

SPORTSMANS WAREHOUSE 15KM - PORT ELIZABETH - 2024/09/14

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	280	355	MELIKHAYA	FRANSLG 27 SWHRA1524	IKHAMVA	M	34	SM	0.46.57	5
2	176	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	0.49.16	5
3	866	1825	KHAYA	GQWETHA	VUKANI	M	39	35-39M	0.50.52	5
4	737	2737	THABANG	MADIBA	TEMP	M	40	40-44M	0.53.21	0
5	297	1363	THULANI	MDLALO	NEDBANK	M	39	35-39M	0.54.47	5
6	908	1388	MELIKHAYA	KEPE	NEDBANK	M	48	45-49M	0.55.14	5
7	330	40341	ANTON	AVENATHI	SIBALEKA	M	17	JM	0.55.31	4
8	178	40005	BULUMKO	MALINGA	NEDBANK	M	17	JM	0.55.42	4
9	329	165	SANUSE	MBONENI	ACT AC	M	39	35-39M	0.56.13	5
10	871	2256	NOEL	ADAMS	SIBALEKA	M	52	50-54M	0.56.15	5
11	179	1391	MNCEDI	KHANTI	NEDBANK	M	45	45-49M	0.56.23	5
12	825	1793	LEBOHANG	SENTI	VUKANI	M	38	35-39M	0.57.15	4
13	593	212	MALAKHIWE	YSTERMAN	CSEP	M	33	SM	0.57.43	4
14	561	174	VIWE	TEKO	ACT AC	M	26	SM	0.57.54	4
15	841	40146	BANELE	MTABA	CHILLIEP	M	17	JM	0.57.57	4
16	682	1313	XOLILE	NDINGANE	NEDBANK	M	53	50-54M	0.58.22	5
17	846	1216	WESSEL	WOLMARANS	ELITEAC	M	46	45-49M	0.58.50	5
18	785	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	0.59.38	5
19	628	2683	MAIXOLE	NTLOKO	VUKANI	M	34	SM	0.59.57	3
20	174	282	ABDUL	WICOMB	MUIRITE	M	45	45-49M	0.59.57	5
21	690	2690	REUBEN	STANDER	TEMP	M	21	SM	1.00.21	0
22	353	818	TIAAN	NIEMANN	32GI	M	29	SM	1.00.24	3
23	349	908	KAYLA	NELL	CHARLO	F	30	SF	1.00.38	5
24	587	2335	JEMAIN	WILSON	VITALITY	M	36	35-39M	1.00.38	3
25	840	1859	KESETSELEMANG	THAGAKANE	HOLLYWOO	M	40	40-44M	1.01.07	4
26	610	1076	DALE	MOULTON	ACH	M	44	40-44M	1.01.35	3
27	332	814	BIANCA	MEISTRE	32GI	F	39	35-39F	1.01.49	5
28	904	1810	XOLANI	NTEYI	VUKANI	M	45	45-49M	1.01.50	4
29	181	1465	HENRY	CRAUSE	NEDBANK	M	41	40-44M	1.01.54	3
30	127	1477	MARIO	PLAATJIES	NEDBANK	M	43	40-44M	1.02.09	3
31	605	2605	CHRIS	JOUBERT	TEMP	M	17	JM	1.02.17	0
32	183	1436	NTSIKELELO	SEBE	NEDBANK	M	42	40-44M	1.02.23	3
33	209	1127	BRADLEY	MACKENZIE	ACH	M	52	50-54M	1.02.29	5
34	177	1461	VUYISILE	SIMAYILE	NEDBANK	M	37	35-39M	1.02.45	3
35	281	156	STANTON	FREEMAN	ACT AC	M	46	45-49M	1.03.06	4
36	834	1761	SLULAMI	JACK	TRANSNET	M	49	45-49M	1.03.30	4
37	376	875	Matthew	Rodgers	CHARLO	M	22	SM	1.03.32	3
38	795	1395	MICHAEL	MAGSON	NEDBANK	M	48	45-49M	1.03.37	4
39	899	2298	JARATI	MTETWA	VUKANI	M	34	SM	1.03.52	3
40	589	1081	KAITLYN	WOLFF	ACH	F	22	SF	1.04.01	4
41	720	2720	KGETHANG	MORABE	TEMP	M	44	40-44M	1.04.34	0
42	755	1022	CHRISTIAAN	JOUBERT	BODYCON	M	50	50-54M	1.04.42	4
43	860	51508	KOMZA	KOMANISI	NEDBOR	M	44	40-44M	1.04.46	0
44	236	2324	BRAAM	VAN DER SCHYFF	VITALITY	M	51	50-54M	1.05.00	4
45	310	1340	WELCOME	LOLIWE	NEDBANK	M	59	55-59M	1.05.13	5
46	320	898	PATRIC	MAKWENKWE	CHARLO	M	58	55-59M	1.05.37	5
47	345	2233	FREDAH	NCUBE	MADIBAZ	F	42	40-44F	1.05.49	5
48	487	955	SIVUYILE	SCHEEPERS	CHARLO	M	31	SM	1.05.56	2
49	538	2538	ANDREW	CRUICKSHANKS	TEMP	M	33	SM	1.05.57	0
50	842	411	SIYABONGA	ZULU	CHILLIEP	M	42	40-44M	1.05.58	3
51	889	1822	MZWANELE	NQOQO	VUKANI	M	47	45-49M	1.06.00	3
52	246	1425	DARRYL	BAGLEY	NEDBANK	M	49	45-49M	1.06.04	3
53	359	1719	ANDRE	OWNHOUSE	GELVAN	M	56	55-59M	1.06.13	5
54	909	1431	GIDEON	MENGO	NEDBANK	M	47	45-49M	1.06.31	3
55	316	1847	MHLENGI	MAHLABA	HOLLYWOO	M	33	SM	1.06.44	2
56	562	2166	GRAHAM	TERBLANCHE	MADIBAZ	M	59	55-59M	1.06.48	4
57	293	1729	BRIAN	JONAS	GELVAN	M	63	60-64M	1.07.12	5
58	861	367	VUSI	MSUTHWANA	IKHAMVA	M	52	50-54M	1.07.13	3
59	58	2089	SIPHESIHLE	JOJA	SANDFEP	M	25	SM	1.07.27	2
60	681	1079	HANSON	SINGAPHI	ACH	M	46	45-49M	1.07.28	3
61	12	49	PHIL	BRADLEY	SAPPE	M	41	40-44M	1.07.35	2
62	133	731	GAVIN	ROGERS	CRUSADE	M	60	60-64M	1.07.38	5
63	289	932	DEAN	HOYLE	CHARLO	M	54	50-54M	1.07.40	3
64	669	2669	M.G.	SAAYMAN	TEMP	M	15	JM	1.07.43	0
65	915	518	ATHINI	MABALA	VUKANI	M	30	SM	1.07.50	2
66	619	40011	MPILONTLE	MEKO	RUN4C	M	18	JM	1.07.59	2
67	256	2220	THOZAMILE	BOKOLO	MADIBAZ	M	62	60-64M	1.08.01	5

68	219	431	ATHULE	NTSHUNTS	CHILLIEP	M	27	SM	1.08.03	2
69	764	2764	SANGO	MATHAZENI	TEMP	M	21	SM	1.08.06	0
70	317	472	QAWE	MAJIZALG 27 SWHRA1524	ADVEN	M	37	35-39M	1.08.07	2
71	586	534	MIEKE	WESTRAADT	RUN4C	F	29	SF	1.08.10	3
72	850	205	ZUKISANI	NJOKWENI	CSEP	M	35	35-39M	1.08.20	2
73	15	856	THERESA	BUCHNER	32GI	F	39	35-39F	1.08.24	3
74	254	970	MALCOLM	BLANDY	CHARLO	M	42	40-44M	1.08.24	2
75	567	2659	MNQWENO	TYOKOLO	CHILLIEP	M	41	40-44M	1.08.31	2
76	522	2522	CALEY	TAYLOR	TEMP	F	26	SF	1.08.32	0
77	713	2713	MICHAEL	PRINCE	TEMP	M	50	50-54M	1.08.38	0
78	611	1770	KHANGELANI	HALOM	TRANSNET	M	42	40-44M	1.08.43	2
79	143	1441	MARTIN	JANSEN	NEDBANK	M	56	55-59M	1.08.44	4
80	213	1069	WAYNE	MITCHELL	ACH	M	51	50-54M	1.08.46	3
81	510	2510	MARCELLE	DE LANGE	TEMP	M	28	SM	1.09.12	0
82	511	2511	LISE	DE VILLIERS	TEMP	F	25	SF	1.09.13	0
83	598	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	42	40-44F	1.09.28	3
84	190	546	ANOLD	CHIYAMA	RUN4C	M	39	35-39M	1.09.38	2
85	859	1815	GUGU	BUDAZA	VUKANI	M	23	SM	1.09.59	2
86	811	1735	BRUCHANE	WILLIAMS	GELVAN	M	38	35-39M	1.09.59	2
87	873	1416	CHRISTINE	CLAASEN	NEDBANK	F	60	60-64F	1.10.03	5
88	336	938	THOBELO	MFIKILI	CHARLO	M	38	35-39M	1.10.04	2
89	8	1109	LUKE	BINNEMAN	ACH	M	32	SM	1.10.09	2
90	506	2506	DAVID	BODT	TEMP	M	30	SM	1.10.22	0
91	910	1324	LINDEN	NZEZA	NEDBANK	M	40	40-44M	1.10.24	2
92	862	259	LINDIKHAYA	NTEYI	TINARHA	M	45	45-49M	1.10.33	2
93	210	1913	TINASHE	MANDIZVIDZA	SPAREC	M	43	40-44M	1.10.46	2
94	778	1092	EDEN	GRUNDLINGH	ACH	M	34	SM	1.10.48	2
95	140	1469	MARGIE	SAUNDERS	NEDBANK	F	70	70+F	1.10.50	5
96	361	937	WARREN	PARIS	CHARLO	M	41	40-44M	1.10.56	2
97	374	957	PIERRE	RENSHAW	CHARLO	M	51	50-54M	1.11.01	3
98	51	1489	ANNEMIE	HOLTZHAUSEN	NEDBANK	F	38	35-39F	1.11.02	3
99	44	43	ZOLILE	GWEBANI	SIBALEKA	M	54	50-54M	1.11.08	3
100	138	852	Amy-Lee	Sansom	32GI	F	23	SF	1.11.12	2
101	26	853	CONNOR	DE LANGE	32GI	M	24	SM	1.11.12	2
102	429	2429	RAYNO	KUSTERER	TEMP	M	35	35-39M	1.11.21	0
