

CRUSADERS 10KM - PORT ELIZABETH - 2024/09/28

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	60	355	MELIKHAYA	FRANS	IKHAMVA	M	34	SM	0.30.35	5
2	160	357	SINAWO	POTI	IKHAMVA	M	22	SM	0.31.06	5
3	130	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	0.31.31	5
4	211	40055	BRENDEN	WESSELS	MATIES	M	18	JM	0.31.48	0
5	570	2150	SICELO	MASHABA	MADIBAZ	M	24	SM	0.32.18	5
6	7	1879	ROSS	BARNARD	HOLLYWOO	M	33	SM	0.32.22	5
7	140	1499	OYAMA	NTANTISO	NEDBANK	M	19	SM	0.32.29	5
8	499	40177	SIYAVUYA	JEYI	MOTHER	M	19	JM	0.32.56	5
9	119	1363	THULANI	MDLALO	NEDBANK	M	39	35-39M	0.34.26	5
10	568	513	SIBUSISO	COLEPI	MOTHER	M	19	SM	0.34.29	5
11	124	1322	SINETHEMBA	MIRELE	NEDBANK	M	27	SM	0.34.53	5
12	498	40169	AGCOBILE	JEZILE	MOTHER	M	15	JM	0.35.29	5
13	446	1388	MELIKHAYA	KEPE	NEDBANK	M	48	45-49M	0.35.30	5
14	148	1339	MILA	PASIYA	BLUEBAY	M	45	45-49M	0.35.43	5
15	142	1458	GEORGE	NTSHILIZA	BLUEBAY	M	45	45-49M	0.35.45	5
16	139	350	NTSIKA	Ntamo	IKHAMVA	M	21	SM	0.35.47	5
17	574	40168	HLOMLA	NCUMANI	MOTHER	M	17	JM	0.35.50	5
18	472	40342	Sinawo	April	SIBALEKA	M	15	JM	0.36.04	4
19	54	999	GRAHAM	ESHMADE	CHARLO	M	47	45-49M	0.36.35	5
20	473	40348	SIVENATHI	SODLADLA	SIBALEKA	M	17	JM	0.36.50	4
21	110	40005	BULUMKO	MALINGA	NEDBANK	M	17	JM	0.37.11	4
22	77	378	SIYABONGA	HONNI	IKHAMVA	M	40	40-44M	0.37.18	5
23	488	370	DESMOND	ZIBI	IKHAMVA	M	61	60-64M	0.37.19	5
24	575	1793	LEBOHANG	SENTI	VUKANI	M	38	35-39M	0.37.20	4
25	492	174	VIWE	TEKO	ACT AC	M	26	SM	0.37.23	4
26	215	282	ABDUL	WICOMB	MUIRITE	M	45	45-49M	0.37.31	5
27	500	40167	KHANYISA	GEDZE	MOTHER	M	17	JM	0.37.33	4
28	397	2256	NOEL	ADAMS	SIBALEKA	M	52	50-54M	0.37.37	5
29	247	74	TUMELO	MOCHELENYANE	SAPPE	M	42	40-44M	0.37.51	5
30	578	1313	XOLILE	NDINGANE	NEDBANK	M	53	50-54M	0.38.15	5
31	144	931	ANDILE	NYOKA	CHARLO	M	51	50-54M	0.38.45	5
32	252	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	0.38.52	5
33	476	1213	SEBASTIAN	KLEU	ELITEAC	M	48	45-49M	0.38.56	5
34	388	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	42	40-44F	0.39.02	5
35	383	40011	MPILONTLE	MEKO	RUN4C	M	18	JM	0.39.23	3
36	572	518	ATHINI	MABALA	VUKANI	M	30	SM	0.39.27	3
37	494	40174	SINOMTHE	BOLTINA	MOTHER	M	15	JM	0.39.36	3
38	515	1206	JAN	NEL	TEMP	M	32	SM	0.39.55	0
39	518	2097	TAKUNDA	MUBARE	TEMP	M	20	SM	0.39.57	0
40	156	1477	MARIO	PLAATJIES	NEDBANK	M	43	40-44M	0.40.04	4
41	483	2276	SIYANDA	PETER	BLUEBAY	M	35	35-39M	0.40.08	3
42	571	1406	REFELOE	SOLOMONS	NEDBANK	F	43	40-44F	0.40.10	5
43	104	1127	BRADLEY	MACKENZIE	ACH	M	52	50-54M	0.40.13	5
44	355	1091	LEIGH	CALLAGHAN	ACH	F	29	SF	0.40.27	5
45	131	993	THEMBEKILE	MSIPA	CHARLO	M	50	50-54M	0.40.37	5
46	351	539	SERGIO	PETERSON	RUN4C	M	46	45-49M	0.40.45	4
47	513	1187	RICCO	VISSER	TEMP	M	22	SM	0.40.46	0
48	138	908	KAYLA	NELL	CHARLO	F	30	SF	0.40.47	4
49	445	1503	LUVUYO	DYANI	NEDBANK	M	54	50-54M	0.40.55	5
50	51	829	WYNAND	DU PREEZ	32GI	M	51	50-54M	0.41.00	5
51	493	1810	XOLANI	NTEYI	VUKANI	M	45	45-49M	0.41.11	4
52	394	1480	AUGUST	ESAU	NEDBANK	M	53	50-54M	0.41.12	5
53	182	1642	NICO	SMITH	MADIBA	M	39	35-39M	0.41.18	3
54	177	1461	VUYISILE	SIMAYILE	NEDBANK	M	37	35-39M	0.41.32	3
55	210	522	ADRI	WESSELS	RUN4C	F	48	45-49F	0.41.37	5
56	475	1761	SLULAMI	JACK	TRANSNET	M	49	45-49M	0.41.40	4
57	444	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	58	55-59M	0.41.43	5
58	137	1639	VANDRE	NEL	MADIBA	M	39	35-39M	0.42.11	3
59	134	5110	HASSAN	NDZAKANA	NEDBOR	M	55	55-59M	0.42.12	0
60	37	878	DANE	CRONJE	CHARLO	F	27	SF	0.42.14	3
61	169	955	SIVUYILE	SCHEEPERS	CHARLO	M	31	SM	0.42.49	2
62	442	6942	SHEPHERD	MTETWA	TEMP	F	41	40-44F	0.43.23	0
63	560	1815	GUGU	BUDAZA	VUKANI	M	23	SM	0.43.25	2

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64	553	1431	GIDEON	MENGO	NEDBANK	M	47	45-49M	0.43.32	3
