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#### **PRIZE MONEY**

| RUNNERS           |       | 10KM |      |      | 21.1KM |      |      | 42.2KM |      |      |
|-------------------|-------|------|------|------|--------|------|------|--------|------|------|
|                   |       | 1    | 2    | 3    | 1      | 2    | 3    | 1      | 2    | 3    |
| Junior men/women  |       | R500 | R400 | R300 | R600   | R400 | R300 |        |      |      |
| Open men/women    |       | R500 | R400 | R300 | R800   | R600 | R400 | R1,000 | R800 | R600 |
| Veteran men/women | 40-49 | R500 | R400 | R300 | R700   | R500 | R300 | R1,000 | R800 | R600 |
| Master man/woman  | 50-59 | R400 |      |      | R600   |      |      | R800   |      |      |
| GM man/woman      | 60-69 | R400 |      |      | R500   |      |      | R600   |      |      |
| GGM man/woman     | 70-79 | R400 |      |      | R400   |      |      | R500   |      |      |
| 80+ man/woman     | 80+   | R400 |      |      | R400   |      |      |        |      |      |

#### **GENERAL INFORMATION**

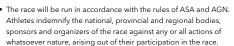
- · Medical support will be present on race day.
- Walkers may enter for any event. The cut-off times stipulated will apply to both runners and walkers.
- Any participant in the 42.2km event, who has not reached the 21.1km/42.2km split (20 km mark) in 2 hours 45 minutes, will not be permitted to proceed on the 42.2km route and will be routed to the 21.1km finish.
- · Club trailers and tents: Will be allowed. They must be erected at the venue before 05h00 on Saturday 25 January 2025, no
- · Please arrive early to avoid congestion. Follow signs and obey instructions from Marshalls along the routes.
- No spot prizes
- Entry fees, as well as additional purchases, are NOT refundable: In the unlikely event of the race being cancelled. entry fees as well as additional purchases will not be refunded, returned, cancelled or exchanged on account of the weather or any unforeseen circumstances beyond the control of the event organisers.
- · Unfortunately there will be no kiddies entertainment.
- Please do not discard water sachets/cups in gardens or drains, drop them in the bins provided or directly on the road.
- · Toilets will be available at every water point.
- Tog bag area available.
- Race results will be available on www.results.finishtime.co.za

#### RULES

- The race will be run in accordance with the rules of ASA and AGN. Athletes indemnify the national, provincial and regional bodies, sponsors and organizers of the race against any or all actions of
- · Registered athletes must wear the current year's license number (2024) at the front and back of their vests and, if issued with a race number, this must be worn on the front of the vest, with both numbers being visible.
- back of their vests, with the race number at the front of their vests.
- All licensed athletes competing for age category prizes must wear age category tags, clearly visible, on the front and back of their vests. Proof of age for prize winners may be required to be presented to referees before prize
- · No seconding will be allowed.
- · Wheelchair athletes will be welcome.
- No roller blades, bicycles or mechanically operated devices will be allowed in the race.
- No animals will be allowed to accompany athletes.

- prizes, provided they have age category tags clearly visible at the
- · All traffic officers and officials instructions to be obeyed.
- Your race numbers must not cover the logos on the ASA licence. Failure to comply will lead to disqualification.
- Gun to mat event





- Temporary licensed athletes must wear the temporary licence at the
- giving. Prizes could be withheld until ages have been confirmed.

- No iPods or listening devices will be permitted to be used
- Minimum ages: 10km 14yrs, 21.1km 16yrs, 42.2km 20yrs.
- Temporary licensed athletes will be eligible for open and category back and front of their vests.
- Water points will be available approximately every 3 km.







Start: 05:30 **Cut-off** @20km 08:15

Start: 05:30 Start: 06:00

**5**<sup>KM</sup> Fun run Start: 06:10

**Online** entries close on Tuesday 21 January 2025

Discovery

Vitality



# **PRE-ENTRIES ONLY: www.entryninja.com**

**RACE INFORMATION** 076 234 5329

**WONDERPARK SHOPPING CENTRE** GPS: S25° 40,264 E28° 6,703 www.wonderparkcentre.co.za























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#### **DIRECTIONS & CONTACT DETAILS**

- For further information contact 076 234 5329
- Information and map available on www.wonderparkcentre.co.za and www.akasiaathleticsclub.co.za and Akasia Atletiekklub Facebook page.

#### **MAP TO WONDERPARK**



## **WONDERPARK SHOPPING CENTRE:**

Cnr Brits Road & Heinrich Avenue, Karenpark, 0118 GPS: S25° 40,264 E28° 6,703













## Comrades Qualifier and Totalsports Two Oceans Marathon Qualifier

#### **CUT-OFF TIMES**

Distance/Event 42.2 km - 11h30 (6hrs) 21.1 km - 09h00 (3,5hrs) 10 km - 08h00 (2hrs) 5km fun run - 08h00 (1hrs 50 min)

Any participant in the 42.2km event, who has not reached the 21.1km/42.2km split (20 km mark) in 2 hours 45 minutes, will not be permitted to proceed on the 42.2km route and will the routed to the 21.1km finish.

#### **ENTRY DETAILS**



# 42.2 & 21.1KM ENTRIES Only pre-entries. No race day Entries will be acceptred

### ONLINE ENTRIES: www.entryninja.com



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**FRIDAY ENTRIES** 24 January 2025 Entries for all distances

Wonderpark Shopping Centre, Woolworths Court
NO CASH, CARD payments only

Time: 14h00 - 19h30

**RACE DAY ENTRIES** 25 January 2025

Entries for 5km & 10km ONLY
Wonderpark Shopping Centre, Woolworths Court
NO CASH, CARD payments only
04h00 - 06h00

#### COLLECTION

Wonderpark Shopping centre, Entrance 5, Woolworths Court Friday 24 January 2024 14h00 - 19h30

Saturday 25 January 2025 Before the race

#### **5 & 10KM ENTRIES**

Pre-Entries and Entries on race day will be available.

## SALES

SHOP ENTRIES
Entries for all distances

(see list of shops) Closes Thursday 23 January 2025

Run-A-Way Sport

302 Freesia Street, Lynwood Ridge 012 361 3733

**Tshwane Running Shop** 

280 Sefako Makgatho Street Sinoville 076 929 7384

The Sweat Shop

Dunkeld West Centre 281 Jan Smuts Avenue, Dunkeld West 011 325 2568

Kloppers

Catle Gate Lifestyle Centre , Pretoria 012 051 4200

Decathlon

Castanet Street Brakfontein 399-Jr Centurion 012 000 1791

Adidas Wonderpark

Shop 20, Wonderpark Shopping Centre, Cnr Heinrich 012 001 7011

Shop Entries Closes on Thursday 23 January 2025

#### **ENTRY FEES**





#### (PLEASE TICK APPLICABLE RACE ENTRY)

| DISTANCE              | ONLINE<br>ENTRY FEE | LATE<br>ENTRY | Vitality<br>Points |
|-----------------------|---------------------|---------------|--------------------|
| 42.2KM                | R310                | R340          | 3000               |
| 21.1KM                | R180                | R200          | 1500               |
| 10KM                  | R140                | R170          | 600                |
| 5KM Fun Run/Walk      | R60                 | R60           |                    |
| Blind Runners and 80+ | Free                | Free          |                    |
| Temporary License     | R70                 | R70           |                    |

These entry fees exclude service charges.

PLEASE NOTE: Unlicensed athletes running/walking the 42.2km, 21.1km and 10km must purchase a temporary license number for R70.

#### INDEMNITY:

