

VW RUN

YOUR CITY 10KM RACE

'In Aid of SPCA'



Event Date

07 December 2024

Entry Fee

10km R130

Temp licence R50

4.9km fun run R50

Corporate run

4 People in a team

R600 per team

First 500 Entries

Will Receive a goodie bag

PRIZES / AWARDS		
10km		
1st Prize	Male & Female	R2 500
2nd Prize	Male & Female	R1 250
3rd Prize	Male & Female	R625
1st Prize	Junior Male & Female	R1 000
1st Prize	40+ 50+ 60+ 70+	R500

Online Registration

Opens 03 October 2024

<https://entryninja.com>

Closes 02 December 2024



Starting Point

R40 in front of VW

Mbombela(Nelspruit)



Finish Point

Riverside Boulevard, Government Complex

Start Time

10km 06:30am

4.9km fun run 06:30am

Collections

06 December @ VW Mbombela Premises
from 08:00am - 20:00pm

07 December @ Starting Point
from 04:00am - 05:45am

No Entries on the race day

Medals for All finishers

Cut off time for 10km Finishers is
02hrs30 (09:00)



Hosted by
Alan Hudson Motors and
City of Mbombela Marathon Club



Alan Hudson
Motors



For Enquiries Contact
082 740 8839
Liasing Officer 076 315 3777



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ENTRY FORM

DISTANCE		10KM		4.9KM			
FULL NAME & SURNAME:							
IDENTIFICATION NUMBER:							
RESIDENTIAL ADDRESS:							
E-MAIL ADDRESS:							
NAME OF CLUB:				2024 LICENSE NO			
TEMPORARY LICENCE		YES	NO				
EMERGENCY CONTACT NAME:				CONTACT NUMBER			
EMERGENCY NUMBER:							
		AGE:		GENDER:	MALE		FEMALE
CATEGORY	JUNIOR	SENIOR	40+	50+	60+	70+	
OFFICE USE							
RACE NO							
PAYMENT RECEIVED					YES		NO

(1) Referees decision is final. (2) Obey all Referees, Traffic Officials and Race Marshalls instructions. (3) The race will be run according to the rules of ASA, WA & AMPU House rules. (4) No seconding will be allowed. No pacing of any kind. (5) Ages: Athletes for 10km must be 14 years or older on the day of the race. (6) Proof of age (ID) to be produced upon request on the day of the race. (7) All athletes will participate at their own risk. (8) Registered athletes must wear full club colours. (9) License numbers on the front and back of the vest. (10) Temporary license at the back of the vest. (11) Remember to complete the temporary license tear off slip immediately and hand it back to the organizer. (12) Age category tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize and must be fixed on all 4 corners and not be covered by any material or equipment. (13) ASA license number must not be covered by race number /race bib. (14) This is a closed competition for runners.(15) Category winners must be present at the prize giving ceremony or make prior arrangements to collect the award, failing to do so , the athlete will forfeit his/her prize money. (16) No prize will be paid to foreign athletes without confirmation letter or clearance from their Sport Federation.(17) No littering, please make use of waste bins on the route - RUN CLEAN.(18) All participants must take note that photographs might be taken at the event and placed on social media. (19) The Use of earphones during the race will lead to disqualification. PLEASE ADHERE.