65	248	1847	MHLENGI	MAHLABA	HOLLYWOOD	M	33	SM	0.43.34	2
66	141	1468	XHANTILOMZI	NTENTEMA	NEDBANK	M	27	SM	0.43.36	2
67	78	932	DEAN	HOYLE	CHARLO	M	54	50-54M	0.43.41	3
68	109	898	PATRIC	MAKWENKWE	CHARLO	M	58	55-59M	0.43.55	4
69	35	804	CHARLES	CORBY	32GI	M	54	50-54M	0.43.58	3
70	122	2691	WANDILE	MGENGE	CHILLIEP	M	27	SM	0.44.00	2
71	496	40170	ZINTLE	XHONTI	MOTHER	F	16	JF	0.44.02	3
72	214	534	MIEKE	WESTRAADT	RUN4C	F	29	SF	0.44.04	3
73	367	3476	NTUTHUKO	DLADLA	SAPEC	M	40	40-44M	0.44.05	0
74	75	619	BRETT	HOLMES	ASPEN	M	50	50-54M	0.44.10	3
75	121	938	THOBELO	MFIKILI	CHARLO	M	38	35-39M	0.44.12	2
76	358	2233	FREDAH	NCUBE	MADIBAZ	F	42	40-44F	0.44.13	4
77	249	1518	INGE	WILLIAMS	NEDBANK	F	35	35-39F	0.44.33	3
78	558	40008	Kamvalethu	Makeleni	BLUEBAY	M	18	JM	0.44.39	2
79	474	40354	SENZO	NDZOTOYI	SIBALEKA	M	15	JM	0.44.40	2
80	163	957	PIERRE	RENSHAW	CHARLO	M	51	50-54M	0.44.55	3
81	362	40326	AMOGELANG	SEHLWANA	MADIBAZ	M	20	SM	0.45.07	2
82	556	2089	SIPHESIHLE	JOJA	SANDFEP	M	25	SM	0.45.10	2
83	555	1367	JOHANNES	ARRIES	NEDBANK	M	51	50-54M	0.45.24	3
84	359	648	MVULELI	MAGAWULANA	ASPEN	M	47	45-49M	0.45.33	2
85	166	1643	HERMAN	SAAYMAN	MADIBA	M	40	40-44M	0.45.37	2
86	264	1457	RICHARD	MAZUNGULA	NEDBANK	M	47	45-49M	0.45.39	2
87	251	2559	UNATHI	MELENI	ACT AC	M	29	SM	0.45.40	2
88	484	545	RUHAN	VAN RENSBURG	RUN4C	M	32	SM	0.45.41	2
89	13	970	MALCOLM	BLANDY	CHARLO	M	42	40-44M	0.45.47	2
90	551	2226	TEDDY	PRUSENT	MADIBAZ	M	36	35-39M	0.45.50	2
91	83	1729	BRIAN	JONAS	GELVAN	M	63	60-64M	0.45.55	4
92	366	1971	THEMBISILE	MSUTHU	VUKANI	M	45	45-49M	0.46.03	2
93	221	551	RODGER	GYSMAN	RUN4C	M	50	50-54M	0.46.05	3
94	370	2229	LUTHANDO	NDZAMBO	MADIBAZ	M	41	40-44M	0.46.28	2
95	52	1659	HANNES	ELS	MADIBA	M	74	70+M	0.46.30	5
96	187	989	Brett	Steyn	CHARLO	M	49	45-49M	0.46.32	2
97	439	6939	DEAN	GOW	TEMP	M	41	40-44M	0.46.37	0
98	433	6933	ALULUTO	MKIVA	TEMP	M	17	JM	0.47.04	0
99	255	2666	OBAKENG	MAROGOA	TRANSNET	M	38	35-39M	0.47.14	2
100	161	985	CHRISTOFF	PUREN	CHARLO	M	34	SM	0.47.19	2
101	175	564	GAVIN	SILLS	RUN4C	M	51	50-54M	0.47.29	2
102	453	1083	ALAN	TAYLOR	ACH	M	67	65-69M	0.47.44	4
103	443	1412	RAYMOND	WEITZ	NEDBANK	M	69	65-69M	0.47.59	4
104	5	342	Jonathan	Bakker	MUIRITE	M	33	SM	0.48.00	2
105	398	184	SANELE	SAM	CSEP	M	31	SM	0.48.04	2
106	128	1590	ANNEKE	MOORE	DESPATCH	F	40	40-44F	0.48.06	2
107	346	1597	EDVIN	DONLEY	DESPATCH	M	47	45-49M	0.48.08	2
108	65	914	ETIENNE	GERBER	CHARLO	M	54	50-54M	0.48.17	2
109	25	561	DARRYL	CALVERT	CHARLO	M	49	45-49M	0.48.21	2
110	241	1658	KOOS	OLIVIER	MADIBA	M	66	65-69M	0.48.21	4
111	480	1637	CHARL	MEISTRE	MADIBA	M	39	35-39M	0.48.23	2
112	316	6816	ANDREW	JONAS	TEMP	M	60	60-64M	0.48.34	0
113	2	344	ANTON	AUGUST	MUIRITE	M	42	40-44M	0.48.35	2
114	10	602	JACOBUS	BERNARDO	RUN4C	M	31	SM	0.48.43	2
115	371	1775	BONKE	GOYI	VUKANI	M	36	35-39M	0.48.50	2
116	308	6808	DILIMA	DILIMA	TEMP	M	41	40-44M	0.48.52	0
117	485	2275	XOLELANI	JAM-JAM	SIBALEKA	M	35	35-39M	0.48.54	2
118	167	789	KELVIN	SAMUEL	32GI	M	41	40-44M	0.48.57	2
119	15	944	DISEMBA	BLOU	CHARLO	M	66	65-69M	0.49.03	3
120	8	949	WELCOME	BASKITI	CHARLO	M	57	55-59M	0.49.06	2
121	312	6812	DANIELLE	FULTON	TEMP	F	29	SF	0.49.12	0
122	96	576	VERNON	LANDMAN	RUN4C	M	49	45-49M	0.49.18	2
123	230	1618	SUZETTE	VICTOR	MADIBA	F	54	50-54F	0.49.20	3
124	34	1954	LEONARD	CONRADIE	BLUEBAY	M	70	70+M	0.49.21	4
125	16	890	SIMPHIWE	BLOU	CHARLO	M	52	50-54M	0.49.25	2
126	164	1519	SANETTE	RYAN	ELITEAC	F	54	50-54F	0.49.28	3
127	304	6804	PETA	CARRINGTON	TEMP	M	29	SM	0.49.38	0

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128	431	1289	NICK	CHAPMAN	VWAC	M	52	50-54M	0.49.57	2
129	567	1061	CHESTER	BROOKS	XCEL	M	66	65-69M	0.50.00	3
130	126	964	JUSTIN	MOGRIDGE	CHARLO	M	36	35-39M	0.50.03	1
131	343	1598	LERENZO	FRANCIS	DESPATCH	M	38	35-39M	0.50.07	1
