

NMB LEGACY PROJECT CHOOSE TO CHALLENGE BAYWEST MALL 10KM - GQEBERHA - 2024/11/02

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	1	355	MELIKHAYA	FRANS	IKHAMVA	M	34	SM	0.30.24	5	25
2	625	5888	YANGA	MALUSI	REALGIJ	M	27	SM	0.30.44	0	0
3	3	396	LITHEBE	MENZELELELI	IKHAMVA	M	25	SM	0.30.56	5	24
4	2	1361	ANDILE	MOTWANA	NEDBANK	M	27	SM	0.31.23	5	23
5	4	357	SINAWO	POTI	IKHAMVA	M	22	SM	0.31.52	5	22
6	2867	439	MXOLELENI	TABATA	CHILLIEP	M	21	SM	0.32.20	5	21
7	9	1836	XOLISA	NDLUMBINI	VUKANI	M	42	40-44M	0.32.31	5	20
8	54	1499	OYAMA	NTANTISO	NEDBANK	M	19	SM	0.32.44	5	19
9	5	356	LUYANDA	TSHANGANA	IKHAMVA	M	41	40-44M	0.33.03	5	18
10	694	40177	SIYAVUYA	JEYI	MOTHER	M	19	JM	0.33.05	5	17
11	7	358	MZWANELE	MAPHEKULA	IKHAMVA	M	48	45-49M	0.33.26	5	16
12	930	3510	XOLA	SAKAWULI	DOLPHIN	M	29	SM	0.33.30	0	0
13	2855	1437	AVIWE	TOLWANA	CHILLIEP	M	20	SM	0.33.34	5	15
14	470	1478	RODNEY	PRINS	NEDBANK	M	36	35-39M	0.34.02	5	14
15	2888	40128	OKUHLLE	DLOTO	TINARHA	M	17	JM	0.34.04	5	13
16	695	40178	ENDINAKO	JOLA	MOTHER	M	16	JM	0.34.10	5	12
17	699	513	SIBUSISO	COLEPI	MOTHER	M	19	SM	0.34.28	5	11
18	273	1319	MZOLISI	MAKHANDA	NEDBANK	M	41	40-44M	0.34.33	5	10
19	2898	40127	SEMIHLE	BEDA	TINARHA	M	18	JM	0.34.37	5	9
20	2887	40126	LUKHANYISO	APRIL	TINARHA	M	16	JM	0.34.44	5	8
21	274	1363	THULANI	MDLALO	NEDBANK	M	39	35-39M	0.34.54	5	7
22	714	374	HOPEWELL	JABAVU	IKHAMVA	M	41	40-44M	0.34.55	5	6
23	2874	40031	SIMTHANDILE	GOLIATH	ACT AC	M	16	JM	0.35.00	5	5
24	697	40168	HLOMLA	NCUMANI	MOTHER	M	17	JM	0.35.01	5	4
25	669	1242	GCOBANI	BEKWAPHI	ELITEAC	M	45	45-49M	0.35.06	5	3
26	701	40169	AGCOBILE	JEZILE	MOTHER	M	15	JM	0.35.22	5	2
27	272	1335	ANELE	MALIZA	NEDBANK	M	46	45-49M	0.35.39	5	1
28	6	1338	SIBAHLE	MAQWARA	NEDBANK	M	23	SM	0.35.39	5	0
29	2853	437	VUSEKANI	NOMTSHATSHO	CHILLIEP	M	20	SM	0.35.41	5	0
30	2878	1080	PATRIDGE	CHIMWENDO	ACH	M	22	SM	0.35.42	5	0
31	513	40474	DALLIAN	OERSON	SCHOOL	M	17	JM	0.35.47	5	0
32	2894	40509	JANCO	LANDMAN	VARSIY	M	16	JM	0.35.52	5	0
33	661	1793	LEBOHANG	SENTI	VUKANI	M	38	35-39M	0.35.53	5	0
34	2869	436	Sothembela	Makedama	CHILLIEP	M	26	SM	0.35.58	5	0
35	2854	440	ARCHIE	ZAKE	CHILLIEP	M	24	SM	0.36.10	4	0
36	8	370	DESMOND	ZIBI	IKHAMVA	M	61	60-64M	0.36.11	5	0
37	276	1388	MELIKHAYA	KEPE	NEDBANK	M	48	45-49M	0.36.11	5	0
38	245	50796	LIZANDRE	MULDER	KOVSIES	F	27	SF	0.36.11	0	0
39	2856	40515	CHRISTIANO	BROWN	VARSIY	M	16	JM	0.36.36	4	0
40	496	1082	PAUL	WOLFF	ACH	M	56	55-59M	0.36.47	5	0
41	191	50628	MAKHAYA	MASUMPA	EASYEQ	M	58	55-59M	0.36.50	0	0
42	2863	40508	KEANU	WELCH	VARSIY	M	19	JM	0.37.04	4	0
43	126	174	VIWE	TEKO	ACT AC	M	26	SM	0.37.10	4	0
44	2865	1913	WARREN	MATSHABELA	TEMP	M	21	SM	0.37.32	0	0
45	250	1458	GEORGE	NTSHILIZA	BLUEBAY	M	45	45-49M	0.37.33	5	0
46	2897	165	SANUSE	MBONENI	ACT AC	M	39	35-39M	0.37.37	4	0
47	275	1503	LUVUYO	DYANI	NEDBANK	M	54	50-54M	0.37.52	5	0
48	493	282	ABDUL	WICOMB	MUIRITE	M	46	45-49M	0.38.20	5	0
49	203	41	Bonolothando	Plaatjie	MUIRITE	M	23	SM	0.38.32	3	0
50	902	1224	THANDO	NCIPHA	SAPPE	M	32	SM	0.38.40	3	0
51	2862	950	CHARLES	SEGALO	CHARLO	M	37	35-39M	0.38.44	4	0
52	545	2256	NOEL	ADAMS	SIBALEKA	M	52	50-54M	0.38.46	5	0
53	2866	2866	JONATHAN	GOUWS	TEMP	M	24	SM	0.38.47	0	0
54	657	423	SANDISO	NGXISHE	CHILLIEP	M	54	50-54M	0.38.49	5	0
55	598	6692	REUBEN	STANDER	TEMP	M	21	SM	0.38.56	0	0
56	2870	40141	AKHONA	Tem bani	CHILLIEP	M	18	JM	0.39.14	3	0
57	441	40475	GUERRA	NTULI	SCHOOL	M	16	JM	0.39.15	3	0
58	2872	40149	LATHITHA	VENA	CHILLIEP	M	16	JM	0.39.25	3	0
59	741	1255	ERROL	WHITTAL	ELITEAC	M	49	45-49M	0.39.32	5	0
60	253	2276	SIYANDA	PETER	BLUEBAY	M	35	35-39M	0.39.35	3	0
61	134	1443	DENYS	WOLMARANS	NEDBANK	M	45	45-49M	0.39.38	5	0
62	59	1405	NTOMBESINTU	MFUNZI	NEDBANK	F	42	40-44F	0.39.42	5	125
63	2868	1063	ZIBELE	MASELE	CHILLIEP	M	22	SM	0.39.52	3	0
