

BLISTERS FOR BREAD

CHARITY FAMILY FUN WALK

PENINSULA SCHOOL FEEDING ASSOCIATION

You can't teach a hungry child
www.psfafa.org.za

IN ASSOCIATION WITH



Walking towards a hunger-free future



Sunday
25 August
2024

Start Venue: Stephen Way, Green Point
Finish Venue: Green Point Cricket Club
Distances: 5km & 10km
Start Times: 10km - 07:30 / 5km 08:00
Entry fee: R100
T-shirt: R150

Enter online at www.psfafa.org.za



RACE INFORMATION AND ORGANISATION

**This is an online entry only event.
Enter now at www.pfsa.org.za.**

ENTRY FEE: R100.00 pp – your entry fee will enable PSFA to feed 28 impoverished schoolchildren for a day.

CLOSING DATE: midnight on the 11th August 2024.
Entries are limited to 6000 across both distances

NUMBER COLLECTION: Saturday 24 August 2024.

CONFIRMATION OF ENTRY

- Entrants will receive a confirmation e-mail (if an e-mail address is provided).
- Before walk number collection (the day before the event), you will receive an SMS (if a cell number is provided), indicating your walk number and where you have selected to collect it.
- Please bring your proof of entry, email and SMS with you when collecting your walk number on **Saturday 24 August 2024**.

WALK NUMBER COLLECTION

- Walk Number Collection will take place on **Saturday 24 August 2024 from 09h00 - 17h00** at the venue you selected.

The venues are:

Sportsmans Warehouse V&A Waterfront / Rondebosch / Tygervalley / Somerset West / Tokai

GENERAL

- Contact Top Events info@topevents.co.za or WhatsApp us on **0661394210**.
- No dogs, skateboards, bicycles or wheelie shoes etc. are allowed.

RULES

- Refreshment stations along the route.
- Medical facilities will be provided along the route and at the endpoint.

ROUTE DIRECTIONS

1. Both walk distances will line up in Stephan Way next to the Hamiltons Rugby Club.
2. At the bottom of Stephan Way, walkers turn left into Fritz Sonnenberg Way, proceed to Beach Road (Mouille Point), and cross over at the traffic lights.
3. On the pavement, turn left and proceed towards the Sea Point Promenade.
4. Walk along the promenade towards the intersection at the corner of Beach Road Mouille Point and Beach Road, Sea Point and keep left.
5. At Rocklands Beach:
 - a) 5km walkers turn around and walk back to the Green Point Cricket Club.
 - b) 10km walkers continue along the promenade towards Saunders Rock.
6. At Saunders Rock (1st refreshment station):
 - a) 10km walkers turn around and walk back to the Green Point Cricket Club via the same route.

WHERE TO PARK:

- The V&A Waterfront
- Western Boulevard (at the designated parking areas).
- P3: Granger Bay Boulevard and Fritz Sonnenberg (Gravel Parking area).
- P10, P12, P13 – public.
- NO parking in the Mc Donald's parking area.

ABOUT PENINSULA SCHOOL FEEDING ASSOCIATION (PSFA)

Three out of four children in the Western Cape go to school hungry every day. PSFA, a registered non-profit organisation established in 1958, addresses this need by feeding hungry children at schools in the Western Cape. For many children, these will be the only meals (breakfast and lunch) that they will receive for the day.

HOW YOU CAN HELP PSFA MAKE A DIFFERENCE

- Feed a child for a month for only **R71**.
- Feed a Child for a year for only **R670**.
- Make a monthly, quarterly or annual donation.
- Donate online at www.pfsa.org.za.



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