	2172	LEE	PAGE	CHARLO	F	42	40-44F	1.03.30	1
473	708	1725	PEARL	DAMONS	GELVAN	F	61	60-64F	1.03.38	1
474	19	1579	JHANINEN	BOSHOFF	DESPATCH	F	59	55-59F	1.03.44	1
475	401	2812	MTHABISENG	MASHEGO	ASPEN	F	32	SF	1.03.46	1
476	265	1466	AT	SCHOEMAN	NEDBANK	M	68	65-69M	1.03.48	1
477	751	475	KAREN	VAN DEVENTER	WALMER	F	36	35-39F	1.03.50	1
478	179	2179	IMRAN	PARKUR	TEMP	M	46	45-49M	1.03.54	0
479	486	917	VICKY	TSOUKNIDAS	CHARLO	F	47	45-49F	1.03.57	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
480	439	947	GANIEF	DAVIDS	CHARLO	M	59	55-59M	1.04.04	1
481	632	1286	SHANDRY	NAZER	VWAC	F	36	35-39F	1.04.05	1
482	112	3112	SIYAVUYA	MARWANQA	TEMP	M	27	SM	1.04.07	0
483	196	3196	KELLY	ROSE	TEMP	F	46	45-49F	1.04.08	0
484	11	490	WANDA	BARNARD	RUN4C	F	50	50-54F	1.04.10	1
485	35	517	GERT	COETSEE	RUN4C	M	39	35-39M	1.04.10	1
486	221	2698	NTOMBIZINE	MTANDA	VITALITY	F	48	45-49F	1.04.20	1
487	739	890	SIMPHIWE	BLOU	CHARLO	M	53	50-54M	1.04.23	1
488	2	2802	GUSTEL	AGENBAG	RUN4C	F	53	50-54F	1.04.25	1
489	16	1631	AMANDA	BLIGNAULT	MADIBA	F	65	65-69F	1.04.28	1
490	321	2049	KYLE	CLEMENCE	ASPEN	M	26	SM	1.04.29	1
491	46	1624	ESTELLE	DE KLERK	MADIBA	F	58	55-59F	1.04.29	1
492	519	22417	SISEKO	KONDILE	SABC	M	39	35-39M	1.04.30	0
493	120	3120	SIMTANDILE	MVELO	TEMP	F	27	SF	1.04.33	0
494	61	1632	JOS	ELS	MADIBA	F	73	70+F	1.04.34	1
495	513	1104	CATHY	IVES	ACH	F	72	70+F	1.04.43	1
496	246	414	AYANDA	POTGIETER	CHILLIEP	F	30	SF	1.04.45	1
497	39	100	LYNETTE	CRAUSE	INFINITY	F	65	65-69F	1.04.47	1
498	337	1641	DEBBIE	HILTON	MADIBA	F	53	50-54F	1.04.52	1
499	270	150	ZAHEER	SOOMAR	MALABAR	M	54	50-54M	1.05.05	1
500	118	3118	ZUNAID	MOOSAJEE	TEMP	M	54	50-54M	1.05.05	0
501	562	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	38	35-39F	1.05.06	1
502	669	6669	MICHELLE	BLOM	TEMP	F	47	45-49F	1.05.11	0
503	754	1307	FIKISWA	NGONYAMA	VWAC	F	41	40-44F	1.05.11	1
504	531	5531	LISA	RANDALL	TEMP	F	45	45-49F	1.05.12	0
505	681	1742	DESIREE	TITUS	GELVAN	F	59	55-59F	1.05.15	1
506	183	2183	MITIYO	SANDILE	TEMP	M	50	50-54M	1.05.25	0
507	367	2465	OZELLE	WIEHAHN	ABSAEP	F	51	50-54F	1.05.28	1
508	77	40440	MATTHEW	HECHTER	ELITEAC	M	14	JM	1.05.29	1
509	293	40107	MINIQUE	VAN TONDER	DESPATCH	F	18	JF	1.05.29	1
510	201	1060	COREEN	LEANDER	XCEL	F	51	50-54F	1.05.32	1
511	25	725	Wendy	Bululu	CRUSADE	F	42	40-44F	1.05.38	1
