





CITY2CITY 2014 MARATHON

31 MARCH 2024

Pretoria to Johannesburg

EVENTS:

50km Ultra Marathon • 10km • 5km Road Race









ENTRY FORM

Refer to Entry Instruction for entry submitting options. **FOR OFFICIALS USE ONLY** PLEASE SUPPLY ALL INFORMATION - PRINT CLEARLY USING BLOCK LETTERS Event Entering: (Please tick) 50km 🗌 10km 5km How many City2City 50KM ULTRA MARATHONS have you completed? Temp. Licence No. Race Number Your City2City **50KM ULTRA MARATHONS** permanent number, if applicable? PERSONAL INFORMATION Initials Wationality Wationality Surname Gender Male Female Age on Race day First Name ID/Passport Number Date of birth OPEN 40-49 50-59 60-69 70+ Age Category L Mobile Email L Postal Address Postal/Zip Code No ____ If yes, complete the following: Do you belong to a running club? Yes Athletics club name Provincial License No. ENTRY FEES (Tick the applicable race entry) NO CHEQUES ACCEPTED **ENTRY FEE TEMPORARY LICENSE** DISTANCE 50km R300 10km R60 10km R150 R100 R30 5km BUS SHUTTLE (Refer to race information) 50км R40 Before Race: To Start Venue After Race: Return to Start Venue INDEMNITY. I agree not to hold ASA, CGA and AGN and any other sponsor, or any persons assisting in the organization or holding of the event liable for any injury or loss , which I may suffer directly or indirectly as a result of participating in the event, or for any damage to my property or loss of my property which I may suffer directly or indirectly as result of participating in the event. • NO BUS TICKETS WILL BE SOLD ON RACE DAY. Signature of Parent or Signature Date Guardian (if still a minor)

CITY2CITY

CENTRAL GAUTENG ATHLETICS
011 873 2726 • www.centralgautengathletics.co.za

Athletics Gauteng North - 012 327 4930 - www.agn.co.za Enter online @ https://webtickets.co.za /at any Pick'n Pay / Boxer stores



RACE INFORMATION

DISTANCE	START TIME	START VENUE	FINISH VENUE	CUT-OFF TIME	MINIMUM Age	PRIZE GIVING
50km	06h00	Centurion Rugby Club	Wanderers	7hrs	20yrs	10H30
10km	7h00	Wanderers	Wanderers	2hrs	14yrs	09Н30
5km	7h00	Wanderers	Wanderers	2hrs	14yrs	<mark>09Н3</mark> 0

ENTRY INSTRUCTIONS

Pre-entries for 50km, 10km & 5km (Limited to 3.000 entries per event)

50km & 10km	Entries will close on the 22 March 2024	All online entries close on the
5km	Entries will close on the 22 March 2024	22 March 2024

COLLECTION OF RACE NUMBERS

28 March 2024 pre-entered race numbers

Athletics Gauteng North, Pilditch Stadium (012 327 4930) : 09h00 - 18h00

29 March 2024

Finish Venue - The Wanderers Sports Club

9h00 - 13h00

30 March 2024 - The Wanderers Sports Club

9h00 - 18h00

• NO RACE NUMBERS WILL BE ISSUED ON RACE DAY!

HAND DELIVERY ADDRESSES

Central Gauteng Athletics, Germiston Stadium Athletics Gauteng North, Pilditch Stadium 011 873 2726 012 327 4930

PRIZE MONEY

50km Prize Money - Male and Female

NR	OPEN	40-49	50-59	60+
1	R 20 0 000	R10 000	R10 000	R10 000
2	R 100 000	R7 000	R7 000	R7 000
3	R 50 000	R5000	R5000	R5000
4	R 25 000			
5	R 20 000			
6	R 15 000			
7	R 13 000			
8	R 12 000			
9	R 11 000			
10	R 10 000			

10km Prize Money - Male and Female

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NR	OPEN	Junior	40-49	50-59	60-69	70+
1	R10 000	R3 000				
2	R5000	R2 000				
3	R3500	R1 000				
4	R2500					
5	R1500					

5km Prize Money - Male and Female

NR	OPEN	Junior	40-49	50-59	60+
1	R 5 000	R2000	R2000	R2000	R2000
2	R 3 500	R1000	R1000	R1000	R1000
3	R 2 000	R500	R500	R500	R500