64	212	1406	REFELOE	SOLOMONS	NEDBANK	F	43	40-44F	0.39.55	5	24
65	269	2335	JEMAIN	WILSON	VITALITY	M	36	35-39M	0.40.02	3	0
66	244	40646	Esinaso	Mtuzula	BLUEBAY	M	18	JM	0.40.05	3	0
67	531	1334	GAVIN	THORNE	NEDBANK	M	43	40-44M	0.40.07	4	0
68	495	1081	KAITLYN	WOLFF	ACH	F	22	SF	0.40.14	5	23
69	2895	40549	ALEX	MATSHABELA	SCHOOL	M	15	JM	0.40.18	3	0
70	64	1091	LEIGH	CALLAGHAN	ACH	F	29	SF	0.40.21	5	22
71	642	549	SIMON	MASEBO	BOXER AC	M	30	SM	0.40.40	0	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
72	637	718	CONNOR	MITCHELL	ACH	M	20	SM	0.40.40	3	0
73	330	7330	RICCO	VISSER	TEMP	M	22	SM	0.40.46	0	0
74	589	6689	JADEN	DELPORT	TEMP	M	23	SM	0.40.52	0	0
75	750	1216	WESSEL	WOLMARANS	ELITEAC	M	46	45-49M	0.40.53	4	0
76	529	40547	STEFAN	BOSHOFF	SCHOOL	M	15	JM	0.40.54	3	0
77	270	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	58	55-59M	0.40.54	5	0
78	444	7444	JORDAN	TISSINK	TEMP	F	22	SF	0.41.03	0	0
79	504	1395	MICHAEL	MAGSON	NEDBANK	M	48	45-49M	0.41.04	4	0
80	497	1465	HENRY	CRAUSE	NEDBANK	M	42	40-44M	0.41.06	3	0
81	2873	40146	BANELE	MTABA	CHILLIEP	M	17	JM	0.41.14	3	0
82	2861	1761	SLULAMI	JACK	TRANSNET	M	49	45-49M	0.41.17	4	0
83	2871	426	ONATHI	STUURMAN	CHILLIEP	M	25	SM	0.41.19	3	0
84	666	993	THEMBEKILE	MSIPA	CHARLO	M	50	50-54M	0.41.21	5	0
85	86	1014	LINDI	GEORGIU	BODYCON	F	44	40-44F	0.41.25	5	21
86	365	7365	ZANE	SCHWARZ	TEMP	M	40	40-44M	0.41.32	0	0
87	321	7321	JAN	NEL	TEMP	M	32	SM	0.41.34	0	0
88	280	1461	VUYISILE	SIMAYILE	NEDBANK	M	37	35-39M	0.41.35	3	0
89	112	539	SERGIO	PETERSON	RUN4C	M	46	45-49M	0.41.46	4	0
90	116	1477	MARIO	PLAATJIES	NEDBANK	M	43	40-44M	0.41.51	3	0
91	10	908	KAYLA	NELL	CHARLO	F	30	SF	0.42.03	4	20
92	717	472	QAWA	MAJIZA	ADVEN	M	37	35-39M	0.42.22	3	0
93	641	50486	MZOLI	MPALALA	BOXER AC	M	62	60-64M	0.42.25	0	0
94	604	1847	MHLENGI	MAHLABA	HOLLYWOO	M	33	SM	0.42.34	2	0
95	536	367	VUSI	MSUTHWANA	IKHAMVA	M	52	50-54M	0.42.39	4	0
96	576	829	WYNAND	DU PREEZ	32GI	M	51	50-54M	0.42.46	4	0
97	582	6660	JEANRE	OEOFSE	TEMP	M	19	JM	0.42.47	0	0
98	702	1946	OLWETHU	NOBATANA	TEMP	M	38	35-39M	0.42.54	0	0
99	511	898	PATRIC	MAKWENKWE	CHARLO	M	58	55-59M	0.43.01	5	0
100	246	5110	HASSAN	NDZAKANA	NEDBOR	M	55	55-59M	0.43.02	0	0
101	148	856	THERESA	BUCHNER	32GI	F	39	35-39F	0.43.37	3	19
102	726	1130	DARYL	NORTH	ACH	M	47	45-49M	0.43.46	3	0
103	745	301	IAN	PATTERSON	MUIRITE	M	61	60-64M	0.44.00	5	0
104	2900	1822	MZWANELE	NQOQO	VUKANI	M	47	45-49M	0.44.03	3	0
105	398	7398	KHULULA	CAFU	TEMP	M	38	35-39M	0.44.03	0	0
106	226	205	ZUKISANI	NJOKWENI	CSEP	M	35	35-39M	0.44.32	2	0
107	420	2229	LUTHANDO	NDZAMBO	MADIBAZ	M	41	40-44M	0.44.36	2	0
108	207	1643	HERMAN	SAAYMAN	MADIBA	M	40	40-44M	0.44.37	2	0
109	503	1394	DAVERA	MAGSON	NEDBANK	F	49	45-49F	0.44.37	5	18
110	628	1105	RIAAN	DU TOIT	SCHOOL	M	11	JM	0.44.40	2	0
111	540	40011	MPILONTLE	MEKO	RUN4C	M	18	JM	0.44.47	2	0
112	410	7410	TYRONE	KUNNEKE	TEMP	M	33	SM	0.44.52	0	0
113	553	6553	DANTON	SEPTEMBER	TEMP	M	30	SM	0.44.58	0	0
114	289	1228	CLIVE	DE LANGE	ELITEAC	M	52	50-54M	0.45.04	3	0
115	69	40186	JADEN	DE RIDDER	ELITEAC	M	18	JM	0.45.04	2	0
116	638	547	DANNY	SAULS	RUN4C	M	37	35-39M	0.45.04	2	0
117	390	7390	ANO	MOYIKWA	TEMP	M	27	SM	0.45.06	0	0
118	1931	125	FUARD	DE JAGER	MALABAR	M	46	45-49M	0.45.06	3	0
119	908	1915	SANGO	MATHAZENI	TEMP	M	21	SM	0.45.06	0	0
120	539	1137	NELIA	JACOBS	JBAY	F	45	45-49F	0.45.14	5	0
121	1912	1957	HENRY	PIENAAR	BLUEBAY	M	53	50-54M	0.45.14	3	0
122	281	1109	LUKE	BINNEMAN	ACH	M	32	SM	0.45.21	2	0
123	524	1083	ALAN	TAYLOR	ACH	M	67	65-69M	0.45.24	5	0
124	703	2233	FREDAH	NCUBE	MADIBAZ	F	42	40-44F	0.45.25	3	17
125	2891	1367	JOHANNES	ARRIES	NEDBANK	M	51	50-54M	0.45.29	3	0
126	267	534	MIEKE	WESTRAADT	RUN4C	F	29	SF	0.45.30	2	16
127	2858	545	RUHAN	VAN RENSBURG	RUN4C	M	32	SM	0.45.38	2	0
