



**Saturday 7 December 2024**

**Fairview Racecourse, Draaifontein Road, Greenbushes**

**42.2km & 21.1km starts at 05h30**

**10km starts at 05h45**

**EPA Participation and Prestige League  
Incorporating EPA Marathon Championships**

**ENTER ONLINE ON**

**webtickets**  
*your tickets your way*

**Two Oceans and Comrades Qualifiers**





## GENERAL RACE INFORMATION

1. Organized in accordance with the rules and regulations of ASA and EPA. All athletes indemnify the National, Provincial and Regional bodies, sponsors and organizers against all and any actions of whatsoever nature.
2. 42.2km and 21.1km race will start at 05h30 from the Fairview Racecourse, Draaifontein Road, Greenbushes. The 10km race will start at 05h45.
3. **Athletes are requested to ensure that they are parked inside the main gate of the racecourse by 05h15. Anyone arriving after that time will be required to park in Draaifontein road and run/walk +/- 900m to the start.**
4. Online entries are available on [www.webtickets.co.za](http://www.webtickets.co.za) until 23h00 on Tuesday 3 December 2024.
5. Entries can be submitted to Brian Bands Sports in Cape Road, Sportsmans Warehouse and UD Sports in Uitenhage. Closing date for entries will be Wednesday 4 December 2024.
6. The race committee reserves the right to accept or reject any entry.
7. Collection of race numbers will be available on Friday 6 December 2024 between 13h00 and 19h00 from the EP Athletics offices, Westbourne Oval, Westbourne Road, Central, and on the morning of the event at the starting venue at Fairview Racecourse between 04h30 and 05h30.
8. Please NOTE that the Westbourne Oval is NOT near the actual race venue, which is at least 20km towards Jeffreys Bay.
9. Late entries will be taken on Friday 6 December 2024 between 13h00 and 19h00. **LATE ENTRIES ON THE MORNING OF THE EVENT WILL BE AVAILABLE AT AN ADDITIONAL R20 ADMIN FEE UNTIL 05H30.**
10. Race numbers will contain a chip and must be clearly visible at the finish line.
11. Entry fees are non-refundable. A receipt/proof of payment may be required in case of any discrepancy with pre-entries.
12. All traffic Officials and marshals must be obeyed.
13. The wearing of earphones or headsets is not permitted due to safety reasons and may lead to disqualification.
14. Medals will be awarded to all finishers that finish within the cut off time.
15. The minimum age is as follows: 42.2km – 20 years / 21.1km – 16 years / 10km – 14 years.
16. The cut off time will be at 11h00 for the 42.2km (5 ½ hours), 09h00 for the 21.1km (3 ½ hours) and 07h30 (1 ¾ hours) for the 10km.
17. EPA Championship medals will be awarded to the top 3 EPA licenced athletes in each age category for the marathon. Relevant age category tags must be visible front and back of the vest.
18. Club gazebo's are welcome. The venue has a liquor licence and therefore no alcohol may be brought onto the premises. Please support the Racecourse bar.
19. Athletes must wear 2024 licence numbers on the back and front of the vest/shirt, with the official race number on the front partially covering the licence number.
20. Athletes who are not licensed members of a club affiliated to ASA must purchase a temporary license to be worn on the back of the vest.
21. Age category tags must be visible on front and back of your vest if you wish to qualify for category prizes. Athletes may be requested to provide proof of age on race day.
22. Prize giving and lucky draws will be held at 08h00 (10km), 09h00 (21.1km) and 11h00 for the 42.2km. Athletes must be dressed in their official club colours.
23. Lucky draws will be available to all participants.
24. Prize monies will be paid via EFT.
25. Registered athletes are covered by a group personal insurance scheme. Temporary licenced athletes have no cover and are urged to join an affiliated club.
26. Please obey parking marshals.
27. Athletes must run facing traffic at all times, unless instructed otherwise by a marshal.
28. **No personal seconding (vehicle or bicycle) will be allowed on the route for the first 21.1km.**
29. Refuse bins will be placed up to 500m after the water stations. Please discard all litter (sachets/bottles/cups/other) into the bins provided and not beyond the designated points. **DO NOT THROW YOUR LITTER INTO THE BUSH. If need be, keep it with you until the next bin.**
30. Disposing litter outside the demarcated zone may result in disqualification.

## INFORMATION

For more information, contact Michael Mbambani (079 149 6796), Irene van Eeden (083 299 1775) or EP Athletics (041 3742818)








# 1 CITY MARATHON

HALF MARATHON AND 10KM

**GQEBERHA • DESPATCH • KARIEGA**



## PRIZE MONEY

Marathon Prize Money - Men and Ladies								
Position	Open	35-39	40-49	50-59	60-69	70+		
1	R12 000	R2 000	R2 000	R2 000	R2 000	R2 000		
2	R6 000	R1 500	R1 500	R1 500	R1 500	R1 500		
3	R3 000	R750	R750	R750	R750	R750		
4	R2 500							
5	R2 000							
21.1km Prize Money - Men and Ladies								
Position	Open	Junior	35-39	40-49	50-59	60-69	70-79	80+
1	R2 500	R750	R750	R750	R750	R750	R750	R750
2	R1 500	R500	R500	R500	R500	R500	R500	R500
3	R750	R250	R250	R250	R250	R250	R250	R250
10km Prize Money - Men and Ladies								
Position	Open	Junior	35-39	40-49	50-59	60-69	70-79	80+
1	R1 000	R500	R500	R500	R500	R500	R500	R500
2	R750	R350	R350	R350	R350	R350	R350	R350
3	R500	R250	R250	R250	R250	R250	R250	R250

## DIRECTIONS TO THE START

Drive up Old Cape Road towards St Albans Prison for 5.6km past the new Makro. Turn left into Draaifontein Road just past the Greenbushes Garage. Continue along Draaifontein Road for 3km and turn right into Fairview Racecourse main entrance.

**Athletes are requested to ensure that they are parked inside the main gate of the racecourse by 05h15. Anyone arriving after that time will be required to park in Draaifontein road and run/walk +/- 900m to the start.**

## ROUTE

The first 18km of the 42.2km and the 21.1km is the same route, after which the 21.1km returns to the finish, and the 42.2km continues with an out and back loop. The 10km route will be an out and back route. The full route will be available on the EPA website.



