

PRIZE MONEY HALFMARATHON / 10KM

PRIZE MONEY	HALF MARATHON	10 KM
JUNIOR MANS		1 ST R400 / 2 ND R200 / 3 RD R100
JUNIOR DAMES		1 ST R400 / 2 ND R200 / 3 RD R100
OPE MANS	1 ST R800 / 2 ND R300 / 3 RD R100	1 ST R350 / 2 ND R200 / 3 RD R100
OPE DAMES	1 ST R800 / 2 ND R300 / 3 RD R100	1 ST R350 / 2 ND R200 / 3 RD R100
40+ MANS	1 ST R400 / 2 ND R200 / 3 RD R100	1 ST R350 / 2 ND R200 / 3 RD R100
40+ DAMES	1 ST R400 / 2 ND R200 / 3 RD R100	1 ST R350 / 2 ND R200 / 3 RD R100
50+ MANS	1 ST R400 / 2 ND R200 / 3 RD R100	1 ST R350 / 2 ND R200 / 3 RD R100
50+ DAMES	1 ST R400 / 2 ND R200 / 3 RD R100	1 ST R350 / 2 ND R200 / 3 RD R100
60+ MANS	1 ST R400 / 2 ND R200 / 3 RD R100	1 ST R350 / 2 ND R200 / 3 RD R100
60+ DAMES	1 ST R400 / 2 ND R200 / 3 RD R100	1 ST R350 / 2 ND R200 / 3 RD R100
70+ MANS & DAMES	1 ST R300 / 2 ND R200 / 3 RD R100	1 ST R300 / 2 ND R200
SPANPRYS MANS	4 x R150	4 x R150
SPANPRYS DAMES	4 x R150	4 x R150

MEDALS HALF MARATHON

Gold Position 1 - 10
Silver Position 11- 100
Bronze Position 101 - To all Finishers in cut off time (11h00)

10 KM

Medals for all finishers in cut off time (10H30)

FUN RUN

Medals for all finishers in cut off time (10H30)

50 BRAAIPAKKE SPOT PRIZES
(valued @ R500.00 each)



BOLAND ROAD RACE LEAGUE - BOLAND LIGAWEDLOOP

BOLAND 10KM - KAMPIOENSKAPPE

PRESENTED BY SWARTLAND ATHLETICS CLUB

DATE: SATURDAY 07 September 2019

HALFMARATHON 08H00
10 KM 08H30
FUN RUN 08H45

**THE RACE IS ORGANIZED IN ACCORDANCE WITH THE RULES
OF ATHLETICS SOUTH AFRICA AND BOLAND ATHLETICS**



Spiltech



MJ Jooste Landbouwbemarking (Edms) Bpk



ENTRY FORM

Please indicate for which race you are entering.

Halfmarathon ☐ 10 km ☐ Fun Run ☐

Surname:

First Name:

Postal Address:.....

.....

..... Postal Code:

E-mail:

Tel (H): ()

Tel (W): ()

Cell: Province:

Sex ☐ Male ☐ Female 2019 Licence no.

Date of Birth: Age on day of race:

Club:

Kategorie /
Category:

J	S	40+	50+	60+	70+
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PAYMENT

Entry Fee

	Pre Entries/Entries	Temporary License	TOTAL
Halfmarathon	R 100.00	R 40.00	
10 km	R 60.00	R 40.00	
Fun Run	R 20.00	N.A	

RACE INFORMATION

ENTRIES

PRE ENTRIES - CLOSE 23 AUGUST 2019

Direct Payments:

Riebeek Lentefees, FNB, Branch Code: 200507

Acc Number: 62 719 205 412

(Use surname as reference on deposit slip)

ENTRIES ON DATE OF RACE: 07H00 - 08H30

GENERAL INFORMATION

- * Both races start & finish at the church hall in Piet Retief Street Riebeek Kasteel
- * Runners who are not making use of a temporary licence must wear club colours (halfmarathon & 10km run)
- * No entrants under the age of 16 for halfmarathon
- * No entrants under the age of 14 for the 10 km
- * No entrants under the age of 9 for fun run
- * Traffic officials & marshalls must be obeyed at all times failing which, disqualification may follow
- * No seconding from a moving vehicle will be permitted
- * Entrants must complete a race card to be handed in at the finish
- * Cut-off (5km / 10km) : 10h30
- * Cut-off (21km) : 11h00
- * Prize giving at 11h00
- * Athletes enter entirely at their own risk. Organizers and Sponsor are not responsible for any loss, damage or injury to participant
- * Results available at: www.bolandathletics.com
- * **Proof of age is required for category prizes and category tags to be worn during race**
- * The entry fee is non-refundable
- * Enquiries : Anneke Mouton - 082 495 3234 / amouton@pcnetmail.co.za