

MEDALS

to all finishers

PRIZES AND MEDALS

	10KM	OPEN	40-49	50-59	60-69	70+	JNR	5km
1	MALE / FEMALE	R800	R400	R300	R300	R300	R500	R300 Brian Bands Voucher
2	MALE / FEMALE	R500	R300	R200	R200	R150	R300	R200 Brian Bands Voucher
3	MALE / FEMALE	R300	R200	R150	R150	R150	R300	R100 Brian Bands Voucher

LUCKY DRAWS!

2 Pairs of Trainers worth R3000 each

LUCKY DRAW PRIZES

Winners must be present at the draw to receive a prize should their name be drawn. All entrants qualify for lucky draw prizes.

CHARLO ATHLETIC CLUB



10km & 5km Fun Run
22 FEBRUARY 2025

Starting times: 10km - 06h00 | 5km - 06h15

ENTER ONLINE AT [WEBTICKETS.CO.ZA](https://www.webtickets.co.za)

web tickets



CHARLO ATHLETIC CLUB



Start & Finish: Italian Club, Harold Road, Charlo



TWO VIEWS 10KM / 5KM FUN RUN

entry form

PLEASE TICK THE APPROPRIATE BLOCK:

MALE FEMALE 10KM 5KM

LICENCE NUMBER: _____

SURNAME: _____

FIRST NAME: _____

CLUB IN FULL: _____

DATE OF BIRTH: _____

AGE ON RACE DAY: _____

ID NUMBER: _____

EMAIL ADDRESS: _____

EMERGENCY CONTACT: _____ NO: _____

INDEMNITY/WAIVER

By entering this event I undertake to be bound by the rules and the regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities. I agree to not litter during the race and accept disqualification if reported for doing so. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity; MINOR RELEASE: and I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this indemnity/waiver on behalf of the minor.

SIGNATURE (PARENT/GUARDIAN IF UNDER 18)

LICENSED ATHLETES 65 YEARS AND OLDER ENTER FOR A REDUCED PRICE IN 10KM ONLY

10 KM ENTRY FEE: R100.00 (65 + yrs Reduced Price R50.00)	R
5 KM ENTRY FEE: R50.00	R
TEMP. LICENCE (10KM ONLY): R50.00	R
TOTAL	R

GENERAL RULES

1. Race will start & finish at the Italian Club, Harold Road, Charlo.
2. 10km: 6:00am | 5km: 6:15am
3. Cut-off time: 08:00am.
4. Prize giving to be held at the Italian Club at 8:15am. It is recommended that athletes wear club kit on the podium
5. All traffic officers and marshals shall be obeyed at all times.
6. All runners must run on the right hand side of the road.
7. Toilet facilities available. No showers.
8. Race entries to be collected at Brian Bands, Cape Road and UD Sports in Kariega (Uitenhage).
9. Closing date for pre-entries: Wednesday, 19 February 2025. Race number collection and late entries at the Italian Club on Friday, 21 February 2025 from 4pm to 7pm. Late entries on the morning of the race from 5am.
10. 10km race Organised in accordance with the rules and regulations of ASA and EPA. Athletes indemnify the Provincial and Regional Bodies, Sponsors and Organisers against all and any action of whatsoever nature, arising out of their participation in the race.
11. Athletes must run in official club colours with 2024/2025 licence numbers on the front and back of the vest. The race number supplied should be placed on the front of the vest with the ASA sponsors visible.
12. Athletes who are not licensed members of a club affiliated to ASA must purchase a temporary license. The race number is to be placed on the front of the vest/shirt and the temporary number on the back.
13. Age category tags to be worn to qualify for age prize.
14. Competitors for 5km, must be 9 years or older, and for 10km must be 14 years or older, on the day of the race.
15. No personal seconding allowed.
16. There will be two water points on the 10km route and one on the 5km route.
17. No earphones allowed on the route as this will lead to disqualification.
18. Refuse bins will be provided along the route up to 500m past the water point. Please discard used water sachets into or near to these bins. Littering in non-designated areas may lead to disqualification. Intentional littering could also lead to disqualification.
19. Online entries at www.webtickets.co.za - Entries close 19 February 2025 at 5pm.
20. Full results will be available on www.eathletics.co.za

General Enquiries:

Contact **Eusentha Pillay** on 084 665 0910

