

42nd MARATHON / 23rd HALF MARATHON



**THE
WINELANDS**
MARATHON & HALF MARATHON



IN ASSOCIATION WITH STELLENBOSCH MUNICIPALITY

SATURDAY 9 NOVEMBER 2019

EIKESTAD PRIMARY SCHOOL, STELLENBOSCH

Hosted by Helderberg Harriers in partnership with
Top Events in accordance with the rules of ASA & WPA

42.2KM
Start 05h30

21.1KM
Start 05h50

5KM
Start 06h30

This is a #CarryMyOwn race. Bring your own reusable waterbottle or cup to refill at our water tables en route.

All entries close at midnight on Thursday 31st October 2019
NO LATE ENTRIES WILL BE ACCEPTED

ENTRY FORM

INDICATE EVENT { please tick }

AGE CATEGORY { please tick }

42.2 km
 21.1 km
 16 - 19
{ 21.1 km only }
 20 - 39
 40 - 49
 50 - 59
 60 - 69
 70 +

R.S.A. ID NUMBER

D.O.B

AGE

M

F

FIRST NAME

NATIONALITY

SURNAME

ADDRESS

TOWN/CITY

C O D E

TEL (W)

CELL

EMAIL

DO YOU BELONG TO A RUNNING CLUB? { please tick }

Y N

2019 LIC #

CLUB

PROVINCE

NUMBER OF COMPLETED SPORTSMANS WAREHOUSE WINELANDS MARATHONS AND HALF MARATHONS

FULL

HALF

PERMANENT NUMBER

EMERGENCY CONTACT PERSON

RELATION

CONTACT NO

MEDICAL AID

MEDICAL AID NO

TSHIRT

Y N

SIZE { please tick }

S-51cm

M-53cm

L-56cm

XL-60cm

XXL-64cm

NUMBER COLLECTION { please tick }

SPORTSMANS WAREHOUSE SOMERSET WEST

SPORTSMANS WAREHOUSE TYGERVALLEY

SPORTSMANS WAREHOUSE RONDEBOSCH

SPORTSMANS WAREHOUSE STELLENBOSCH

FAX ENTRIES

Deposit in favor of:
Sportsmans Warehouse Winelands Marathon
Account Name: Baleka Sport Marketing and Development
Account number: 1039754767
Bank: Nedbank **Branch code:** 104709
 Use runner's name as reference
 For further enquiries: tel: **086 005 1021** or email entries@topevents.co.za
 Fax your entry form and deposit slip to: **021 510 7230**



PAYMENT

Marathon (Club Members)		
+ Disposable Timing Chip (R21,50)*	R 171.50	<input type="checkbox"/>
Marathon (Non-Club Members)		
+ Disposable Timing Chip (R21,50)*	R 241.50	<input type="checkbox"/>
Half Marathon (Club Members)		
+ Disposable Timing Chip (R21,50)*	R 121.50	<input type="checkbox"/>
Half Marathon (Non-Club Members)		
+ Disposable Timing Chip (R21,50)*	R 181.50	<input type="checkbox"/>
Optional		
Moisture Management T-shirt	R 215.00	<input type="checkbox"/>
TOTAL	R	

SIGNED _____

DATE _____

SIGNED BY A PARENT / LEGAL GUARDIAN IF THE PARTICIPANT IS UNDER THE AGE OF 18.

*Admin Fee is charged when entering online.

SPECIAL AGREEMENT: The entrant agrees not to hold the Winelands Organising Committee, Helderberg Harriers, Sportsmans Warehouse, WPA, any sponsor, or any person assisting in the organisation or holding of the race liable for any injury or illness or loss of property which he/she may suffer directly or indirectly as a result of participating in the race. The entrant also confirms that he/she will abide by the rules of the event and that this Special Agreement is entered into for the benefit of the Winelands Organising Committee, Helderberg Harriers, Sportsmans Warehouse WPA, the sponsors and persons assisting in the organisation and holding of the race.

RACE INFORMATION

ONLINE:

Enter online at www.topevents.co.za. Should you have any enquiries about entering online, please contact Top Events on (021) 511 7130 or email entries@topevents.co.za. Closing date for online entries and payment is midnight on 31 October 2019. **Please note if payment is not received within 72 hours of entry, your entry will be removed from the system and you will have to enter again.**

FAX:

Complete your entry form and fax it along with your deposit slip to (021) 510 7230. Closing date for fax entries is 31 October 2019.