512	149	2149	SUSANN	CHAPMAN	TEMP	F	49	45-49F	1.05.45	0
513	349	617	JESSICA	MURPHY	ASPEN	F	34	SF	1.05.49	1
514	416	553	TYRESE	SWARTBOOI	RUN4C	M	21	SM	1.05.52	1
515	203	588	RENIER	LIEBENBERG	RUN4C	M	42	40-44M	1.05.58	1
516	17	286	SANET	BLOM	MUIRITE	F	57	55-59F	1.06.12	1
517	593	1542	CELESTE	RUDMAN	RUN4C	F	34	SF	1.06.17	1
518	746	2132	THANDO	NCATSHUKELWA	TRANSNET	M	44	40-44M	1.06.17	1
519	83	654	SIMONE	JACOBS	ASPEN	F	40	40-44F	1.06.26	1
520	82	628	CT	JACOBS	ASPEN	M	41	40-44M	1.06.27	1
521	305	2183	ANAM	WITBOOI	ASPEN	F	30	SF	1.06.28	1
522	637	1224	SHAUN	NEL	ELITEAC	M	50	50-54M	1.06.46	1
523	56	544	JACQULENE	DU TOIT	RUN4C	F	52	50-54F	1.06.49	1
524	108	3108	KHETHELO	KASE	TEMP	M	35	35-39M	1.06.49	0
525	358	1310	PHUMLA	SIBALI	VWAC	F	46	45-49F	1.06.52	1
526	224	143	ZAHEERA	NANABHAY	MALABAR	F	43	40-44F	1.06.54	1
527	8	1256	NAOMI	BAKKER	VWAC	F	47	45-49F	1.07.04	1
528	378	1556	RIAANA	BOUWER	DESPATCH	F	48	45-49F	1.07.05	1
529	4	2461	FUNDISWA	ANTONY	ABSAEP	F	52	50-54F	1.07.06	1
530	263	1257	STEPHANIE	SCHEEPERS	VWAC	F	28	SF	1.07.06	1
531	667	2680	ALYCIA	LANGLEY	VITALITY	F	31	SF	1.07.07	1
532	133	3133	JEREMY	SCOTT	TEMP	M	53	50-54M	1.07.11	0
533	612	1290	MARTIN	LEWIES	VWAC	M	50	50-54M	1.07.12	1
534	391	764	SJANI	HUMAN	CRUSADE	F	55	55-59F	1.07.14	1
535	173	2173	MEGAN	ELS	TEMP	F	40	40-44F	1.07.14	0
536	336	1348	XOLILE	GOMOMO	NEDBANK	M	72	70+M	1.07.18	1
537	621	2156	SINDILE	NOGQALA	TRANSNET	M	50	50-54M	1.07.20	1
538	315	2352	Rina	Botes	JBAY	F	55	55-59F	1.07.31	1
539	368	1311	CAROLINE	ZINTO	NEDBANK	F	44	40-44F	1.07.32	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
540	350	645	KHULISO	NEPHALAMA	ASPEN	M	34	SM	1.07.34	1
541	163	2163	NONDLELA	RADEBE	TEMP	F	40	40-44F	1.07.41	0
542	114	3114	SARAH	MARX	TEMP	F	32	SF	1.07.41	0
543	81	1532	SIMONDA	INGRAM	DESPATCH	F	39	35-39F	1.07.41	1
544	699	1736	KELLY	WILLIAMS	GELVAN	F	35	35-39F	1.07.43	1
545	629	1753	ROXANNE	MULLER	GELVAN	F	40	40-44F	1.07.43	1
546	21	279	VERONICA	BOSHOF	MUIRITE	F	64	60-64F	1.07.48	1
547	501	1541	MONIQUE	SENEKAL	DESPATCH	F	33	SF	1.07.52	1
548	664	562	JUDITH	NIENABER	RUN4C	F	65	65-69F	1.07.58	1
549	447	966	KEANO	HITZEROTH	CHARLO	M	24	SM	1.08.11	1
550	741	6950	MPUMELELO	PILISANI	TEMP	M	56	55-59M	1.08.12	0
551	184	2184	CAMILA	ISMAIL	TEMP	F	59	55-59F	1.08.15	0
552	312	1924	SHELAIN	BARENDSE-SCHOLTZ	BLUEBAY	F	39	35-39F	1.08.21	1