103	882	1750	BASIL	STEVENS	GELVAN	M	52	50-54M	1.11.22	2
104	372	2226	TEDDY	PRUSSENT	MADIBAZ	M	36	35-39M	1.11.25	2
105	339	23526	CHANTELLE	MOLL	MAVERICK	F	25	SF	1.11.28	0
106	634	125	FUARD	DE JAGER	MALABAR	M	45	45-49M	1.11.38	2
107	52	1422	DEON	HOLTZHAUSEN	NEDBANK	M	39	35-39M	1.11.45	2
108	692	2692	EVAN	SWART	TEMP	M	15	JM	1.12.05	0
109	22	804	CHARLES	CORBY	32GI	M	54	50-54M	1.12.16	2
110	188	596	FRIKKIE	BOSHOFF	RUN4C	M	44	40-44M	1.12.22	2
111	773	551	RODGER	GYSMAN	RUN4C	M	50	50-54M	1.12.23	2
112	796	1394	DAVERA	MAGSON	NEDBANK	F	49	45-49F	1.12.24	3
113	741	2317	KHAKA	NJOZELA	VITALITY	M	37	35-39M	1.12.30	2
114	90	514	KHANYISO	MASWANA	VUKANI	M	34	SM	1.12.48	2
115	702	380	MBOLEKWA	MAYILA	IKHAMVA	M	45	45-49M	1.12.59	2
116	895	1367	JOHANNES	ARRIES	NEDBANK	M	50	50-54M	1.13.06	2
117	250	833	Kyle	Beckford	32GI	M	23	SM	1.13.10	2
118	238	841	ERICH	VERSFELD	32GI	M	28	SM	1.13.11	2
119	787	52540	SIYABONGA	MADWE	ABSA	M	29	SM	1.13.21	0
120	83	648	MVULELI	MAGAWULANA	ASPEN	M	47	45-49M	1.13.22	2
121	887	46001	SIYABULELA	MAJUDA	ACT AC	M	32	SM	1.13.28	2
122	200	1282	SEBASTIAN	HAARHOFF	VWAC	M	47	45-49M	1.13.33	2
123	903	715	BILL	DAVIDS	MADIBAZ	M	54	50-54M	1.13.38	2
124	696	2696	MARYNA	VAN DER MERWE	TEMP	F	58	55-59F	1.13.40	0
125	414	2414	DEAN	GOW	TEMP	M	41	40-44M	1.13.42	0
126	890	2084	GEDDES	GALLANT	SANDFEP	M	57	55-59M	1.13.47	2
127	894	706	STEPHEN	MCCARTHY	CRUSADE	M	63	60-64M	1.13.49	3
128	733	2733	ANDRE	PIENAAR	TEMP	M	53	50-54M	1.13.54	0
129	792	2559	UNATHI	MELENI	ACT AC	M	29	SM	1.13.55	2
130	55	1137	NELIA	JACOBS	JBAY	F	45	45-49F	1.13.56	3
131	585	1412	RAYMOND	WEITZ	NEDBANK	M	69	65-69M	1.14.00	4
132	233	2029	FABIAN	TRIEGARDT	GELVAN	M	23	SM	1.14.05	2
133	323	952	CINDY	MARAIS	CHARLO	F	47	45-49F	1.14.06	3
134	36	1372	BRENDON	FLETCHER	NEDBANK	M	39	35-39M	1.14.09	2
135	638	1099	DEAN	FINLAY	ACH	M	58	55-59M	1.14.25	2
136	878	1458	GEORGE	NTSHILIZA	BLUEBAY	M	44	40-44M	1.14.25	2

137	243	881	SHAUN	ATTENBOROUGH	CHARLO	M	56	55-59M	1.14.34	2
138	618	1722	GURSHEN	DAVIDS	GELVAN	M	37	35-39M	1.14.35	2
139	350	887	LYNNE	NEUBERG 27 SWHRA1524	CHARLO	F	52	50-54F	1.14.56	3
140	21	1954	LEONARD	CONRADIE	BLUEBAY	M	70	70+M	1.15.07	4
141	283	637	MARK	GODDARD	ASPEN	M	28	SM	1.15.11	2
142	347	2229	LUTHANDO	NDZAMBO	MADIBAZ	M	41	40-44M	1.15.32	2
143	206	290	JAN	LE ROUX	MUIRITE	M	51	50-54M	1.15.46	2
144	443	2443	QAQAMBA	MATUNDU	TEMP	F	26	SF	1.15.47	0
145	761	2761	LUVUYO	LAMDU	TEMP	M	31	SM	1.16.00	0
146	120	1468	XHANTILOMZI	NTENTEMA	NEDBANK	M	27	SM	1.16.19	1
147	627	2414	SIMCELILE	SITHEMBU	SAPPE	M	33	SM	1.16.25	1
148	523	2523	MICHAEL	TAYLOR	TEMP	M	29	SM	1.16.26	0
149	705	2705	DILIMA	DUMISANI	TEMP	M	41	40-44M	1.16.33	0
150	95	1321	CHAD	MCLEAN	NEDBANK	M	26	SM	1.16.37	1
151	313	1444	MFUNDISO	LUVALO	NEDBANK	M	54	50-54M	1.16.40	2
152	255	944	DISEMBA	BLOU	CHARLO	M	66	65-69M	1.16.44	3
153	53	50693	DARREN	HOWE	DISVIT	M	40	40-44M	1.16.49	0
154	201	2483	Brendan	Human	DESPATCH	M	24	SM	1.16.54	1
155	697	2697	BRUCE	VAN NIEKERK	TEMP	M	46	45-49M	1.17.01	0
156	398	2398	BABONKE	DINGA	TEMP	M	36	35-39M	1.17.14	0
157	599	524	FREDERIK	VAN DER WESTHUIZEN	RUN4C	M	30	SM	1.17.15	1
158	212	40205	ABBIE	MITCHELL	SCHOOL	F	17	JF	1.17.18	2
159	874	2381	DUSTIN	LALA	GELVAN	M	36	35-39M	1.17.27	1
160	98	1476	NOLIKHANYO	MDWAYI	NEDBANK	F	43	40-44F	1.17.29	2
161	708	2708	ZOLANI	NTUNGWA	TEMP	M	41	40-44M	1.17.36	0
162	845	1283	URAN	LE ROUX	VWAC	M	57	55-59M	1.17.41	2
163	844	890	SIMPHIWE	BLOU	CHARLO	M	52	50-54M	1.17.42	2
164	244	978	CHRISTOPHER	AYERST	CHARLO	M	57	55-59M	1.17.43	2
165	1	121	YASEEN	ABRAHAMS	MALABAR	M	52	50-54M	1.17.45	2
166	73	576	VERNON	LANDMAN	RUN4C	M	49	45-49M	1.17.47	2
167	245	1718	CHARLES	BAATJIES	GELVAN	M	67	65-69M	1.17.52	3
168	136	1519	SANETTE	RYAN	ELITEAC	F	54	50-54F	1.17.53	3
169	568	1010	JAN	VAN EEDEN	NEDBANK	M	66	65-69M	1.17.54	3
170	877	2572	LEROUX	JORDAAN	JBAY	M	37	35-39M	1.17.55	1
171	114	2108	BERNICE	NEL	HEATAC	F	36	35-39F	1.17.56	2
172	276	733	ALEX	DU TOIT	CRUSADE	M	59	55-59M	1.17.58	2
173	111	1854	NTOMBENTSHA	NAZO	HOLLYWOO	F	40	40-44F	1.18.02	2
174	774	561	DARRYL	CALVERT	CHARLO	M	49	45-49M	1.18.04	2
175	99	2030	SZASZ	MEEKMA	32GI	F	27	SF	1.18.05	2
176	381	2381	LAUREN	BOOYSEN	TEMP	F	25	SF	1.18.16	0
177	50	2592	Anslon	Hector	VWAC	M	30	SM	1.18.18	1
178	827	621	KIRWIN	DE KLERK	ASPEN	M	42	40-44M	1.18.22	1
179	103	1590	ANNEKE	MOORE	DESPATCH	F	40	40-44F	1.18.24	2
180	494	2494	NATALIE	VAN DER VYVER	TEMP	F	25	SF	1.18.29	0
181	431	2431	KYLA	MAARTENS	TEMP	F	20	SF	1.18.33	0
182	405	2405	WARREN	FLANAGAN	TEMP	M	38	35-39M	1.18.34	0
183	848	532	JUDY	GERBER	RUN4C	F	58	55-59F	1.18.35	3
184	689	2689	MARIUS	STANDER	TEMP	M	56	55-59M	1.18.41	0
185	863	1329	MBULELO	NYENDWANA	NEDBANK	M	50	50-54M	1.18.42	2
186	892	1360	SITHEMBILE	MPAKO	NEDBANK	M	64	60-64M	1.18.53	2
187	806	659	LUYANDA	NOTWANA	ASPEN	M	38	35-39M	1.18.54	1
188	331	990	BRETT	MCLAREN	CHARLO	M	38	35-39M	1.18.58	1
189	325	879	DAVID	MASTERTON	CHARLO	M	54	50-54M	1.18.59	2
190	207	813	SANDRA	LOCHNER	32GI	F	38	35-39F	1.19.11	2
191	399	2399	EMILILE	DU PLESSIS	TEMP	M	26	SM	1.19.12	0
192	814	2511	JADE	FESTUS	GELVAN	M	34	SM	1.19.16	1
193	849	2188	JOHANN	VAN DER MERWE	MADIBAZ	M	60	60-64M	1.19.17	2
194	225	283	LORENZO	SAMUELS	MUIRITE	M	39	35-39M	1.19.26	1
195	205	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	1.19.27	2
196	248	2646	LUVUYO	BANGAZI	IKHAMVA	M	48	45-49M	1.19.27	1
197	478	2478	PRAISE	SUBUYI	TEMP	M	21	SM	1.19.28	0
198	356	2067	ROBIN	NOMDOE	GELVAN	M	37	35-39M	1.19.35	1
199	820	1824	VUYILE	TIKWAYO	VUKANI	M	43	40-44M	1.19.51	1
200	4	342	Jonathan	Bakker	MUIRITE	M	33	SM	1.19.52	1
201	914	1809	SIBONGILE	MGQEBA	VUKANI	F	37	35-39F	1.19.53	2
202	572	905	JANET	VAN NIEKERK	CHARLO	F	48	45-49F	1.19.54	2
203	301	1450	NKHATHALLENG	KHIBA	NEDBANK	F	43	40-44F	1.20.02	2
204	109	122	BAVERSHAN	NAIDOO	MALABAR	M	34	SM	1.20.12	1
205	288	983	JOANNE	HOYLE	CHARLO	F	55	55-59F	1.20.12	3

