

Host marathon for the 2025 ASA Marathon Championships



ENTER AT:
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One of the oldest and most scenic marathons in the Western Cape, the Balwin Sport Peninsula Marathon takes in the length of the Cape Peninsula, starting in Green Point and finishing at the historic Simon's Town Naval Sports Ground. The route is fast and flat, taking in a glorious sunrise and roughly 15km of running along the stunning False Bay coastline towards the finish line. The event is an Abbott age group World Rankings qualifier.



There is also a 21.1km starting in Bergvliet and heading to the same finish line in Simon's Town.

RACE	START VENUE	FINISH VENUE	START TIME	ENTRY FEES <small>(EXCLUDES ONLINE TRANSACTION FEES)</small>	TEMP. LIC
42km	Main Road, Green Point (Opp Cape Town Stadium)	Simon's Town Naval Base	05H15	R360*	R85
21km	Dreyersdal Farm, Bergvliet (Start in front of farm gate in Airlie Road)	Simon's Town Naval Base	07h00	R230	R75

* +70 Free for marathon entries (excludes temporary license if required)

IMPORTANT INFORMATION:

- Entries close Thursday, 06 February 2025.
- SUBSTITUTIONS WILL BE ACCEPTED UP TO THE CLOSING DATE FOR ENTRIES. NO SUBSTITUTIONS OR LATE ENTRIES WILL BE ACCEPTED AT REGISTRATION

Race numbers and bibs can be collected at Sportsmans Warehouse (Tokai, Rondebosch, Tygervalley, and Somerset West) on Friday, 14 February 2025 from 12h00 – 17h00 and on Saturday, 15 February 2025 from 10h00 – 17h00.

COMPETITION RULES

- Balwin Sport Peninsula Marathon 42.2km and 21.1km races are run in accordance with the rules of WA, ASA and WPA.
- Participants in the 21km must be 16 years of age or older on race day, and 20 years or older for the 42.2km.
- One race number (bib) will be issued. Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible.
- Temporary licenced runners must wear the race number on the front of their vest and the temporary licence on the back.
- Temporary licence holders when registering must complete and hand in the tear off strip from the number to be eligible to compete.
- Licensed athletes should wear club colours.
- Temporary licenced athletes must run in clothing without advertising.
- Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age category prize.
- Cut-off Times:
 - 42KM Cut-off Times**
 - 21KM – 08h15
 - 33KM – 10h00
 - Finish – 11h15
 - 21KM Cut-off Times**
 - 10KM – 09h00
 - Finish – 11h00
- Prize-giving will be at 09:30am for the 21KM and 11:00am for the 42.2KM.

- Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referees. #RunClean.
- The use of music players with headphones is not allowed and may result in disqualification.
- Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
- Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
- In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
- Temporary licenced participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
- Medals will be handed to all finishers.
- Toilets will be available at the start and finish and along the route.
- A secure tog bag area will be available on the day of the race. Your bag needs to be handed in at the start of the race and collected at the finish. Use tog bag facility at your own risk.
- All traffic officers and marshals to be obeyed. Although traffic officers will supervise major road intersections, entrants must be careful of traffic.



- No personal seconding will be permitted except at official refreshment stations in accordance with ASA rules.
- There will be distance markers at each kilometre.
- Refreshment stations will be located at every 3km mark.
- Social walkers are welcome.
- BATCH STARTS**
The top age group contenders based on the seeding times submitted will be batched together.

Notwithstanding the batching based on seeding times, awards will be calculated based on the athlete's Gun to Mat time for their specific batch.
- ASA Marathon championships**
ASA marathon awards will be limited to athletes officially entered by their province.

Athletes participating in the ASA marathon championships will be eligible for all race prizes in addition to the ASA marathon championship awards."

DISCLAIMER: Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.

EVENT CHARITY:

The Chaeli Campaign is an award-winning social justice organisation working in disability rights advocacy and support. With two decades of experience in the sector, The Chaeli Campaign is committed to empowering disabled people in all aspects of life, as catalysts for change, building more inclusive communities. In 2012, Chaeli Cottage Preschool opened and as a fully inclusive preschool, is the epitome of The Chaeli Campaign's ethos and mission. Inclusion cannot be learned; it has to be lived. The Balwin Sport Peninsula Marathon support will go towards the Chaeli Cottage Preschool Scholarship Fund, ensuring that disabled children access their right to education. Every child deserves to feel a sense of belonging; learning from their peers in a place that values, fosters, and celebrates them.



PRIZE MONEY REGISTRATION:

POSITION	42KM	21KM
	MEN & WOMEN	MEN & WOMEN
1	R12000	R6000
2	R8000	R4000
3	R5000	R2500
1 (40-49)	R3000	R1500
2	R2000	R1000
3	R1000	R500
1 (50-59)	R2000	R1000
2	R1500	R700
3	R800	R450
1 (60-69)	R2000	R1000
2	R1500	R700
3	R800	R450
1 (70+)	R2000	R1000
2	R1500	R700
3	R800	R450

Date	Venue	Time
Fri - 14 Feb 2025	<ul style="list-style-type: none"> Sportsmans Warehouse – Tokai Sportsmans Warehouse – Rondebosch Sportsmans Warehouse – Tygervalley Sportsmans Warehouse – Somerset West 	12h00 – 17h00
Sat – 15 Feb 2025	<ul style="list-style-type: none"> Sportsmans Warehouse – Tokai Sportsmans Warehouse – Rondebosch Sportsmans Warehouse – Tygervalley Sportsmans Warehouse – Somerset West 	10h00 – 17h00

Racepass will be offering a cash bonus incentive for breaking the course record on the marathon route.

Course Record - 42KM

Open Male	Time	Open Female	Time
Ernest Tjela	2:11:47 in 1987	Monica Drögemöller	2:37:19 in 1990

Course Record - 21KM

Open Male	Time	Open Female	Time
Jeffrey Gwebu	01:02:36 in 2002	Fortunate Chidzivo	01:12:34 in 2022

FREE RACE SHIRTS

Free Race Shirts will be given to the first 2000 Entries across the 42km and 21km Races.