553	109	3109	INECE	KAYSER	TEMP	F	56	55-59F	1.08.24	0
554	276	346	LEANDRE	STRUMPH	MUIRITE	F	41	40-44F	1.08.25	1
555	449	2163	SUNET	HARRIS	CHARLO	F	52	50-54F	1.08.27	1
556	440	2162	ERIKA	FOREMAN	CHARLO	F	54	50-54F	1.08.27	1
557	51	565	RONEL	DE TARNOWSKY	RUN4C	F	44	40-44F	1.08.28	1
558	189	41	TINA	DERBYSHIRE	SAPPE	F	70	70+F	1.08.32	1
559	361	1634	TANIA	TRUTER	MADIBA	F	52	50-54F	1.08.33	1
560	661		UNKNOWN		TEMP	M	37	35-39M	1.08.33	0
561	227	1197	NOREEN	NELSON	ELITEAC	F	60	60-64F	1.08.51	1
562	91	1239	YOLANDE	KNOETZE	ELITEAC	F	57	55-59F	1.09.09	1
563	314	470	JODI	PIENAAR	WALMER	M	31	SM	1.09.46	1
564	207	2308	THOBEKA	MABUSELA	VUKANI	F	63	60-64F	1.09.50	1
565	398	40106	STEFANI	LAMBRECHTS	DESPATCH	F	15	JF	1.10.06	1
566	28	624	BANDLAKAZI	CABA	ASPEN	F	37	35-39F	1.10.14	1
567	251	2181	BIANCA	RADEMEYER	INFINITY	F	26	SF	1.10.17	1
568	127	3127	SIYANDA	NGCELWANE	TEMP	F	27	SF	1.10.29	0
569	96	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	55-59M	1.10.39	1
570	332	2805	CHARL	GERBER	RUN4C	M	61	60-64M	1.10.39	1
571	627	1627	MBALI	ZUMA	TEMP	F	34	SF	1.10.39	0
572	684	5684	CARLA	FOURIE	TEMP	F	29	SF	1.10.44	0
573	704	1926	SIPHOKAZI	BACELA	BLUEBAY	F	32	SF	1.10.44	1
574	180	2180	SIKELELA	NTAKA	TEMP	M	23	SM	1.10.44	0
575	104	3104	NALEDI	DOLOMBA	TEMP	F	33	SF	1.10.52	0
576	76	1252	AMANDA	HECHTER	ELITEAC	F	44	40-44F	1.11.01	1
577	157	2157	MASASA	MBANGENI	TEMP	F	38	35-39F	1.11.05	0
578	139	3139	SIYABONGA	TSHAKA	TEMP	M	42	40-44M	1.11.05	0
579	238	294	KARMEL	PAGE	MUIRITE	F	34	SF	1.11.11	1
580	20	601	RIANA	BOSHOF	ASPEN	F	42	40-44F	1.11.16	1
581	190	600	ANDRE	PIENAAR	RUN4C	M	62	60-64M	1.11.25	1
582	346	2652	MIHLALI	MBANGENI	MADIBAZ	F	26	SF	1.12.02	1
583	561	716	CHRISTOPHER	MOOLMAN	CRUSADE	M	35	35-39M	1.12.02	1
584	31	1606	FANIE	CLAASSEN	DESPATCH	M	67	65-69M	1.12.14	1
585	674	6174	BIANKA	BRINK	TEMP	F	31	SF	1.12.21	0
586	284	2811	AMUKELANI	VALOYI	ASPEN	F	30	SF	1.12.21	1
587	106	3106	ELSA	FERREIRA	TEMP	F	31	SF	1.12.30	0
588	471	901	EUSENTHA	PILLAY	CHARLO	F	59	55-59F	1.12.32	1
589	435	923	EVA	CHETTY	CHARLO	F	56	55-59F	1.12.33	1
590	283	2700	MITESH	VALLABH	VITALITY	M	49	45-49M	1.12.35	1
591	388	591	ERICA	ERASMUS	RUN4C	F	55	55-59F	1.12.39	1
592	598	1099	CRAIG	BESTER	ACH	M	48	45-49M	1.13.00	1
593	119	3119	THEMBELA	MPUSHE	TEMP	F	42	40-44F	1.13.05	0