206	202	1032	TANIA	KITCHING	BODYCON	F	46	45-49F	1.20.13	2
207	173	1256	JANINE	WHITTAL	ELITEAC	F	43	40-44F	1.20.14	2
208	732	2732	ANNELIE	PIENAR 27 SWHRA1524	TEMP	F	50	50-54F	1.20.14	0
209	193	2671	MARK	DU PIESANIE	RUN4C	M	33	SM	1.20.28	1
210	113	51054	DOLLY	NDUDE	BUFFALO	F	52	50-54F	1.20.29	0
211	635	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	1.20.30	4
212	268	1088	PERCY	DALTON	ACH	M	76	70+M	1.20.31	2
213	574	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	1.20.32	2
214	149	812	LEANIE	STRYDOM	32GI	F	38	35-39F	1.20.39	2
215	62	144	AHMAD	KADER	MALABAR	M	36	35-39M	1.20.51	1
216	650	2666	OBAKENG	MAROGOA	TRANSNET	M	38	35-39M	1.20.59	1
217	148	1222	BURNITA	STRYDOM	ELITEAC	F	56	55-59F	1.21.03	2
218	674	52	DARIUS	SWIEGELAAR	SAPPE	M	29	SM	1.21.04	1
219	39	1598	LERENZO	FRANCIS	DESPATCH	M	38	35-39M	1.21.10	1
220	805	653	CRAIG	WARD	ASPEN	M	47	45-49M	1.21.13	1
221	251	602	JACOBUS	BERNARDO	RUN4C	M	31	SM	1.21.15	1
222	885	2193	Abraham	Serote	MADIBAZ	M	49	45-49M	1.21.28	1
223	328	2609	SAMALESU	MAYONDE	MADIBAZ	M	39	35-39M	1.21.31	1
224	249	949	WELCOME	BASKITI	CHARLO	M	57	55-59M	1.21.31	2
225	891	2269	SINETHEMBA	NGABASE	SIBALEKA	M	21	SM	1.21.42	1
226	423	2423	CRAIG	KERR	TEMP	M	39	35-39M	1.21.43	0
227	40	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	1.21.44	3
228	152	1700	LIONEL	TERBLANCHE	GELVAN	M	48	45-49M	1.21.46	1
229	303	1236	STEPHEN	KLUE	ELITEAC	M	65	65-69M	1.21.49	2
230	703	2703	DALE	FLYNN	TEMP	M	30	SM	1.21.54	0
231	609	1075	GAVIN	SCHONKNECHT	ACH	M	56	55-59M	1.21.59	2
232	578	883	LINDI	VAN TONDER	CHARLO	F	46	45-49F	1.22.07	2
233	883	130	IGHSAAN	ISAACS	MALABAR	M	59	55-59M	1.22.12	2
234	612	199	JOSEPH	BAIN	CSEP	M	64	60-64M	1.22.15	2
235	641	2641	ADEL	KLEYNHANS	TEMP	F	45	45-49F	1.22.36	0
236	493	2493	CLAIRE	VAN DER NEST	TEMP	F	43	40-44F	1.22.36	0
237	197	791	CHARL	GERBER	32GI	M	48	45-49M	1.22.37	1
238	159	8052	DHIRESH	VALLABH	SCOTTAC	M	39	35-39M	1.22.38	0
239	203	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	40	40-44F	1.22.39	1
240	17	1575	LESLEY-ANN	BUSH	DESPATCH	F	52	50-54F	1.22.40	2
241	448	2448	IAN	MILLS	TEMP	M	31	SM	1.22.45	0
242	187	2645	Gershwin	Booyesen	GELVAN	M	36	35-39M	1.22.49	1
243	847	1129	MARK	MOMBERG	ACH	M	51	50-54M	1.22.54	1
244	718	2718	ANDREA	DYER	TEMP	F	46	45-49F	1.22.56	0
245	744	2744	CATHERINE	KAMM	TEMP	F	31	SF	1.22.57	0
246	211	650	TAFADZWA	MARAMBIRE	ASPEN	M	41	40-44M	1.22.57	1
247	132	727	ANGELA	ROGERS	CRUSADE	F	55	55-59F	1.22.58	2
248	375	281	MONIQUE	RICHARDSON	MUIRITE	F	29	SF	1.23.01	1
249	505	2505	AYABONGA	TSHUNGWANA	TEMP	M	30	SM	1.23.02	0
250	777	39	NADIA	WESSELS	PEAAC	F	54	50-54F	1.23.09	2
251	801	8079	TENDANI	NETHONONDA	FATCATS	M	49	45-49M	1.23.17	0
252	776	1356	JEROME	MAY	NEDBANK	M	57	55-59M	1.23.19	1
253	119	419	AMANDA	NOHAJI	CHILLIEP	F	36	35-39F	1.23.19	1
254	571	961	LARA	VAN HEERDEN	CHARLO	F	48	45-49F	1.23.20	2
255	223	554	PETRUS	RADEMEYER	RUN4C	M	50	50-54M	1.23.40	1
256	709	2709	DENVER	SEARLE	TEMP	M	42	40-44M	1.23.42	0
257	556	25187	ASIVE	SOTASHE	SABC	F	29	SF	1.23.53	0
258	901	50803	SIVIWE	MEVENI	REALGIJ	M	37	35-39M	1.23.54	0
259	679	1827	NDABA	NDZOMBANE	VUKANI	M	64	60-64M	1.24.00	1
260	668	2668	KYLIE	RIDDIN	TEMP	F	39	35-39F	1.24.04	0
261	715	2715	SIMAMKELE	NTANTA	TEMP	M	26	SM	1.24.07	0
262	816	307	DENVER	HUME	MUIRITE	M	46	45-49M	1.24.10	1
263	453	2006	ABULELE	ROZANA	MADIBAZ	M	28	SM	1.24.13	1
264	807	1053	SALWYN	DENNIS	XCEL	M	46	45-49M	1.24.15	1
265	791	1277	DENVER	ELLIE	VWAC	M	43	40-44M	1.24.15	1
266	651	1042	EUGENE	VAN WYK	XCEL	M	52	50-54M	1.24.16	1
267	541	2541	ROBIN	DU RANDT	TEMP	M	38	35-39M	1.24.17	0
268	543	2543	DJ	FOURIE	TEMP	M	38	35-39M	1.24.18	0
269	228	2662	MONTE	SCHOLTZ	RUN4C	M	63	60-64M	1.24.18	1
270	775	1346	KALLIE	KLINKENBURG	NEDBANK	M	40	40-44M	1.24.26	1
271	341	2155	IVAN	MOSES	MADIBAZ	M	62	60-64M	1.24.27	1
272	817	1474	MICHELE	MOOLMAN	NEDBANK	F	39	35-39F	1.24.28	1
273	601	2601	PIETER	HECKROODT	TEMP	M	27	SM	1.24.35	0
274	334	934	JEAN	MEYER	CHARLO	M	45	45-49M	1.24.37	1

275	18	1111	GRAHAM	CHANNON	ACH	M	75	70+M	1.24.52	2
276	745	2745	ANDREW	PORTER	TEMP	M	52	50-54M	1.24.53	0
277	386	2386	LUVUYO	CAMAGU 27 SWHRA1524	TEMP	M	33	SM	1.25.01	5 0
278	584	1565	BONITA	WEITSZ	DESPATCH	F	52	50-54F	1.25.06	2
279	583	1564	LEON	WEITSZ	DESPATCH	M	50	50-54M	1.25.07	1
280	100	170	THANDEKA	MHLANGA	ACT AC	F	34	SF	1.25.15	1
281	229	625	YOLANDA	SIDWABA	ASPEN	F	33	SF	1.25.20	1
282	458	2458	SEKELA	NDLAMLA	TEMP	F	32	SF	1.25.21	0
283	600	2314	AYANDA	DAKANA	VITALITY	M	40	40-44M	1.25.22	1
284	659	2659	LIZA	MULLER	TEMP	F	45	45-49F	1.25.22	0
285	130	2480	SHIRLEY	RADEMEYER	ELITEAC	F	28	SF	1.25.24	1
286	881	415	SONTO	HORN	CHILLIEP	F	45	45-49F	1.25.42	1
287	20	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	1.25.50	1
288	897	1965	SIMON	MATEBESE	BLUEBAY	M	61	60-64M	1.25.51	1
289	82	1120	DANIELLE	LUDEN	ACH	F	39	35-39F	1.25.54	1
290	704	2704	TARYN	SMITH	TEMP	F	36	35-39F	1.25.54	0
291	344	2198	DOINA	NAUDE	MADIBAZ	F	42	40-44F	1.25.55	1
292	135	750	PIETER	ROUX	CRUSADE	M	69	65-69M	1.25.59	1
293	916	1061	CHESTER	BROOKS	XCEL	M	66	65-69M	1.26.03	1
294	357	8204	MAXWELL	NTABANKULU	CHILLI	M	41	40-44M	1.26.12	0
295	158	1874	MBULELO	TSHIKILA	HOLLYWOO	M	51	50-54M	1.26.13	1
296	907	1775	BONKE	GOYI	VUKANI	M	36	35-39M	1.26.14	1
297	87	785	CHRISTOPHER	MARLIN	32GI	M	48	45-49M	1.26.15	1
298	324	948	THOMAS	MARAIS	CHARLO	M	37	35-39M	1.26.16	1
299	531	2531	RASHEED	AGHERDIEN	TEMP	M	36	35-39M	1.26.17	0
300	499	2499	ANDREW-JON	WILLIAMS	TEMP	M	38	35-39M	1.26.19	0
301	906	40155	YONKELA	KWEKWANI	SIBALEKA	F	18	JF	1.26.25	1
302	351	2602	SIPHAMANDLA	NGOGELA	MADIBAZ	M	31	SM	1.26.29	1
303	74	1263	KAHN	LANGFORD	VWAC	M	46	45-49M	1.26.32	1
304	338	964	JUSTIN	MOGRIDGE	CHARLO	M	36	35-39M	1.26.34	1
305	597	622	YVETTE	DE VILLIERS	ASPEN	F	38	35-39F	1.26.35	1
306	421	2421	RUDOLPH	JORDAAN	TEMP	M	25	SM	1.26.39	0
