





10 km Run/Walk@ R190 Late Entry R220 5 km Run/Walk@ R140 Late Entry R170

70 plus Free Proof of ID required

Temporary Licenses
21.1 km @ R 100
10 km @ R 80
5 km @R50
T-SHIRT TO FIRST 1500
ONLINE ENTRIES

Enter online: www.eventtiming.co.za
Event closing date: 11 February 2025 at Midnight

Race Pack Collection and Late Entry: Saturday - 10AM to 4PM Enquiries: Denver 072 543 5246/ Sumashan 0609650282



KINGS PARK STADIUM

SAMA HALF

SUNDAY 16 FEBRUARY 2025 SUNDAY

START:06:00





PRIZE MONEY (MALE AND FEMALE)

| 21.1 km RUN | | | |
|-------------|------------|------|-----|
| | 1st | 2nd | 3rd |
| Open | 3000 | 1500 | 750 |
| 40-49 | 450 | | |
| 50-59 | 450 | | |
| 60-69 | 450 | | |
| Junior | 450 | | |

| 10 km RUN | | | |
|-----------|------------|-----|-----|
| | 1st | 2nd | 3rd |
| Open | 1000 | 750 | 500 |
| 40-49 | 350 | | |
| 50-59 | 350 | | |
| 60-69 | 350 | | |
| Junior | 350 | | |

| | Walkers – 1 | IO KM | |
|----------|------------------|-----------------|-----------------|
| Open | 1st - 750 | 2nd -500 | 3rd -350 |
| 5 km Run | 1st- 500 | 2nd -300 | 3rd -200 |

Pald Parking available at Jacko Jackson Drive

GENERAL RULES AND INFORMATION

- 1. This race is run in accordance to the rules laid down by the WA, ASA and KZNA and all entrants must abide by these rules.
- 2. The minimum age limit of an entrant for the 21.1KM is 16 years, for the 10KM is 14 years and for
- 3. Current licenses, age, junior and walker tags must be clearly worn on the front and the back of the vest/crop top to qualify for category prizes.
- 4. Junior Athletes are recognized as being 19 years old or younger on the 31st December
- 5. Temporary licences (if purchased) must be worn on the back with the race number on the front of the vest/crop top and runners are to wear plain coloured vests with no advertising, and will not be covered by ASA Insurance Policy.

Holders of Temporary licences will be eligible for individual prizes and may claim category prizes in keeping with WA and ASA Rules.

- 6. Club colours must be worn by licenced runners.
 7. Proof of age will be required if entrant qualifies for a prize category.
- 8. Race entry fees are non- refundable.

- 10. Personal seconding and /or pacing is not permitted.11. Race Officials, Marshals and Traffic Officials must be obeyed at all times.
- 12. All entrants participate at their own risk. Organizers and sponsors will responsible for any loss or injury during or as a result of the on the course or in the changing area.

 13. NO LITTERING RULE (ASA 28.4 and 28.5) applies.

 14. CUT OFF TIME for 21.1 KM is at 3.30 hours The 10 KM and 5km at 2.30 hours.

- 15. PRIZE GIVING for 10 KM and 5km is at 09:30 am and 21.1 KM at 10:00 am.

KINGS PARK STADIUM

| TO BE CO | MPLETED | FOR ENTRY: |
|----------|---------|-------------------|
|----------|---------|-------------------|

| First Name: | Surname: | Gender: |
|--|------------------------------------|-------------|
| ID Number: | Date of Birth: | Age: |
| Club: | Licence num | nber: |
| Province: | Cell Number | |
| 21.1 KM Run [] | 10 KM Run/Walk [] 5 km Run/Walk [] | |
| I am medically fit to run and fully understand that I enter and participate at my own risk and will not hold the organizers, PVAC, SAMA or the KZN Department of Sport and Recreation responsible for any injuries or loss I may suffer through participation in the race. | | |
| Signature. | Date: | |