



**RICHARDS BAY MINERALS
ATHLETICS CLUB
COMRADES QUALIFY RACE 2025**

Running for the Future

Stride towards a healthier future:
From 10km comfort to 42.2km
excellence, running shapes your
wellness journey!

Prizes (male and female winners / placers) across
the distances and age categories are as follows:

	10km		21.1km	
	Men	Ladies	Men	Ladies
1 st	R1 000	R1 000	R1 200	R1 200
2 nd	R 800	R 800	R1 000	R1 000
3 rd	R 600	R 600	R 800	R 800

	42.2km		RBMAC		
	Men	Ladies			
1 st	R3 000	R3 000	10km		R 500
2 nd	R2 000	R2 000	21km		R1 000
3 rd	R1 500	R1 500	42km		R1 500
	35-39	40-49	50-59	60-69	70+
	R 400	R 400	R 400	R 400	R 400



15 February 2025

Start and Finish:

**RICHARDS BAY SPORTS COMPLEX
FREE T-SHIRT TO FIRST 1000**

WHAT YOU NEED
TO KNOW:

10km

Start: 06h00
R180 entry fee
Temporary license: R60
LATE ENTRY: R200

21.1km

Start: 05h30
R250 entry fee
Temporary license: R80
LATE ENTRY: R280

42.2km

Start: 05h00
R350 entry fee
LATE ENTRY: R400

ONLINE ENTRIES CLOSING DATE WEDNESDAY 12th OF FEBRUARY 2025

Enter at: www.peaktiming.co.za

LATE ENTRIES AT REGISTRATION (IF AVAILABLE) FRIDAY 14th OF FEBRUARY 2025

Medals to all finishers

The first 1 000 entries over the 10km, 21.1km and 42.2km races will receive a FREE T-shirt.

Race rules & information

GENERAL INSTRUCTIONS:

- The race will be run subject to WA, ASA & KZNA rules.
- Online entries closing date is Wednesday Monday the 12th of February 2025.
- Temporary licenses (10km at R60 and 21.1km at R80 each will be available online and collected at registration.
- Temporary licenses to be worn on the back.
- Race number to be worn at the front. Temporary licensed athletes are not covered by a national insurance
- Policy, ASA Rule 25.6.15. Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA, ASA and KZNA rule 25.6.13.
- Minimum age to enter 10km run - 15 years old on race day.
- Junior athletes must be 19 years or younger on the race day.
- All entrants must ensure they are medically fit to run and fully understand that they run at their own risk and the organizers will not be held responsible for any injury or illness
- Incurred during or as a result of the race, or for any property lost or damaged on the course or in the changing area.

REQUIREMENTS:

- *All participants must wear club colours and their KZNA-approved 2025 provincial licenses on the front and back of the club vest.
- New ASA/KZNA age category (60mm to 80mm) & walker tags must be worn on the front & back

- Of the club vest and must be clearly visible to qualify for age
- Category prizes – men /women: (35 -39), (40-49), (50-59), (60-69) and 70+
- *Foreign athletes must comply with WA rules CR1.7, TR 4.1 and TR 4.2 , ASA and KZNA Rule 9.
- Category winners must be able to provide proof of age on requested.
- *Walkers must wear ASA/KZNA new approved walker tags on the front & back of the club
- Vest/crop top and must be clearly visible.
- Athletes must obey marshalls, technical officials, and traffic officers.

IMPORTANT INFORMATION

- Enter online: www.peaktiming.co.za. Credit card and EFT payment options are available.
- Race packs collection at Richards Bay Sports Field Friday 14 February 2025 from 10h00 to 19h00 and Saturday 15 February from 0400 to 05h00.
- No collection on the race day.
- Tog bag facility available at owner's risk .
- No seconding or vehicle will be allowed on the route.
- Club kit to be worn.
- No animals are allowed in the races.
- Dispose your water sachets in the recycling bins at the refreshments stations. Do your bit to ensure that the race is litter free.
- Refreshment statements (+3km) will provide coke and water sachets.
- Only athletes who are of age 19 years and younger on race day.
- Proof of ID required for prize giving.
- All prize winners must be present at the prize giving ceremony, failure to attend prize giving ceremony, will result in forfeiture of prize money.
- Should the race be selected by South African institute for drugs – free sport (sais) then prize money will only be provided upon receipt of the results
- Prize money will be paid via EFT within 48 hours of the race.



ENQUIRES AND CONTACT DETAILS

Please contact Sweetness 082 845 6729 | Graham 072 276 9635 | Candis 084 371 0123
Email Race Office hello@reccroute.co.za