



THE
WINELANDS
MARATHON & HALF MARATHON



winning starts here



45TH
WINELANDS MARATHON
SATURDAY, 30 NOVEMBER 2024

5:30 - 42.2km
6 hr cut-off
Comrades & TOM qualifier

6:00 - 21.1km
3,5 hr cut-off

6:45 - 10km
2 hr cut-off

7:30 - 5km
1 hr cut-off

11:30/12:00
Prize giving

Start & Finish Venue: Eikestad Primary School, Stellenbosch
4 hour cut-off at 25.4 km on Steynsrust bridge

Enter online at www.topevents.co.za (NO race day entries)
Closing Date: 10 November 2024

ENTRY FEES

Fun Run (will take entries on race day): **R75**
10km (+R50 Temp & R30 Juniors): **R140**
21km (+R75 Temp): **R170**
42km (+R85 Temp): **R280**

Event T-shirt R300.00 // Vintage T-shirt R250.00



Enter online at www.topevents.co.za

This event is held under the rules and regulations of ASA and Western Province Athletics.

Event Organiser: Helderberg Harriers
races@helderbergharriers.co.za

NUMBER COLLECTION IS COMPULSORY FOR ALL ENTRANTS!

Number collections will take place on Friday 29 November 2024

from 10:00 - 18:00 at the following collection points:

- Sportsmans Warehouse Paarl
- Sportsmans Warehouse Rondebosch
- Sportsmans Warehouse Somerset West
- Sportsmans Warehouse Stellenbosch
- Sportsmans Warehouse Tyger Valley

There will be **NO** collections on race day.

RACE INFORMATION

Enquiries – Email: info@topevents.co.za

1. These are only pre-entry distance events, with the exception of 5km for which entries will be taken on race day as well. Enter online at www.topevents.co.za until midnight 10th November 2024.
2. 5KM FUN RUN: The fun run is an open event for licensed and unlicensed athletes. Children under 9 years of age must be accompanied by a parent or guardian. The start will be at Eikestad Primary School. For safety reasons young competitors are requested to start near the back. Entries at R75.00 each will be taken on the morning from 05:00. The first 400 finishers will receive a medal. Dogs are not allowed.
3. Unlicensed Athletes must purchase a temporary license. 42.2km distance R85, 21.1km distance R75 and the 10km distance R50 when pre-entering online.
4. Race Cancellation: There will be no refunds, should the event be cancelled for reasons beyond our control.
5. NO upgrades, downgrades or substitutions will take place after the closing date of the 10th November 2024.

TIMING AND RESULTS

The results will be electronically produced on race day by the official chip timing system. Your timing chip will be placed on your race number. The race number must be worn on the front of your vest and visible at the finish line. There is a foam strip on the back of the race number. Please do not remove the timing chip and foam strip from the race number – doing so will result in NO finish time. For safety and timing purposes, ONLY the person assigned to this race number may use it.

TOG BAG FACILITY

There will be a tog bag facility in the school club house. Bags dropped off at runners' own risk and must be collected on race day.

RACE RULES

1. This event is held under the rules and regulations of ASA and Western Province Athletics.
2. The Sportsmans Warehouse Winelands Marathon, Half Marathon and 10km are open to all licensed and non-licensed runners of 20 years and older for the marathon and 16 years and older for the half marathon and 14 years and older for the 10km on race day.
3. One race number (bib) will be issued. Registered athletes must wear their ASA licenses on front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA license, so that the ASA license sponsor remains visible. Temporary licensed runners must wear the race number on the front of their vest and the temporary license on the back. 10km is R50 for seniors and R30 for Juniors. (Under the age of 20 at 31st December / born 2005 or later)
4. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age. In addition to overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
5. Unlicensed runners must wear plain clothes (no advertising permitted). Licensed athletes to wear club colours.
6. Personal seconding is not permitted. Private vehicles are requested not to follow the athletes on the route.
7. To be eligible for any category prize, proof of age is required and age tags must be worn (front and back) and visible for the entire race.
8. No swapping of race numbers as the race number is linked to your name and finishing time and WILL result in your disqualification.
9. Each race distance has a different race number range and colour with your data captured electronically. Do not transfer between races without notifying the race organisers.
10. All traffic officers and marshals must be obeyed.
11. The race organisers reserve the right to accept or reject any entry.
12. Foreign athletes must comply with WA rules all relevant race and domestic rules.
13. All entry fees are non-refundable.
14. Kilometre markers will be placed at each kilometre mark.
15. Medals to finishers **WITHIN THE CUT-OFF TIME**.
16. Toilets will be available at the start and finish and at 25km's & 36km's.
17. The time limit will be 6hrs for the marathon, 3½hrs for the half marathon, 2hrs for the 10km and 1hr for the fun run.
18. Results will be available at www.finishtime.co.za, www.wpa.org.za and at www.topevents.co.za.
19. The use of music players with headphones is not allowed and may result in disqualification.
20. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
21. Wheelchair athletes to please contact the organisers timeously to make arrangements for their participation.
22. Free entries for runners over 70.
23. Temporary license holders when registering must complete and hand in the tear off strip from the number in order to be eligible to compete.
24. In an effort to be environmentally friendly, we supply Water at 17 stations and coke at 10 stations in cups. No sachets will be supplied.
25. Coke and water will be available at the finish.

