

### AWARDS AND INFORMATION

Medals will be awarded to all official finishers. T-Shirts to the first 200 entries

#### Prize Money 21.1KM Males & Females Open

1. R10 000 2. R7 000 3. R4 000 4. R2 000 5. R1 000

#### Age Categories Male & Female 21.1KM

Juniors	40 - 49	50 - 59	60+
1 - R1 200	1 - R1 000	1 - R1 000	R1 000
2 - R 800	2 - R 500	2 - R 500	
3 - R 500			

In addition to 21.1km (Team Prize M/F R200\*4 =R800)

Prize Money 10km Run - Male & Female	Walkers
OPEN	1. R 600
1. R4 000 2. R2 500 3. R1 000	2. R 300

#### Age Category Male & Female 10KM Team Prize R600 (150 x 4)

Juniors	40 - 49	50 - 59	60+
1 - R1 000	1 - R 800	1 - R 800	R 800
2 - R 700	2 - R 500	2 - R 500	
3 - R 500			

### ENTRIES

Online entries are open from 13 December 2024 to 17 February 2025 @www.finishtime.co.za

Late entries or manual entries and collection: Umzumbe Municipality Offices on 22 February 2025 from 10:00 to 17:00 and on the race day 23 February 2025 at Esibanini Sportground from 04:00 to 05:30.

**5km Fun Runners,  
You are welcome, with  
your R10 entry fee**

### RACE RULES AND GENERAL INFORMATION ON HOW TO ENTER

- The race is run in accordance with and subject to **WA, ASA & KZNA Rules**.
- All foreign athletes must abide by WA CR 1.7, TR 4.1 and TR 4.2 together with ASA Rule 9.
- Participants must be 16 years or older for 21km, 14years older for 10km
- KZNA approved age category tags must be worn at the front and back of vest/crop top and must be clearly visible.
- Junior athletes must be 19 years of age and younger on 31 December in the year of he competition.
- Temporary licences at the back and race numbers at the front of vest/crop top and must be clearly visible.
- Temporary Licensed Athletes are not covered a National insurance Policy, Refer to ASA Rule 25,6,15
- Unregistered athletes running with Temporary Licenses must run in neutral colours and adhere to WA and ASA Advertising Rules
- Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13
- Current license numbers must be worn at the front and back of the vest/crop top with the race number at the front and must be clearly visible.
- Cut off time 21km : 3 hours.
- Cut off time 10km: 1 hour 30 minutes.
- Prize giving will commence at 9:30 am.
- Proof of age category may be required.
- Your entry fee will not be refunded if you do not participate.
- Personal seconding will not be allowed.
- Participants must obey the race officials , marshals and traffic officers.

Distance	21km <input type="checkbox"/>	10km <input type="checkbox"/>
<b>PERSONAL INFORMATION</b>		
ID Number	Date of Birth:	
Surname	Y	M
First Name	Gender <input checked="" type="checkbox"/>	M
E-mail		
Cellphone no.	Passport no.	
Club Name	License no.	
<b>RESIDENCY</b>		
South Africa	International	
<b>Background of an athlete, Umzumbe LM = Yes / No</b>		
T-shirt size	XL <input type="checkbox"/>	L <input type="checkbox"/>
<b>MEDICAL INFORMATION</b>		
Do you have any allergies	Yes	No
Special Medical Condition	Yes	No
Medical Aid	Yes	No
Next of kin:	Name	Number
	Contact number	
<b>ENTRY FEE</b>		
10KM RUN / WALK	R50.00 (Late entry - R100.00)	
21.1KM RUN	R100.00 (Late entry - R150.00)	
TEMPORARY LICENSES	10KM R70	21.1KM R100

### DIRECT DEPOSIT

Runners may also pay their entry fee using bank details, surname and ID or passport number as a reference.

**BANK** : FNB  
**ACCOUNT HOLDER** : FINISH TIME  
**ACCOUNT NUMBER** : 6247 2947 583  
**BRANCH CODE** : 22426  
**ACCOUNT TYPE** : CURRENT

### RELEASE AND WAIVER

I am in good health, physically fit and have sufficiently trained to participate in this event. I agree to comply with the rules, conditions of entry and regulations for this event which includes the payment of the entry fee. I hereby release and discharge the organizer of Mfundo Arnold Lushaba Half Marathon, all staff, consultants and Sponsors of Mfundo Arnold Lushaba.

This waiver applies to my executors, heirs, administrators, assigns and myself. I grant permission to the organizers and sponsors, in terms of section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tape, broadcast and or /cast footage in which I may appear, for whatever use at no charge.

Signature

Date

ENTRY FORM