RULES: 1] Age - Minimum age on race day is 9 years for the 5 year, 14 years for the 10km, 16 years for the 21.km

- 2] Age Tags Participants will be eligible for prizes in the OPEN category and the age category for which they have entered provided the relevant OFFICIAL ASWD age category tag or junior tags is displayed, visible and above license number, front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. Red age tags/white background (ASA Rule 22.9).
- 3] Club Colours Athletes must participate in their correct club colours and display the ASA 2025 license numbers on the front and back of the vest, All other runners must display temporary number on front of vest.
- 4] Seconding No seconding from cyclists or private vehicles will be allowed on the route. Personal seconding, stand and hand rule will only be permitted within the delineated area at water point. (ASA Rule 34.8.2).
- 5] Proof of Age Athletes must give proof of their age at the request of the Race Referee. (SA ID/Passport/Drivers License/Refugee Permit/Birth Certificate since 1994).
- 6] Foreigners No foreigners allowed to participate in this race.
- 7] Safety Rule (ALL DISTANCES) No Earphones (ASA Rule 34.10.6), Animals (ASA Rule 34.10.1), Racers (ASA Rule 34.10.3), or Wheelchairs (ASA Rule 34.10.4) allowed.
- 8] Held under the rules of ASA and ASWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non-compliance may lead to disqualification. The Race Referee's decision is final. The Race Organizer reserves the right to accept/reject any entry received as well as refuse athletes to participate in race on race day.

GENERAL: [1] Start: 5km, 10km and 21.1km start at Kleine Loerie, Klipheuwel, Klein Brak Rivier. [2] Refreshment Tables: Drinking / Sponging stations shall be provided on route and finish. [3] Distance markers will be placed at every kilometre. [4] The cut off time for the race is 3 hours 30 minutes. [5] First aid is available at the start and the finish. [6] Ablution facilities will be available at Klipheuwel. [5] Licensed athletes take note: Forget your chip – you will have to pay R20 to loan one for the race. Lost your chip - you will have to pay R75 for a replacement.

ENTRIES: [1] Online Entries: www.entryninja.com [2] By Hand: You can enter and pay at Top Gear Sport. Please keep the receipt as proof of payment.

REGISTRATION AND LATE ENTRY: This is a pre-entry event and NO RACE DAY entries are accepted. Pre-entries close on 11 March 2025 at 23:59. The registration to collect your temp licence number will take place on Saturday 16 March from 06:00 till 06:50 at Kleine Loerie, Klipheuwel, Klein Brak Rivier. ASWD licensed athletes do not have to register if they have entered. Late entrants will pay R20 premium on advertised entry fees on Friday 15 March at Top Gear Sport.

PRIZE GIVING: Athletes are responsible to collect their own prize money or make an alternative written arrangement with the Event Organizer. Failing which prize money is forfeited. (ASA Rule 2.10)

Pie Run 10KM 10KM 21 KM

15 MARCH 2025





Start times: 21.1km and 10km @ 07:00AM 5km @ 07:10AM

Lucky Draws will take place after the race.

HELD UNDER RULES OF: ASWD I ASA I WA







ENTRY FORM - 21KM, 10KM, 5	ADMIN USE ONLY				
5KM - FUN RUN R35 (NO TEMP NEEDED)					
10KM - Club Athletes R8	Chip Number Temp. Number				
Non-Club Athlete (INCLUDES TEMP LICENCE AT R45)					
21.1KM - Club Athletes R		Online fees: Add R10 when entering online: www.entryninja.com			
Non-Club Athlete (INCLUDES TEMP LICENCE AT R45		Late entry fee: Add R20 to the entry fee. Top gear sport on 14 March 2025 and Loerie Bakkery.			
		Order your real medal (optional) R30			
First Name	Contact Number	er			
Surname	Email				
ID Number	Club Name				
Date of Birth	2025 License Nu	ımber			
Junior Open Male	Female	Run Walk			
40-49 50-59	60-69	70-79 80+			
INDEMNITY / DISCLAIMER: By entering and regulations of the event including the health and aware of the risks and dang do not claim ignorance of these risks at the event entirely at my own risk and allowed in law, the organizers of the assisting in the staging of the event, pro authorities from any responsibility, liable of whatever nature, however caused, and in the event including pre-and post-race any time I believe conditions to be unsapation in the activity.	those of WA and AS ers of physical natu nd dangers. I here d I release and dis event, all sponsor ovincial and national lity or costs relating rising directly or indea	SA. I warrant that I am in good are of this sporting event, and by accept that I participate in scharge, to the fullest extent s, persons and organizations al athletics bodies and all local g to any injury, loss or damage directly from my participation er agree and warrant that if at			
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MINOR RELEASE: And I the minor's pare		•			

be qualified, in good health, and in proper physical condition to participate in such activ-

PRIZE MONEY | 21KM

	MEN/ WOMEN JUNIOR	MEN/ WOMEN OPEN	MEN/ WOMEN 40-49	MEN/ WOMEN 50-59	MEN/ WOMEN 60-69	MEN/ WOMEN 70-79	MEN/ WOMEN 80+	MEN/ WOMEN WALK
1	R150	R700	R150	R150	R150	R150	R150	R150
2	R100	R500	R100	R100	R100	R100	R100	R100
	•	R300			•			

PRIZE MONEY | 10KM RUN AND WALK

	MEN/ WOMEN JUNIOR	MEN/ WOMEN OPEN	MEN/ WOMEN 40-49	MEN/ WOMEN 50-59	MEN/ WOMEN 60-69	MEN/ WOMEN 70-79	MEN/ WOMEN 80+	MEN/ WOMEN WALK
1	R150	R500	R150	R150	R150	R150	R150	R150
2	R100	R300	R100	R100	R100	R100	R100	R100
		R200						



WATER SACHETS on the race.

MEDALS

There will be a special reward for finishing the race.

RACE TIMING: One race number (bib) will be issued with a timing chip on the race number for the 10km and 21.1km. Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible.

5km runners will collect a race number (bib) (no timing chip).

ty and I enter into this Indemnity.