594	234	1956	SONJA	OLIVIER	BLUEBAY	F	57	55-59F	1.13.17	1
595	601	6601	LEA	VAN ROOYEN	TEMP	F	18	JF	1.13.35	0
596	654	1654	THABILE	DINGANA	TEMP	M	42	40-44M	1.13.58	0
597	242	18863	TEMBA	PEZISA	CSCG	M	58	55-59M	1.14.07	0
598	469	953	PHUMELELA	NTUNGWA	CHARLO	F	38	35-39F	1.14.11	1
599	70	532	JUDY	GERBER	RUN4C	F	58	55-59F	1.14.14	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
600	547	536	ELIZMA	HARMSE	RUN4C	F	64	60-64F	1.14.14	1
601	42	744	KAREN	CUNNINGHAM	CRUSADE	F	62	60-64F	1.14.14	1
602	338	1305	CASEY	ISAACS	VWAC	F	47	45-49F	1.14.15	1
603	488	922	REFILWE	TSATSIMPE	CHARLO	F	28	SF	1.14.24	1
604	143	3143	SHAWN	VAN EYK	TEMP	M	57	55-59M	1.14.29	0
605	275	2927	SIMON	STRIMLING	ATLANTIC	M	63	60-64M	1.14.31	1
606	155	2155	JADE	MAGSON	TEMP	F	25	SF	1.14.43	0
607	153	2153	KRISTIN	KEETON	TEMP	F	26	SF	1.14.43	0
608	145	3145	JC	VISSER	TEMP	M	65	65-69M	1.15.22	0
609	100	1761	JASON	LE ROUX	GELVAN	M	29	SM	1.15.22	1
610	657	326	NEIL	GROBLER	MUIRITE	M	65	65-69M	1.15.31	1
611	110	3110	HEATHER	LANGFORD	TEMP	F	54	50-54F	1.15.45	0
612	274	2393	PETRO	STEENKAMP	JBAY	F	58	55-59F	1.15.52	1
613	459	928	ALLISTER	MARRAN	CHARLO	M	49	45-49M	1.16.01	1
614	570	1399	KHAYA	MTI	NEDBANK	M	45	45-49M	1.16.10	1
615	509	1240	MARINDA	CRONJE	ELITEAC	F	60	60-64F	1.16.18	1
616	413	2486	SIMANGELE	SKOSANA	ABSAEP	F	44	40-44F	1.16.20	1
617	218	2709	CHARLOTTE	MOTHILALL	VITALITY	F	42	40-44F	1.16.22	1
618	550	527	Kamohelo	Mota	RUN4C	F	31	SF	1.16.31	1
619	759	1746	ARDEN	GROOTBOOM	GELVAN	F	44	40-44F	1.16.43	1
620	23	770	WINSLOW	BOUWER	CRUSADE	M	41	40-44M	1.16.59	1
621	573	1241	MARLENE	TERBLANCHE	ELITEAC	F	75	70+F	1.17.05	1
622	281	2600	ROCHELLE	THORNE	MADIBAZ	F	55	55-59F	1.17.35	1
623	341	1306	GAVIN	KLINK	VWAC	M	52	50-54M	1.17.35	1
624	517	1655	ANITA	COETZER	MADIBA	F	51	50-54F	1.17.43	1
625	508	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	50	50-54F	1.17.43	1
626	752	463	JO-ANNE	MUIR	WALMER	F	55	55-59F	1.17.51	1
627	753	464	SHARON	POTGIETER	WALMER	F	60	60-64F	1.17.57	1
628	200	3200	SESETHU	MTOTUWA	TEMP	F	30	SF	1.17.59	0
629	691	5691	DANIÁ«L	FERREIRA	TEMP	M	66	65-69M	1.18.00	0
630	67	528	HELEN	FOURIE	RUN4C	F	55	55-59F	1.18.00	1
631	344	489	PRISCILLA	LAZARO	RUN4C	F	60	60-64F	1.18.05	1
632	395	1409	Yolandi	Kritzinger	NEDBANK	F	39	35-39F	1.18.06	1
633	136	3136	SUMAYA	SOOMAR	TEMP	F	46	45-49F	1.18.33	0