307	687	1925	WALTER	ZIMBEVA	SPAREC	M	44	40-44M	1.26.50	1
308	290	915	JOEL	HUMAN	CHARLO	M	51	50-54M	1.26.52	1
309	116	1448	THELMA	MCOPELO	NEDBANK	F	42	40-44F	1.26.55	1
310	762	2762	KATE	WANDIZILE	TEMP	M	32	SM	1.26.58	0
311	784	849	LUCILLE	COCK	32GI	F	42	40-44F	1.26.59	1
312	24	2333	TENIELLE	DE ANDRADE	VITALITY	F	39	35-39F	1.27.06	1
313	447	2447	MELISSA	MIENIE	TEMP	F	27	SF	1.27.10	0
314	412	2412	BUHLEBETHA	GOBA	TEMP	M	21	SM	1.27.25	0
315	902	2438	DAVID	HUMAN	NMBAC	M	64	60-64M	1.27.27	1
316	364	1962	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	1.27.28	1
317	327	896	GAVIN	MATTHEWS	CHARLO	M	48	45-49M	1.27.29	1
318	756	2756	NICOLA	GROBLER	TEMP	F	29	SF	1.27.30	0
319	590	1567	JACOBUS	WYATT	DESPATCH	M	61	60-64M	1.27.35	1
320	664	2664	MASONWABE	NOMBUTUMA	TEMP	M	21	SM	1.27.40	0
321	93	1446	MFEZI	MCINGANA	NEDBANK	M	49	45-49M	1.27.42	1
322	104	445	AKHONA	MOSIANE	CHILLIEP	F	37	35-39F	1.27.50	1
323	84	1389	BABALO	MAKALIMA	NEDBANK	M	41	40-44M	1.27.57	1
324	191	1772	ABENA	DLAKAVU	VUKANI	F	37	35-39F	1.27.59	1
325	812	1818	ANDILE	BOVUNGANA	VUKANI	M	57	55-59M	1.28.00	1
326	470	2470	ELMAY	ROBBINSON	TEMP	F	34	SF	1.28.00	0
327	343	1267	ANAND	NAIDOO	VWAC	M	54	50-54M	1.28.10	1
328	726	2726	VICTORIA	NIENHUIS	TEMP	F	27	SF	1.28.16	0
329	2	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	1.28.22	2
330	277	2210	TARIE	ESTHER	MADIBAZ	F	24	SF	1.28.26	1
331	492	2492	VALMARIE	VAN DE VYVER	TEMP	F	33	SF	1.28.27	0
332	838	1332	THANDIWE	NKWANDLA	NEDBANK	F	59	55-59F	1.28.30	1
333	855	141	FAIQ	JAPPIE	MALABAR	M	51	50-54M	1.28.34	1
334	748	2748	LUQMAAN	ADAMS	TEMP	M	53	50-54M	1.28.35	0
335	649	2649	MARYNA	MEYER	TEMP	F	53	50-54F	1.28.36	0
336	28	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	1.28.37	1
337	753	2753	PAMELA	PATON	TEMP	F	52	50-54F	1.28.38	0
338	234	284	ESTELLE	VAN DER MERWE	MUIRITE	F	58	55-59F	1.28.39	1
339	631	449	KHOLOSA	GUMATANA	TNETFS	F	48	45-49F	1.28.42	0
340	355	51708	TABO	NOMBUTUMA	ORMAMBA	M	44	40-44M	1.28.43	0
341	524	2524	PIERRE	TROTZKY	TEMP	M	20	SM	1.28.44	0
342	547	2547	ZANE	GRIESEL	TEMP	M	19	JM	1.28.45	0
343	112	6576	PHUNYEZWA	NDEVU	SABC	F	58	55-59F	1.28.46	0

344	532	2532	JAMES	AH HING	TEMP	M	18	JM	1.28.47	0
345	436	2436	SIKHUMBUZO	MANXOYI	TEMP	M	37	35-39M	1.28.51	0
346	260	704	STEPHEN	BURGES 27 SWHRA1524	CRUSADE	M	42	40-44M	1.29.05	1
347	222	1937	AMANDA	PRIDEAUX	BLUEBAY	F	49	45-49F	1.29.01	1
348	754	2754	MORNE	VAN LOGGERENBERG	TEMP	M	16	JM	1.29.03	0
349	751	2751	VUYOLWETHU	QADI	TEMP	M	31	SM	1.29.04	0
350	675	57680	TSHEGOFATSO	MKHABELA	BESTMED	M	31	SM	1.29.05	0
351	913	40207	JODY	FLEURS	GELVAN	M	16	JM	1.29.11	1
352	663	2663	OLIVER	NEWLAND-NELL	TEMP	M	19	JM	1.29.17	0
353	857	718	CONNOR	MITCHELL	MADIBAZ	M	20	SM	1.29.18	1
354	365	1309	GERALD	PIETERSEN	VWAC	M	44	40-44M	1.29.21	1
355	880	1910	THANDO	FRANS	SPAREC	M	46	45-49M	1.29.24	1
356	818	1074	BRENDON	DRYDEN	ACH	M	56	55-59M	1.29.26	1
357	285	877	KURT	GROENER	CHARLO	M	43	40-44M	1.29.30	1
358	520	2520	LAURE	PIETERSE	TEMP	M	53	50-54M	1.29.38	0
359	377	991	GREGORY	ROSS	CHARLO	M	51	50-54M	1.29.45	1
360	287	992	CYNTHIA	HEYNS	CHARLO	F	40	40-44F	1.29.45	1
361	384	2384	SABRINA	BOSHOFF	TEMP	F	42	40-44F	1.29.50	0
362	383	2383	JAMES	BOSHOFF	TEMP	M	42	40-44M	1.29.51	0
363	407	2407	WAYNE	FOUCHE	TEMP	M	44	40-44M	1.29.52	0
364	395	2395	WARREN	CURRIE	TEMP	M	36	35-39M	1.29.56	0
365	239	40429	HENDRE	VIVIERS	SCHOOL	M	15	JM	1.29.57	1
366	30	1212	EDMUND	DRAKE	ELITEAC	M	34	SM	1.30.00	1
367	821	123	SIHAAM	ALLISON	MALABAR	F	39	35-39F	1.30.02	1
368	645	2645	NEO	MABITSELA	TEMP	M	30	SM	1.30.07	0
369	31	1609	WILLEMEN	DU RANDT	DESPATCH	F	50	50-54F	1.30.08	1
370	546	2546	ELAINE	GLENDINNING	TEMP	F	28	SF	1.30.13	0
371	545	2545	PAUL	GLENDINNING	TEMP	M	29	SM	1.30.14	0
372	141	2372	SUSAN	SCOTT	VITALITY	F	59	55-59F	1.30.22	1
373	539	2539	JONATHAN	DAVIES	TEMP	M	50	50-54M	1.30.28	0
374	629	1071	HEIDI	JANSEN	ACH	F	57	55-59F	1.30.29	1
375	88	786	DANIA	MARLIN	32GI	F	43	40-44F	1.30.31	1
376	639	1717	ANTOINETTE	HUMAN	GELVAN	F	56	55-59F	1.30.33	1
377	508	2508	DANIELLE	BRITO	TEMP	F	41	40-44F	1.30.34	0
378	507	2507	BRETT	BRITO	TEMP	M	48	45-49M	1.30.38	0
379	144	2069	DARREL	SLAMBEE	MUIRITE	M	39	35-39M	1.30.42	1
380	70	595	MARISKA	KRUGER	RUN4C	F	46	45-49F	1.30.43	1
381	804	525	WESSEL	EBERSOHN	RUN4C	M	35	35-39M	1.30.44	1
382	527	2527	MIKE	WEBB	TEMP	M	64	60-64M	1.30.46	0
383	810	516	SIDWELL	MATINYANE	VUKANI	M	58	55-59M	1.30.49	1
384	224	2593	SIYABULELA	RELU	VWAC	M	47	45-49M	1.30.50	1
385	266	1219	MELANIE	CHRISTIE	ELITEAC	F	40	40-44F	1.31.08	1
386	126	1264	LAVINIA	PIETERSE	VWAC	F	49	45-49F	1.31.11	1
387	419	2419	WARREN	HOOLE	TEMP	M	47	45-49M	1.31.12	0
388	156	1592	BENNIE	THYSSE	DESPATCH	M	67	65-69M	1.31.14	1
389	81	728	PAUL	LUBBE	CRUSADE	M	62	60-64M	1.31.18	1
390	577	926	TREVOR	VAN RENSBURG	CHARLO	M	72	70+M	1.31.21	1
391	758	2758	PAKISO	MOEKETSI	TEMP	M	43	40-44M	1.31.25	0
392	449	2449	JUSTIN	MILNE	TEMP	M	44	40-44M	1.31.30	0
393	684	1215	PIERRE	BELLEW	ELITEAC	M	34	SM	1.31.34	1
394	780	456	TRACEY-LYNNE	HERMAN	WALMER	F	52	50-54F	1.31.37	1
395	47	535	GERT	HARMSE	RUN4C	M	58	55-59M	1.31.38	1
396	304	2189	MOMELEZI	KULA	MADIBAZ	M	46	45-49M	1.31.42	1
397	340	888	DENVER	MOODLEY	CHARLO	M	43	40-44M	1.31.43	1
398	869	1566	RUAN	WELGEMOED	DESPATCH	M	29	SM	1.31.47	1
399	235	317	JEAN-PIERRE	VAN DER MERWE	MUIRITE	M	27	SM	1.31.48	1
400	318	1291	ASHENDA	MAKONIE	VWAC	F	48	45-49F	1.31.57	1
401	677	538	IGNIS	MCLAREN	RUN4C	M	58	55-59M	1.32.00	1
402	552	1299	MICHAEL	SLATER	VWAC	M	54	50-54M	1.32.07	1
403	286	251	VUYO	GROOTBOOM	TINARHA	M	47	45-49M	1.32.13	1
404	129	784	TEGAN	PURDON	32GI	F	32	SF	1.32.14	1
405	385	2385	KYLA	BURDEN	TEMP	F	28	SF	1.32.15	0
406	888	1466	AT	SCHOEMAN	NEDBANK	M	67	65-69M	1.32.16	1
407	25	858	VALMAINE	DE KLERK	32GI	F	47	45-49F	1.32.22	1
408	369	889	PETER	POHLMANN	CHARLO	M	61	60-64M	1.32.23	1
409	56	2450	SIGQIBO	JAHA	HOLLYWOO	M	43	40-44M	1.32.34	1
