



5km | 10km | 21.1km

THE MOOSE'SE ROAD RACE

Saturday, 15 March '25 • 06h00-09h30

Online Entries at www.entryninja.com

Online Entries Close Tuesday, 11 March 2025



IMPORTANT INFORMATION AT THE BACK OF THIS LEAFLET

ENTRY FEES:

Start Time	Distance	Vitality Points	Online Entries	Late Entries
06h15	5km	0	R90	R100
06h00	10km	600	R180	R200
06h00	21.1km	1500	R230	R250

A temporary number/license for the 10km and 21.1km races can be purchased for R70.00

ENTRIES FREE FOR AGE 70+

YOUR ENTRY INCLUDES:

- Great lucky draw prizes to be WON!
- Everyone who completes the race will receive a medal.

ADDITIONAL INFO:

- Arrive early to avoid traffic congestion.
- Coke and water provided every 5km.
- Medical services will be provided.
- Refreshments on sale from stores inside the mall.
- Tog bag area available at Vodashop, at own risk.
- No i-Pods or listening devices.
- Ample parking available.
- Fully stocked, licensed restaurants open from 08h30.

**For enquiries, contact Marietjie
072 864 2908**

PRIZE GIVING:

Position	Open	Junior	40-49	50-59	60-69	70-79	80+
21.1km Run							
1st	R1 000	R400	R300	R300	R300	R300	R300
2nd	R800	-	-	-	-	-	-
3rd	R600	-	-	-	-	-	-
10km Run							
1st	R700	300	R200	R200	R200	R200	R200
2nd	R500	-	-	-	-	-	-
3rd	R300	-	-	-	-	-	-
Male and Female Prizes for everyone, across all ages: WALK							
	1st	2nd	3rd				
21.1km Walk	R400	R300	R200				
10km Walk	R300	R200	R100				

RULES: The Race is run in accordance with the rules of ASA and AGN:

1. Athletes who do not adhere to the rules will be disqualified.
2. Registered athletes must wear the 2025 license number, front and back, if issued with a race number, this must be worn on front of vests.
3. All licensed athletes competing for category prizes must wear numeric category tags, clearly visible on the front and back of their vests. Proof of age for prize winners may be required to be presented to referees before receiving the prize. Prizes will be withheld until confirmed. **Race Numbers must not cover the logos on the license.**
4. Walkers competing for prize money must wear WALKER/W tags on the front and back of their vests.
5. Minimum age for race entries:
5km: 9 Years | 10km: 14 Years | 21.1km: 16 Years
6. No seconding is allowed.
7. Temporary licensed Athletes are eligible for open and category prizes, provided they have the age category tag clearly visible on the front and back of their vests.
9. All traffic officers and official instructions to be obeyed.
10. Time limit is 3 hours, 30 minutes, for ALL athletes. Last runner/walker must finish by 09h30.
11. No blade, cyclist, or mechanically operated device allowed in the race.
12. All athletes participate solely at their own risk and the organisers and sponsors will not be held responsible for any injury, illness, accidents or theft occurring during, or as a result of the race.

Late entries can be made from Wednesday, 12th March '25, until before the race on Saturday, 15th March '25 at the Vodashop, in Irene Village Mall - 012 662 4297.

Entries can be collected at the Vodashop from Wednesday, 12th, until Friday, 14th March '25, from 15h00-18h00, or on Saturday, before the race from 04h30-06h00.