634	142	3142	DEIDRE	VAN EYK	TEMP	F	55	55-59F	1.18.35	0
635	182	2182	NTOMBIZANELE	NGCELWANE	TEMP	F	35	35-39F	1.18.35	0
636	526	585	JEANETTE	PIENAAR	RUN4C	F	77	70+F	1.18.44	1
637	762	369	MPO	NOMPALWENI	IKHAMVA	M	42	40-44M	1.19.07	1
638	134	3134	BELINDA	SNYMAN	TEMP	F	33	SF	1.19.09	0
639	696	61	ABEGAIL	TEYISE	SAPPE	F	52	50-54F	1.19.18	1
640	309	2969	LEANNE	WIUM	DESPATCH	F	40	40-44F	1.19.30	1
641	147	3147	Sisipho	Mayo	TEMP	F	27	SF	1.19.31	0
642	103	3103	VERNA	CLAASSEN	TEMP	F	62	60-64F	1.19.38	0
643	74	1434	DIANNE	HARTZENBERG	NEDBANK	F	66	65-69F	1.19.47	1
644	165	2165	AYABONGA	MATSHAYA	TEMP	F	27	SF	1.19.47	0
645	556	1674	ELZETTE	ZEELIE	MADIBA	F	57	55-59F	1.19.49	1
646	396	90	GLORIA	ESAU	INFINITY	F	55	55-59F	1.19.49	1
647	527	1717	ANTOINETTE	HUMAN	GELVAN	F	57	55-59F	1.19.50	1
648	525	767	GILLIAN	MCAINSH	CRUSADE	F	65	65-69F	1.19.53	1
649	102	3102	NDULELA	CANCA	TEMP	F	43	40-44F	1.19.57	0
650	250	2852	NQOBILE	QUPE	HOLLYWOO	F	55	55-59F	1.19.58	1
651	289	1189	MYRNA	VAN EYK	ELITEAC	F	47	45-49F	1.20.17	1
652	204	747	GLYNNE	LLOYD	CRUSADE	M	66	65-69M	1.20.20	1
653	126	3126	MAWANDE	NGCELWANE	TEMP	M	24	SM	1.20.30	0
654	566	1117	GRAHAM	NELL	ACH	M	74	70+M	1.20.36	1
655	278	94	DENISE	TERBLANCHE	INFINITY	F	77	70+F	1.20.38	1
656	445	998	ROBERT	GALLOWAY	CHARLO	M	74	70+M	1.20.46	1
657	747	1270	LEIGH	KLINK	VWAC	F	43	40-44F	1.21.03	1
658	626	1390	VUYISEKA	MAKALIMA	NEDBANK	F	40	40-44F	1.21.14	1
659	683	1723	REHANA	DE MAINE	GELVAN	F	58	55-59F	1.21.16	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
660	135	3135	LIEZEL	SOOKDIN	TEMP	F	49	45-49F	1.21.16	0
661	271	1140	BRIGITTE	SPRUNG	CHARLO	F	29	SF	1.21.20	1
662	41	1468	JEANETTE	CROSSMAN	NEDBANK	F	63	60-64F	1.21.30	1
663	169	2169	PAULA	ZWANE	TEMP	F	42	40-44F	1.21.42	0
664	175	2175	MOHAMED	KHADRAOUI	TEMP	M	27	SM	1.22.02	0
665	140	3140	NTOMBEBHONGO	TSOTSA	TEMP	F	26	SF	1.22.18	0
666	3	5600	Zakiyyah	Ajam	MALABAR	F	37	35-39F	1.22.18	1
667	211	722	YOLISWA	MATWA	CRUSADE	F	42	40-44F	1.22.36	1
668	217	2658	RAKGWADI	MORITI	CRUSADE	M	35	35-39M	1.22.38	1
669	214	2954	VUYOLWETHU	METULA	MOTHER	F	43	40-44F	1.23.06	1
670	223	2775	URITIAH	MYBURGH	MUIRITE	F	48	45-49F	1.23.35	1
671	605	1605	GAIL	AGNEW	TEMP	F	50	50-54F	1.23.40	0
672	286	2037	BELINDA	VAN DER BANK	MUIRITE	F	57	55-59F	1.23.43	1
673	181	2181	NOLUVO	MADIKIZELA	TEMP	F	29	SF	1.23.47	0
