

MPUMALANGA MARATHON

IT'S TIME

14 SEPTEMBER '24

A MILLION UP FOR GRABS!



FREE T-SHIRT



MEDALS TO
FINISHERS



MPUMALANGA
PROVINCIAL
GOVERNMENT



ENTRYGEEK



PRIZE GIVING AT 12:00

SA R650 | AFRICA R1500 | INT R3000
TEMP LIC R40

RACE CUTT OFF AT 21.1KM: 3:30 HOURS
RACE CUTT OFF AT 42.2KM: 6:30 HOURS
COMRADES QUALIFIER CUTT OFF 04:49:59

RESULTS, BUS DEPARTURES, ROUTE
MAP AND FAQ'S WILL BE AVAILABLE
ON WWW.MPMARATHON.CO.ZA

ENTRIES WILL BE CAPPED AT 16000

ENTRIES CLOSE: 20 AUG 2024

ALL INTERNATIONAL RUNNERS MUST PROVIDE A
CLEARANCE LETTER OF GOOD STANDING FROM
THEIR ATHLETICS GOVERNING BODY

COLLECTION DATES:

11 September 2024 : 10:00 - 19:00
12 September 2024 : 9:00 - 19:00
13 September 2024 : 08:30 - 00:00

DAYIZENZA
PLAZA



RIVERSIDE MALL

blue
services and projects



South African
NATIONAL PARKS

South African Institute for
Drug-Free Sport



RACE QUERIES: 013 001 2860 / 078 208 5183 / INFO@MPMARATHON.CO.ZA

ONLINE REGISTRATION ONLY: WWW.MPMARATHON.CO.ZA

A MILLION UP FOR GRABS!

PRIZES: MALE AND FEMALE

POSITION	OPEN	AGE 40-49	AGE 50-59	AGE 60-69	AGE 70+
1 st	R1 000 000	R 5 000	R 5 000	R5 000	R5 000
2 nd	R150 000	R 4 000	R 4 000	R4 000	R4 000
3 rd	R100 000	R 3 000	R 3 000	R3 000	R3 000
4 th	R50 000				
5 th	R15 000				
6 th	R12 000				
7 th	R10 000				
8 th	R8 000				
9 th	R7 000				
10 th	R6 000				

ALL PRIZE MONEY WILL BE PAID VIA EFT ONCE CLEARANCE HAS BEEN RECEIVED FROM SOUTH AFRICA INSTITUTE FOR DRUG FREE SPORT (ANTI-DOPING)

RACE QUERIES: 013 001 2860 / 078 208 5183 / INFO@MPMARATHON.CO.ZA

Organised in accordance with the rules and regulations of ASA and WA. All athletes indemnify the National, Provincial and Regional bodies, sponsors and organizers against all and any actions of whatsoever nature.

Entry fees are non-refundable. A receipt/proof of payment may be required in case of any discrepancy with pre-entries.

Race venue is an alcohol free zone.

The race committee reserves the right to accept or reject any entry.

A tog bag storage facility will be available.

Refuse bins will be provided along the route. Please discard used water sachets into or near to these bins.

Littering may lead to disqualification. Please do not discard used water sachets beyond designated points.

REFEREES' DECISION IS FINAL

Obey all Traffic Officials and Race Marshals.

The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) rules, and AMPU house rules

No seconding will be allowed. No pacing of any kind.

Athletes for 42.2km marathon must be 20 years or older on the day of the race

Proof of age (ID) to be produced upon request on day of race.

All athletes will participate at their own risk.

Registered athletes must wear full club colours.

2024 license numbers on the front and back of the vest.

Remember to complete the Temporary license tear off slip immediately and hand it back to the organizer.

Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.

ASA license numbers must not be covered with any paper race numbers /race bib. This is a close competition for runners.

Category winners must be present at the prize giving ceremony or make prior arrangements to collect the award, failing to do so the athlete will forfeit his/her prize money. Prize money will be paid electronically with EFT and only after receiving of the anti-doping results were received.

Athletes need to submit their banking details.

No littering, please make use of waste boxes on the route – RUN CLEAN

Athletes that require submitting a Therapeutic Use Exemption Form (TUE) must do so to Sakumzi Qotsini at the South African Institute for Drug-Free Sport at sakumzi@saisds.org.za at least 30 days before the Competition

Levy of entry fee must be paid over to Athletics Mpumalanga by race organizer.

THE USE OF ANY TYPE OF EARPHONES IS NOT ALLOWED ON THIS RACE AND WILL LEAD TO DISQUALIFICATION

Race Organiser: Caleb Lekhuleni 079 388 7861

14TH
SEP '24

@6AM

FREE T-SHIRT

MEDALS TO
FINISHERS



HALF MARATHON

21.1KM | 10KM

ALL PRIZE MONEY WILL BE PAID VIA EFT
BANKING DETAILS REQUIRED ON RACE DAY

21.1KM

1st M & F Open R6000
2nd M & F Open R4000
3rd M & F Open R3000

Category Winners

40+ | 50+ | 60+ | 70+ | Juniors
1st M & F R2000
2nd M & F R1500
3rd M & F R1500

Walker R2000

10KM

1st M & F Open R2500
2nd M & F Open R2000
3rd M & F Open R1000

Category Winners

40+ | 50+ | 60+ | 70+ | Juniors
1st M & F R1500
2nd M & F R1000
3rd M & F R500

Walker R1500

REFEREES' DECISION IS FINAL

Obey all Traffic Officials and Race Marshals.

The race will be run according to the rules of ASA.

WORLD ATHLETICS (WA) & AMPU House rules.

Ages: Athletes for 10km must be 14 years on the day of the race. 21.1km must be 16 years or older.

Proof of age (ID) to be produced upon request on day of race.

All athletes participate at their own risk and by entering the event they acknowledge that they are medically fit to participate.

Registered athletes must wear full club colours.

2024 license numbers on the front and back of the vest.

Temporary license must be fixed on the back of the vest.

Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize

AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.

Only athletes with a race number and license numbers will be allowed to participate. Race number must be worn on the front of the vest.

ASA license numbers must not be covered with any paper race numbers /race bib.

No littering, please make use of waste boxes at the start/finish RUN CLEAN

All participants must take note that photographs might be taken at the event and placed on social media.

ALL INTERNATIONAL RUNNERS MUST PROVIDE A CLEARANCE LETTER OF GOOD STANDING FROM THEIR ATHLETICS GOVERNING BODY

DISTANCE

21.1KM | 10KM

COLLECTION

RIVERSIDE MALL
MBOMBELA

11 September 2024 : 10:00 - 19:00
12 September 2024 : 9:00 - 19:00
13 September 2024 : 08:30 - 00:00

START & FINISHING POINT

RIVERSIDE MALL
MBOMBELA

PRIZE GIVING
10km - 9am
21.1km - 10am

21.1KM SA R280 | AFRICA R350 | INT R1000 - 10KM SA R180 | AFRICA R200 | INT R500 - TEMP LIC R40

RACE QUERIES: 013 001 2860 / 078 208 5183 / NELSPRUIT@RUNWALKFORLIFE.CO.ZA



ENTRIES CLOSE: 20 AUG 2024

ONLINE REGISTRATION ONLY: WWW.ENTRYGEEK.COM