

THE LAST RUN OF 2019

RUNNERS MEMORIAL RACE



DATE: TUESDAY, 31 DECEMBER 2019

VENUE: MOUILLE POINT LIGHTHOUSE

START: 18h00

NAMES OF RUNNERS WHO HAVE PASSED

AWAY WILL BE READ OUT @ 17h50

(Please contact organisers to add additional names to the memorial list)

DISTANCE: 8KM

ENTRY FEE: R50 ONLINE ENTRIES (www.webtickets.co.za)

R50 ENTRIES ON THE DAY (FROM 17H00)

CUT-OFF TIME: 90 MINS

COMMEMORATIVE DRINKING GLASSES TO FIRST 1500 FINISHERS

NO POSITION PRIZES WILL BE AWARDED. LUCKY DRAW PRIZES@ 19h30

NO CLUB COLOURS OR LICENSES REQUIRED

ENQUIRIES: LIAM HENDRICKSE – 072 392 7558

raceconvener@edgemeadrunners.org.za



Race flyers and results
www.wpa.org.za
wpa-subscribe@yahogroups.com

WESTERN PROVINCE ATHLETICS

RUN IN ACCORDANCE WITH WPA AND ASA RULES

- No Race numbers will be issued.
- For safety reasons the use of personal music players with headphones is not allowed.
- Dogs and prams are allowed but must please start at the back of the field so as to not cause an inconvenience for other runners.
- Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.

Do not litter. In the interest of the environment, this will be a plastic free event. Participants are encouraged to bring their own water for the race. Please note that there will be no water point on the route.