128	2882	52540	SIYABONGA	MADWE	ABSAEP	M	29	SM	0.45.40	2	0
129	397	7397	BRENDON	UIHALER	TEMP	M	23	SM	0.45.42	0	0
130	674	2559	UNATHI	MELENI	ACT AC	M	29	SM	0.45.43	2	0
131	909	715	BILL	DAVIDS	MADIBAZ	M	55	55-59M	0.45.43	3	0
132	712	406	LONWABO	NDLALANI	CHILLIEP	M	47	45-49M	0.45.45	2	0
133	287	1416	CHRISTINE	CLAASEN	NEDBANK	F	60	60-64F	0.45.46	5	15
134	510	938	THOBELO	MFIKILI	CHARLO	M	38	35-39M	0.45.46	2	0
135	2851	411	SIYABONGA	ZULU	CHILLIEP	M	42	40-44M	0.45.47	2	0
136	26	43	ZOLILE	GWEBANI	SIBALEKA	M	54	50-54M	0.45.48	3	0
137	369	7369	PIERRE	TROTZKY	TEMP	M	20	SM	0.45.49	0	0
138	706	1902	JEN	VALLANCE	STFRAN	F	37	35-39F	0.45.50	3	0
139	656	401	SIPHE	MZAYIDUME	CHILLIEP	M	30	SM	0.45.53	2	0
140	258	40340	Marco	Sprong	MADIBAZ	M	19	JM	0.46.02	2	0
141	659	640	SAMKELO	SINYONGO	ASPEN	M	43	40-44M	0.46.08	2	0
142	696	40170	ZINTLE	XHONTI	MOTHER	F	16	JF	0.46.08	2	14
143	331	7331	ULRICH	PRINSLOO	TEMP	M	29	SM	0.46.15	0	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
144	278	1457	RICHARD	MAZUNGULA	NEDBANK	M	47	45-49M	0.46.17	2	0
145	679	1347	LUVUYO	STEPHEN	NEDBANK	M	54	50-54M	0.46.24	3	0
146	662	1806	BATHANDWA	MOOI	VUKANI	M	40	40-44M	0.46.35	2	0
147	534	758	WERNER	DE LANGE	CRUSADE	M	36	35-39M	0.46.37	2	0
148	517	40483	LIAM	WESTRAADT	SCHOOL	M	14	JM	0.46.38	2	0
149	474	40282	NICK	SEPTEMBER	ATLANTIC	M	17	JM	0.46.49	2	0
150	296	619	BRETT	HOLMES	ASPEN	M	50	50-54M	0.46.52	2	0
151	552	6552	MICHAEL	PRINCE	TEMP	M	50	50-54M	0.46.56	0	0
152	2877	40579	CANDICE	DEYSEL	VARSITY	F	14	JF	0.46.56	2	0
153	684	2318	ANDREW	JONAS	TEMP	M	60	60-64M	0.46.58	0	0
154	579	6657	WILFRED	NELANI	TEMP	M	28	SM	0.47.04	0	0
155	382	7382	BABONKE	DINGA	TEMP	M	36	35-39M	0.47.07	0	0
156	518	40545	CARLA	CLOTZ	SCHOOL	F	17	JF	0.47.08	2	0
157	460	2294	GIFT	MBEDZI	SIBALEKA	M	28	SM	0.47.16	2	0
158	210	1833	SITHA	SIGENU	VUKANI	F	40	40-44F	0.47.19	3	13
159	678	558	JENE	BANFIELD	RUN4C	F	54	50-54F	0.47.21	5	12
160	393	7393	ARNO	VAN HEERDEN	TEMP	M	20	SM	0.47.27	0	0
161	230	49	PHIL	BRADLEY	SAPPE	M	41	40-44M	0.47.30	2	0
162	521	1658	KOOS	OLIVIER	MADIBA	M	66	65-69M	0.47.33	4	0
163	743	1052	CHRISTIAN	DU PREEZ	XCEL	M	54	50-54M	0.47.34	2	0
164	640	40205	ABBIE	MITCHELL	ACH	F	17	JF	0.47.40	2	11
165	629	1639	VANDRE	NEL	MADIBA	M	39	35-39M	0.47.44	2	0
166	241	2728	QAQAMBA	MATUNDU	VUKANI	F	26	SF	0.47.49	2	10
167	453	560	FENANDO	KIEWIETS	RUN4C	M	39	35-39M	0.47.51	2	0
168	487	40278	XANDER	VAN RAYNER	ATLANTIC	M	16	JM	0.48.00	2	0
169	19	1659	HANNES	ELS	MADIBA	M	74	70+M	0.48.03	5	0
170	597	6691	TEDDY	PRUSENT	MADIBAZ	M	36	35-39M	0.48.07	2	0
171	300	2201	ETHAN	HOWARD	MADIBAZ	M	20	SM	0.48.10	2	0
172	268	1518	INGE	WILLIAMS	NEDBANK	F	35	35-39F	0.48.13	2	9
173	603	733	ALEX	DU TOIT	CRUSADE	M	60	60-64M	0.48.20	3	0
174	25	1775	BONKE	GOYI	VUKANI	M	36	35-39M	0.48.26	2	0
175	2886	288	WARREN	GRIFFITHS	MUIRITE	M	59	55-59M	0.48.28	2	0
176	416	7416	ASHLEY	MEYER	TEMP	M	33	SM	0.48.30	0	0
177	723	2161	SIMONE	SCHOONBEE	MADIBAZ	F	23	SF	0.48.31	2	8
178	71	1230	PHILLIP	DE RIDDER	ELITEAC	M	48	45-49M	0.48.50	2	0
179	383	7383	AIDEN	ELSWORTHY	TEMP	M	24	SM	0.48.54	0	0
180	392	7392	RUDI	SENEKAL	TEMP	M	46	45-49M	0.49.00	0	0
181	237	1866	SIPHAMANDLA	KOKO	HOLLYWOOD	M	34	SM	0.49.01	2	0
182	492	1564	LEON	WEITZS	DESPATCH	M	50	50-54M	0.49.06	2	0
183	456	2675	BRUCE	LE GRANGE	MUIRITE	M	32	SM	0.49.09	2	0
184	664	1113	ROGER	TRADER	ACH	M	70	70+M	0.49.23	4	0
185	286	1815	GUGU	BUDAZA	VUKANI	M	24	SM	0.49.33	1	0
186	606	2380	LYLE	ROCKMAN	GELVAN	M	30	SM	0.49.42	1	0
187	633	1824	VUYILE	TIKWAYO	VUKANI	M	43	40-44M	0.49.44	2	0
188	216	40429	HENDRE	VIVIERS	SCHOOL	M	15	JM	0.49.49	1	0
189	378	7378	LAUREN	BOOYSEN	TEMP	F	25	SF	0.49.52	0	0
190	733	1061	CHESTER	BROOKS	XCEL	M	66	65-69M	0.49.59	3	0
191	631	699	ANDREW	UITHALER	ELITEAC	M	32	SM	0.50.01	1	0
