

MAXIMED

PHARMACY

10km & Fun Run

2 X 5km Track



Date	24 August 2024
Time	7:00am (Entries from 5:00am)
Entry fees	10km - R70 4.9km - R40 Temp. license for 10km - R40 CASH ONLY
Plek	Hoërskool Standerton Sporthek - Stadion

Prize money male and female for 10km
Medals for all finishers

Places	Open	40+	50+	60+	Junior
1	R600	R300	R300	R300	R300
2	R500	R200	R200	R200	R200
3	R400	-	-	-	-

Presented by:



Standerton
Marathon
Club

ASA RULES APPLY

- **REFEREES' DECISION IS FINAL**
- Obey all Traffic Officials and Race Marshals.
- The race will be run according to the rules of WA (World Athletics)
- No seconding will be allowed. No pacing of any kind.
- Ages: Athletes for 10km must be 14 years or older on the day of the race.
- Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2024 license numbers on the front and back of the vest.
- Temporary license at the front on the vest.
- Remember to complete the *Temporary license tear off slip* immediately and hand it back to the organizer.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt
- ASA license numbers must not be covered with any paper race numbers /race bib.
- This is a close competition for runners, walkers with a fix "W" welcome.
- Prize giving will conducted after the race
- Any Foreign athlete must have a conformation letter or permit form their Sport federation required, under WA rules, from taking part in the event.
- No littering, please make use of waste boxes on the route - RUN CLEAN
- All participants must take note that photographs might be taken at the event and placed on social media.