132	217	891	GEORGE	WINSHIP	CHARLO	M	58	55-59M	0.50.12	2
133	82	1351	SHARON	JESSOP	NEDBANK	F	54	50-54F	0.50.17	3
134	254	2030	SZASZ	MEEKMA	32GI	F	28	SF	0.50.20	2
135	30	1583	JUANITA	CLAASSEN	DESPATCH	F	35	35-39F	0.50.32	2
136	310	6810	TRISTEN	DU RANDT	TEMP	M	24	SM	0.50.36	0
137	253	1256	JANINE	WHITTAL	ELITEAC	F	43	40-44F	0.50.39	2
138	350	1032	TANIA	KITCHING	BODYCON	F	46	45-49F	0.50.39	2
139	423	6923	THABISO	NAKIN	TEMP	M	38	35-39M	0.50.40	0
140	344	51661	MATEO	FARO	ORMAMBA	M	56	55-59M	0.50.45	0
141	428	6928	KEAGAN	HOYLE	TEMP	M	18	JM	0.50.51	0
142	150	1510	PRESTON	PETERSEN	NEDBANK	M	36	35-39M	0.50.55	1
143	377	651	SANNAH	MPUKULA	ASPEN	F	50	50-54F	0.51.03	3
144	147	1373	MATTHEW	OSBORNE	NEDBANK	M	36	35-39M	0.51.06	1
145	385	51054	DOLLY	NDUDE	BUFFALO	F	52	50-54F	0.51.08	0
146	92	2255	Brooke	Kruger	MADIBAZ	F	21	SF	0.51.12	2
147	495	1099	DEAN	FINLAY	ACH	M	58	55-59M	0.51.21	2
148	62	791	CHARL	GERBER	32GI	M	48	45-49M	0.51.27	2
149	451	1360	SITHEMBILE	MPAKO	NEDBANK	M	64	60-64M	0.51.34	2
150	74	1666	Julia	Hofart	MADIBA	F	41	40-44F	0.51.41	2
151	171	2662	MONTE	SCHOLTZ	RUN4C	M	63	60-64M	0.51.42	2
152	514	1195	FASEEG	ABRAHAMS	TEMP	M	42	40-44M	0.51.43	0
153	189	1222	BURNITA	STRYDOM	ELITEAC	F	56	55-59F	0.51.45	3
154	487	40155	YONKELA	KWEKWANI	SIBALEKA	F	18	JF	0.51.52	2
155	120	934	JEAN	MEYER	CHARLO	M	45	45-49M	0.51.55	1
156	204	883	LINDI	VAN TONDER	CHARLO	F	46	45-49F	0.51.57	2
157	392	1277	DENVER	ELLIE	VWAC	M	44	40-44M	0.52.00	1
158	79	983	JOANNE	HOYLE	CHARLO	F	55	55-59F	0.52.01	3
159	188	40182	Dylan-John	Steyn	CHARLO	M	16	JM	0.52.04	1
160	220	1075	GAVIN	SCHONKNECHT	ACH	M	56	55-59M	0.52.13	2
161	389	1452	EDDIE	EADES	NEDBANK	M	75	70+M	0.52.19	3
162	405	6905	DALE	STOCK	TEMP	M	44	40-44M	0.52.21	0
163	228	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	0.52.28	2
164	162	554	PETRUS	RADEMEYER	RUN4C	M	50	50-54M	0.52.32	2
165	240	1088	PERCY	DALTON	ACH	M	76	70+M	0.52.39	2
166	561	1472	ALTON	THOMAS	NEDBANK	M	49	45-49M	0.52.42	1
167	303	6803	CHRISTOPHER	BROWNE	TEMP	M	27	SM	0.52.43	0
168	521	2685	YANDISA	MAYONGO	TEMP	M	34	SM	0.52.57	0
169	374	650	TAFADZWA	MARAMBIRE	ASPEN	M	41	40-44M	0.53.01	1
170	250	1346	KALLIE	KLINKENBURG	NEDBANK	M	40	40-44M	0.53.03	1
171	89	1621	WILHELM	KILIAN	MADIBA	M	48	45-49M	0.53.04	1
172	342	1474	MICHELE	MOOLMAN	NEDBANK	F	39	35-39F	0.53.06	1
173	111	952	CINDY	MARAIS	CHARLO	F	47	45-49F	0.53.07	2
174	256	1586	MAUDY	BOTES	DESPATCH	F	42	40-44F	0.53.07	2
175	376	419	AMANDA	NOHAJI	CHILLIEP	F	36	35-39F	0.53.09	1
176	229	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	0.53.14	3
177	41	75	HESTER	DEKKER	SAPPE	F	52	50-54F	0.53.14	2
178	565	507	VUSIKAYA	MANCAPA	MOTHER	M	59	55-59M	0.53.14	2
179	42	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	0.53.14	1
180	349	1118	BRUCE	KING	ACH	M	58	55-59M	0.53.15	2
181	424	6924	SEAN	RADUE	TEMP	M	52	50-54M	0.53.17	0
182	430	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	34	SM	0.53.20	1
183	368	52	DARIUS	SWIEGELAAR	SAPPE	M	29	SM	0.53.22	1
184	497	637	MARK	GODDARD	ASPEN	M	28	SM	0.53.26	1
185	347	634	JO-ANNE	FORSON	ASPEN	F	36	35-39F	0.53.27	1
186	106	1389	BABALO	MAKALIMA	NEDBANK	M	41	40-44M	0.53.32	1
187	315	6815	JARRYD	HOPNER	TEMP	M	15	JM	0.53.35	0
188	61	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	0.53.43	3
189	95	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	40	40-44F	0.53.52	1
190	361	2626	MCEBISI	MZINZI	DPWEC	M	44	40-44M	0.53.57	1
191	123	170	THANDEKA	MHLANGA	ACT AC	F	34	SF	0.54.05	1

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192	365	2693	CHRISTOPHER	SINCLAIR	MADIBA	M	35	35-39M	0.54.05	1
193	506	1171	LYNN-HAY	FREWEN	TEMP	F	39	35-39F	0.54.11	0
194	31	603	Andries	Coetsee	RUN4C	M	39	35-39M	0.54.13	1
