



# 7 April 2024

# Online Entries: www.webtickets.co.za

## **Entry fees:**

5km - R75 10km - R195 21.1km - R225 Temp Licence - R80

### SHIRTS TO EARLY BIRDS ONLY

No entries on race day except for 5km fun run R5 of each entry will be donated to a charitable organisation.

## 21.1km KZN Championship incorporated

Early Bird Entries Close: 11 March 2024
Online Entries Close: 28 March 2024 (Late Entries on 6 April)

# 5km, 10km & 21.1km Start and finish: Galleria Mall, Amanzimtoti

Medals to all finishers

Start Times:

10km & 21.1km @06h00 Start Times:

5km Fun Run @08h00 Date:

Sunday 7 April 2024

RACE ENQUIRIES: Lynette Botha – 082 498 6032 Email: toti.ac.treasurer@gmail.com





#### Tog bags:

Tog bag facility will be available at owners risk.

#### Prize Giving:

10km & 21.1km@ 09h00

Online Entries: www.webtickets.co.za Instore Entries: Pick n Pay or Boxer

Late entries available at registration on 6 April 2024 Late entry fee only applies to 10km & 21.1km

### Late entry fees:

10km - R220 21.1km - R250

#### Registration & Race pack collection:

Sat: 6 April 2024 - 10h00 - 16h00 Sun: 7 April 2024 - 05h00 - 08h00

Galleria Mall Amanzimtoti, Edgars court, Ground floor, near entrance 5

#### Directions to Galleria Mall Amanzimtoti:

Take N2 or M4 south from Durban. Follow M4 and N2 to Dickens Rd/Fairway Rd in Athlone Park, Amanzimtoti. Take exit 144 from N2.

Take Mcgowan Pl to Arbour Rd in Umbogintwini. Galleria Mall: Cnr Moss Kolnik & Arbour Road.

### Parking:

Free parking at entrance 7 at Galleria Mall.

PRIZE MONEY: MALE AND FEMALE			
CATEGORY	POSITION	10 km	21 km
OPEN	lst	R1500 + R500 Galleria Mall Voucher	R2500 + R500 Galleria Mall Voucher
	2nd	R1000 + R500 Galleria Mall Voucher	R1500 + R500 Galleria Mall Voucher
	3rd	R500 + R500 Galleria Mall Voucher	R1000 + R500 Galleria Mall Voucher
40 - 49	1st	R500 + R200 Galleria Mall Voucher	R600 + R200 Galleria Mall Voucher
50 - 59	1st	R500 + R200 Galleria Mall Voucher	R600 + R200 Galleria Mall Voucher
60 +	1st	R500 + R200 Galleria Mall Voucher	R600 + R200 Galleria Mall Voucher
70 +	1st	R500 + R200 Galleria Mall Voucher	R600 + R200 Galleria Mall Voucher
Juniors	1st	R500 + R200 Galleria Mall Voucher	R600 + R200 Galleria Mall Voucher
Walkers	1st	R500 + R200 Galleria Mall Voucher	

#### 5km Fun Run:

- · Entries will be accepted on the day
- · Children under 10 years old are free
- · No late entry fee applicable.

#### Race Rules and Information:

- 1. All licensed runners are required to participate in the race displaying 2024 license numbers on the front and back of your vests / crop tops with the race numbers over the front
- 2. Tog bag facility will be provided, but at owner's risk. 3. The race will be run in accordance with the rules of WA,
- ASA and KZNA and all participants to abide by these rules. 4. All foreign athletes must comply with WA CR 1.7, TR 4.1, TR 4.2 & ASA Rule 9.
- 5. Refreshment stations will be provided along the route and no personal seconding will be permitted.
- 6. Marshals, traffic officers and technical officials must be obeved.
- 7. Minimum age on race day is 9 years for 5km, 14 years for 10km and 16 years for 21km.
- 8. Proof of age will be required for age category winners. 9. ASA/KZNA age category tags must be worn on top front and back of vest/crop top to be eligible for age category
- 10. Walkers: KZNA/ ASA approved "W" walkers tags must be worn on top front and back of vest/crop top in order to be eligible for prize.
- 11. Junior athletes, 19 years or younger on 31 December in the year of the competition, must wear a "J" on the upper front and back of vest/crop top in order to be eligible for prizes and must provide proof of age on race day.
- 12. ASA Licence numbers: Organisers/ Athletes may NOT replace ASA licence numbers with Race Numbers under any circumstances. Where a Race Number is used, it must be placed so that the ASA Licence Sponsor and the ASA Province/Year remains visible above Race Number. The Licence numerals may be covered. Athletes who fail to adhere to this rule may be disqualified. (Refer to ASA Rules 26.1.7 and 26.1.8)
- 13. Temporary licences: Temporary licensed athletes are not covered by a national Insurance Policy. Refer to ASA Rule
- 14. Any athlete wishing to count towards a team prize must have a permanent licence and must wear full club colours. (ASA Rule 24.10.1)
- 15. Unregistered athletes running with temporary licences must run in neutral colours and adhere to WA and ASA Advertising Rules.
- 16. Holders of temporary licences will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13.
- 17. Unlicensed entrants require a temporary license which is to be worn on the back of the vest/ crop top with the race number on the front.
- 18. No personal seconding.
- 19. No pacing is permitted.
- 20. All entrants participate at their own risk. Organisers and sponsors will not be held responsible for any loss or injury during or as a result of the race, property lost or damage on the course or in the changing areas.
- 21. LITTER ZONES WILL BE ENFORCED AT ALL WATER **TABLES**
- 22. Cut off: 2.5 hrs for 10km, 3.5 hrs for 21km.
- 23. No Refunds.
- 24. ASA Rule 34.10.6 For safety reasons the use of personal music players or other devices with headphones is not allowed. Any person may be disqualified without warning.