IMPORTANT RACE INFORMATION AND RULES OF THE RACE



i confirm that i have read the RACE RULES and WAIVERS and ACCEPT and AGREE TO ABIDE by them

RULES, REGULATIONS, RACE INSTRUCTIONS AND INFORMATION

- All entrants will participate under the rules of World Athletics, ASA, AGN and CGA and it is the athlete's responsibility to familiarize themselves with the rules. The World Athletics and ASA rules can be downloaded from their respective web sites www.worldathletics.org and https://athleticssa.org.za/ASARules
- In addition to the above there are specific race rules that will be
- By agreeing to enter the event, the runner automatically agrees to abide by the above rules, race rules, and any final instructions issued prior to race day
- Foreign runners whether long stay or visiting must apply for the (new) foreign temporary number and have a specific waiver to complete. For this reason, entry must be made directly through
- Runner must provide a valid mobile number and email address. This will be used exclusively by race organisation for important notices to runners. Please ensure you read and act on each message. These will NOT be used for promotion or marketing

MINIMUM AGES

- 14 Years for 10km & 5km
 20 Years for 50km

ENTRY PROCESS:

- Every runner will be required to indicate a previous performance from one of stated distances to enable seeding of ALL Wave Starts.
- Runners who do not provide any, or incorrect, performance details will be placed in the last wave.
- Runners may move back in a wave but may not move forward. Any runner moving forward to an earlier wave, whether at the start or from timing at the start will be disqualified
- Timing in all waves after the first will be mat to mat and makes runners ineligible for awards but ensures the best qualification
- times for both Comrades and Two Oceans
 ATTENTION IS DRAWN TO THE ASA RULES 7 AND 34.
- · The criteria to qualify for "seeded runner" makes allowance for distance, gender, and age. The table is available on the website and online entry page.
- · The race committee reserves the right to accept or reject any

ELITE, CONTENDER AND GOOD FOR AGE - "SEEDED ATHLETES" ENTRIES:

- The City to City marathon will be using a combination of batches and wave starts.
- The first start in each distance will be for verified Flite / Contenders / and good for age. (ASA Rule 1.1.D.4). These runners MUST enter and prove their previous performance is better than the stated criteria for their distance. They will receive confirmation of acceptance as Elite / Contender or Good for age
- The criteria to qualify for "seeded runner" makes allowance for distance, gender and age.
- Only runners who enter, are verified, and start in this batch will be eligible for awards
- The timing for the first wave is Gun to Mat. All other waves are mat to mat making them ineligible for awards
- All world athletics, and ASA rules will be strictly applied to the
- ATTENTION IS DRAWN TO THE ASA RULES 7 AND 34.
- Seeded runners will have two race numbers and will wear these over the normal ASA license numbers such that the ASA sponsors are visible.
- Seeded Athletes must wear the Numerical age category tags on the centre front and back of vests
- ID documents at number collection will be required to confirm
 - Where the number is collected by a manager or third party the number will only be issued on production of a certified ID copy.

T-SHIRTS

- T-Shirts can ONLY be collected at race number collection. No T-shirts will be handed out on Race Day or after the
- One size fits most TËshirts

RACE AND LICENSE NUMBERS:

ANY runner without a) a 2023/2024 license or b) failing to wear the necessary Temporary License or c) without the required race number, will be removed prior to the finish line: will NOT be provided with a time; will NOT receive a medal nor any other finishers items: WILL be reported to both their provincial federation and their club for further disciplinary procedures.

LICENSED RUNNERS:

- All licensed entrants must wear valid 2024 license numbers, one on the front & one on the back of their vest in accordance with ASA rule 24. ONLY if ASA declare an extension to the 2023 licenses will these be allowed for this race.
- The race number issued by the organizers must also be worn on the front of the vest, over the license number however not covering any ASA sponsors.
- Contenders will be provided with two numbers: one for the front and one for the back. These numbers have chips and must not be folded in anyway.
- In the event you do not have a 2024 license you must purchase and run with a temporary license which will be pinned at all four corners on the back of your vest. Temporary Licenses must be purchased at time of entry

UNLICENSED RUNNERS

- Unlicensed athletes must purchase a temporary license number at
- Temporary License number must be worn on the back
- The race number issued by the organizers must be worn on the
- Unlicensed runners may only wear plain clothing in accordance with ASA advertising rules.