192	256	1519	SANETTE	RYAN	ELITEAC	F	54	50-54F	0.50.05	3	7
193	167	1598	LERENZO	FRANCIS	DESPATCH	M	38	35-39M	0.50.08	1	0
194	739	1597	EDVIN	DONLEY	DESPATCH	M	47	45-49M	0.50.08	2	0
195	193	1590	ANNEKE	MOORE	DESPATCH	F	40	40-44F	0.50.09	2	6
196	749	1809	SIBONGILE	MGQEBA	VUKANI	F	37	35-39F	0.50.11	2	5
197	912	2511	JADE	FESTUS	GELVAN	M	34	SM	0.50.11	1	0
198	388	7388	IAN	MILLS	TEMP	M	31	SM	0.50.13	0	0
199	609	2068	CLARENCE	MANUEL	GELVAN	M	30	SM	0.50.18	1	0
200	472	2690	MSINDISI	QALINGE	CHILLIEP	M	29	SM	0.50.21	1	0
201	440	7440	MAWETHU	PLATYI	TEMP	M	43	40-44M	0.50.24	0	0
202	240	86	WAYNE	MARAIS	INFINITY	M	39	35-39M	0.50.24	1	0
203	169	791	CHARL	GERBER	32GI	M	48	45-49M	0.50.25	2	0
204	141	342	Jonathan	Bakker	MUIRITE	M	33	SM	0.50.28	1	0
205	405	7405	AMBER	JONES	TEMP	F	26	SF	0.50.30	0	0
206	587	6676	THEMBINKOSI	STOKWE	TEMP	M	46	45-49M	0.50.33	0	0
207	599	599	MARIUS	STANDER	TEMP	M	56	55-59M	0.50.35	0	0
208	729	1954	LEONARD	CONRADIE	BLUEBAY	M	70	70+M	0.50.41	3	0
209	248	310	TREVOR	NEL	MUIRITE	M	60	60-64M	0.50.46	2	0
210	639	1069	WAYNE	MITCHELL	ACH	M	51	50-54M	0.50.55	2	0
211	168	670	JUANITA	FULLER	ALBANY	F	48	45-49F	0.50.56	2	4
212	667	52	DARIUS	SWIEGELAAR	SAPPE	M	29	SM	0.51.09	1	0
213	182	576	VERNON	LANDMAN	RUN4C	M	49	45-49M	0.51.13	2	0
214	247	2108	BERNICE	NEL	HEATAC	F	36	35-39F	0.51.16	2	3
215	514	1088	PERCY	DALTON	ACH	M	76	70+M	0.51.20	3	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
216	359	7359	NONTEMBEKO	NYONI	TEMP	F	35	35-39F	0.51.21	0	0
217	448	6449	DALE	STOCK	TEMP	M	44	40-44M	0.51.23	0	0
218	381	7381	ROURKE	DEACON	TEMP	M	19	SM	0.51.24	0	0
219	259	552	GEOFFREY	SWARTBOOI	RUN4C	M	48	45-49M	0.51.39	2	0
220	575	1618	SUZETTE	VICTOR	MADIBA	F	54	50-54F	0.51.41	2	2
221	913	40067	ISIPHILE	TAMBO	ACT AC	F	16	JF	0.51.41	2	1
222	70	1229	NATASCIA	DE RIDDER	ELITEAC	F	46	45-49F	0.51.44	2	0
223	479	682	CHARLIZE	SWANEPOEL	ALBANY	F	20	SF	0.51.49	2	0
224	222	1664	ARNO	GERBER	MADIBA	M	54	50-54M	0.51.53	2	0
225	117	281	MONIQUE	RICHARDSON	MUIRITE	F	29	SF	0.52.03	1	0
226	476	584	BRENDON	SLABBERT	RUN4C	M	53	50-54M	0.52.15	2	0
227	693	91	DENZIL	KOOPMAN	INFINITY	M	54	50-54M	0.52.15	2	0
228	1360	1360	TALIA	PRAHALABH	TEMP	F	13	JF	0.52.19	0	0
229	2852	40142	AKHONA	ZAKE	CHILLIEP	F	19	JF	0.52.25	1	0
230	591	6680	CHRIS	BOTHA	TEMP	M	43	40-44M	0.52.35	0	0
231	675	800	JONATHAN	MANDELL	32GI	M	60	60-64M	0.52.38	2	0
232	152	1887	DEBRA JANE	CHRISTY	STFRAN	F	60	60-64F	0.52.39	4	0
233	422	7422	TISTA	NTSANGANI	TEMP	M	32	SM	0.52.41	0	0
234	192	170	THANDEKA	MHLANGA	ACT AC	F	34	SF	0.52.42	1	0
235	586	6501	SIYANDA	MSOKI	TEMP	M	33	SM	0.52.44	0	0
236	578	6656	ARINDA	PRITCHARD	TEMP	F	46	45-49F	0.52.46	0	0
237	515	1452	EDDIE	EADES	NEDBANK	M	75	70+M	0.52.47	2	0
238	593	9593	JOSH	LOYSON	TEMP	M	27	SM	0.52.53	0	0
239	233	1275	PLAAITJIE	DAMONS	VWAC	M	61	60-64M	0.52.55	2	0
240	154	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	0.52.57	2	0
241	206	2006	ABULELE	ROZANA	MADIBAZ	M	28	SM	0.52.59	1	0
242	543	409	SIZIBUIE	DIBELA	CHILLIEP	F	37	35-39F	0.53.04	1	0
243	135	283	LORENZO	SAMUELS	MUIRITE	M	39	35-39M	0.53.06	1	0
244	220	199	JOSEPH	BAIN	CSEP	M	65	65-69M	0.53.06	2	0
245	385	7385	SHAUN	HOEKSTRA	TEMP	M	24	SM	0.53.07	0	0
246	166	634	JO-ANNE	FORSON	ASPEN	F	36	35-39F	0.53.07	1	0
247	613	40505	ETHAN	COUTTS	SCHOOL	M	16	JM	0.53.11	1	0
248	2885	2481	JESSICA	ZEELIE	DESPATCH	F	31	SF	0.53.15	1	0
249	482	1472	ALTON	THOMAS	NEDBANK	M	49	45-49M	0.53.16	1	0
250	673	1566	RUAN	WELGEMOED	DESPATCH	M	30	SM	0.53.17	1	0
251	481	2514	Lehlohonolo	Thokoa	ABSAEP	M	44	40-44M	0.53.19	1	0
252	92	2255	Brooke	Kruger	MADIBAZ	F	21	SF	0.53.21	1	0
253	285	1586	MAUDY	BOTES	DESPATCH	F	42	40-44F	0.53.25	2	0
254	742	1965	SIMON	MATEBESE	BLUEBAY	M	61	60-64M	0.53.25	2	0