195	491	1238	PIETER	GERBER	ELITEAC	M	49	45-49M	0.54.22	1
196	212	39	NADIA	WESSELS	PEAAC	F	54	50-54F	0.54.22	2
197	33	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	0.54.24	2
198	168	900	JASON	SAUNDERS	CHARLO	M	45	45-49M	0.54.31	1
199	435	6935	ANDRE	IMMELMAN	TEMP	M	47	45-49M	0.54.34	0
200	432	1715	RAYMOND	JACOBS	GELVAN	M	67	65-69M	0.54.34	2
201	375	417	PETER	MSIZA	CHILLIEP	M	51	50-54M	0.54.36	1
202	219	1010	JAN	VAN EEDEN	NEDBANK	M	66	65-69M	0.54.37	2
203	505	1095	YOLANDA	DUGMORE	TEMP	F	51	50-54F	0.54.37	0
204	27	1111	GRAHAM	CHANNON	ACH	M	75	70+M	0.54.46	2
205	259	1018	IVO	MEYER	BODYCON	M	49	45-49M	0.54.48	1
206	426	6926	MATTHEW	VAN JAARSVELDT	TEMP	M	38	35-39M	0.54.52	0
207	237	1567	JACOBUS	WYATT	DESPATCH	M	61	60-64M	0.54.56	1
208	238	1962	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	0.54.56	1
209	127	888	DENVER	MOODLEY	CHARLO	M	43	40-44M	0.54.57	1
210	71	877	KURT	GROENER	CHARLO	M	43	40-44M	0.54.57	1
211	112	948	THOMAS	MARAIS	CHARLO	M	37	35-39M	0.55.00	1
212	50	1609	WILLEMEN	DU RANDT	DESPATCH	F	50	50-54F	0.55.02	2
213	180	930	IMKE	SMIT	CHARLO	F	35	35-39F	0.55.02	1
214	108	1291	ASHENDA	MAKONIE	VWAC	F	48	45-49F	0.55.05	1
215	199	1648	KEITH	VALENTINE	MADIBA	M	33	SM	0.55.08	1
216	45	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	0.55.10	1
217	364	2416	JOHN	FREWEN	MADIBA	M	62	60-64M	0.55.21	1
218	456	341	DELME	REDCLIFFE	MUIRITE	M	40	40-44M	0.55.26	1
219	507	1559	LOUISE	KNIGHT	TEMP	F	57	55-59F	0.55.27	0
220	326	6826	MARYNA	MEYER	TEMP	F	53	50-54F	0.55.29	0
221	20	1205	ALISON	BOWKER	ELITEAC	F	36	35-39F	0.55.37	1
222	38	2333	TENIELLE	DE ANDRADE	VITALITY	F	39	35-39F	0.55.44	1
223	557	307	DENVER	HUME	MUIRITE	M	46	45-49M	0.55.53	1
224	318	6818	DONOVAN	LE ROUX	TEMP	M	39	35-39M	0.56.02	0
225	396	1299	MICHAEL	SLATER	VWAC	M	54	50-54M	0.56.04	1
226	338	6838	JONATHAN	RAUCH	TEMP	M	27	SM	0.56.07	0
227	576	2514	Lehlohonolo	Thokoa	ABSAEP	M	43	40-44M	0.56.17	1
228	341	2539	Luthando	Yibe	ABSAEP	M	43	40-44M	0.56.17	1
229	527	2845	SHIRLEY	ASPIRE	TEMP	F	44	40-44F	0.56.18	0
230	477	1042	EUGENE	VAN WYK	XCEL	M	53	50-54M	0.56.18	1
231	400	1233	CURT	ROBERTS	ELITEAC	M	39	35-39M	0.56.18	1
232	348	633	DAVID	NEL	ASPEN	M	37	35-39M	0.56.18	1
233	391	130	IGHSAAN	ISAACS	MALABAR	M	59	55-59M	0.56.22	1
234	116	990	BRETT	MCLAREN	CHARLO	M	38	35-39M	0.56.23	1
235	412	6912	SOLANDI	VAN ZYL	TEMP	F	33	SF	0.56.27	0
236	502	1066	ROBYN	BIRD	TEMP	F	52	50-54F	0.56.27	0
237	409	6909	VALMARIE	VAN DE VYVER	TEMP	F	33	SF	0.56.28	0
238	466	1203	ANNEMIE	DU TOIT	ELITEAC	F	40	40-44F	0.56.35	1
239	76	618	KELLY	HOLMES	ASPEN	F	47	45-49F	0.56.40	1
240	174	1001	AMANDA	SHAW	BODYCON	F	59	55-59F	0.56.44	2
241	234	5345	ROBERT	BUTTON	OLDSELB	M	65	65-69M	0.56.47	0
242	463	1910	THANDO	FRANS	SPAREC	M	46	45-49M	0.56.50	1
243	64	1635	DORIS	GERBER	MADIBA	F	53	50-54F	0.56.52	1
244	1	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	0.56.57	2
245	231	1512	DEON	ENGELBRECHT	NEDBANK	M	56	55-59M	0.56.59	1
246	339	6839	LEANDRA	ROSSLEE	TEMP	F	40	40-44F	0.57.02	0
247	105	51558	DALU	MAJEKE	NEDBOR	M	47	45-49M	0.57.10	0
248	470	1284	DEAN	BOSMAN	VWAC	M	42	40-44M	0.57.13	1
249	239	1560	PIETER	STRYDOM	DESPATCH	M	63	60-64M	0.57.15	1
250	26	693	NOMFUSI	CESHEMBA	VUKANI	F	42	40-44F	0.57.16	1
251	143	2508	THEMBU	NTSUKUNYANE	ABSAEP	F	45	45-49F	0.57.20	1
252	58	529	ANDRE	FOURIE	RUN4C	M	77	70+M	0.57.35	1
253	386	2671	MARK	DU PIESANIE	RUN4C	M	33	SM	0.57.47	1
254	317	6817	MUSTATA	LAGARDIEN	TEMP	M	31	SM	0.57.56	0
255	331	6831	ULRICH	NIEUWOUDT	TEMP	M	29	SM	0.57.58	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
256	203	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	60	60-64F	0.57.59	2
257	335	6835	LAURE	PIETERSE	TEMP	M	53	50-54M	0.58.01	0
258	384	2068	Clarence	Manuel	GELVAN	M	30	SM	0.58.05	1
259	469	2520	SINETHEMBA	MAGUTYWA	ABSAEP	M	42	40-44M	0.58.11	1
260	419	6919	CARLI	BOTMA-KLEU	TEMP	F	40	40-44F	0.58.12	0
261	223	4	SHANE	SAUNDERS	RUN4C	M	57	55-59M	0.58.16	1
262	468	1202	JACQUES	LANGLEY	ELITEAC	M	35	35-39M	0.58.19	1
263	202	926	TREVOR	VAN RENSBURG	CHARLO	M	72	70+M	0.58.23	1
264	157	889	PETER	POHLMANN	CHARLO	M	61	60-64M	0.58.26	1
265	176	563	LINDA	SILLS	RUN4C	F	42	40-44F	0.58.27	1
266	363	2417	MARIZA	FREWEN	MADIBA	F	62	60-64F	0.58.31	1
267	17	1588	JACQUES	BOTHA	DESPATCH	M	50	50-54M	0.58.36	1
268	489	535	GERT	HARMSE	RUN4C	M	58	55-59M	0.58.39	1
269	356	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	41	40-44M	0.58.40	1
270	48	1257	SAMANTHA	DOUGLAS	ELITEAC	F	36	35-39F	0.58.47	1
271	516	2006	LOYISO	MALOTANA	TEMP	M	48	45-49M	0.58.48	0
272	372	352	ZUKO	MALIWA	IKHAMVA	M	47	45-49M	0.58.50	1
273	390	2497	FRANCOIS	WIUM	DESPATCH	M	41	40-44M	0.58.52	1
274	413	2702	SASKIA	WAIT	RUN4C	F	22	SF	0.58.55	1
275	93	595	MARISKA	KRUGER	RUN4C	F	46	45-49F	0.58.59	1
276	178	583	CHRISTELLE	SLABBERT	RUN4C	F	52	50-54F	0.58.59	1
277	569	1043	DAVID	BAINS	XCEL	M	58	55-59M	0.59.01	1
278	57	1403	JOHAN	FERREIRA	RUN4C	M	62	60-64M	0.59.02	1
279	85	1600	YVETTE	JONKER	DESPATCH	F	52	50-54F	0.59.14	1
280	205	1582	MARINET	VAN TONDER	DESPATCH	F	46	45-49F	0.59.20	1
281	422	6922	SISEKO	MKUMLA	TEMP	M	39	35-39M	0.59.24	0
282	133	2026	NOSIPHIWO	MZANYWA	ASPEN	F	35	35-39F	0.59.24	1
283	244	2352	ASANDA	SASANTI	VITALITY	F	34	SF	0.59.31	1
284	18	1689	SILKE	BOTHA	MADIBA	F	27	SF	0.59.40	1
285	345	1219	MELANIE	CHRISTIE	ELITEAC	F	40	40-44F	0.59.46	1
286	399	1259	HEINZ	CONRAD	ELITEAC	M	45	45-49M	0.59.47	1
287	117	538	IGNIS	MCLAREN	RUN4C	M	58	55-59M	1.00.05	1
288	11	956	NEELES	BHANA	CHARLO	M	53	50-54M	1.00.13	1
289	411	6911	BEHAARDIEN	VAN TONDER	TEMP	M	54	50-54M	1.00.18	0
290	562	1790	LUVUJO	SIWUNDLA	VUKANI	M	44	40-44M	1.00.36	1
291	154	455	JODI	PIENAAR	WALMER	M	30	SM	1.00.38	1
292	47	82	LETA	DOS SANTOS	INFINITY	F	60	60-64F	1.00.40	1
293	460	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	45	45-49F	1.00.45	1
294	393	1592	BENNIE	THYSSE	DESPATCH	M	67	65-69M	1.00.50	1
295	88	2640	ROZETTA	KEMP	RUN4C	F	70	70+F	1.00.52	1
296	152	2158	NONDUMISO	PHAKATHI	MADIBAZ	F	43	40-44F	1.01.00	1
297	403	6903	DANIEL	SCHLUTER	TEMP	M	31	SM	1.01.06	0
298	552	40320	SYLVAN	BLIGNAUT	MADIBAZ	M	65	65-69M	1.01.08	1
299	340	6840	CARMEN	SAMPSON	TEMP	F	34	SF	1.01.12	0
300	136	1636	LISTIA	NEL	MADIBA	F	49	45-49F	1.01.13	1
301	181	1627	NATASHA	SMITH	MADIBA	F	38	35-39F	1.01.20	1
302	257	1585	GEORGE	BOTES	DESPATCH	M	50	50-54M	1.01.23	1
303	323	6823	JACO	MCLAREN	TEMP	M	25	SM	1.01.27	0
304	427	6927	TENNILLE	VAN JAARVELDT	TEMP	F	38	35-39F	1.01.30	0
305	19	298	SANET	BOUCHER	MUIRITE	F	45	45-49F	1.01.33	1
306	155	1094	MARIETJIE	PIETERSEN	ACH	F	67	65-69F	1.01.34	1
307	328	6828	BHEKI	MKHWANAZI	TEMP	M	38	35-39M	1.01.46	0
308	21	1280	CHRISTOPHER	BRUINJIES	VWAC	M	52	50-54M	1.01.49	1
309	512	1811	MICHELLE	MEYER	TEMP	F	44	40-44F	1.01.56	0
310	97	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	1.01.57	1
311	420	6920	ALVARO	HENRIQUES	TEMP	M	46	45-49M	1.01.59	0
312	207	40429	HENDRE	VIVIERS	SCHOOL	M	15	JM	1.02.06	1
313	258	592	JOHAN	VERMEUEN	RUN4C	M	57	55-59M	1.02.31	1
314	49	1212	EDMUND	DRAKE	ELITEAC	M	34	SM	1.02.33	1
315	206	880	WENDY	VENTER	CHARLO	F	52	50-54F	1.02.34	1
316	103	2149	WAYNE	MAC GEAR	MADIBAZ	M	61	60-64M	1.02.48	1
317	448	1331	JAN	LE ROUX	NEDBANK	M	65	65-69M	1.03.14	1
318	459	1415	ERROL	ROSSOUW	SIBALEKA	M	74	70+M	1.03.16	1
319	179	1087	FRANCOIS	SMIT	ACH	M	64	60-64M	1.03.33	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
320	216	2515	OZELLE	WIEHAHN	ABSAEP	F	50	50-54F	1.03.35	1
321	200	927	ANTON	VAN WYK	CHARLO	M	56	55-59M	1.03.36	1
322	87	969	GARY	KELLEHER	CHARLO	M	67	65-69M	1.03.38	1
323	447	1333	MBULELO	SOBIKWA	NEDBANK	M	70	70+M	1.03.45	1
324	243	1103	LIZ	AUSTIN	ACH	F	66	65-69F	1.03.47	1
325	172	2696	NIENKE	SCHOLTZ	RUN4C	F	27	SF	1.03.56	1
326	577	1819	ZOLANI	MQOQI	VUKANI	M	47	45-49M	1.03.57	1
327	450	361	JULIUS	SHOGOLE	IKHAMVA	M	71	70+M	1.04.04	1
328	224	3	KEVIN	BENADE	PEAAC	M	56	55-59M	1.04.06	1
329	53	1632	JOS	ELS	MADIBA	F	72	70+F	1.04.11	1
330	32	2642	CHRISNA	COETSEE	RUN4C	F	38	35-39F	1.04.18	1
331	165	1274	GAYLE	SAAYMAN	VWAC	F	36	35-39F	1.04.37	1
332	39	1624	ESTELLE	DE KLERK	MADIBA	F	58	55-59F	1.04.38	1
333	14	1631	AMANDA	BLIGNAULT	MADIBA	F	65	65-69F	1.04.40	1
334	327	6827	JENNIFER	MICHAU	TEMP	F	58	55-59F	1.04.42	0
335	479	2488	RUAN	JONKER	DESPATCH	M	25	SM	1.04.47	1
336	511	1679	KAY-LEE	MARX	TEMP	F	28	SF	1.04.49	0
337	566	1708	DEON	SMITH	GELVAN	M	56	55-59M	1.04.51	1
338	455	213	SHARON	SMUTS	CSEP	F	58	55-59F	1.04.55	1
339	418	6918	NATALIE	ELLIOT	TEMP	F	54	50-54F	1.05.02	0
340	55	1935	XENOPHON	FERREIRA	BLUEBAY	M	63	60-64M	1.05.07	1
341	380	25144	THABO	HEADBUSH	WATER	M	50	50-54M	1.05.11	0
342	99	1077	THERESA	LILLIS	ACH	F	68	65-69F	1.05.14	1
343	454	328	MADRE	WELMANS	MUIRITE	F	55	55-59F	1.05.15	1
344	305	6805	ILSE	CLAASSENS	TEMP	F	25	SF	1.05.17	0
345	73	1641	DEBBIE	HILTON	MADIBA	F	52	50-54F	1.05.19	1
346	381	1684	ERIKA	FOREMAN	MADIBA	F	54	50-54F	1.05.24	1
347	406	6906	HELEN	STOCK	TEMP	F	47	45-49F	1.05.27	0
348	517	2096	THOMAS	MATTHEWS	TEMP	M	59	55-59M	1.05.32	0
349	22	2518	Wendy	Bululu	ABSAEP	F	41	40-44F	1.05.36	1
350	184	2421	ADRI	SONNEKUS	MADIBA	F	38	35-39F	1.05.39	1
351	135	1677	LUETTE	NEL	MADIBA	F	46	45-49F	1.05.41	1
352	395	1464	DAVID	O'REILLY	NEDBANK	M	76	70+M	1.05.58	1
353	195	895	GIANNI	TISTELLI	CHARLO	M	53	50-54M	1.06.07	1
354	213	1119	TREMAINE	WESSON	ACH	M	64	60-64M	1.06.19	1
355	325	6825	ANDREW	MEYER	TEMP	M	51	50-54M	1.06.21	0
356	196	918	HANNAH	TRUTER	CHARLO	F	32	SF	1.06.23	1
357	29	903	KESVAL	CHETTY	CHARLO	M	60	60-64M	1.06.26	1
358	481	1532	DUNCAN	STEENKAMP	MADIBA	M	26	SM	1.06.37	1
359	524	2842	TANYA	JANSEN VAN VUUREN	TEMP	F	56	55-59F	1.06.50	0
360	467	2706	TAMMY	SOUTHBY	32GI	F	50	50-54F	1.07.03	1
361	307	6807	JOELENE	DANN	TEMP	F	34	SF	1.07.07	0
362	201	292	CHANTELL	VAN BAALLEN	MUIRITE	F	48	45-49F	1.07.31	1
363	149	996	PAULA	PEARCE	CHARLO	F	56	55-59F	1.07.34	1
364	501	1061	MICHELLE	BLOM	TEMP	F	47	45-49F	1.07.35	0
365	441	6941	LISA	RANDALL	TEMP	F	44	40-44F	1.07.43	0
366	486	562	JUDITH	NIENABER	RUN4C	F	64	60-64F	1.07.55	1
367	464	1911	NANDIPA	MYELEYELE	SPAREC	F	36	35-39F	1.07.57	1
368	373	1266	DAVID	CHENGWE	VWAC	M	46	45-49M	1.07.58	1
369	458	626	VICKI	VAN SCHALKWYK	ASPEN	F	43	40-44F	1.08.06	1
370	40	72	HERMAN	DEKKER	SAPPE	M	79	70+M	1.08.22	1
371	387	1365	JOHN	FACEY	NEDBANK	M	67	65-69M	1.08.47	1
372	242	1104	CATHY	IVES	ACH	F	71	70+F	1.08.48	1
373	225	512	GARFIELD	TSATSANE	SIBALEKA	M	58	55-59M	1.08.50	1
374	36	100	LYNETTE	CRAUSE	INFINITY	F	64	60-64F	1.08.54	1
375	306	6806	MIRANDA	COGGER	TEMP	F	47	45-49F	1.09.09	0
376	414	6914	MARK	WEYER	TEMP	M	59	55-59M	1.09.12	0
377	227	566	JANINE	VILJOEN	RUN4C	F	54	50-54F	1.09.24	1
378	503	1068	SHELLY	HILLIER	TEMP	F	39	35-39F	1.09.28	0
379	24	904	MARI	CALITZ	CHARLO	F	64	60-64F	1.09.30	1
380	461	790	HEIDRIN	GERBER	32GI	F	55	55-59F	1.09.31	1
381	145	1956	SONJA	OLIVIER	BLUEBAY	F	57	55-59F	1.09.40	1
382	198	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	1.09.46	1
383	302	6802	ASHRAF	ABRAHAMS	TEMP	M	52	50-54M	1.09.47	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
384	6	53870	CHANELLE	BARNARD	DURBAC	F	42	40-44F	1.09.49	0
385	309	6809	LEANE	DU PREEZ	TEMP	F	16	JF	1.09.59	0
386	197	1634	TANIA	TRUTER	MADIBA	F	52	50-54F	1.10.13	1
387	322	6822	BUSISIWE	MAPASA-DUBE	TEMP	F	41	40-44F	1.10.15	0
388	436	6936	JOHAN	GERBER	TEMP	M	45	45-49M	1.10.18	0
389	334	6834	JESS	PETERS	TEMP	F	23	SF	1.10.20	0
390	336	6836	MPUMELELO	PILISANI	TEMP	M	55	55-59M	1.10.23	0
391	482	1556	RIAANA	BOUWER	DESPATCH	F	48	45-49F	1.10.30	1
392	462	1286	SHANDRY	NAZER	VWAC	F	35	35-39F	1.10.37	1
393	68	14493	VICTORIA	GOODALL	CCJHB	F	43	40-44F	1.10.39	0
394	330	6830	ROXANNE	MULLER	TEMP	F	39	35-39F	1.10.55	0
395	12	855	Pamela	Black	32GI	F	51	50-54F	1.10.57	1
396	194	1023	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	SF	1.11.37	1
397	81	318	KAREN	HUME	MUIRITE	F	45	45-49F	1.11.44	1
398	410	6910	JENNY	VAN DER WALT	TEMP	F	42	40-44F	1.11.46	0
399	86	886	CELEST	JOYCE	CHARLO	F	55	55-59F	1.12.09	1
400	352	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	38	35-39F	1.12.10	1
401	490	40188	Lauren	Gerber	ELITEAC	F	17	JF	1.12.15	1
402	407	6907	SINOTHANDO	TISO	TEMP	F	30	SF	1.12.21	0
403	245	609	Richard	Sullivan	RUN4C	M	54	50-54M	1.12.22	1
404	191	2670	KAREN	STUTHARD	VITALITY	F	51	50-54F	1.12.29	1
405	98	1693	JASON	LE ROUX	GELVAN	M	28	SM	1.12.36	1
406	457	2280	SELBY	THABETHE	SIBALEKA	M	50	50-54M	1.12.39	1
407	353	51822	NOLUBABALO	MTSHAKAZI	KOMANI	F	45	45-49F	1.12.52	0
408	382	1683	SUNET	HARRIS	MADIBA	F	51	50-54F	1.13.02	1
409	28	923	EVA	CHETTY	CHARLO	F	56	55-59F	1.13.04	1
410	311	6811	CINDY	FERREY	TEMP	F	58	55-59F	1.13.14	0
411	313	6813	COMINE	GIERZ	TEMP	F	59	55-59F	1.13.15	0
412	183	1008	VERONICA	SMITH	BODYCON	F	58	55-59F	1.13.17	1
413	449	468	IRMA	DE JAGER	WALMER	F	64	60-64F	1.13.32	1
414	415	6915	TERSIA	WEYER	TEMP	F	56	55-59F	1.13.41	0
415	67	570	PIETER	GERBER	RUN4C	M	66	65-69M	1.13.53	1
416	360	98	AMANDA	WOLMARANS	INFINITY	F	65	65-69F	1.14.19	1
417	246	64	DAVID	FORTEIN	SAPPE	M	59	55-59M	1.14.30	1
418	66	8	KOBUS	GERBER	PEAAC	M	80	70+M	1.14.40	1
419	429	6939	ASHLEY	MATEO	TEMP	F	24	SF	1.14.45	0
420	260	543	NIEKIE	OOSTHUIZEN	RUN4C	F	54	50-54F	1.14.48	1
421	222	1239	YOLANDE	KNOETZE	ELITEAC	F	57	55-59F	1.14.55	1
422	100	920	LOCHI	LOCHNER	CHARLO	M	76	70+M	1.15.00	1
423	226	5505	BONISWA	ZONDANI	CHEETAH	F	40	40-44F	1.15.09	0
424	504	1087	JESSICA	VAN DER MERWE	TEMP	F	34	SF	1.15.15	0
425	159	315	SIMONE	POTGIETER	MUIRITE	F	46	45-49F	1.15.25	1
426	333	6833	MMELI	NOMBEWU	TEMP	M	29	SM	1.15.28	0
427	146	1231	HELENE	OPPEL	ELITEAC	F	74	70+F	1.15.35	1
428	417	6917	NOREEN	NELSON	TEMP	F	59	55-59F	1.15.40	0
429	379	1655	ANITA	COETZER	MADIBA	F	51	50-54F	1.15.45	1
430	301	6801	MOGAMAD	ABDOLLATIEF	TEMP	M	51	50-54M	1.16.08	0
431	114	2563	PHAKAMA	MATATA	RUN4C	F	33	SF	1.16.14	1
432	190	1622	ZELDA	STRYDOM	MADIBA	F	43	40-44F	1.16.17	1
433	452	197	AUBREY	LE ROUX	CSEP	M	71	70+M	1.16.37	1
434	113	928	ALLISTER	MARRAN	CHARLO	M	48	45-49M	1.16.54	1
435	563	53	KEZIA	PRINSLOO	SAPPE	F	40	40-44F	1.17.04	1
436	525	2843	INGE	FOURIE	TEMP	F	25	SF	1.17.05	0
437	337	6837	BIANCA	RADEMEYER	TEMP	F	25	SF	1.17.07	0
438	94	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	55-59M	1.17.08	1
439	63	971	DEIDRE	GERBER	CHARLO	F	53	50-54F	1.17.24	1
440	523	2988	CARLA	FOURIE	TEMP	F	28	SF	1.17.53	0
441	554	1305	CASEY	ISAACS	VWAC	F	46	45-49F	1.18.12	1
442	209	550	LIEZEL	WAIT	RUN4C	F	51	50-54F	1.18.14	1
443	43	40001	ZANTE	DEKKER	SAPPE	F	17	JF	1.18.24	1
444	44	2710	TINA	DERBYSHIRE	SAPEC	F	70	70+F	1.18.26	0
445	354	1117	GRAHAM	NELL	ACH	M	73	70+M	1.18.58	1
446	408	6908	VUYO	TSHIKI	TEMP	M	36	35-39M	1.19.54	0
447	471	2283	NOMBULELO	NDZUZO	SIBALEKA	F	44	40-44F	1.20.04	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
448	132	453	JO-ANNE	MUIR	WALMER	F	55	55-59F	1.20.19	1
449	158	452	SHARON	POTGIETER	WALMER	F	59	55-59F	1.20.21	1
450	522	2987	FABIAN	MARAIS	TEMP	M	39	35-39M	1.20.43	0
451	440	6940	MESHAN	GOVENDER	TEMP	M	42	40-44M	1.20.45	0
452	465	1241	MARLENE	TERBLANCHE	ELITEAC	F	74	70+F	1.21.43	1
453	520	2099	ZIMKITHA	DAYI-SIBANGELE	TEMP	F	39	35-39F	1.21.45	0
454	59	528	HELEN	FOURIE	RUN4C	F	54	50-54F	1.22.16	1
455	115	520	NOMVUYO	MCINGANA	SIBALEKA	F	43	40-44F	1.23.12	1
456	416	6916	KENNY	JARDINE	TEMP	M	58	55-59M	1.23.18	0
457	321	6821	SIYABULELA	MAKAULA	TEMP	M	32	SM	1.23.48	0
458	118	527	MARYKE	MCLAREN	RUN4C	F	55	55-59F	1.23.53	1
459	324	6824	LIEN-MARI	MCLAREN	TEMP	F	27	SF	1.23.53	0
460	72	1434	DIANNE	HARTZENBERG	NEDBANK	F	65	65-69F	1.24.25	1
461	526	2844	VUYISEKA	MAKALIMA	TEMP	F	40	40-44F	1.25.39	0
462	369	1122	BOB	STEDMAN	ACH	M	75	70+M	1.26.50	1
463	434	6934	CLEMENT	LE ROUX	TEMP	M	37	35-39M	1.26.52	0
464	329	6829	CHARLOTTE	MOTHILALL	TEMP	F	41	40-44F	1.27.51	0
465	102	942	EDITH	MAC GEAR	CHARLO	F	56	55-59F	1.27.55	1
466	559	1720	NOLEEN	NORRIS	GELVAN	F	67	65-69F	1.28.58	1
467	378	939	DINA	SCHUTTE	CHARLO	F	58	55-59F	1.29.01	1
468	510	1650	CORNELIUS	JACOBS	TEMP	M	40	40-44M	1.30.20	0
469	508	1629	SIMONE	JACOBS	TEMP	F	39	35-39F	1.30.21	0
470	509	1649	RICHTER	JACOBS	TEMP	M	37	35-39M	1.30.22	0
471	478	1640	CHERYL	WITTE	MADIBA	F	62	60-64F	1.30.30	1
472	46	81	JOSE	DOS SANTOS	INFINITY	M	59	55-59M	1.30.35	1
473	153	1095	MOF	BOTHA	ACH	M	68	65-69M	1.32.38	1
474	232	1991	LYNDENE	DAVIDSON	PROFILES	F	48	45-49F	1.32.46	1
475	564	1703	GODFREY	KARIEM	GELVAN	M	83	70+M	1.33.16	1
476	90	1650	PIERRE	KNOESEN	MADIBA	M	70	70+M	1.37.02	1
477	438	6938	NANGAMSO	MABUSELA	TEMP	F	32	SF	1.37.23	0
478	437	6937	HEIDI	GERBER	TEMP	F	45	45-49F	1.37.58	0
479	235	559	SILVIA	JONCK	RUN4C	F	63	60-64F	1.39.22	1
480	519	2098	NELISWA	MYATHAZA	TEMP	F	24	SF	1.41.28	0
HELPERS RUN										
H1	1001	758	WERNER	DE LANGE	CRUSADE	M	36	35-39M	0.48.49	2
H2	1002	731	GAVIN	ROGERS	CRUSADE	M	60	60-64M	0.49.09	3
H3	1003	706	STEPHEN	MCCARTHY	CRUSADE	M	63	60-64M	0.51.19	2
H4	1004	1247	LISLE	MATTHEWS	ELITEAC	F	50	50-54F	0.53.33	2
H5	1005	745	KATHLEEN	FLANAGAN	CRUSADE	F	38	35-39F	0.53.56	1
H6	1006	327	ELWIN	WOODS	MUIRITE	M	61	60-64M	0.54.18	2
H7	1007	727	ANGELA	ROGERS	CRUSADE	F	55	55-59F	0.55.36	2
H8	1008	733	ALEX	DU TOIT	CRUSADE	M	59	55-59M	0.55.37	1
H9	1009	721	FIONA	FLEUR	CRUSADE	F	39	35-39F	0.57.36	1
H10	1010	741	MARGARET	LLOYD	CRUSADE	F	60	60-64F	0.57.38	2
H11	1011	728	PAUL	LUBBE	CRUSADE	M	62	60-64M	0.57.45	1
H12	1012	1237	HERMAN	MATTHEWS	ELITEAC	M	49	45-49M	0.58.01	1
H13	1013	445	AKHONA	MOSIANE	CHILLIEP	F	37	35-39F	0.59.37	1
H14	1014	625	YOLANDA	SIDWABA	ASPEN	F	33	SF	0.59.37	1
H15	1015	705	OCTAVIA	BOSHOFF	CRUSADE	F	54	50-54F	1.04.16	1
H16	1016	8052	DHIRESH	VALLABH	SCOTTAC	M	39	35-39M	1.08.00	0
H17	1017	1325	SHANNON	THEOBALD	NEDBANK	F	49	45-49F	1.08.06	1
H18	1018	753	PLACXEDES	NDHLOVU	CRUSADE	F	50	50-54F	1.08.07	1
H19	1019	751	NICK	MULLINS	CRUSADE	M	68	65-69M	1.08.09	1
H20	1020	739	PATRICK	SEDDON	CRUSADE	M	61	60-64M	1.09.16	1
H21	1021	713	DENISE	FERREIRA	CRUSADE	F	62	60-64F	1.09.43	1
H22	1022	723	ALETTA	JOUBERT	CRUSADE	F	62	60-64F	1.10.33	1
H23	1023	746	JOHAN	BARNARD	CRUSADE	M	69	65-69M	1.14.00	1
H24	1024	871	RICHARD	DE ANDRADE	CHARLO	M	63	60-64M	1.15.04	1
H25	1025	756	MICHAEL	DEAN	CRUSADE	M	71	70+M	1.15.14	1
H26	1026	906	TARYN	FERREIRA	CHARLO	F	43	40-44F	1.15.15	1
H27	1027	726	KEITH	VOSLOO	CRUSADE	M	61	60-64M	1.16.03	1
H28	101	995	BERNADETTE	LOOCK	CHARLO	F	45	45-49F	1.16.12	1
H29	1028	770	WINSLOW	BOUWER	CRUSADE	M	40	40-44M	1.17.43	1
H30	1029	759	MIKE	BURGER	CRUSADE	M	70	70+M	1.18.04	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H31	1030	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	1.18.08	1
H32	1031	710	LEONA	KEMP	CRUSADE	F	68	65-69F	1.26.28	1
H33	1032	712	NDILEKA	THOMPSON	CRUSADE	F	47	45-49F	1.30.47	1
H34	1033	962	MILE	VERMAAK	CHARLO	F	57	55-59F	1.36.49	1
H35	1034	910	RAE	LUCKMAN	CHARLO	F	54	50-54F	1.36.50	1
H36	1035	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	55	55-59F	1.36.51	1