RACE BEHAVIOUR:

- Marshals and traffic officials must be obeyed at all times. Failure to comply with their instructions will lead to immediate
- Any abusive or threatening action or comments to marshals, traffic officials, or technical officials will result in security removing the runner from the race and a report to both the Provincial federation and the runner's club for additional disciplinary
- NO SECONDING OR VEHICLES WILL BE ALLOWED on the route:
- Littering is an offence (rule 28). Do your bit to ensure that the rac is litter free.
- Regret no wheelchairs, rollerblades, cycles, or mechanically operated device allowed in the races
- No animals are allowed in the races
- No pushing of prams or other wheeled carrier is allowed. Failure to wear race and / or relevant license numbers will result in

Bus Shuttle 50km Only (Pre-booked & pre-paid): Bus Transport will be provided to and from the start in Centurion on the 31st of March 2024.

Bus Transport will be provided to the start in Centurion on 31st March 2024 and then again from the finish at Wanderers Sports Club. Buses depart strictly from 04h00 – 05h00

After Race: From Wanderers Sports Club Johannesburg to Start: Buses to depart from 10h00 until 14h00 (intervals of 30 minutes or as the bus is full)
Tickets will be allocated on a first-come first serve basis and to 50km athletes only Bus Tickets must be booked with the entry at a cost of R40.00 per ticket NO BUS TICKET WILL BE SOLD ON

RACE PARKING, ARRIVAL, AND STARTS:

- There are maps showing the preferred routes to the parking at Wanderers Club and surrounding streets. DO NOT PARK in the highlighted areas as these block the race routes.
- The 50km race will be started in the batches based on seeding. Race numbers will indicate the holding area batch seeded runners will line up in the street
 Batches will be advanced into the start area in timed rotation
- The 10km Seeded runners will also start in the road, the procedure will be the same for both starts

RACE & RESULTS

- finish time will be used to time all events
- The timing chip will be attached to your race number
- Please do not fold or bend your race number as this may damage the timing chip
- All starts except the "Seeded" first waves are timed mat-to-mat and marathon performances can be used for Comrades and Two Oceans qualification
- Please make sure you cross all timing mats and check points. results will be available on finish time

REFRESHMENT STATIONS / MEDICAL /ROUTE FACILITIES:

- Refreshment stations (+3km) will provide Coke and water
- Medical facilities are provided at the venue and along the route at
- waterpoints.

LISTENING DEVICES:

The race route is NOT fully closed to traffic. For safety reasons, participants are not allowed to use any form of earphones, ear Pods, etc during the race. This excludes hearing aids

FINISH AND MEDICAL:

- thon and half marathon is 5 hours 30 minutes
- There are 'No Go Zones' 20 metres before and after the finish line which are to be kept clear by everyone. These allow medical services to see and assist runners, officials to see runners and allows media to cover the race. Runners must clear these zones as fast as possible.
- Selfies may not be taken in the No-Go zones. An official photographer will be taking photos of every runner immediately prior to the finish.
- Any doping control or official interaction will occur immediately
- Runners will collect their medal, finishers drink etc in the tent after the No Go Zone

PRIZE GIVING AND AWARDS:

- The results will be posted with the race announcer and at the technical centre and subject to the World Athletics rule 8.2
- If doping control is actioned at the event, prize money will be paid within 60 days of the results.
- The 5km prize giving will be held after 09h30
- The 10km prize giving will be scheduled for after 09h3
- The 50km prize giing will be scheduled for after 10h30

INDEMNITY AND WAIVERS

Athletes indemnify the national, provincial, and regional bodies as well as sponsors and organizers of the race against all or any actions whatsoever nature, whether same may arise out of their participation in the race or otherwise

Entries cannot be refunded, returned, or exchanged on account of weather or unforeseen events occurring beyond the control of the event organizers.

I also grant my permission to the Organizers or its agents, in terms of Section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tapes, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge,

I confirm that I will abide by all covid regulations, restrictions and instructions put in place by the organizers and understand that the requirements at time of entry may be changed by regulations applied by Government, local authority and / or Athletics South Africa by race date and that the organizers have committed to adhering to all necessary Covid regulations, while trying to minimize the impact on runners and race logistics.

CANCELL ATION

Note: There is no intention of cancellation of this event, but if cancellation is enforced then all fees are non-refundable, and a