255	541	2671	MARK	DU PIESANIE	RUN4C	M	33	SM	0.53.29	1	0
256	906	2112	PHILLIP	DANIELS	ATLANTIC	M	62	60-64M	0.53.29	2	0
257	647	1494	TAWFEEQ	VYVER	NEDBANK	M	26	SM	0.53.31	1	0
258	249	2602	SIPHAMANDLA	NGOGELA	MADIBAZ	M	31	SM	0.53.43	1	0
259	224	144	AHMAD	KADER	MALABAR	M	36	35-39M	0.53.47	1	0
260	227	122	BAVERSHAN	NAIDOO	MALABAR	M	34	SM	0.53.47	1	0
261	555	6055	THOZAMILE	GROOTBOOM	TEMP	M	48	45-49M	0.53.48	0	0
262	740	2361	VANESSA	JOUBERT	VITALITY	F	46	45-49F	0.53.57	2	0
263	140	2362	SHANE	ANNANDALE	VITALITY	M	41	40-44M	0.53.58	1	0
264	527	63	MPUMELELO	MBALI	SAPPE	M	33	SM	0.54.03	1	0
265	730	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	41	40-44F	0.54.05	1	0
266	128	1250	PETER	VAN RENSBURG	ELITEAC	M	66	65-69M	0.54.06	2	0
267	2880	1914	LIZE-ANN	RADEMEYER	TEMP	F	31	SF	0.54.21	0	0
268	204	2480	SHIRLEY	RADEMEYER	ELITEAC	F	28	SF	0.54.21	1	0
269	158	1390	ZIYAAD	DOLLEY	MALABAR	M	56	55-59M	0.54.22	1	0
270	229	40561	RUBEN	BOUWER	SCHOOL	M	16	JM	0.54.23	1	0
271	498	2122	WANDRE	VAN RAYNER	ATLANTIC	M	20	SM	0.54.25	1	0
272	187	50968	ANELISA	MAGAMA	REALGIJ	F	37	35-39F	0.54.28	0	0
273	145	1205	ALISON	BOWKER	ELITEAC	F	36	35-39F	0.54.29	1	0
274	465	2155	IVAN	MOSES	MADIBAZ	M	62	60-64M	0.54.31	2	0
275	698	1214	BENITA	GERBER	ELITEAC	F	60	60-64F	0.54.34	3	0
276	101	1446	MFEZI	MCINGANA	NEDBANK	M	49	45-49M	0.54.38	1	0
277	907	50803	SIVIWE	MEVENI	REALGIJ	M	38	35-39M	0.54.38	0	0
278	450	6450	GJ	BOTHA	TEMP	M	52	50-54M	0.54.52	0	0
279	387	7387	SIKHUMBUSO	MANXOYI	TEMP	M	37	35-39M	0.54.52	0	0
280	467	1963	OWEN	NCUBE	BLUEBAY	M	43	40-44M	0.54.56	1	0
281	619	1042	EUGENE	VAN WYK	XCEL	M	53	50-54M	0.55.00	1	0
282	918	2650	SANDISILE	QUMZA	VUKANI	M	37	35-39M	0.55.00	1	0
283	354	7354	CHELSEA	MEINTJES	TEMP	F	27	SF	0.55.15	0	0
284	348	7348	KIRK	HELLIKER	TEMP	M	68	65-69M	0.55.16	0	0
285	652	2733	LIZELLE	TRUTER	ACH	F	45	45-49F	0.55.20	1	0
286	651	2734	ANDRIES	FOURIE	ACH	M	52	50-54M	0.55.20	1	0
287	569	1001	AMANDA	SHAW	BODYCON	F	59	55-59F	0.55.20	2	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
288	406	7406	JORANDA	JONKER	TEMP	F	55	55-59F	0.55.22	0	0
289	676	2269	SINETHEMBA	NGABASE	SIBALEKA	M	21	SM	0.55.25	1	0
290	186	741	MARGARET	LLOYD	CRUSADE	F	61	60-64F	0.55.26	2	0
291	165	721	FIONA	FLEUR	CRUSADE	F	39	35-39F	0.55.27	1	0
292	505	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	64	60-64F	0.55.30	2	0
293	171	665	CAROLYN	GRANT	ALBANY	F	58	55-59F	0.55.34	2	0
294	567	6592	NAIEM	SHABUDIN	TEMP	M	31	SM	0.55.38	0	0
295	646	344	ANTON	AUGUST	MUIRITE	M	42	40-44M	0.55.39	1	0
296	183	577	YOLANDIE	LANDMAN	RUN4C	F	49	45-49F	0.55.44	1	0
297	238	1290	MARTIN	LEWIES	VWAC	M	50	50-54M	0.55.49	1	0
298	98	1291	ASHENDA	MAKONIE	VWAC	F	48	45-49F	0.55.49	1	0
299	653	40012	YARDON	SWARTBOOI	RUN4C	M	16	JM	0.55.50	1	0
300	322	7322	MLULEKI	RALA	TEMP	M	45	45-49M	0.55.50	0	0
301	265	40430	KYLIE	VERMAAK	ELITEAC	F	17	JF	0.55.51	1	0
302	17	1212	EDMUND	DRAKE	ELITEAC	M	34	SM	0.55.53	1	0
303	677	1560	PIETER	STRYDOM	DESPATCH	M	63	60-64M	0.55.59	1	0
304	683	40200	Owami	GWAMANDA	VWAC	M	15	JM	0.56.01	1	0
305	14	1234	DEWALD	DEYSEL	ELITEAC	M	42	40-44M	0.56.07	1	0
306	76	50	MICHAEL	DEKKER	SAPPE	M	52	50-54M	0.56.15	1	0
307	119	750	PIETER	ROUX	CRUSADE	M	69	65-69M	0.56.18	1	0
308	297	618	KELLY	HOLMES	ASPEN	F	47	45-49F	0.56.22	1	0
309	919	919	I	MFIWARA	TEMP	M	28	SM	0.56.22	0	0
310	650	417	PETER	MSIZA	CHILLIEP	M	51	50-54M	0.56.26	1	0
311	130	1085	ANDRE	VILJOEN	ACH	M	70	70+M	0.56.27	2	0
312	347	7347	GRANT	HANDLEY	TEMP	M	47	45-49M	0.56.27	0	0
313	314	7314	MUSTATA	LAGARDIEN	TEMP	M	31	SM	0.56.29	0	0
314	291	2579	SIPHESIHLE	DLWATI	VUKANI	M	34	SM	0.56.31	1	0
315	75	75	HESTER	DEKKER	SAPPE	F	52	50-54F	0.56.35	1	0
316	311	7311	ALVARO	HENRIQUES	TEMP	M	46	45-49M	0.56.36	0	0
317	150	1111	GRAHAM	CHANNON	ACH	M	75	70+M	0.56.39	2	0
