

## AWARDS AND INFORMATION

Medals will be awarded to all official finishers.

T – Shirts to the first 600 entries

MALES AND FEMALES		
21 KM POSITION	10 KM POSITION	WALKERS POSITION
1- R10 000.00	1- R2500.00	1-R500.00
2- R7000.00	2- R2000.00	2-R300.00
3- R4000.00	3- R1000.00	3-R200.00
4- R2000.00		
5- R1000.00		

## AGE CATEGORIES MALE & FEMALE 21KM & 10KM

35-39	40-49	50-59	60-69	JUNIORS
1-R500	1-R500.00	1 – R500.00	1-R500.00	1 R1000.00
2-R 300	2-R 300	2- R 300	2-R300	2 R500.00
				3 R300.00

**NOTE: PERSONAL SECONDING WILL NOT BE ALLOWED.**

*Prize giving will commence at 9:30 am to process the results on website.*

Further enquiries must be directed to Richard Bhengu on 0728805731 or Wise Meyiwa @ 0843016630

# MATHEWS MEYIWA HALF MARATHON



KWAZULU NATAL ATHLETICS



**HOSTED BY:**

**HAMMARSDALE  
AC**

DATE:

**11 August 2024**

START	OUTSIDE MPUMALANGA REGIONAL STADIUM
FINISH	INSIDE MPUMALANGA REGIONAL STADIUM

## STARTING TIMES

21.1 KM RUN : 06:00AM  
10KM Run/Walk : 06:00AM



<b>Distance</b>	<b>21km</b> <input type="checkbox"/>	<b>10km</b> <input type="checkbox"/>
<b>PERSONAL INFORMATION</b>		
ID Number	Date of Birth	
Surname	Y	M D
First name	Gender <input checked="" type="checkbox"/>	M F
E-mail		
Cellphone no.	Passport no.	
Club name	License no.	
<b>RESIDENCY</b>		
South African	International	
T-shirt size	<b>XL</b> <input type="checkbox"/>	<b>L</b> <input type="checkbox"/> <b>M</b> <input type="checkbox"/> <b>S</b> <input type="checkbox"/>
<b>MEDICAL INFORMATION</b>		
Do you have any allergies	Yes	No Specify
Special medical condition	Yes	No Specify
Medical Aid	Yes	No Name Number
Next of kin	Contact number	
<b>ENTRY FEE</b>		
10KM RUN/WALK	R150.00	
21.1 KM RUN	R200.00	
TEMPORARY LICENCES	10KM R60 21.1KM R80	

## DIRECT DEPOSIT

Runners may also pay their entry fee using bank details, surname and ID or passport number as a reference.

**BANK :** FNB  
**ACCOUNT HOLDER:** FINISH TIME  
**ACCOUNT NUMBER** 6247 2947 583  
**BRANCH CODE :** 22426  
**ACCOUNT TYPE :** CURRENT

## RELEASE AND WAIVER

I am in good health, physically fit and have sufficiently trained to participate in this event. I agree to comply with the rules, conditions of entry and regulations for this event which includes the payment of the entry fee. I hereby release and discharge the organizer of Mathews Meyiwa Half Marathon, all staff, consultants and Sponsors of Mathews Meyiwa .

This waiver applies to my executors, heirs, administrators, assigns and myself. I grant permission to the organizers and sponsors, in terms of section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tape, broadcast and or /cast footage in which I may appear, for whatever use at no charge.

Signature

Date

## RACE RULES AND GENERAL INFORMATION ON HOW TO ENTER

- The race is run in accordance with and subject to WA, ASA & KZNA Rules.
- All foreign athletes must abide by WA C R 1.7 , TR 4.1 , 4,2 and ASA rule 9.
- Participants must be 16 years or older for 21km, 14years older for 10km
- KZNA approved age category tags must be worn at the front and back of vest/crop top and must be clearly visible.
- Junior athletes must be 19 years of age and younger on 31 December in the year of the competition.
- Temporary licences at the back and race numbers at the front of vest/crop top and must be clearly visible.
- Temporary Licensed Athletes are not covered a National insurance Policy ,Refer to ASA Rule 25,6,15
- Unregistered athletes running with Temporary Licenses must run in neutral colours and adhere to WA and ASA Advertising Rules
- Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13
- 2024 Licence numbers must be worn at the front and back of the vest/crop top with the race number at the front and must be clearly visible.
- Cut off time 21km : 3 hours.
- Cut off time 10km: 1 hour 30 minutes.
- Prize giving will commence at 9:30 am.
- Proof of age category may be required.
- Your entry fee will not be refunded if you do not participate.
- Personal seconding will not be allowed.
- Participants must obey the race officials , marshals and traffic officers.

## ENTRIES

Online entries open on 18 JUNE 2024

Manual registration: MPUMALANGA REGIONAL STADIUM on 10<sup>th</sup> August 2024 from 10am to 5pm.  
 No manual entries will be taken on the race day.



**KWAZULU-NATAL PROVINCE**  
 SPORT, ARTS AND CULTURE  
 REPUBLIC OF SOUTH AFRICA