

www.kearsneystriders.co.za



KWAZULU NATAL ATHLETICS



HALF MARATHON

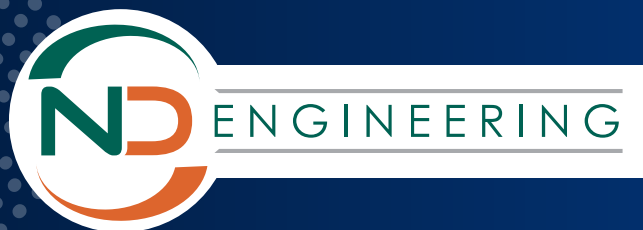
PLUS 10km Run/Walk

RACE DAY **19 JANUARY 2025**

Enter ONLINE: www.eventtiming.co.za

T-shirts to the first 1 200 entries
Lucky Draw prizes to be won / GRAND PRIZE: flat screen TV
More than R20 000 prize money

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KEARSNEY STRIDERS RACE RULES 2025

Half Marathon - 10km Run - 10km Walk

DATE: Sunday, 19 January 2025 | **TIME:** 06h00 for 21km and 06h05 for 10km Run/Walk

DISTANCES: 21km Run, 10km Run, 10km Walk

START / FINISH VENUE

Kearsney College, Old Main Road, Botha's Hill. Parking available inside Kearsney College ONLY
No parking or entry allowed through main entrance gate.

ENTRIES and LATE ENTRIES

Enter at www.eventtiming.co.za - by midnight 17/01/2025

On Friday 17 January 2025, 13h00 - 17h30 at Stokers Arms, Old Main Rd, Kloof

On Saturday 18 January 2025, 12h00 - 16h00 at Kearsney College, Striders Clubhouse

COLLECTION OF RACE PACKS

On Friday 17 January 2025, 13h00 - 17h30 at Stokers Arms, Old Main Rd, Kloof

On Saturday 18 January 2025, 12h00 - 16h00 at Kearsney College, Striders Clubhouse

T-shirts to the first 1 200 entries online

ENTRY FEE

R 250 - for the 21km Run

R 180 - for the 10km Run / Walk

TEMPORARY LICENCES

R 80 - for 21km runners

R 50 - for 10km Runners / Walkers

AGE RESTRICTION

16 years & over for 21km Run

14 years and over for 10km Run / Walk

START TIMES

21km Run: 06h00 with 3-hour cut-off at 09h00

10km Run / Walk: 06h05

PRIZE GIVING AT 09h00

VALUE OF PRIZE MONEY

Men's and Ladies 21km Run	1st	2nd	3rd
OPEN	1800	1200	760
35 - 39	760	560	360
40 - 49	760	560	360
50 - 59	760	560	360
60+	760	560	360

Men's and Ladies 10km Run	1st	2nd	3rd
OPEN	1000	750	500
35 - 39	500	300	
40 - 49	500	300	
50 - 59	500	300	
60+	500	300	
Juniors	500	300	200
Kearsney Boys	500	300	200

Men's and Ladies 10km Walk	1st	2nd	3rd
OPEN	760	560	360

R5000 up for grabs to the man or woman who breaks the course record

RACE RULES

The race will be subject to the rules of the **WA, ASA** and **KZN Athletics**. All licensed runners are expected to participate in this race displaying 2024/2025 license number front and back of their vest - **NOT shorts**. Participants must be 16 years and older for the 21km and 14 years and older for the 10km.

All participants must wear correct club colours. **All unlicensed entrants require a temporary license**. Age category tags and walker tags must be worn on the front and back of one's vest if one is to claim age category and walker prizes

Foreign athletes must abide by WA Rules CR 1.7, TR 4.1 and 4.2 and ASA Rule 9. No personal seconding.

Temporary licensed athletes are not covered by the ASA National Insurance Policy. Unlicensed athletes must run in neutral colours and adhere to WA and ASA advertising rules. Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rules.

New ASA/KZNA age categories (60-80) and walker tags to be worn front and back of vests and be clearly visible.

PARKING: Please follow instructions from marshals to school field - **NO ENTRY AT FRONT GATE OF SCHOOL**