



# VAN ZYL'S

# 70km

## 26 OCTOBER 2024

VAN ZYL VLEIS BUTCHERY

For more Information,  
contact Megan Coetzer  
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Race Start 07:00 Prize Giving 09:30

Lucky Draw  
Prizes to  
be won

**ENTRIES - R100**  
**TEMP. LICENSE - R70**  
**Age Restriction: 15 years and older**  
**Cut off: 2 hrs (09:00)**

Manual Entries & Number Collections at KRR  
 Bishops Club  
 Wed. 16/10/2024 – 17:30–19:00  
 Wed. 23/10/2024 – 17:30–19:00  
 Fri. 25/10/2024 – 17:30–19:00

Manual Entries & Number Collections at Van Zyl  
 Vleis  
 Saturday 26/10/2024 – 06:00–06:45

Card Facilities Available

Category Prizes	
Medals	Medals to all finishers within cut-off
1st Male & Female	R1000 Van Zyl's Voucher
2nd Male & Female	R650 Van Zyl's Voucher
3rd Male & Female	R400 Van Zyl's Voucher
1st KRR Male & Female	R300 Van Zyl's Voucher
<b>1st Male &amp; Female in Age Category</b>	
Junior	
40-49	R250 Van Zyl's Vouchers
50-59	
60-69	
70+	

This race is run in accordance with the rules of AGW, ASA and WA. Registered athletes must be members of clubs affiliated to ASA, wear a 2024 license number in front and back of vest. Numbers may not be altered. Age tags must be clearly visible on the front and back of the outer garment, above license number for the duration of the race.