410	521	2521	JACO	ROOS	TEMP	M	36	35-39M	1.32.35	0
411	1682	1804	BULELANI	LENGOASA	VUKANI	M	52	50-54M	1.32.36	1
412	688	2688	MEGAN	SPRIGGS	TEMP	F	23	SF	1.32.38	0

413	712	1843	BOMKAZI	NTONI	HOLLYWOOD	F	37	35-39F	1.32.39	1
414	555	1454	WENDY	SORENSEN	NEDBANK	F	49	45-49F	1.32.49	1
415	272	421	AMANDLA	DIDIZALG 27 SWHRA1524	CHILLIEP	M	32	SM	1.32.50	1
416	29	1257	SAMANTHA	DOUGLAS	ELITEAC	F	36	35-39F	1.32.57	1
417	10	1588	JACQUES	BOTHA	DESPATCH	M	50	50-54M	1.33.00	1
418	607	2370	NIKITA	DRURY	VITALITY	F	32	SF	1.33.08	1
419	608	2318	TANYA	BENTLEY	VITALITY	F	31	SF	1.33.09	1
420	242	1269	SIMON	LELAKA	VWAC	M	51	50-54M	1.33.14	1
421	779	2111	GEROME	MINTOOR	ATLANTIC	M	57	55-59M	1.33.21	1
422	108	2026	NOSIPHIWO	MZANYWA	ASPEN	F	35	35-39F	1.33.23	1
423	252	956	NEELES	BHANA	CHARLO	M	53	50-54M	1.33.23	1
424	155	808	LECHELLE	THERON	32GI	F	44	40-44F	1.33.24	1
425	736	2736	CWENGA	MAQINA	TEMP	M	34	SM	1.33.25	0
426	184	12552	NADINE	YOUNG	SCS	F	50	50-54F	1.33.25	0
427	397	2397	DANIEL	DIEDERICKS	TEMP	M	20	SM	1.33.35	0
428	867	417	PETER	MSIZA	CHILLIEP	M	51	50-54M	1.33.36	1
429	194	291	LE-ANNE	DU PREEZ	MUIRITE	F	52	50-54F	1.33.54	1
430	513	2513	KEANU	GREYVENSTEIN	TEMP	M	19	SM	1.33.55	0
431	680	341	DELME	REDCLIFFE	MUIRITE	M	40	40-44M	1.34.04	1
432	884	1284	DEAN	BOSMAN	VWAC	M	42	40-44M	1.34.04	1
433	469	2469	ARMIN	ROBBERTZE	TEMP	M	25	SM	1.34.24	0
434	387	2387	CAYLEIGH	CHANNON	TEMP	F	26	SF	1.34.25	0
435	622	50315	JUANITA	BRINK	KIMBH	F	46	45-49F	1.34.28	0
436	37	529	ANDRE	FOURIE	RUN4C	M	77	70+M	1.34.48	1
437	459	2459	DARYN	NEWTON	TEMP	M	39	35-39M	1.34.49	0
438	852	1559	NOLEEN	AMBRAAL	DESPATCH	F	54	50-54F	1.34.52	1
439	162	12	MARIKE	VAN DER KOLF	PEAAC	F	33	SF	1.35.00	1
440	169	2700	CHARLOTTE	VAN WYK	RUN4C	F	42	40-44F	1.35.01	1
441	180	1424	SAM	ERASMUS	NEDBANK	M	66	65-69M	1.35.01	1
442	278	1403	JOHAN	FERREIRA	RUN4C	M	62	60-64M	1.35.02	1
443	595	2009	JANINE	CHRISTIAN	MADIBAZ	F	39	35-39F	1.35.04	1
444	516	2516	MUSTATA	LAGARDIEN	TEMP	M	31	SM	1.35.07	0
445	496	2496	SASKIA	WAIT	TEMP	F	22	SF	1.35.09	0
446	632	1208	CHRISTINE	BIRD	ELITEAC	F	53	50-54F	1.35.11	1
447	360	657	AXOLA	PAKADE	ASPEN	M	27	SM	1.35.12	1
448	905	2433	THEMBELA	MANYA	NMBAC	F	40	40-44F	1.35.23	1
449	828	611	HAYLEY	NEWING	ASPEN	F	39	35-39F	1.35.23	1
450	739	2739	MICAIAH	COLTMAN	TEMP	M	23	SM	1.35.24	0
451	856	142	RUSHDA	JAPPIE	MALABAR	F	54	50-54F	1.35.29	1
452	858	1790	LUVUYO	SIWUNDLA	VUKANI	M	44	40-44M	1.35.36	1
453	66	2640	ROZETTA	KEMP	RUN4C	F	70	70+F	1.35.43	1
454	563	40047	ISIPHILE	THAMBO	ACT AC	F	15	JF	1.35.44	1
455	652	2652	MICHELLE	MEYER	TEMP	F	44	40-44F	1.35.45	0
456	373	997	NOLUVUYOLWETHU	QOKWENI	CHARLO	F	42	40-44F	1.36.03	1
457	782	2508	THEMBU	NTSUKUNYANE	ABSAEP	F	45	45-49F	1.36.03	1
458	564	2514	Lehlohonolo	Thokoa	ABSAEP	M	43	40-44M	1.36.04	1
459	241	2539	Luthando	Yibe	ABSAEP	M	43	40-44M	1.36.04	1
460	69	2509	SELLO	KOTU	ABSAEP	M	31	SM	1.36.05	1
461	606	2606	TERESA	JOUBERT	TEMP	F	53	50-54F	1.36.06	0
462	192	2579	SIPHESIHLE	DLWATI	VUKANI	M	34	SM	1.36.07	1
463	617	1492	DEON	VYVER	NEDBANK	M	57	55-59M	1.36.13	1
464	64	139	WARDAH	KAFAAR	MALABAR	F	44	40-44F	1.36.14	1
465	886	1271	LEZELL	HARRIS	VWAC	F	51	50-54F	1.36.23	1
466	199	2310	LUCINDA	GERBER	VITALITY	F	49	45-49F	1.36.28	1
467	623	5078	MALESIBA	MABE	VITALGN	F	35	35-39F	1.36.32	0
468	227	2346	MARILEE	SCHOLTZ	VITALITY	F	27	SF	1.36.34	1
469	700	2700	CLAIRE	WILLIAMS	TEMP	F	46	45-49F	1.36.40	0
470	220	1713	LYDIA	OLIVER	GELVAN	F	56	55-59F	1.36.51	1
471	616	1493	TOEGEDA	VYVER	NEDBANK	F	52	50-54F	1.37.02	1
472	42	2363	ABDUL	GOOSEIN	VITALITY	M	36	35-39M	1.37.05	1
473	408	2408	KERRY	FOURIE	TEMP	F	35	35-39F	1.37.11	0
474	481	2481	JUSTINE	SMART	TEMP	F	36	35-39F	1.37.12	0
475	333	840	BRONWIN	MEYER	32GI	F	52	50-54F	1.37.13	1
476	509	2509	FADEELAH	DAVIDS	TEMP	F	40	40-44F	1.37.16	0
477	11	298	SANET	BOUCHER	MUIRITE	F	44	40-44F	1.37.24	1
478	691	2691	CAROLINE	SWART	TEMP	F	48	45-49F	1.37.25	0
479	48	12287	PALESH	HEADBUSH	CCJHB	F	46	45-49F	1.37.36	0
480	49	524348	MARK	HEADBUSH	CCJHB	M	79	70+M	1.37.37	0
481	61	723	ALETTA	JOUBERT	CRUSADE	F	62	60-64F	1.37.42	1

482	153	1429	RIKA	TERBLANCHE	NEDBANK	F	47	45-49F	1.37.43	1
483	464	2464	JONATHAN	RAUCH	TEMP	M	27	SM	1.37.47	0
484	475	2475	DANIEL	SCHLUTER	TEMP	M	31	SM	1.37.48	0
485	722	2722	RIEDAAH	NORDIEN	TEMP	M	37	35-39M	1.37.55	0
486	826	1238	PIETER	GERBER	ELITEAC	M	49	45-49M	1.37.58	1
487	517	2517	ROBYN	MOMSEN	TEMP	F	37	35-39F	1.38.03	0
488	912	1712	BRAMWELL	FLEURS	GELVAN	M	45	45-49M	1.38.15	1
489	624	2520	SINETHEMBA	MAGUTYWA	ABSAEP	M	42	40-44M	1.38.17	1
490	549	2549	CANDIECE	HAYES	TEMP	F	39	35-39F	1.38.19	0
491	175	2515	OZELLE	WIEHAHN	ABSAEP	F	50	50-54F	1.38.33	1
492	789	1529	LITHANDDOO	BADUZA	VUKANI	M	43	40-44M	1.38.34	1
493	371	1555	LYDIA	POTGIETER	DESPATCH	F	49	45-49F	1.38.35	1
494	45	1612	ARUSHKE	HAEFELE	DESPATCH	F	44	40-44F	1.38.36	1
495	60	1600	YVETTE	JONKER	DESPATCH	F	52	50-54F	1.38.37	1
496	168	1582	MARINET	VAN TONDER	DESPATCH	F	46	45-49F	1.38.37	1
497	14	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	52	50-54M	1.38.38	1
498	299	969	GARY	KELLEHER	CHARLO	M	67	65-69M	1.38.39	1
499	646	2646	AME	MARAIS	TEMP	F	29	SF	1.38.46	0
500	466	2466	JUANE	RETIEF	TEMP	F	31	SF	1.38.47	0
501	596	2357	HOFMAN	RADEBE	VITALITY	M	44	40-44M	1.38.56	1
502	418	2418	ANGELA	HOOLE	TEMP	F	45	45-49F	1.38.59	0
503	134	17611	SHERWYN	ROUSSOUW	WATER	M	45	45-49M	1.39.00	0
504	829	613	ASHRAF	ACKERDIEN	ASPEN	M	51	50-54M	1.39.01	1
505	738	636	ENVER	VOGEL	ASPEN	M	32	SM	1.39.02	1
506	771	2329	BRENDA	MUKOMBE	VITALITY	F	36	35-39F	1.39.03	1
507	594	2251	SYLVAN	BLIGNAUT	MADIBAZ	M	65	65-69M	1.39.08	1
508	124	455	JODI	PIENAAR	WALMER	M	30	SM	1.39.09	1
509	391	2391	ROBERT	CLARKE	TEMP	M	47	45-49M	1.39.10	0
510	476	2476	MICAELA	SCHOLTZ	TEMP	F	28	SF	1.39.11	0
511	553	1333	MBULELO	SOBIKWA	NEDBANK	M	70	70+M	1.39.16	1
512	512	2512	KEVIN	GARDNER	TEMP	M	44	40-44M	1.39.21	0
