



In association with Princeton Security and Sportsmans Warehouse

Sunday, 3rd November 2024 Western Province Cricket Club Running Section

Enter online at www.topevents.co.za until midnight 20th October 2024

## START TIMES

**21.1km 06:00 // 6km 06:45** Start and Finish Venue: Western Province Cricket Club Ave De Mist, Rondebosch.

# REFRESHMENT STATIONS

Every 2nd water station will have coke and water. No plastic water sachets will be used to dispense water at any of these 4 stations . There will be a carry your own full up at each water station .

Please bring a soft toy to Sportmans Warehouse pre-race when registering or on race day at WPCC and these will be donated to Amy Foundation. www.amyfoundation.co.za



# ENTRY FEES

Half Marathon unlicensed runner: R225 (includes temporary licence of R75,00) Half Marathon licensed runner: R150 6 km Fun Run: R50







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### RACE INFORMATION AND ORGANISATION Enquiries – Email Info@topevents.co.za

- Enter online at www.topevents.co.za until midnight 20th October 2024, or enter on race day from 05:00 onwards at WPCC.
- 2. Cut-off time is 09:30 for the 21.1km and 09:00 for the 6km
- 3. Entry fees are not refundable.
- 4. Tog bag facilities will be available at own risk.
- 5. Refreshments will be on sale at the event.
- Although there is no separate 'Walkers' category, social walkers are welcome for both the Half Marathon and the Fun Run.
- 7. The Half Marathon route passes more than 25 famous Cape Town landmarks.
- 8. There will be numerous spot prizes for the
- 6 km Fun Run, which will be given out randomly at the finish.9. There will be Half Marathon lucky draw prizes which will be given out randomly at prize giving. Winners must be present
- at the prize-giving ceremony to be able to claim their prizes. **10.** Wheelchair competitors must please contact the organisers
- timeously to discuss arrangements for their participation.11. Entry cards must be in the athlete's possession during the race, inserted in the finish position sachet and handed in at the results board.

### NUMBER COLLECTION

- Number collection will take place on Saturday, 2nd November 2024 from 10:00 – 16:00 at:
  - Sportsmans Warehouse Rondebosch
  - Sportsmans Warehouse Tokai
  - Sportsmans Warehouse Tyger Valley
  - Sportsmans Warehouse Somerset West
- Pre-entries can be collected on race day from 05:00.

### **ENTRY RULES**

- 1. The race is run according to the rules of ASA & WPA.
- 2. Runners must obey traffic officers, race marshals, race officials at all times.
- Nobody under the age of 16 years may participate in the 21.1km race. Children under the age of 14 participating in the 6km must be accompanied by a parent or guardian.
- 4. No personal seconding permitted.
- 5. The time limit for the 21.1km is 3 hours 30 minutes
- 6. One race number (bib) will be issued. Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible. Temporary licenced runners must wear the race number on the front of their vest and the temporary licence on the back.
- 7. Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age category prize .
- 8. Temporary licensed runners to wear plain clothing, no advertising.
- 9. The use of music players with headphones is not allowed and may result in disqualification.
- Do not litter. Dispose of any refuse or cups responsibly using the boxes provided or carry them to the finish. Report offenders to the referees.
- 11. Every 2nd water station will have coke and water. No plastic water sachets will be used to dispense water at any of these 4 stations. There will be a carry your own full up at each water station.
- 12. Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national Athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.









 Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.

#### PRIZE GIVING AND PRIZES

- 1. This will take place at +09:30. Prize winners will be paid by EFT process after the event.
- In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their Club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
- Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.

### **PRIZE MONEY**

Age Category	1st	2nd	3rd	4th	5th
OPEN	R5 000	R3 000	R1 500	R1 000	R750
40-49	R1 500	R1 000	R750		
50-59	R1 500	R1 000	R750		
60-69	R1 500	R1 000	R750		
70+	R1 500	R1 000	R750		

### **MEDAL CATEGORIES**

Medals will be awarded to the first 2000 finishers in the 21.1km and 500 in the Fun Run.

#### CHARITY

The Amy Foundation is dedicated to transforming lives and uplifting communities through our comprehensive after-school and youth skills development programmes.



By providing a safe and nurturing environment, we develop, educate, and empower children aged 5-18 years and young adults aged 18-35 years who are Not in Education, Employment, or Training (NEET) with essential skills, educational support, and personal development opportunities. Our programmes not only enhance academic performance but also cultivate leadership, creativity, and resilience, paving the way for a brighter future.

Through the Amy Foundation, we are Changing Lives, creating a ripple effect of positive change, fostering hope, and building a generation of empowered and capable individuals ready to contribute meaningfully to society. www.amyfoundation.co.za









PRINCETON