



**Maroela  
Makiti**

# MAROELA MAKITI RACE 2024



**4.9km R60**

**10km R120**  
(temp license - R45)

**Medals to  
all finishers**

**T- shirts  
R150**



**3 Feb 2024**



**Mbombela Stadium**

**Starting**

**6:30**

Online Entries: [www.entrygeek.com](http://www.entrygeek.com)  
Entries Open: 1 Nov 2023 to 27 Jan 2024

Hosted by Hervormde Kerk in partnership with Nelspruit Marathon club

**Enquiries: Linda Vreken - 081 355 3306**

# RULES

## REFEREES' DECISION IS FINAL.

Obey all traffic officials and race marshals.  
The race will be run according to the rules of ASA, World Athletics (WA), and AMPU House rules.

- No seconding is allowed. No pacing of any kind is permitted.
- Ages: Athletes for the 10km race must be 14 years or older on the day of the race.
- Proof of age (ID) must be produced upon request on the day of the race.
- All athletes participate at their own risk, and by entering the event, they acknowledge that they are medically fit to participate.
- Registered athletes must wear full club colours and 2023 license numbers on the front and back of the vest.
- Temporary licenses must be fixed on the back of the vest. Remember to complete the temporary license tear-off slip and hand it back to the organizer.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize and must be fixed on all four corners and not be covered by a rain jacket or any shirt.
- Only athletes with a race number and license numbers will be allowed into the event area.
- The race number must be worn on the front of the vest. ASA license numbers must not be covered with any paper race numbers or race bib.
- Walkers competing for the walkers' prize must have the "W" fixed on the left front and back of the vest, and all four corners must be fixed.
- No littering, please make use of waste boxes at the start/finish and on social media. PLEASE RUN CLEAN.
- Category winners must be present at the prize-giving ceremony or make prior arrangements to collect their award. Failing to do so will result in the athlete forfeiting any prize.
- There is no tog bag area available.
- Any foreign athlete must have a confirmation letter or permit from the Sports Federation required under WA rule 4 to participate in the event.
- The use of earphones is not allowed on this race and will lead to disqualification.

ATHLETES PARTICIPATE AT THEIR OWN RISK. THE CLUB WILL NOT BE HELD RESPONSIBLE FOR ANY INJURIES OCCURRED DURING THIS RACE..



**NO CASH PRIZES**



Hosted by Hervormde Kerk in partnership with Nelspruit Marathon club