INSTORE ENTRIES:

Hand deliver your entry form and cash to a cashier at any of the Sportsmans Warehouse stores listed below. You will receive two till slips, one to be stapled onto your entry form and the other serves as proof of your entry. **Please bring this with you to number collection. Closing date for in-store entries is 31 October 2019.**

In-Store entries can be done at:

- Sportsmans Warehouse Somerset West
- Sportsmans Warehouse Tygervalley
- Sportsmans Warehouse Rondebosch
- Sportsmans Warehouse Stellenbosch
- Please note, the indemnity section needs to be signed in order for your entry to be processed.
- Entry fees are non-refundable.
- No upgrades, downgrades and/or substitutions will be allowed at number collection or after 31 October 2019.

CONFIRMATION OF ENTRY:

All entrants will receive a confirmation email when their entry has been processed (if an email address is provided). Prior to number collection you will receive an SMS indicating your race number and number collection venue you selected on your entry form. Please bring proof of payment of your entry, email confirmation or SMS confirmation with you to the number collection on Friday 8 November 2019 from 10:00 - 18:00.

NUMBER COLLECTION:

NUMBER COLLECTION IS COMPULSORY FOR ALL ENTRANTS! THERE WILL BE NO NUMBER COLLECTION ON RACE DAY UNLESS BY PRIOR ARRANGEMENT.

Number collection for fax, in-store and online entries will take place on Friday 8 November 2019 from 10:00 - 18:00 from:

- Sportsmans Warehouse Somerset West
- Sportsmans Warehouse Rondebosch
- Sportsmans Warehouse Tygervalley
- Sportsmans Warehouse Stellenbosch

42.2KM & 21.1KM DISPOSABLE TIMING CHIPS:

Your timing chip will be placed on your race number. The race number must be worn on the front of your vest and visible at the finish line. There is a foam strip on the back of the race number. Please do not remove the timing chip and foam strip from the race number. Doing so will result in NO finish time. For safety and timing purposes, ONLY the person assigned to this race number may use it.

42.2KM – MARATHON MEN & WOMEN

	1	2	3	4	5	6	7	8	9	10
Open	3300	1500	1200	1000	700	500	400	300	200	100
40 - 49	1000	800	600	400	200					
50 - 59	1000	700	500							
60 - 69	1000	700	500							
70 +	1000	700	500							
Race Record	Men - Mluleki Nobanda 2hr.18min.47 secs - 1996					R500				
	Women - Isavel Roche-Kelly 2hr.42min.27 secs - 1981									

PRIZE GIVING & PRIZE MONEY:

Prize giving for the half marathon will take place at the Eikestad Primary School and start between 09:30 and 10:00.

Prize giving for the marathon will take place at the Eikestad Primary School and start between 11.30 and 12:00.

Category winners will receive their prizes followed by the lucky draws. Participants must be present with their race number to claim prizes in the lucky draw.

PERMANENT NUMBERS:

The following awards will be handed out as runners who qualify for these prizes finish the race:

- Permanent numbers for a 10th run; Unique "Wingerdstompie" trophies after 15 completed runs and Double laurel permanent numbers after 20 completed runs.
- Entrants who have completed 9 Winelands marathons and will qualify for a permanent number, must please indicate as such on the entry form.

The following awards will be awarded at prizegiving:

- Permanent numbers for winning one of the categories (open, 40-49, 50-59, 60-69, 70+) for a 3rd time, Unique "Wynvat" trophies after 25 completed runs, Triple laurel permanent numbers after 30 completed runs and a special unique trophy after 40 completed runs."

21.1KM – HALF MARATHON MEN & WOMEN

	1	2	3	4	5	6	7	8	9	10
Open	3100	1500	1200	1000	700	500	400	300	200	100
40 - 49	1000	800	600	400	200					
50 - 59	1000	700	500							
60 - 69	1000	700	500							
70 +	1000	700	500							
Race Record	Men - Reinhold iata 1hr.5mins.16 secs - 2000					R500				
	Women - Annie Bothma 1hr.15mins.13 secs - 2018									

5KM FUN RUN:

The fun run is an open event for licensed and unlicensed athletes. Children under 9 years must be accompanied by a parent or guardian. The start will be at 06:30 at Eikestad Primary School. For safety reasons young competitors are requested to start near the back. Entries at R20.00 each are taken on the morning of the run from 05:00. The time limit is 1 hour and all finishers will receive a medal. No dogs allowed.