513	490	1938	JENN	SEADY	BLUEBAY	F	52	50-54F	1.39.28	1
514	714	2714	DESMOND	MVUNDLELA	TEMP	M	43	40-44M	1.39.31	0
515	837	1102	KEN	BARWOOD	ACH	M	69	65-69M	1.39.36	1
516	580	880	WENDY	VENTER	CHARLO	F	52	50-54F	1.39.37	1
517	783	198	RIAAN	SMALBERGER	CSEP	M	69	65-69M	1.39.38	1
518	117	861	FAKAZILE	NKOMIYAHLABA	RUN4C	F	37	35-39F	1.39.39	1
519	307	801	BIANCA	LEONARD	32GI	F	35	35-39F	1.39.48	1
520	306	850	PAIGE	LEE	32GI	F	58	55-59F	1.39.48	1
521	322	800	JONATHAN	MANDELL	32GI	M	60	60-64M	1.39.49	1
522	5	746	JOHAN	BARNARD	CRUSADE	M	69	65-69M	1.39.50	1
523	551	361	JULIUS	SHOGOLE	IKHAMVA	M	71	70+M	1.39.56	1
524	43	293	Karli	Greyling	MUIRITE	F	23	SF	1.39.59	1
525	536	2536	SIYA	COKILE	TEMP	M	47	45-49M	1.40.13	0
526	557	2323	CHRISTO	STEYN	VITALITY	M	56	55-59M	1.40.14	1
527	321	352	ZUKO	MALIWA	IKHAMVA	M	47	45-49M	1.40.14	1
528	725	2725	NDIVHUNO	TSHILUNA	TEMP	M	31	SM	1.40.15	0
529	422	2422	PAULA	KAPP	TEMP	F	51	50-54F	1.40.15	0
530	790	1094	MARIETJIE	PIETERSEN	ACH	F	67	65-69F	1.40.27	1
531	139	2352	ASANDA	SASANTI	VITALITY	F	34	SF	1.40.30	1
532	740	2740	LUYANDA	NCWADI	TEMP	M	43	40-44M	1.40.37	0
533	393	2393	BRAD	COCHRANE	TEMP	M	52	50-54M	1.41.02	0
534	413	2413	JUDY	GOMES	TEMP	F	48	45-49F	1.41.05	0
535	427	2427	CORLIA	KRUGER	TEMP	F	30	SF	1.41.11	0
536	164	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	45	45-49F	1.41.17	1
537	335	911	TANYA	MEYER	CHARLO	F	40	40-44F	1.41.17	1
538	75	1202	JACQUES	LANGLEY	ELITEAC	M	35	35-39M	1.41.18	1
539	396	2396	DEIDRE	DERBYSHIRE	TEMP	F	53	50-54F	1.41.21	0
540	678	51177	OMPHILE	TSOMOKO	ALIWAL	M	34	SM	1.41.24	0
541	308	1077	THERESA	LILLIS	ACH	F	68	65-69F	1.41.26	1
542	33	1935	XENOPHON	FERREIRA	BLUEBAY	M	63	60-64M	1.41.34	1
543	683	346	SEKI	MANDABA	IKHAMVA	F	49	45-49F	1.41.34	1
544	150	2315	MELISSA	SWANEPOEL	VITALITY	F	36	35-39F	1.41.35	1
545	588	891	GEORGE	WINSHIP	CHARLO	M	58	55-59M	1.41.35	1
546	808	72	HERMAN	DEKKER	SAPPE	M	79	70+M	1.41.41	1
547	59	2488	RUAN	JONKER	DESPATCH	M	25	SM	1.41.50	1
548	267	1834	ANDISWA	CINGO	VUKANI	F	38	35-39F	1.41.55	1
549	221	1743	THOMAS	PLAATJIES	GELVAN	M	47	45-49M	1.41.56	1
550	579	927	ANTON	VAN WYK	CHARLO	M	56	55-59M	1.42.03	1

551	137	1274	GAYLE	SAAYMAN	VWAC	F	36	35-39F	1.42.04	1
552	142	1310	PUMLA	SIBALI	VWAC	F	45	45-49F	1.42.04	1
553	865	31	HENNIE	VAN DER KOLF SWHRA1524	PEAAC	M	66	65-69M	1.42.09	1
554	67	1382	CHARMELL	KOOPMAN	NEDBANK	F	44	40-44F	1.42.06	1
555	864	32	JANETTE	VAN DER KOLF	PEAAC	F	64	60-64F	1.42.07	1
556	819	213	SHARON	SMUTS	CSEP	F	58	55-59F	1.42.13	1
557	274	82	LETA	DOS SANTOS	INFINITY	F	60	60-64F	1.42.13	1
558	654	2654	JENNIFER	MICHAU	TEMP	F	58	55-59F	1.42.33	0
559	262	904	MARI	CALITZ	CHARLO	F	64	60-64F	1.42.40	1
560	379	2379	DORIAN	BAATZES	TEMP	M	65	65-69M	1.42.44	0
561	699	2699	FERDI	VILJOEN	TEMP	M	58	55-59M	1.42.44	0
562	446	2446	NANDE	MHESHE	TEMP	F	38	35-39F	1.42.49	0
563	415	2415	JUSTIN	HASTIE	TEMP	M	27	SM	1.43.02	0
564	560	1146	KOOT	SWANEPOEL	JBAY	M	71	70+M	1.43.10	1
565	672	1345	ROMAN	SEPTOE	NEDBANK	M	27	SM	1.43.14	1
566	13	309	YVETTE	BROPHY	MUIRITE	F	54	50-54F	1.43.21	1
567	542	2542	TAYLOR	FOURIE	TEMP	F	17	JF	1.43.28	0
568	428	2428	ANDREA	KUSTERER	TEMP	F	36	35-39F	1.43.29	0
569	79	588	RENIER	LIEBENBERG	RUN4C	M	42	40-44M	1.43.34	1
570	835	328	MADRE	WELMANS	MUIRITE	F	55	55-59F	1.43.40	1
571	160	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	54	50-54F	1.43.41	1
572	216	112	DAKOTA	NEALE-SHUTTE	VARSITY	F	21	SF	1.43.41	1
573	570	108	CAILYN	VAN HEERDEN	VARSITY	F	12	JF	1.43.42	1
574	823	696	ASANDA	MSARO	SIBALEKA	F	38	35-39F	1.43.43	1
575	793	1464	DAVID	O'REILLY	NEDBANK	M	76	70+M	1.44.03	1
576	292	145	FADIELA	JOHNSON	MALABAR	F	60	60-64F	1.44.16	1
577	63	131	SHUKRY	KAFAAR	MALABAR	M	38	35-39M	1.44.29	1
578	872	2090	WELLINGTON	TSHINGANE	SANDFEP	M	54	50-54M	1.44.31	1
579	358	2637	Lutho	Ntlahla	HOLLYWOO	F	36	35-39F	1.44.31	1
580	435	2435	CHRISTINA	MAKOCHIENG	TEMP	F	27	SF	1.44.35	0
581	253	51003	NOSICELO	BIYANA	QOKOL	F	48	45-49F	1.44.38	0
582	226	1045	YUSUF	SAMUELS	XCEL	M	65	65-69M	1.44.55	1
583	626	2626	ANTON	KAPP	TEMP	M	53	50-54M	1.45.28	0
584	695	2695	KAREN	VAN DER LINDEN	TEMP	F	49	45-49F	1.45.29	0
585	620	902	KRISH	PILLAY	CHARLO	M	62	60-64M	1.45.31	1
586	78	1868	TUMELO	LEHASA	HOLLYWOO	M	36	35-39M	1.45.32	1
587	189	1579	JHANINEN	BOSHOFF	DESPATCH	F	58	55-59F	1.45.35	1
588	743	2743	LIEZL	JOUBERT	TEMP	F	29	SF	1.45.39	0
589	851	1725	PEARL	DAMONS	GELVAN	F	61	60-64F	1.45.49	1
590	730	2730	AIMEE	TAYLOR	TEMP	F	30	SF	1.45.52	0
591	237	1607	SONJA	VAN WYK	DESPATCH	F	42	40-44F	1.45.58	1
592	519	2519	ZIYANDA	NKONKI	TEMP	F	40	40-44F	1.46.06	0
593	569	2496	CLAUDEAN	VAN GREUNEN	DESPATCH	F	43	40-44F	1.46.07	1
594	86	505	XHANTI	MANTSHIYO	ABSAEP	M	57	55-59M	1.46.08	1
595	240	1119	TREMAINE	WESSON	ACH	M	64	60-64M	1.46.09	1
596	602	2602	SHARON	HERMAANS	TEMP	F	47	45-49F	1.46.15	0
597	394	2394	MIRANDA	COGGER	TEMP	F	47	45-49F	1.46.18	0
598	300	2300	TESS	APPOLLIS	TEMP	F	25	SF	1.46.21	0
599	502	2502	CLINT	TESSNER	TEMP	M	43	40-44M	1.46.23	0
600	354	562	JUDITH	NIENABER	RUN4C	F	64	60-64F	1.46.44	1
601	89	2595	Thabelo	Masia	VWAC	F	34	SF	1.46.48	1
602	752	2752	MASIVUYE	MZOBOSHE	TEMP	M	37	35-39M	1.46.54	0
603	657	2657	HERMAN	MOSS	TEMP	M	41	40-44M	1.46.55	0
604	161	292	CHANTELL	VAN BAALLEN	MUIRITE	F	48	45-49F	1.47.07	1
605	411	2411	JOHAN	GERBER	TEMP	M	45	45-49M	1.47.21	0
606	615	1103	LIZ	AUSTIN	ACH	F	66	65-69F	1.47.22	1
607	759	2759	TANYA	JANSEN VAN VUUREN	TEMP	F	56	55-59F	1.47.22	0
608	460	2460	NTOKOZO	NGUBANE	TEMP	F	29	SF	1.47.24	0
609	813	1816	ALIZWA	BOVUNGANA	VUKANI	M	23	SM	1.47.25	1
610	716	2716	MZOXOLO	MKOKELI	TEMP	M	45	45-49M	1.47.29	0
611	258	1556	RIAANA	BOUWER	DESPATCH	F	48	45-49F	1.47.32	1
612	279	906	TARYN	FERREIRA	CHARLO	F	43	40-44F	1.47.41	1
613	388	2388	ILSE	CLAASSENS	TEMP	F	25	SF	1.47.46	0
614	717	2717	SIPHESIHE	NOMATYELI	TEMP	M	34	SM	1.48.12	0
615	346	753	PLACXEDES	NDHLOVU	CRUSADE	F	50	50-54F	1.48.16	1
