



MOSSEL BAAI SPORTFEES 15KM

ONLINE ENTRIES

Distance	Fun Run, 15km	Cost	Fun run is R45.00 ASA License number not necessary
Cost	15km = R95 .00 for athletes with ASA License	Cost	15km = R140.00 for athletes with No ASA License
Where	www.aswd.co.za	Close date	1 Oct 2024 @ 23h59

Entries

Distance	Fun Run, 15km	Cost	Fun run is R35.00 ASA License number not necessary
Cost	15km = R85.00 for athletes with ASA License	Cost	15km = R130.00 for athletes with No ASA License
Where	ASWD office or at Hartenbos Drawwers Club	Close date	1 Oct 2024 @ 19h00

Entries on 4 Oct 2024

Where	4 Oct 24 at the Hartenbos Library form 16h00 and 18h00	Cost	Fun run is R35.00 ASA License number not necessary
Cost	15km = R105.00 for athletes with ASA License	Cost	15km = R150.00 for athletes with No ASA License

NO ENTRY ON RACE DAY - ONLY COLLECTION OF TEMP LICENSE NUMBERS AND TIMING CHIPS

General information

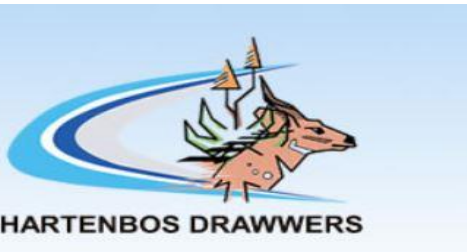
Start	15km start at 07h00 at the Hartenbos Library Fun run start at 07h15 at the Hartenbos Library		
Finish	All the events will finish in front of the Hartenbos Library		
Waterpoint	Waterpoints will be on the 3,5km, 7km, 10km, 12,5km and at the finish line.		
Medals	15km all who complete the race in 2h30hours. Fun run all who complete the fun run in 1h30		
Information	Petro 072 259 6759 Ferdie 083 294 2640	Gidoen Adriaanse Louise Vorster	082 222 7171 083 291 6859

4KM FUN RUN/FUN WALK - 07H15

15KM RUN/WALK - 07H00



The Race is held under the rules of ASA and ASWD



2024/10/05
15km



RULES AND REGULATIONS

1	Age	<p><i>The minimum age for the 4km is 7 years, however entrants younger than 7 years can participate in the 4km if accompanied by a guardian who is 16 years or older.</i></p> <p>Minimum age on race day is 14 years for the 15 km.</p>	
2	Second	No seconding from cyclists or private vehicles allowed. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2).	
3	Safety	All distances – No earphones (ASA Rule 34.10.6), animals (ASA Rule 34.10.1), racers (ASA Rule 34.10.3) or wheelchairs (ASA Rule 34.10.4) allowed.	
4	Age tags	Participants will be eligible for prizes in the OPEN category tag or junior tags if displayed, visible and above license number front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. (Red age tags/white background (ASA rule 22.9)	
5	Prize Giving	Prize giving will start at 10h00 and all prize winners must attend the prize giving and the athlete must attend the prize giving in club colours. If an athlete is not at the prize giving or not in club colours he will forfeit his prize.	
6	Proof of age	Athletes must give proof of age at the request of the Race Referee. (SA ID/Passport/Driver's License/Refugee Permit/Birth Cert.)	
7	Foreigners	Foreigners are allowed to enter for this event if they have prove form ASA.	
8	Rules used	All road races held subject to the rules of ASA and Athletics SWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non compliance may lead to disqualification. The Race Referee's decision is final. The race organiser reserves the right to accept/reject any entry received.	
11	Entries	<p>Online can be done at www.aswd.co.za and entries forms will be at ASWD office and at all clubs.</p> <p>Late entries only on 4 Oct 2024 at Hartenbos Library between 16h00 till 18h00</p> <p style="text-align: center;">NO ENTRIES ON RACE DAY</p>	

12	Price money for 15km									
	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women
PLACE	OPEN	JUNIOR	40 – 49	50 - 59	60 – 69	70 - 79	80+	Walk	HARTENBOS	
1	R500	R200	R200	R200	R200	R200	R200	R200	R200	R200
2	R400									
3	R300									

INFORMATION

ENTRY FORM

1

Entry forms will be available at the following places

Entry forms will be available at: ASWD Office and Hartenbos Drawwers Clubhouse in Diaz

2

Where to enter for event

Online entries at www.aswd.co.za - Online entries close on 1 Oct 2024 @ 23h59

3

Manual entries can be handed in at

ASWD Office in George, OR Hartenbos Drawwers Clubhouse in Diaz,
Manual entries close on 1 Oct 2024 at 19h00

4

Late entries

4 Oct 24 at the Hartenbos Library form 16h00 and 18h00

5

Manual entries payment

Hartenbos Drawwers

Standard bank (Savings Account)

Branch code: 051001

Account number 385414803

Reference: Name and Surname

Entry form plus proof of payment must be send by email to

hartenbosdrawwers1@gmail.com

6

Collection of temp number and time chip

4 Oct 2024 between 16h00 and 18h00 and on race day betewwn 06h00 and 06h45

7

Time limit on 15km is 2.30 hours

1st 500 entries will be excepted on 15km

8

TAKE NOTE: THERE WILL ONLY BE PRIZE MONEY IF THERE ARE 3 OR MORE ATHLETES IN AN AGE CATEGORY

9

Price money for 15km

PLACE	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women	Men/Women
	OPEN	JUNIOR	40 - 49	50 - 59	60 - 69	70 - 79	80+	Walk	HARTENBOS
1	R500	R200	R200	R200	R200	R200	R200	R200	R200
2	R400								
3	R300								

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Contact persons/Kontak persone

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