318	537	1346	KALLIE	KLINKENBURG	NEDBANK	M	40	40-44M	0.56.42	1	0
319	914	914	MANDILAKHE	MTUSHE	TEMP	M	32	SM	0.56.42	0	0
320	196	633	DAVID	NEL	ASPEN	M	37	35-39M	0.56.43	1	0
321	252	657	AXOLA	PAKADE	ASPEN	M	27	SM	0.56.46	1	0
322	736	1951	THUSO	MKONTWANA	TEMP	M	38	35-39M	0.56.49	0	0
323	692	2417	MARIZA	FREWEN	MADIBA	F	62	60-64F	0.56.50	2	0
324	417	7417	NATHAN	MEYER	TEMP	M	24	SM	0.56.53	0	0
325	161	1203	ANNEMIE	DU TOIT	ELITEAC	F	40	40-44F	0.56.54	1	0
326	13	2333	TENIELLE	DE ANDRADE	VITALITY	F	39	35-39F	0.56.56	1	0
327	522	38	HANSIE	ELS	MADIBA	M	76	70+M	0.56.57	1	0
328	658	1512	DEON	ENGELBRECHT	NEDBANK	M	56	55-59M	0.57.06	1	0
329	623	2318	TANYA	BENTLEY	VITALITY	F	31	SF	0.57.12	1	0
330	747	1937	AMANDA	PRIDEAUX	BLUEBAY	F	49	45-49F	0.57.14	1	0
331	395	7395	MARTHIEL	VOLMINK	TEMP	M	15	JM	0.57.27	0	0
332	411	7411	ZONGAMELE	KUSELO	TEMP	M	29	SM	0.57.32	0	0
333	404	7404	BRENDAN	JENNINGS	TEMP	M	42	40-44M	0.57.33	0	0
334	421	7421	ANDISWA	NTANJANA	TEMP	F	37	35-39F	0.57.34	0	0
335	622	2370	NIKITA	DRURY	VITALITY	F	32	SF	0.57.34	1	0
336	326	7326	MANUELA	THURNHER	TEMP	F	59	55-59F	0.57.35	0	0
337	580	6658	MALIZOLE	MPUTULO	TEMP	M	37	35-39M	0.57.39	0	0
338	115	455	JODI	PIENAAR	WALMER	M	30	SM	0.57.41	1	0
339	429	7429	DONALD	NYANINGWE	TEMP	M	63	60-64M	0.57.51	0	0
340	731	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	41	40-44M	0.57.52	1	0
341	590	6679	ANTHONY	DELPORT	TEMP	M	47	45-49M	0.57.53	0	0
342	61	2230	MLULEKI	GQOBOSE	MADIBAZ	M	55	55-59M	0.58.05	1	0
343	687	1962	DANIEL	PIETERSE	BLUEBAY	M	62	60-64M	0.58.07	1	0
344	334	7334	CARLI	BOTMA-KLEU	TEMP	F	40	40-44F	0.58.14	0	0
345	461	2431	YENZILE	MDODANA	NMBAC	F	32	SF	0.58.16	1	0
346	546	1043	DAVID	BAINS	XCEL	M	58	55-59M	0.58.19	1	0
347	615	728	PAUL	LUBBE	CRUSADE	M	62	60-64M	0.58.23	1	0
348	37	1621	WILHELM	KILIAN	MADIBA	M	48	45-49M	0.58.33	1	0
349	905	2088	MPUMELELO	SEBANYONI	SANDFEP	M	35	35-39M	0.58.33	1	0
350	558	6558	SIPHESIHLE	NOMATYELI	TEMP	M	34	SM	0.58.36	0	0
351	512	2665	OWEN	KIVEDO	ATLANTIC	M	68	65-69M	0.58.37	1	0
352	663	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	67	65-69M	0.58.38	1	0
353	649	123	SIHAAM	ALLISON	MALABAR	F	39	35-39F	0.58.39	1	0
354	199	615	KATHERINE	NEL	ASPEN	F	34	SF	0.58.42	1	0
355	632	650	TAFADZWA	MARAMBIRE	ASPEN	M	41	40-44M	0.58.43	1	0
356	735	1466	AT	SCHOEMAN	NEDBANK	M	68	65-69M	0.58.43	1	0
357	419	7419	DESMOND	MVUNDLELA	TEMP	M	43	40-44M	0.58.45	0	0
358	93	595	MARISKA	KRUGER	RUN4C	F	47	45-49F	0.58.47	1	0
359	428	7428	KARLA	TERBLANCHE	TEMP	F	33	SF	0.58.47	0	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
360	22	765	LESLIE	FERREIRA	CRUSADE	M	29	SM	0.58.53	1	0
361	156	858	VALMAINE	DE KLERK	32GI	F	47	45-49F	0.58.55	1	0
362	618	2111	GEROME	MINTOOR	ATLANTIC	M	57	55-59M	0.58.55	1	0
363	734	2450	SIGQIBO	JAHA	HOLLYWOOD	M	43	40-44M	0.58.58	1	0
364	284	1585	GEORGE	BOTES	DESPATCH	M	50	50-54M	0.59.01	1	0
365	689	1592	BENNIE	THYSSE	DESPATCH	M	67	65-69M	0.59.03	1	0
366	294	449	KHOLOSA	GUMATANA	TNETFS	F	49	45-49F	0.59.05	0	0
367	293	1601	ANIZE	GERBER	DESPATCH	F	51	50-54F	0.59.05	1	0
368	129	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	60	60-64F	0.59.10	1	0
369	592	6686	JACO	LOUW	TEMP	M	36	35-39M	0.59.12	0	0
370	612	1215	PIERRE	BELLEW	ELITEAC	M	34	SM	0.59.13	1	0
371	2890	1819	ZOLANI	MQOQI	VUKANI	M	47	45-49M	0.59.15	1	0
372	85	1910	THANDO	FRANS	SPAREC	M	46	45-49M	0.59.20	1	0
373	484	1648	KEITH	VALENTINE	MADIBA	M	33	SM	0.59.22	1	0
374	700	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	0.59.23	1	0
375	571	352	ZUKO	MALIWA	IKHAMVA	M	47	45-49M	0.59.29	1	0
376	566	566	UNKNOWN		TEMP	M	34	SM	0.59.29	0	0
377	435	7435	STEPHANIE	KOCKOTT	TEMP	F	35	35-39F	0.59.29	0	0
378	744	1874	MBULELO	TSHIKILA	HOLLYWOOD	M	51	50-54M	0.59.33	1	0
379	103	1298	MPHATHISI	MJADU	VWAC	M	53	50-54M	0.59.34	1	0
380	643	130	IGHSAAN	ISAACS	MALABAR	M	59	55-59M	0.59.36	1	0
381	371	7371	DUANE	VAN APPEL	TEMP	M	20	SM	0.59.36	0	0
382	221	2509	SELLO	KOTU	ABSAEP	M	31	SM	0.59.36	1	0
383	446	7446	JOHANNES	SCHOEMAN	TEMP	M	44	40-44M	0.59.37	0	0
384	452	40382	ZANE	Jubber	ELITEAC	F	17	JF	0.59.41	1	0
385	320	7320	BHEKI	MKHWANAZI	TEMP	M	38	35-39M	0.59.44	0	0
386	351	7351	ANDISWA	JELE	TEMP	F	34	SF	0.59.44	0	0
387	63	1575	LESLEY-ANN	BUSH	DESPATCH	F	52	50-54F	0.59.45	1	0
388	170	2363	ABDUL	GOOSEIN	VITALITY	M	37	35-39M	0.59.50	1	0
389	200	202	LUTHANDO	NOMTOTO	CSEP	M	38	35-39M	0.59.51	1	0
390	223	1635	DORIS	GERBER	MADIBA	F	53	50-54F	0.59.57	1	0
391	477	583	CHRISTELLE	SLABBERT	RUN4C	F	52	50-54F	0.59.58	1	0
392	626	535	GERT	HARMSE	RUN4C	M	58	55-59M	1.00.02	1	0
393	594	6688	JONATHAN	KOEN	TEMP	M	25	SM	1.00.02	0	0
394	491	1565	BONITA	WEITZ	DESPATCH	F	52	50-54F	1.00.25	1	0
395	344	7344	MARENE	FOURIE	TEMP	F	41	40-44F	1.00.31	0	0
396	162	1277	DENVER	ELLIE	VWAC	M	44	40-44M	1.00.34	1	0
397	263	2700	CHARLOTTE	VAN WYK	RUN4C	F	42	40-44F	1.00.34	1	0
398	530	46	CRAIG	PETERSEN	SAPPE	M	50	50-54M	1.00.35	1	0
399	264	40431	CHLOE	VERMAAK	ELITEAC	F	17	JF	1.00.36	1	0
400	345	7345	MIKE	FOURIE	TEMP	M	42	40-44M	1.00.39	0	0
401	173	1613	ZIRK	HAEFELE	DESPATCH	M	47	45-49M	1.00.40	1	0
402	648	1493	TOEGEDA	VYVER	NEDBANK	F	52	50-54F	1.00.41	1	0
403	727	2433	THEMBELA	MANYA	NMBAC	F	41	40-44F	1.00.43	1	0
404	242	2442	XOLA	MBATSHA	NMBAC	M	44	40-44M	1.00.43	1	0
405	151	1219	MELANIE	CHRISTIE	ELITEAC	F	40	40-44F	1.00.47	1	0
406	188	2520	SINETHEMBA	MAGUTYWA	ABSAEP	M	42	40-44M	1.00.56	1	0
407	181	723	ALETTA	JOUBERT	CRUSADE	F	62	60-64F	1.01.10	1	0
408	218	2539	Luthando	Yibe	ABSAEP	M	43	40-44M	1.01.11	1	0
409	51	1532	DUNCAN	STEENKAMP	MADIBA	M	26	SM	1.01.22	1	0
410	379	7379	REESE	CAMBIER	TEMP	M	21	SM	1.01.22	0	0
411	721	1259	HEINZ	CONRAD	ELITEAC	M	45	45-49M	1.01.27	1	0
412	407	7407	BIANCA	KEELEY	TEMP	F	28	SF	1.01.36	0	0
413	475	1790	LUVUYO	SIWUNDLA	VUKANI	M	44	40-44M	1.01.42	1	0
414	180	1600	YVETTE	JONKER	DESPATCH	F	52	50-54F	1.01.43	1	0
415	172	1612	ARUSHKE	HAEFELE	DESPATCH	F	44	40-44F	1.01.43	1	0
416	83	529	ANDRE	FOURIE	RUN4C	M	77	70+M	1.01.45	1	0
417	65	693	NOMFUSI	CESHEMBA	VUKANI	F	42	40-44F	1.01.49	1	0
418	146	1268	ALBERT	BRAND	VWAC	M	42	40-44M	1.01.51	1	0
419	670	1415	ERROL	ROSSOUW	SIBALEKA	M	74	70+M	1.01.53	1	0
420	133	7511	CLARISE	WALLACE	VITALGN	F	35	35-39F	1.01.53	0	0
421	403	7403	KIERAN	JACOBS	TEMP	M	38	35-39M	1.02.02	0	0
422	234	1257	SAMANTHA	DOUGLAS	ELITEAC	F	37	35-39F	1.02.03	1	0
423	239	85	CARINA	MARAIS	INFINITY	F	32	SF	1.02.09	1	0
424	621	4	SHANE	SAUNDERS	RUN4C	M	57	55-59M	1.02.10	1	0
425	232	3234	SIZAKELE	DAMBA	GUGS	M	47	45-49M	1.02.16	0	0
426	932	745	KATHLEEN	FLANAGAN	CRUSADE	F	38	35-39F	1.02.21	1	0
427	1479	705	OCTAVIA	BOSHOF	CRUSADE	F	54	50-54F	1.02.21	1	0
428	585	6674	FERAAN	GEORGE	TEMP	M	38	35-39M	1.02.31	0	0
429	310	7310	GRACE-LYN	HAYWARD	TEMP	F	22	SF	1.02.36	0	0
430	746	9746	NIKHEEL	HEERA	TEMP	M	28	SM	1.02.38	0	0
431	306	7306	ILSE	CLAASSENS	MUIRITE	F	25	SF	1.02.39	1	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
432	408	7408	MARLON	KOEN	TEMP	M	37	35-39M	1.02.40	0	0
433	645	2418	MEGAN	BOSMAN	MADIBA	F	38	35-39F	1.02.41	1	0
434	572	346	SEKI	MANDABA	IKHAMVA	F	49	45-49F	1.02.42	1	0
435	559	6540	SIYA	COKILE	TEMP	M	48	45-49M	1.02.46	0	0
436	178	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	54	50-54F	1.02.53	1	0
437	41	1389	BABALO	MAKALIMA	NEDBANK	M	41	40-44M	1.02.56	1	0
438	2875	40144	ANJA	FORTEIN	CHILLIEP	F	16	JF	1.02.57	1	0
439	21	1403	JOHAN	FERREIRA	RUN4C	M	62	60-64M	1.03.02	1	0
440	60	2639	ANSIE	BENADE	RUN4C	F	65	65-69F	1.03.04	1	0
441	136	1045	YUSUF	SAMUELS	XCEL	M	65	65-69M	1.03.09	1	0
442	502	2127	BERNARD	PETERSEN	MADIBAZ	M	59	55-59M	1.03.10	1	0