616	879	1911	NANDIPA	MYELEYELE	SPAREC	F	36	35-39F	1.48.26	1
617	121	1956	SONJA	OLIVIER	BLUEBAY	F	57	55-59F	1.48.36	1
618	763	796	REBECCA	JORDAAN	32GI	F	33	SF	1.48.47	1
619	295	797	JEANDRE	JORDAAN	32GI	M	40	40-44M	1.48.48	1

620	661	2661	TALIFHANI	MUTEPE	TEMP	M	32	SM	1.48.54	0
621	450	2450	BHEKI	MKHWANAZI	TEMP	M	38	35-39M	1.49.07	0
622	27	2330	ANIRLE	DE MEYER SWHRA1524	VITALITY	F	27	SF	1.49.10	1
623	433	2433	JADE	MAGSON	TEMP	F	24	SF	1.49.15	0
624	434	2434	WAYNE	MAGSON	TEMP	M	54	50-54M	1.49.16	0
625	537	2537	THALIA	CRONJE	TEMP	F	65	65-69F	1.49.17	0
626	7	1577	MELISSA	BERG	DESPATCH	F	54	50-54F	1.49.23	1
627	186	2706	TAMMY	SOUTHBY	32GI	F	50	50-54F	1.49.39	1
628	898	51199	OZZIE	FERREIRA	NEDRCCGA	M	57	55-59M	1.49.40	0
629	667	2667	LISA	RANDALL	TEMP	F	44	40-44F	1.49.41	0
630	533	2533	MICHELLE	BLOM	TEMP	F	47	45-49F	1.49.41	0
631	16	2518	Wendy	Bululu	ABSAEP	F	41	40-44F	1.49.49	1
632	876	185	Sabata	Tsibolane	CSEP	M	45	45-49M	1.49.50	1
633	530	2530	MUHAMMAD	ADAM	TEMP	M	27	SM	1.50.10	0
634	270	871	RICHARD	DE ANDRADE	CHARLO	M	63	60-64M	1.50.21	1
635	660	2660	ROXANNE	MULLER	TEMP	F	39	35-39F	1.50.29	0
636	540	2540	ALFRED	DENNIS	TEMP	M	48	45-49M	1.50.29	0
637	911	2440	ANDISWA	JAFTA	NMBAC	F	32	SF	1.50.38	1
638	515	2515	ALECIA	HUMAN V D WESTHUIZEN	TEMP	F	44	40-44F	1.50.45	0
639	514	2514	LEZELLE	HALL	TEMP	F	42	40-44F	1.50.45	0
640	573	2309	ADEL	VAN RENSBURG	VITALITY	F	46	45-49F	1.50.46	1
641	125	2325	CARMEN	PIETERSE	VITALITY	F	43	40-44F	1.50.55	1
642	314	1445	NOYISE	LUVALO	NEDBANK	F	44	40-44F	1.51.01	1
643	231	2670	KAREN	STUTHARD	VITALITY	F	50	50-54F	1.51.19	1
644	204	2077	LI-ANNE	LANDMAN	VITALITY	F	43	40-44F	1.51.20	1
645	367	901	EUSENTHA	PILLAY	CHARLO	F	59	55-59F	1.51.22	1
646	305	1331	JAN	LE ROUX	NEDBANK	M	65	65-69M	1.51.27	1
647	721	2721	NTSHEBE	SIPHO	TEMP	M	58	55-59M	1.51.29	0
648	504	2504	DANIEL	TRASK	TEMP	M	26	SM	1.51.29	0
649	482	2482	MICHELLE	SMIT	TEMP	F	25	SF	1.51.30	0
650	710	2710	SKUMBUZO	MZOSHE	TEMP	M	51	50-54M	1.51.40	0
651	495	2495	MELISSA	VAN WYK	TEMP	F	31	SF	1.51.46	0
652	275	289	RENAY	DU PLESSIS	MUIRITE	F	56	55-59F	1.51.47	1
653	868	1266	DAVID	CHENGWE	VWAC	M	46	45-49M	1.51.53	1
654	167	311	NICKI	VAN NIEKERK	MUIRITE	F	70	70+F	1.51.59	1
655	368	2368	KELLY-ANNE	AUGUSTUS	TEMP	F	29	SF	1.52.00	0
656	451	2451	KAYA	MLENZE	TEMP	M	43	40-44M	1.52.02	0
657	653	2653	LUVUYO	MHLOBISO	TEMP	M	38	35-39M	1.52.07	0
658	426	2426	DONNE	KRITZINGER	TEMP	F	26	SF	1.52.14	0
659	501	2501	BRESLER	SWANEPOEL	TEMP	M	31	SM	1.52.17	0
660	637	573	BRITTANY	CILLIERS	RUN4C	F	31	SF	1.52.22	1
661	247	984	BELINDA	BAIN	CHARLO	F	62	60-64F	1.52.24	1
662	403	2403	JACKIE	ELOFF	TEMP	F	52	50-54F	1.52.31	0
663	839	50505	BONISWA	ZONDANI	CHEETAH	F	40	40-44F	1.52.34	0
664	749	2749	SIVIWE	NKAYI	TEMP	M	32	SM	1.52.44	0
665	115	1841	BUYISWA	NGXONONO	HOLLYWOOD	F	47	45-49F	1.52.45	1
666	468	2468	STACEY	REYNOLDS	TEMP	F	36	35-39F	1.52.46	0
667	467	2467	LEROY	REYNOLDS	TEMP	M	39	35-39M	1.52.47	0
668	484	2484	COLIN	STEPHEN	TEMP	M	36	35-39M	1.52.57	0
669	131	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	38	35-39F	1.53.02	1
670	208	1802	THOBEKA	MABUSELA	VUKANI	F	63	60-64F	1.53.13	1
671	263	2139	WENDY	CAMERON	MADIBAZ	F	46	45-49F	1.53.14	1
672	497	2497	MARK	WEYER	TEMP	M	59	55-59M	1.53.17	0
673	693	2693	NASIPHI	TAFANE	TEMP	F	24	SF	1.53.20	0
674	724	2724	LISA	ACHILLEOS	TEMP	F	34	SF	1.53.22	0
675	195	745	KATHLEEN	FLANAGAN	CRUSADE	F	38	35-39F	1.53.47	1
676	893	705	OCTAVIA	BOSHOFF	CRUSADE	F	54	50-54F	1.53.48	1
677	706	2706	MFUNDO	MAHOTE	TEMP	M	39	35-39M	1.54.04	0
678	172	776	CHANDRE	WEST	CRUSADE	F	48	45-49F	1.54.09	1
679	110	1220	KELLY	NAIDOO	ELITEAC	F	43	40-44F	1.54.10	1
680	734	2734	CANDICE	MAY	TEMP	F	48	45-49F	1.54.12	0
681	566	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	1.54.20	1
682	264	903	KESVAL	CHETTY	CHARLO	M	59	55-59M	1.54.21	1
683	830	98	AMANDA	WOLMARANS	INFINITY	F	65	65-69F	1.54.21	1
684	319	1794	NOMLINDO	MAKUBALO	VUKANI	F	50	50-54F	1.54.22	1
685	46	536	ELIZMA	HARMSE	RUN4C	F	63	60-64F	1.54.24	1
686	3	2555	Lize	Austin	RUN4C	F	28	SF	1.54.27	1
687	471	2472	LEANA	RODRIQUES	TEMP	F	30	SF	1.54.27	0
688	271	468	IRMA	DE JAGER	WALMER	F	64	60-64F	1.54.35	1

689	273	1791	NOZUKO	DLAMBA	VUKANI	F	47	45-49F	1.54.39	1
690	550	211	MATHAPELO	SENTI	CSEP	F	35	35-39F	1.54.58	1
691	122	543	NIEKIE	OOSTHOEK SWHRA1524	RUN4C	F	54	50-54F	1.55.01	1
692	896	1375	BARRY	NELSON	NEDBANK	M	73	70+M	1.55.09	1
693	870	1415	ERROL	ROSSOUW	SIBALEKA	M	74	70+M	1.55.39	1
694	643	2643	HEATHER	LANGFORD	TEMP	F	53	50-54F	1.55.54	0
695	582	566	JANINE	VILJOEN	RUN4C	F	54	50-54F	1.55.57	1
696	215	20747	CHARM	NAY	NATURAL	F	52	50-54F	1.55.58	0
697	711	1789	BULELWA	MASOKA	VUKANI	F	44	40-44F	1.55.59	1
698	425	2425	NADIA	KRIEL	TEMP	F	27	SF	1.56.01	0
699	647	2647	KAY-LEE	MARX	TEMP	F	28	SF	1.56.17	0
700	463	2463	MPUMELELO	PILISANI	TEMP	M	55	55-59M	1.56.32	0
701	302	62	ALEX	KHUZWAYO	SAPPE	M	61	60-64M	1.56.35	1
702	735	2735	LEAVZI	ZWELIBANZI	TEMP	M	34	SM	1.56.37	0
703	157	1023	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	SF	1.56.40	1
704	366	909	THURAYA	PILLAY	CHARLO	F	22	SF	1.56.50	1
705	479	2479	CHUMISA	SKOSANA	TEMP	F	32	SF	1.56.52	0
706	77	1693	JASON	LE ROUX	GELVAN	M	28	SM	1.57.03	1
707	548	2548	DANEILLE	HARRY	TEMP	F	39	35-39F	1.57.07	0
708	311	995	BERNADETTE	LOOCK	CHARLO	F	44	40-44F	1.57.14	1
709	265	923	EVA	CHETTY	CHARLO	F	56	55-59F	1.57.15	1
710	544	2544	COMINE	GIERZ	TEMP	F	59	55-59F	1.57.17	0
711	404	2404	CINDY	FERREY	TEMP	F	58	55-59F	1.57.18	0
712	218	1531	VUYOKAZI	NGALO	VUKANI	F	43	40-44F	1.57.31	1
713	731	2731	DOROTHY	MALULEKA	TEMP	F	46	45-49F	1.57.44	0
714	473	2473	NAMHLA	SAKI	TEMP	F	29	SF	1.57.45	0
715	854	1840	MSUTUKAZI	NDIMBA	VUKANI	F	45	45-49F	1.57.48	1
716	430	2430	MEREDITH	LAW	TEMP	F	23	SF	1.57.49	0
717	665	2665	YOLLANDA	NTAME	TEMP	F	29	SF	1.57.51	0
718	824	2280	SELBY	THABETHE	SIBALEKA	M	50	50-54M	1.57.58	1
719	456	2456	CARONESSA	MOSS	TEMP	F	41	40-44F	1.58.03	0
720	94	738	SAM	DU TOIT	CRUSADE	F	55	55-59F	1.58.14	1
721	633	1604	HENRY	HULME	DESPATCH	M	59	55-59M	1.58.21	1
722	19	1606	FANIE	CLAASSEN	DESPATCH	M	66	65-69M	1.58.21	1
723	853	1306	GAVIN	KLINK	VWAC	M	51	50-54M	1.58.22	1
724	719	2719	BIANKA	BRINK	TEMP	F	30	SF	1.58.50	0
725	294	1740	JANICE	JONES	GELVAN	F	48	45-49F	1.59.23	1
726	416	2416	KAYLEIGH	HILL	TEMP	F	23	SF	1.59.25	0
727	676	2676	NORMAN	SILKE	TEMP	M	46	45-49M	1.59.31	0
728	488	935	BRENTON	SCHNETLER	CHARLO	M	50	50-54M	1.59.33	1
729	472	2472	JAN	ROUX	TEMP	M	37	35-39M	1.59.45	0
730	554	884	SHAMEMMA	SOLOMON	CHARLO	F	43	40-44F	1.59.51	1
731	363	585	JEANETTE	PIENAAR	RUN4C	F	76	70+F	1.59.57	1
732	535	2535	HANNAH	BRIERS	TEMP	F	54	50-54F	2.00.19	0
733	72	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	55-59M	2.00.20	1
734	803	40384	MADISON	WARD	ASPEN	F	14	JF	2.00.21	1
735	518	2518	TAYLIA	MORETON	TEMP	F	23	SF	2.00.21	0
736	686	2686	MIJAUNE	SMITH	TEMP	F	23	SF	2.00.23	0
737	685	570	PIETER	GERBER	RUN4C	M	66	65-69M	2.00.35	1
738	843	2517	FUNDISWA	ANTONY	ABSAEP	F	52	50-54F	2.00.41	1
739	145	287	YOLANDI	SMALBERGER	MUIRITE	F	44	40-44F	2.00.41	1
740	147	2699	LEANDRE	STRUMPHER	MUIRITE	F	41	40-44F	2.00.42	1
741	461	2461	NDUMISO	NTSHANGASE	TEMP	M	32	SM	2.00.43	0
742	630	1303	WARREN	WAGENAAR	VWAC	M	48	45-49M	2.00.59	1
743	309	920	LOCHI	LOCHNER	CHARLO	M	76	70+M	2.01.21	1
744	171	550	LIEZEL	WAIT	RUN4C	F	51	50-54F	2.01.31	1
745	370	2278	NTOMBOXOLO	PONASE	SIBALEKA	F	35	35-39F	2.01.36	1
746	529	2529	CAITLIN	ACKER	TEMP	F	29	SF	2.02.19	0
747	656	2656	ZANDILE	MONI	TEMP	F	32	SF	2.02.33	0
748	146	2366	NOLUBABALO	SOHABA	VITALITY	F	35	35-39F	2.02.42	1
749	298	886	CELEST	JOYCE	CHARLO	F	55	55-59F	2.02.43	1
750	526	2526	ES-MARI	VAN DER MERWE	TEMP	F	23	SF	2.02.53	0
751	603	2603	BEVERLY	IRVINE	TEMP	F	55	55-59F	2.03.21	0
752	326	2203	SANDISWA	MASWANA	MADIBAZ	F	43	40-44F	2.03.23	1
753	613	64	DAVID	FORTEIN	SAPPE	M	59	55-59M	2.03.34	1
754	185	2692	SIPHOKAZI	TILI	ADVEN	F	45	45-49F	2.03.36	1
755	440	2440	SINTU	MATOLENGWE	TEMP	M	34	SM	2.03.55	0
756	441	2441	YONELA	MATOLENGWE	TEMP	F	31	SF	2.04.09	0
757	648	2648	KUHLE	MAYAPI	TEMP	F	35	35-39F	2.04.38	0

758	636	928	ALLISTER	MARRAN	CHARLO	M	48	45-49M	2.04.38	1
759	498	2498	TERSIA	WEYER	TEMP	F	56	55-59F	2.04.39	0
760	786	1286	SHANDRY	NAZERLG_27_SWHRA1524	VWAC	F	35	35-39F	2.04.42	1
761	815	1305	CASEY	ISAACS	VWAC	F	46	45-49F	2.05.33	1
762	438	2438	STACEY	MARGOLIUS	TEMP	F	29	SF	2.05.39	0
763	781	2554	ERICA	ERASMUS	RUN4C	F	54	50-54F	2.05.42	1
764	6	9903	UNATHI	BEKU	PHOBIAN	F	31	SF	2.05.45	0
765	442	2442	LIRIKEN	MATTHEWS	TEMP	F	30	SF	2.06.12	0
766	97	1541	NOCAWE	MDAZUKA	SIBALEKA	F	40	40-44F	2.06.16	1
767	198	2601	CHRISTIAAN	GERBER	MUIRITE	M	49	45-49M	2.06.58	1
768	38	528	HELEN	FOURIE	RUN4C	F	54	50-54F	2.07.14	1
769	232	1773	EYETHU	TISO	VUKANI	F	31	SF	2.07.39	1
770	534	2534	KWAKHONA	BOCO	TEMP	F	27	SF	2.08.00	0
771	348	2283	NOMBULELO	NDZUZO	SIBALEKA	F	44	40-44F	2.08.17	1
772	698	2698	ZIMKITHA	DAYI-SIBANGELE	TEMP	F	39	35-39F	2.08.43	0
773	750	2750	CYNTHIA	CHANNON	TEMP	F	58	55-59F	2.09.07	0
774	105	453	JO-ANNE	MUIR	WALMER	F	55	55-59F	2.10.31	1
775	128	452	SHARON	POTGIETER	WALMER	F	59	55-59F	2.10.33	1
776	658	2658	MELUMZI	MTSHAYI	TEMP	M	43	40-44M	2.10.34	0
777	214	1433	THOKOZANI	MTIMKULU	CHILLIEP	F	27	SF	2.10.45	1
778	483	2483	SHIRLEY	SMIT	TEMP	F	53	50-54F	2.11.39	0
779	480	2480	CHANEL	SMAILES	TEMP	F	51	50-54F	2.11.55	0
780	123	1033	KARMEL	PAGE	MUIRITE	F	33	SF	2.11.55	1
781	284	647	RETASHA	GODDARD	ASPEN	F	31	SF	2.12.25	1
782	525	2525	VUYO	TSHIKI	TEMP	M	36	35-39M	2.12.27	0
783	614	45	THEMBISILE	NTONI	PEAAC	M	76	70+M	2.12.28	1
784	836	1122	BOB	STEDMAN	ACH	M	75	70+M	2.12.30	1
785	282	998	ROBERT	GALLOWAY	CHARLO	M	73	70+M	2.12.34	1
786	342	2022	LERATO	MUZAH	MALABAR	F	38	35-39F	2.12.35	1
787	485	2485	SIMON	STRIMLING	TEMP	M	62	60-64M	2.13.06	0
788	410	2410	JANI	GERBER	TEMP	F	26	SF	2.13.12	0
789	591	1852	NOZUKO	YEYE	HOLLYWOO	F	52	50-54F	2.13.17	1
790	746	2746	PHIWE	MSIZI	TEMP	F	29	SF	2.13.18	0
791	491	2491	NANDIPHA	TYHALI	TEMP	F	26	SF	2.14.04	0
792	406	2406	MATABO	FLATELA	TEMP	F	25	SF	2.15.23	0
793	644	2644	CLEMENT	LE ROUX	TEMP	M	37	35-39M	2.15.24	0
794	875	2190	Fundiswa	Kula	MADIBAZ	F	45	45-49F	2.16.12	1
795	757	2757	NANDE	MOEKETSSE	TEMP	F	42	40-44F	2.16.15	0
796	389	2389	BARBARA	CLARK	TEMP	F	40	40-44F	2.16.43	0
797	420	2420	CARMEN	JACOBS	TEMP	F	52	50-54F	2.16.57	0
798	390	2390	WARREN	CLARK	TEMP	M	43	40-44M	2.17.01	0
799	489	939	DINA	SCHUTTE	CHARLO	F	58	55-59F	2.17.03	1
800	503	2503	MOSALE	TLAKA	TEMP	F	27	SF	2.17.08	0
801	592	65	CHARLOTTE	YOYO	SAPPE	F	40	40-44F	2.17.17	1
802	728	2728	CORNELIUS	JACOBS	TEMP	M	40	40-44M	2.17.33	0
803	477	2477	ALEKSANDRA	SIBILEVA	TEMP	F	37	35-39F	2.17.44	0
804	312	910	RAE	LUCKMAN	CHARLO	F	54	50-54F	2.18.24	1
805	581	962	MILE	VERMAAK	CHARLO	F	57	55-59F	2.18.24	1
806	424	2424	KATLEGO	KGAJE	TEMP	F	30	SF	2.19.09	0
807	729	2729	RICHTER	JACOBS	TEMP	M	37	35-39M	2.21.22	0
808	727	2727	CASPER	BADENHORST	TEMP	M	42	40-44M	2.21.22	0
809	747	2747	LEIGH	KLINK	TEMP	F	42	40-44F	2.21.43	0
810	486	2604	MARCOLENE	SAUNDERS	MADIBAZ	F	39	35-39F	2.21.50	1
811	900	1703	GODFREY	KARIEM	GELVAN	M	83	70+M	2.22.22	1
812	621	1323	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	68	65-69M	2.24.40	1
813	707	2432	DIKELEDI	MOABEO	TEMP	F	35	35-39F	2.25.42	0
814	802	8081	XOLISWA	MJIKA	FATCATS	F	43	40-44F	2.27.56	0
815	640	2640	AGNES	KGANYAGO	TEMP	F	34	SF	2.28.04	0
816	655	2655	MICHELLE	MINNAAR	TEMP	F	36	35-39F	2.32.02	0
817	457	2457	MVUYISI	MPOMPOSHE	TEMP	M	35	35-39M	2.32.35	0
818	257	1095	MOF	BOTHA	ACH	M	68	65-69M	2.36.24	0
819	625	1732	KEITH	HARRIS	GELVAN	M	53	50-54M	2.37.19	0
820	604	2604	TAZRIN	JANUARY	TEMP	F	25	SF	2.38.17	0
821	666	2666	NOSIPHO	NTANTISO	TEMP	F	45	45-49F	2.38.20	0
822	723	2723	MVELO	NDALA	TEMP	F	31	SF	2.38.21	0