674	192	40001	ZANTE	DEKKER	SAPPE	F	18	JF	1.23.52	1
675	194	70	BIANCA	SWARTS	SAPPE	F	22	SF	1.24.00	1
676	310	441	NOZUKO	YEYE	CHILLIEP	F	53	50-54F	1.24.18	1
677	436	945	NELMARIE	CROECAMP	CHARLO	F	23	SF	1.24.42	1
678	150	2150	THABILE	DANSTER	TEMP	F	32	SF	1.24.43	0
679	280	712	NDILEKA	THOMPSON	CRUSADE	F	47	45-49F	1.24.43	1
680	75	93	STEPHANIE	HAY	INFINITY	F	69	65-69F	1.24.46	1
681	326	81	JOSE	DOS SANTOS	INFINITY	M	60	60-64M	1.24.47	1
682	455	995	BERNADETTE	LOOCK	CHARLO	F	45	45-49F	1.25.00	1
683	503	1657	SANDRA	SHARE	MADIBA	F	59	55-59F	1.25.05	1
684	620	2140	PUMEZA	HASHE	TRANSNET	F	43	40-44F	1.25.30	1
685	574	40555	DAKOTA	CONRAD	ELITEAC	F	17	JF	1.25.31	1
686	244	2779	CHARNE	PIETERSEN	MUIRITE	F	32	SF	1.25.36	1
687	254	336	ARNOLD	RAS	MUIRITE	M	63	60-64M	1.25.42	1
688	506	1122	BOB	STEDMAN	ACH	M	75	70+M	1.25.43	1
689	516	1707	ANDRE	COETZER	MADIBA	M	53	50-54M	1.25.51	1
690	719	1727	ACHMAT	ELLIE	GELVAN	M	65	65-69M	1.25.51	1
691	124	3124	MPHO	NEMUKULA	TEMP	F	39	35-39F	1.25.53	0
692	195	3195	AGNES	KGANYAGO	TEMP	F	34	SF	1.26.08	0
693	177	2177	SINOVUYO	YAWA	TEMP	F	23	SF	1.26.30	0
694	662	2993	ORGIA	NELL	MUIRITE	F	81	70+F	1.26.47	1
695	587	586	LISA	BEDFORD	RUN4C	F	50	50-54F	1.27.01	1
696	599	1097	CINDI	BESTER	ACH	F	45	45-49F	1.27.01	1
697	130	3130	ARISHA	PRAHALADH	TEMP	F	51	50-54F	1.27.46	0
698	485	939	DINA	SCHUTTE	CHARLO	F	59	55-59F	1.28.13	1
699	144	3144	LEE-ANN	VERMAAK	TEMP	F	51	50-54F	1.28.30	0
700	647	647	PAULINE	MELULA	TEMP	F	66	65-69F	1.29.24	0
701	137	3137	RODNEY	THORNE	TEMP	M	55	55-59M	1.30.05	0
702	138	3138	FRANCOIS	TIMOTHEUS	TEMP	M	47	45-49M	1.30.19	0
703	484	935	BRENTON	SCHNETLER	CHARLO	M	50	50-54M	1.31.26	1
704	483	936	MARGOT	SCHNETLER	CHARLO	F	47	45-49F	1.31.26	1
705	491	916	SHARON	VAN ZYL	CHARLO	F	49	45-49F	1.31.54	1
706	442	958	HEIDI	GERBER	CHARLO	F	46	45-49F	1.32.05	1
707	394	1766	GODFREY	KARIEM	GELVAN	M	84	70+M	1.32.33	1
708	640	189	Msi	Siphesile	CSEP	F	33	SF	1.32.33	1
709	507	1679	KENNETH	GREYLING	MADIBA	M	65	65-69M	1.34.32	1
710	90	1650	PIERRE	KNOESEN	MADIBA	M	70	70+M	1.34.47	1
711	122	3122	BUSISIWE	NCANYWA	TEMP	F	38	35-39F	1.35.28	0
712	160	2160	NONKANYISO	NGQAKAQHA	TEMP	F	45	45-49F	1.35.49	0
713	156	2156	NOMATOLO	MAXELA	TEMP	F	43	40-44F	1.39.39	0
HELPERS RUN										
H1	901	217	SAPHO	NKATA	CSEP	M	47	45-49M	0.36.15	5
H2	902	205	ZUKISANI	NJOKWENI	CSEP	M	35	35-39M	0.46.01	2
H3	903	220	MKHANYISI	DHINGWE	CSEP	M	33	SM	0.51.13	1
H4	904	2955	JOSEPH	BAIN	CSEP	M	65	65-69M	0.51.57	2
H5	905	201	VUYISILE	DELIWE	CSEP	M	49	45-49M	0.52.05	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H6	906	1247	LISLE	MATTHEWS	ELITEAC	F	50	50-54F	0.53.46	2
H7	907	2815	LUTHANDO	NOMTOTO	CSEP	M	38	35-39M	0.55.10	1
H8	908	195	JOHN	APPELS	CSEP	M	50	50-54M	1.00.53	1
H9	909	206	TANDAZWA	MNIKA	CSEP	F	38	35-39F	1.02.13	1
H10	910	913	SHARON	SMUTS	CHARLO	F	59	55-59F	1.02.57	1
H11	911	187	DENVER	BARENDSE	CSEP	M	37	35-39M	1.03.25	1
H12	912	204	GAYNOR	APPELS	CSEP	F	50	50-54F	1.03.26	1
H13	913	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	46	45-49F	1.04.21	1
H14	914	211	MATHAPELO	SENTI	CSEP	F	36	35-39F	1.05.10	1
H15	915	218	YAMKELA	NOMVETE	CSEP	F	30	SF	1.06.10	1
H16	916	193	MZIMKHULU	DYWILI	CSEP	M	36	35-39M	1.09.26	1
H17	917	186	NOMAWETHU	DANSTER	CSEP	F	46	45-49F	1.10.37	1
H18	918	1274	GAYLE	SAAYMAN	VWAC	F	37	35-39F	1.12.48	1
H19	919	219	Percival	Phewa	CSEP	M	37	35-39M	1.13.16	1
H20	920	199	PHUMELA	SIGODI	CSEP	F	40	40-44F	1.14.26	1
H21	921	1136	MZIMKHULU	NONJWANGU	CSEP	M	51	50-54M	1.15.16	1
H22	922	2164	SHARON	GRIESEL	CHARLO	F	53	50-54F	1.15.26	1
H23	923	2165	DION	GRIESEL	CHARLO	M	57	55-59M	1.15.27	1
H24	924	209	Siyasanga	Dlaku	CSEP	F	38	35-39F	1.16.05	1
H25	925	2807	SABELO	MELITAFA	CSEP	M	45	45-49M	1.19.10	1
H26	926	1217	MAGGIE	MULLER	ELITEAC	F	69	65-69F	1.19.29	1
H27	927	1204	YOLANDA	DEYSEL	ELITEAC	F	49	45-49F	1.19.34	1
H28	928	191	XOLANI	LOTTERING	CSEP	M	42	40-44M	1.20.06	1
H29	929	194	NOMVUYO	QEMA	CSEP	F	55	55-59F	1.23.16	1
H30	930	207	PUMLA	JANGE	CSEP	F	49	45-49F	1.23.26	1
H31	931	1137	THULULE	MPOLASE	CSEP	F	41	40-44F	1.24.10	1
H32	932	1185	SUSAN	BEZUIDENHOUT	ELITEAC	F	67	65-69F	1.24.37	1
H33	933	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	56	55-59F	1.25.49	1
H34	934	910	RAE	LUCKMAN	CHARLO	F	55	55-59F	1.26.09	1
H35	935	2194	Zukiswa	Mgatiwa	CSEP	F	47	45-49F	1.26.15	1
H36	936	871	RICHARD	DE ANDRADE	CHARLO	M	64	60-64M	1.26.27	1
H37	937	947	GANIEF	DAVIDS	CHARLO	M	59	55-59M	1.26.47	1
H38	938	197	AUBREY	LE ROUX	CSEP	M	72	70+M	1.29.13	1
H39	939	198	RIAAN	SMALBERGER	CSEP	M	70	70+M	1.29.40	1
H40	940	761	NTOKOZO	DAMBUZA	CRUSADE	F	46	45-49F	1.36.24	1
H41	941	962	MILE	VERMAAK	CHARLO	F	58	55-59F	1.36.47	1