



WHAT ARE YOU GUNNING FOR?

- Gunning for glory? Test your limits with the 21.1km half-marathon.
- Gunning for your health? Build up your fitness with the 10km run.
- Gunning for adventure? Try the 17km trail run.
- Gunning for a great day out? Jog or walk the 5km fun run, or walk your furry friends in the 5km pet walk.

Plus, the fun doesn't stop at the finish line. There'll be loads of awesome food stalls and a great play area for the kids.

Saturday, 14 September 2024

17KM | Trail Run
@07:30

Van Riebeeck Park,
Oranjezicht

10KM | Race
@07:30

Fritz Sonnenberg Road,
Green Point

5KM | Fun Run
@08:00

Fritz Sonnenberg Road,
Green Point

5KM | Pet Walk
@08:30

Fritz Sonnenberg Road,
Green Point



Sunday, 15 September 2024

21.1KM | Half-Marathon
@06:30

Fritz Sonnenberg Road,
Green Point



Scan the QR code or enter online at
www.outsurance.co.za/gunrun

Please note this is only an online entry event. Closing date: midnight 18 August 2024 or when the limits have been reached.

Stand to WIN every week!

Get an automatic entry to our competition when you enter any of the 2024 Gun Run races. **Three R1 000 cash prizes** will be up for grabs weekly, plus a grand prize of a **weekend for two people at The President Hotel** worth R10 000.



OUTsurance is a licensed insurer and FSP.
Ts, Cs and limits apply.

2024 ENTRY FEES:

R230 - 21.1km (licensed)	R305 - 21.1km (unlicensed)
R190 - 10km (licensed)	R240 - 10km (unlicensed)
R90 - 10km Junior (licensed)	R120 - 10km Junior (unlicensed)
R90 - 5km Fun Run/Walk	R90 - 5km Pet Walk
R580 - 17km Trail Run (includes T-shirt, a pair of socks, Trail Run technical type running cap, SANParks fee).	Running caps will be sold online at R170 each.
	Action Photo SA (21.1km and 10km only) R200.

All entry fees (except the 5km fun run and 5km pet walk) above include a disposable timing chip.



OFFICIAL GUN RUN
2024 T-SHIRT

Gun for greatness and charity, in an official OUTsurance Gun Run T-shirt.

Event T-shirts for the road race will be sold online at **R275.**



GUN RUN TRAIL RUN
2024 T-SHIRT



ANIMAL WELFARE SOCIETY OF SOUTH AFRICA

The AWS clinic is open seven days a week, including weekends and public holidays. We have fully equipped theatres where we do sterilisations, orthopaedic and other operations. At any given time, we can house more than one hundred sick or injured animals. We are committed to sterilising every animal that comes through our hospital in order to contribute to reducing the number of strays. Our Inspectorate team also respond to calls for any animal in distress, including injured strays, dog fighting and animal abuse.

We also have an adoption department. We take in strays and unwanted pets to find them suitable and loving homes. Each animal is medically assessed, vaccinated, dewormed, treated for ticks and fleas, microchipped and sterilised and we do very strict home checks. We have a growing number of happy adopters and pets in the greater Cape Town community.



Visit www.outsurance.co.za/gunrun for any additional race info.



www.atlanticathletic.co.za



winning starts here



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD



WESTERN PROVINCE
ATHLETICS



ANIMAL WELFARE SOCIETY
OF SOUTH AFRICA