

SECUNDA MALL Take Heart RACE

21KM, 10KM & 4.9KM FUN WALK/RUN

19 OCT 2024

START & FINISH: SECUNDA MALL

Medals to all finishers

CATEGORY	POSITION	10KM PRIZES	21KM PRIZES
Open	1	R700	R1 200
	2	R400	R800
	3	R350	R600
Junior	1	R450	R600
	2	R250	R300
	3	R200	
40+	1	R450	R700
	2	R250	R500
50+	1	R350	R600
	2	R200	R400
60+	1	R300	R450
70+	1	R300	R450
W	1	R250	R350



T-shirts to 1st hundred 10km or 21km pre-entries.
Closing date for online pre-entries is 14 oct 2024.

Pre Entries: entrytime.co.za | Enquiries: 082 332 9448
Manual Entries: admin@sasolmarathonclub.co.za



SECUNDA MALL **Take Heart**

RACE

21KM, 10KM & 4.9KM FUN WALK/RUN

19 OCT 2024

START & FINISH: SECUNDA MALL

Fun walk/run is in aid of charity

Start: 10km & 21km at 7am | Fun Walk / Run at 7:10am | Prize Giving: 10am | Cut Off: 11am

First Name

Initials

Surname

Age

Date of Birth

Gender

MALE

FEMALE

Club - in full

Province

Contact No.

License No.

Email

T-Shirt Size

Category - tick the appropriate box

Open Jnr 40+ 50+ 60+ 70+ W

Indemnity

I indemnify any of the national, provincial, regional and local bodies, sponsors and organisers of the race against any claims/actions of whatsoever nature that might be arising out of my participation in the race.

Competitor's Signature

Parent / Guardian (if under 18 years)

Race Entered - Tick the appropriate Box

5km Fun Walk/Run | R50 10km | R120 21km | R200 Temp License | R50

Manual Entries: Bank Deposit - I have paid the money due into the Sasol Marathon Club bank account. ABSA Account Number 1510272311 and attached a copy of the deposit slip with this entry form. (Reference: Initials & Surname Email proof of payment to admin@sasolmarathonclub.co.za. Entries will be processed once confirmation of payment has been received.

Closing Date for Online Pre-Entries is 14 October 2024

Late entries and Entry Collection

Fri, 18 OCT 2024 | 15:00 - 19:00 | Secunda Mall Food Court

Sat, 19 OCT 2024 (RACE DAY) | 05:00- 06:55 | Secunda Mall Basement Kuschke Street

Race Rules

All participants must wear a valid 2024 licence on the back and front. Unlicensed runners must buy a temporary licence to be worn on the front. Race will take place under the rules of ASA, AMPU and WA. All participants to wear club colours or plain running gear if participating with a temporary license International/foreign athletes must provide a clearance letter from their Sport Federation to the chief referee prior to the start of the event (WA Rule 4). Obey all traffic officials and marshals. Official age category tags to be worn on front and back. Positive identification required for all category winners. Minimum age for 21km - 16 years, 10km - 14 years. Referees' decisions are final. No earphones allowed during the race and could lead to disqualification. No pets allowed. Regrettably, no wheelchairs or prams allowed on the 10km & 21km - course unsuitable. No blades, cyclists or mechanically operated devices allowed in the race. No littering allowed; use waste recycling bins provided. Medical support will be available on race day. No refunds for any reason will be given, including race cancellation due to inclement weather. Take note photos may be taken for marketing and sponsors purposes. NO CHILDREN WILL BE ALLOWED WITHOUT ADULT SUPERVISION.

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My Mall. My Space.