RACE RULES

1. The Sportsmans Warehouse Winelands Marathon is run in accordance with the rules of ASA and WPA.
2. The Sportsmans Warehouse Winelands Marathon and Half Marathon are open to all licensed and non-licensed runners of 20 years and older for the marathon and 16 years and older for the half marathon on race day.
3. One race number (bib) will be issued. Registered athletes must wear their ASA licenses on front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA license, so that the ASA license sponsor remains visible. Temporary licensed runners must wear the race number on the front of their vest and the temporary license on the back.
4. Temporary licenses are available at R70 for the 42.2km and R60 for the 21.1km.
5. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
6. Unlicensed runners must wear plain clothes (no advertising permitted). Licensed athletes to wear club colours.
7. Personal seconding is not permitted. Private vehicles are requested not to follow the athletes on the route.
8. In addition to overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
9. Proof of age is required for category prizes.
10. No swapping of race numbers as the race number is linked to your name and finishing time and may result in your disqualification.
11. Each race distance has a different race number range and colour with your data captured electronically. Do not transfer between races without notifying the race organisers.
12. All traffic officers and marshals must be obeyed.
13. The race organisers reserve the right to accept or reject any entry.
14. Foreign athletes must comply with IAAF rule 4.2 and all relevant race and domestic rules. The athletes must be able to produce the letter from his/her federation permitting participation on race day.
15. All entry fees are non-refundable.
16. Kilometre markers will be placed at each kilometre mark.
17. Medals will be handed to all finishers.
18. There will be tog bag facilities. Bags dropped off at runners' own risk and must be collected by 13h00 on race day.
19. Toilets will be available at the start and finish.
20. The time limit will be 6hrs for the marathon and 3½hrs for the half marathon.
21. Results will be available at www.finishtime.co.za , www.wpa.org.za and at www.topevents.co.za .
22. The use of music players with headphones is not allowed and may result in disqualification.
23. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
24. Wheelchair athletes to please contact the organisers timeously to make arrangements for their participation.
25. Temporary license holders when registering must complete and hand in the tear off strip from the number in order to be eligible to compete.
26. Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age category prize.
27. Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referees. #RunClean.
28. We are trying to offset our environmental footprint and encourage runners to support the #ICarryMyOwn campaign. We will have water available at every water station for you to refill your cup/bottle but ONLY EVERY 2nd WATER TABLE WILL HAVE SACHETS.
29. Remember to #RunGreen #RunClean #ICarryMyOwn
30. Coke and water will be available at the finish

Parking

Parking is provided for 1200 vehicles at various venues in close proximity to the race venue. Security officials are on hand, and endeavour to keep the vehicles as safe as possible. However, runners making use of these parking facilities must ensure that they do not leave any valuable items or personal belongings in their vehicles.

Parking marshals are on hand to direct race participants to these parking venues. Please obey and respect these parking marshals. Their assistance is invaluable in ensuring that all participants arrive at the race venue on time. Runners are requested to provide adequate time en route to the race to ensure that they arrive on time for the start of the event.

Please note that the owners of vehicles that park illegally, will be held liable by the local Traffic Officials.

Routes to venue and parking information will be available at www.topevents.co.za



Distance For Difference (D4D), is a registered non-profit organisation which, over the last thirteen years, made a significant contribution towards the wellbeing of children, be it through children's charities or individual children in need. We use sport to generate funds for distribution to various organisations involved in caring for children. Firstly, we raise funds through individual athletes who find sponsors for every km they run, cycle or swim during a year through training or participating in specific events, e.g. the Comrades Marathon, the Absa Cape Epic, IRONMAN, The Cape Town Cycle Tour, etc. Secondly, we host two fundraising events – the bi-annual Gratitude Run and THE500. Over the past thirteen years, we've raised and distributed more than R6 million. Some of our beneficiaries include Kingdom Kids, Little Angels, Sylvia Foster Home, Tzadokah Foster Home, Ubuntu, just to name a few. We are indeed blessed to bless others.
NPO (2016/456505/08) PBO registration number: 930018736

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