

**INTERCARE**

**BLOUBERG MARATHON**

Fast course with ocean views.  
42km WPA Championship Race.



**42.2km:** Sat, 24 Aug '24  
**21.1km, 10km & 5km:** Sun, 25 Aug '24

**ENTRIES OPEN 1 MAY 2024**

**ENTER ONLINE:**  
[www.entryninja.com](http://www.entryninja.com)

Presented by West Coast Athletic Club  
Proudly Sponsored by Intercare.  
Run in accordance with the rules of ASA & WPA

Scan to enter



# ENTRY INFORMATION & RULES

## RACE INFORMATION

- Online entries only. No entries on race day.
- Medals to all participants!
- A tog bag facility will be provided at participants' own risk.
- 42.2, 21.1 and 10km races start at Table Bay Mall, Berkshire Boulevard, Table View.
- The 5km fun run starts and finishes on the beach at Eden on the Bay.
- Safe parking is available at Table Bay Mall. Please park in the basement.
- The finish for all races is at Eden at the Bay Beachfront, Big Bay.
- There are plenty of restaurants, coffee shops, and refreshment vendors available at the finish, so bring the family and enjoy the morning with us.

	Marathon	21km	10km	5km
<b>Date:</b>	24 August	25 August	25 August	25 August
<b>Cost:</b>	R280	R180	R110	R60
<b>Start time:</b>	6.30am	7am	7.30am	9am
<b>Cut-off time:</b>	6h00	3H30	2h00	

## NUMBER COLLECTION

- Sportsman's Warehouse Rondebosch, Friday 23 August from 1pm - 6pm.
- Table Bay Mall, Saturday 24 August from 5am to 1pm and on Sunday, 25 August from 5am.

## REFRESHMENT STATIONS

- There will be refreshment stations every 3km with water and Coca Cola, as well as carry your own fill-up facilities.
- Please note: no sachets at water tables.
- Do not litter. Dispose of litter responsibly and use the bins provided.



## ENTRY RULES

- The race is run according to the rules of ASA & WPA.
- Participants must be 20 years or older on the day of the race to participate in the marathon, 16 years or older for the half marathon and 14 years or older for the 10km.
- 5km fun run participants younger than 10 must be accompanied by an adult.
- Licensed athletes should run in full club colours and 2024 licenses must be worn on the front and the back of the vest. Race numbers will be issued, to be worn on the front, ensuring ASA license sponsor remains visible.
- Temporary licensed athletes should run in clothing without bold advertising.
- Temporary licenses are available at number collection for R85 (42.2km), R75 (21.1km), R50 (Senior 10km), R30 (Junior 10km).
- Unlicensed participants must purchase a Temporary License which must be worn on the back of the vest.
- All participants must obey traffic officers, race marshals & officials at all times.
- No personal seconding permitted, except at official refreshment stations.
- The use of headphones is not allowed and may result in disqualification. This is for your own safety and for those around you!
- Report offenders to the referees as this may result in disqualification.
- Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies, and all persons assisting in staging the event from any responsibility, liability or cost relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.
- Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
- Detailed rules are available on <http://www.wpa.org.za/> or on request from the organisers or the WPA office.

## PRIZE GIVING & PRIZES

- Prize giving will start at 10am for the 10km participants, 11am for 21.1km participants, and at 12pm for the marathon participants.
- All prize monies will be paid electronically. All prize winners must supply their banking details and a copy of their ID.
- Please note: Should you be competing for a top spot and prize money you MUST enter under the contender category.
- In addition to overall (open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front & back of their club vest.
- Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
- Participants may enter the age category corresponding to their chronological age or younger down to senior.
- Juniors born 2005 or later wearing a junior or senior license must display age tags 'J' to qualify for age group prizes.
- The marathon (42.2km) is a WPA CHAMPIONSHIP race.
- As such, WPA will award (over and above the race prize money) prize money and medals to WPA registered athletes for the WPA 42.2km Championship race in 10-year categories:
- Open through to 70+: 1st place R1000, 2nd place R750, 3rd place R500.
- The results will be available on the WPA Website ([www.wpa.org.za](http://www.wpa.org.za)).

42km Male & Female						
	Open	40 – 49	50 – 59	60 – 69	70+	
1 <sup>st</sup>	2500	1200	1200	1200	1200	
2 <sup>nd</sup>	2000	850	850	850	850	
3 <sup>rd</sup>	1500	600	600	600	600	
4 <sup>th</sup>	1000					
5 <sup>th</sup>	750					
21km Male & Female						
	Open	40 – 49	50 – 59	60 – 69	70+	
1 <sup>st</sup>	1750	800	800	800	800	
2 <sup>nd</sup>	1500	600	600	600	600	
3 <sup>rd</sup>	1250	400	400	400	400	
10km Male & Female						
	Open	40 – 49	50 – 59	60 – 69	70+	Juniors
1 <sup>st</sup>	1000	400	400	400	400	500
2 <sup>nd</sup>	750	300	300	300	300	400
3 <sup>rd</sup>	500	200	200	200	200	300

Support our charities when you ENTER online

