



# ELOKISHINI 10KM RACE

## 10 KM RACE

SUNDAY 11 AUGUST 2024  
STARTS / FINISHES AT KING  
ZWELITHINI STADIUM  
MEDALS TO ALL FINISHERS

START TIME : 07:00  
DATE : SUNDAY ON THE 11TH  
AUGUST 2024

ONLINE ENTRIES:  
[www.eventtiming.co.za](http://www.eventtiming.co.za)  
ENTRY FEES : 10KM - R200.00  
TEMPORARY LICENCE - R65

SHIRT TO EARLY BIRDS ONLY :  
No entries on the race day  
R5.00 OF EACH ENTRY WILL BE DONATED TO A CHARITABLE  
ORGANISATION

RACE ENQUIRIES : Bheki Fakazi - 082 045 6918  
ZAKES GUMEDE - 073 470 8986  
Email: [bhekifakazi@gmail.com](mailto:bhekifakazi@gmail.com)

MORE INFORMATION VISIT:  
[www.elokishiniac.co.za](http://www.elokishiniac.co.za)



## RACE ENTRIES: WHERE TO ENTER

### “PRE-ENTRY ONLY”

1. King Zwelithini Stadium on Saturday 10<sup>th</sup> August from 07:00 to 19:00
2. Online Entries at [www.eventtiming.co.za](http://www.eventtiming.co.za) (entries closes at midnight on 10<sup>th</sup> August 2024)
3. Bank transfer, **Account Holder: Eventtiming(K H Bradfield), Account Number : 1543764345, Clearance code: 470010,Account type: Savings, Branch: Pavillion.**

### ALSO NOTE

- Race entry tags won't be posted
- Collect on Saturday 10 August 2024 from 10:00 am to 4 pm or race morning from 05:00 to 06:30 at the King Zwelithini Stadium.
- Race entry form can be downloaded from website: [www.eventtiming.co.za](http://www.eventtiming.co.za)
- NB: 10KM RACE start at 07:00

### OTHER INFORMATION AND RULES

1. Race run under the Rules of WA, ASA and KZNA
2. 10 km: The participant must be 14 year or older on race day.
3. Foreign Athletes must strictly observe all WA Competition and Technical Rules and ASA Rules and Regulations, including those rules and regulations relating to advertising and marketing as per WA Advertising Regulations. Where foreign athletes are entered through a South African athletics club, it is the responsibility of the club to assist the athlete in observing the above rules. The club reserves the right to reject the entry and/or nullify the result of the foreign athletes who transgress any of the above rules.
4. ASA/KZNA approved age tags to be worn on upper front and back of vest/crop top, to be eligible for age category prizes.
5. The race number to be worn over the permanent license number on the front of the upper clothing and be placed so that ASA province and year remain visible.
6. 2024 license must be worn on the front and back of vest.
7. Race numbers and license numbers must not be worn on shorts/tights.
8. Temporary license must be worn on back of vest and race number on the front and the completed temporary license tear-off slip must be lodged with the organisers at the end of the race.
9. Temporary licensed athletes are not covered by the ASA National Insurance Policy. Unregistered athletes running with temporary licenses must run in neutral colours and adhere to WA Advertising Regulations. Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rules.
10. 10 km cut off 1 hour 30 minutes.
11. Result will be sent via sms and website [www.eventtiming.co.za](http://www.eventtiming.co.za)
12. Disqualified athletes will not be eligible for any incentives/give aways
13. No cash will be handed to winners at prizegiving. Prize money winners will lodge their banking details with organisers and EFT payment will be affected.
14. Proof of age may be required for age category winners
15. Participants must obey the race officials, marshals and traffic officers.
16. Your entry fee will not be refunded if you do not participate
- 17.18. Prize giving will commence 09:00.
19. Prize money for only the race you enter.
20. Refreshment stations will be provided every 3 km, so NO personal seconding will be allowed
21. Public parking opposite King Zwelithini Stadium.

ENQUIRIES: [www.eventtiming.co.za](http://www.eventtiming.co.za)

# ELOKISHINI ATHLETIC CLUB (10KM RACE)

## ENTRY FEE:

KM	EARLY BIRD ENTRIES	LATE ENTRIES
10	R200	R230

**EARLY BIRD ENTRIES;** Close 7<sup>th</sup> August 2024

### LATE ENTRIES

Up to Saturday 10 August 2024 at 16:00 hand Delivered only

**NO ENTRIES ON RACE DAY**

70 years and Over: Free entry on presentation of ID
Temporary Licence – R60 + Entry Fee

## ENTRY FORM

Distance	10km:	Race No. FOR OFFICE USE ONLY:
Surname:		
First Name/s:		
2024 Licence Number:		Email:
S.A Citizen:	Yes	NO
Club:	Province:	
Gender: M	F	Age:
Identity Number:		Or Permanent Residence No.:
Tel(Home):	Tel(Work):	Cell:

## PRIZE MONEY:

PRIZE MONEY	MALE			FEMALE		
	1 <sup>ST</sup>	2 <sup>ND</sup>	3 <sup>RD</sup>	1 <sup>ST</sup>	2 <sup>ND</sup>	3 <sup>RD</sup>
OPEN	R3000	R1500	R500	R3000	R1500	R500
40 – 49 years	R500			R500		
50 – 59 years	R500			R500		
60+ years	R500			R500		
JUNIOR	R500	R300	R200	R500	R300	R200

**DISCLAIMER & INDEMNITY:** I am medically fit to run and understand that I enter at my own risk and the organizers will not be held responsible for any injury or illness during or as a result of the race, or for any property lost or damaged on the course or in the changing area. In the event of requiring medical attention, I agree that I will be held responsible for the medical cost. In the event of my participation as a temporary licensed runner, I absolve the Club, Sponsors and KZN Athletics of any liability.

Signed: \_\_\_\_\_