

28 JULY 2024 06:30AM



#### FIRST 1200 ENTRIES GET A FREE RACE SHIRT!!! (21.1KM AND 10KM ONLY)

#### Ready to run?

#### Here is how you can enter:

- Online at www.racepass.com
- Late entries:

Kingfisher Canoe Club on 27 July 2024 10AM TO 4PM.

THIS IS THE LAST DAY AND PLACE TO ENTER!

#### **ONLINE ENTRIES CLOSE:** THURSDAY - 25 JULY 2024

Collect your race numbers at Kingfisher Canoe Club on Saturday 27 July 2024 between 10AM and 4PM!

## NB! NO ENTRIES ON RACE DAY, 28 JULY 2024

#### **HOW MANY MULAS TO ENTER?** 21km 10km 5km COST(S) STANDARD ENTRY R260 R210 R80 **LATE ENTRY FEE** R310 R260 R100 27 July 2024 **UNLICENCED:** R80 R50 Temporary licences are required by all non ASA affiliated runners.

#### **MEDALS TO ALL FINISHERS!!!**

- Race entry fee includes R20 which will be donated to various charities and educational institutions.
- 10% of race entry fees are payable by the organisers to KZN Athletics.
- Entries are capped at 2000.
- Over 70s free.



#### **RACE THE NEW ROUTE!!!**

21.1km RUN				
AGE CATEGORY	1st	2nd	3rd	
Open Men/Ladies	R1000	R750	R500	
Junior Men/Ladies	R750	R500	-	
Men/Ladies 40-49	R750	R500	-	
Men/Ladies 50-59	R750	R500	-	
Men/Ladies 60+	R750	R500	-	

10 km RUN				
AGE CATEGORY	1st	2nd	3rd	
Open Men/Ladies	R750	R500		
Junior Men/Ladies	R500	R250	-	
Men/Ladies 40-49	R500	R250	-	
Men/Ladies 50-59	R500	R250	-	
Men/Ladies 60+	R500	R250	-	



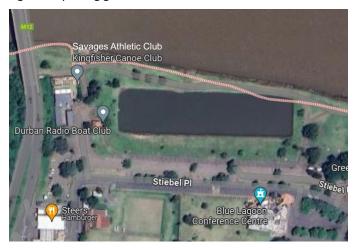
#### PARKING EASY!

The new Savages venue is ready for your enjoyment!!!

#### Parking will be available at:

Blue Lagoon

Registered parking guards will be available at these sites.



# DON'T BE AVERAGE BE SAVAGE

### THE SAVAGES 21.1/10/5KM RUN IS MADE POSSIBLE BY:











# THE IMPORTANT PARTS



#### **RACE RULES:**

KWAZULU-NATA

- 1 This race is run according to the rules laid down by the WA, ASA, and KZNA and all entrants must abide by these rules.
- **2** The minimum age limit of an entrant for the 21.1km is 16 years and older, the 10km is 14 years and older, and the 5km is 9 years and older.
- **3** Current licenses, age category and walker tags must be clearly worn on the front and back of the vest/crop top.
- **4** The race number must be placed so that the ASA License Sponsor, Province and year remains visible above the race number. The license numerals may be covered. Athletes who fail to adhere to this rule may be disqualified (ASA rule 26.1.7).
- **5** Junior athletes must be 19 years or younger on 31 December in the year of the competition, must wear a "J" on the upper front and back of the vest/croptop in order to be eligible for prizes, must provide proof of age on race day.
- **6** Temporary license (if purchased) must be worn on the back of the vest / crop top with the race number worn on the front.
- ${f 7}$  Temporary licensed athletes are not covered by National Insurance Policy. Refer to ASA Rule 25.6.15
- $\bf 8$  Unregistered athletes running with temporary licenses must run in neutral colours and adhere to WA and ASA advertising regulations.
- **9** Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA rule 25.6.13. **10** All Foreign Athletes must comply with WA CR 1.7, TR 4.1 and 4.2 together
- with and ASA Rule 9
- **12** Proof of age MUST BE PRODUCED if entrant qualifies for a prize category.
- 13 Race entry fees are not refundable.

11 - Club colours must be worn.

- **14** Refreshment tables will be provided. Personal seconding is not permitted. No pacing is permitted.
- 15 Marshals, technical officials and traffic officials must be obeyed.
- 16 All entrants participate at their own risk. Organisers and sponsors will not be held responsible for any loss or injury during or as a result of the race, property loss or damage on the course or in the changing area.
- 17 Tog bag facility will be provided but at owner's risk.
- ${\bf 18}$  No littering rule (ASA rule 28.4 & 28.5 and WA rules CR 18.5, TR 7.2 and TR 7.3).
- ${\bf 19}$  For safety reasons the use of personal music players or other devices with headphones is not allowed. Any person using such a device shall not be eligible for individual or team prizes and may be disqualified without a warning. ASA Rule 34.10.6
- 20 3 Hour cut off for 21.1km. Any 21.1km athlete arriving at the 10km marker after 1 hour 35min, will be diverted to the 10km finish.
- 21 Prize giving will commence at 08:30am.

#### R20 OF EVERY ENTRANCE FEE IS DONATED TO THE FOLLOWING ORGANISATIONS:









