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## 12 February 2025 @ 19:00

Hosted by Lake Umuzi Secunda M C Lake Umuzi South Bank

Scan for directions









## **Entry fees:**

10km - R120 (Minimum Age 14 Years) 2km Fun Run - R50

Temporary License - R50 (For 10km only)

Registration opens at 16:00 Lake Umuzi Secunda Marathon Clubhouse

Card payments welcome

Johann Rey

## PRIZE 10km - Ladies and Gents

1st Open	R800
2nd Open	R500
3rd Open	R300
1st 40+	R200
1st 50+	R200
1st 60+	R200
1st Junior	R300
2nd Junior	R200
3rd Junior	R100
1st Walker	P200

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## REFEREE'S DECISION IS FINAL

Please be visible and bring a headlamp. Obey all instructions from traffic Officials and Race Marshals. The race will be run according to the rules of ASA, WA & AMPU; AMPU House Rules. No seconding and pacing will be allowed.

Athletes partaking in the 10km must be 14 years or older on the day of the race.

**KZUU** 

Proof of identity (ID) must be produced upon request on the day of the race. All athletes will participate at their own risk. Registered athletes must wear full club colours with 2025 ASA Licence numbers displayed on the front and back of the vest.

Temporary licenses must be worn at the front of the vest. Please remember to complete the temporary license tear off slip immediately after purchase and hand back to the organisers at registration. When competing for age category prizes, the age category ID tags must be clearly displayed and fixed on all four corners (at the back and front of the vest) for the duration of the event.

The tag must not be covered by any rain jackets or shirts. 2025 ASA license numbers must not be covered with any paper race number or race bib.

This is a closed competition for runners and walkers. Walkers are to wear "W" tag to be eligible for a prize. Category winners must be present at the prize-giving ceremony or make the necessary arrangements to collect the prize on their behalf.

Failing to do so, the athlete will forfeit his/her prize money. Foreign athlete must have a confirmation letter or permit from their sports federation, as required under WA rule 4.2. to take part in the event,

No littering along the route, please make use of the bins provided, # RUN CLEAN. All participants must take note that photographs may be taken at the event and placed on social media. The use of earphones during the race is not allowed and will lead to disqualification.