PARKING

We arranged secure parking for vehicles. Parking is provided for 1500 vehicles in close proximity to the race venue. Security officials are on hand, to keep the vehicles as safe as possible. However, runners making use of these parking facilities must ensure that they do not leave any valuable items or personal belongings in their vehicles.

Parking marshals are on hand to direct race participants to these parking venues. Please obey and respect these parking marshals. Their assistance is invaluable in ensuring that all participants arrive at the race venue on time. Runners are requested to provide adequate time en route to the race to ensure that they arrive on time for the start of the event. Please note that the owners of vehicles that park illegally, will be held liable by the local Traffic Officials.

Routes to venue and parking information will be available at www.topevents.co.za

PERMANENT NUMBERS

The following awards will be handed out as runners who qualify for these prizes finish the race:

1. Permanent numbers for a 10th run; Unique "Wingerdstompie" trophies after 15 completed runs and Double laurel permanent numbers after 20 completed runs.
2. Entrants who have completed 9 Winelands marathons and will qualify for a permanent number, must please indicate as such on the entry form.

The following awards will be awarded at prize giving:

1. Permanent numbers for winning one of the categories (open, 40-49, 50-59, 60-69, 70+) for a 3rd time, Unique "Wynvat" trophies after 25 completed runs, Triple laurel permanent numbers after 30 completed runs and a special unique trophy after 40 completed runs.

PRIZE GIVING AND PRIZES

1. Prize giving for the half marathon will take place at the Eikestad Primary School and start between 09:30 and 10:00. Prize giving for the marathon will take place at the Eikestad Primary School and start between 11:30 and 12:00.
2. In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their Club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
3. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.

42.2KM - MARATHON MEN AND WOMEN

	1	2	3
Open	R7 500	R4 500	R2 500
40 - 49	R1 800	R1 200	R800
50 - 59	R1 800	R1 200	R800
60 - 69	R1 800	R1 200	R800
70+	R1 800	R1 200	R800

Race record men: R10 000

42.2km race record men

Mluleki Nobanda 2:18:47 - 1996

Race record Women: R10 000

42.2km race record women

Isavel Roche-Kelly 2:42:27 - 1981

21.1KM - HALF MARATHON MEN AND WOMEN

	1	2	3
Open	R3 700	R1 800	R1 400
40 - 49	R1 200	R900	R600
50 - 59	R1 200	R900	R600
60 - 69	R1 200	R900	R600
70+	R1 200	R900	R600

Race record men: R2 500

21.1km race record men

Reinhold Iiata 1:05:16 - 2000

Race record Women: R2 500

21.1km race record women

Annie Bothma 1:15:13 - 2018

10KM - MEN AND WOMEN

	1	2	3
JUNIORS	R600	R350	R250
Open	R2 000	R1 400	R1 000
40 - 49	R900	R600	R400
50 - 59	R900	R600	R400
60 - 69	R900	R600	R400
70+	R900	R600	R400

Race record Men: R1 000

10km race record men

Edward Jack 29:20 - 2023

Race record Women: R1 000

10km race record women

Betha Sitariko 40:23 - 2023