443	630	2736	SKHUMBUZE	MZOBOHE	VUKANI	M	51	50-54M	1.03.15	1	0
444	716	1258	MARTIN	LANGLEY	ELITEAC	M	44	40-44M	1.03.27	1	0
445	680	1930	TIM	BRAY	BLUEBAY	M	61	60-64M	1.03.29	1	0
446	614	592	JOHAN	VERMEUEN	RUN4C	M	57	55-59M	1.03.34	1	0
447	361	7361	JUANE	RETIEF	TEMP	F	31	SF	1.03.35	0	0
448	457	2149	WAYNE	MAC GEAR	MADIBAZ	M	61	60-64M	1.03.39	1	0
449	144	298	SANET	BOUCHER	MUIRITE	F	45	45-49F	1.03.43	1	0
450	391	7391	LERATO	NKONDE	TEMP	F	30	SF	1.03.52	0	0
451	415	7415	JESSICA	MCNISH	TEMP	F	29	SF	1.03.54	0	0
452	337	7337	EMILIO	CAMPBELL	TEMP	M	33	SM	1.03.54	0	0
453	2896	1953	KHALID	ABRAHAMS	TEMP	M	33	SM	1.03.55	0	0
454	2881	1270	MUHAMMED	PETERSEN	VWAC	M	41	40-44M	1.03.56	1	0
455	55	1607	SONJA	VAN WYK	DESPATCH	F	42	40-44F	1.03.59	1	0
456	201	1713	LYDIA	OLIVER	GELVAN	F	56	55-59F	1.04.04	1	0
457	35	1935	BEHAARDIEN	VAN TONDER	TEMP	M	54	50-54M	1.04.06	0	0
458	213	2421	ADRI	SONNEKUS	MADIBA	F	38	35-39F	1.04.09	1	0
459	720	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	46	45-49F	1.04.14	1	0
460	73	565	RONEL	DE TARNOWSKY	RUN4C	F	44	40-44F	1.04.14	1	0
461	20	1424	SAM	ERASMUS	NEDBANK	M	67	65-69M	1.04.15	1	0
462	607	450	NICOLE	SCHOEMAN	TRANSNET	F	27	SF	1.04.25	1	0
463	454	2305	MECAYLA	KOCK	ATLANTIC	F	20	SF	1.04.26	1	0
464	620	1832	ANELE	MESANI	VUKANI	M	44	40-44M	1.04.30	1	0
465	605	51302	XOLISILE	NOMDATYA	DEPTLA	M	43	40-44M	1.04.34	0	0
466	466	751	NICK	MULLINS	CRUSADE	M	68	65-69M	1.04.37	1	0
467	48	2742	MARIUS	ROACH	MUIRITE	M	31	SM	1.04.39	1	0
468	44	753	PLACXEDES	NDHLOVU	CRUSADE	F	50	50-54F	1.04.46	1	0
469	542	1759	ZUKISA	MENE	TRANSNET	M	41	40-44M	1.05.04	1	0
470	190	505	XHANTI	MANTSHIYO	ABSAEP	M	57	55-59M	1.05.07	1	0
471	494	2515	OZELLE	WIEHAHN	ABSAEP	F	50	50-54F	1.05.27	1	0
472	704	512	GARFIELD	TSATSANE	SIBALEKA	M	58	55-59M	1.05.31	1	0
473	74	72	HERMAN	DEKKER	SAPPE	M	79	70+M	1.05.35	1	0
474	636	182	VUYISILE	DELIWE	CSEP	M	49	45-49M	1.05.38	1	0
475	389	7389	MBUSI	MNISI	TEMP	M	27	SM	1.05.44	0	0
476	425	7425	ASTRID	ROSSOUW	TEMP	F	45	45-49F	1.05.45	0	0
477	549	6049	LIEZL	VAN ONSELEN	TEMP	F	32	SF	1.05.51	0	0
478	550	6050	MICAELA	SCHOLTZ	TEMP	F	29	SF	1.05.51	0	0
479	107	7348	BIANCA	NEL	VITALGN	F	32	SF	1.05.51	0	0
480	28	1928	STARLYNE	HASSIEN	TEMP	M	56	55-59M	1.05.55	0	0
481	671	2643	NOZBELE	MBETHE	BLUEBAY	F	49	45-49F	1.05.59	1	0
482	447	5447	SHAUN	FOGARTY	TEMP	M	45	45-49M	1.06.01	0	0
483	563	6143	CORNELIUS	JACOBS	TEMP	M	40	40-44M	1.06.05	0	0
484	478	458	LYNETTE	SMUTS	WALMER	F	58	55-59F	1.06.08	1	0
485	665	2090	WELLINGTON	TSHINGANE	SANDFEP	M	54	50-54M	1.06.09	1	0
486	449	6449	HELEN	STOCK	TEMP	F	47	45-49F	1.06.11	0	0
487	12	3	KEVIN	BENADE	PEAAC	M	56	55-59M	1.06.13	1	0
488	384	7384	THABISA	HLAM	TEMP	F	38	35-39F	1.06.16	0	0
489	488	2309	ADEL	VAN RENSBURG	VITALITY	F	46	45-49F	1.06.16	1	0
490	574	211	MATHAPELO	SENTI	CSEP	F	35	35-39F	1.06.23	1	0
491	228	1631	AMANDA	BLIGNAULT	MADIBA	F	65	65-69F	1.06.34	1	0
492	608	1624	ESTELLE	DE KLERK	MADIBA	F	58	55-59F	1.06.35	1	0
493	485	2496	CLAUDEAN	VAN GREUNEN	DESPATCH	F	43	40-44F	1.06.40	1	0
494	319	7319	JOSH	MINNAAR	TEMP	M	40	40-44M	1.06.47	0	0
495	363	7363	KIAN	SHELLINGERHOUT	TEMP	M	19	JM	1.06.48	0	0
496	342	7342	RITAE	ELS	TEMP	F	19	SF	1.06.48	0	0
497	535	1716	DERICK	GOLIATH	GELVAN	M	60	60-64M	1.06.52	1	0
498	215	1023	CHANEL	TIRAN-DORFLING	MUIRITE	F	30	SF	1.06.53	1	0
499	176	1641	DEBBIE	HILTON	MADIBA	F	52	50-54F	1.06.55	1	0
500	519	1103	LIZ	AUSTIN	ACH	F	66	65-69F	1.06.57	1	0
501	480	1429	RIKA	TERBLANCHE	NEDBANK	F	47	45-49F	1.07.05	1	0
502	357	7357	STORM	NOACK	TEMP	M	25	SM	1.07.13	0	0
503	62	1689	SILKE	BOTHA	MADIBA	F	27	SF	1.07.24	1	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
504	2876	2876	CHUMA	GQOLA	TEMP	F	29	SF	1.07.28	0	0
505	18	1632	JOS	ELS	MADIBA	F	72	70+F	1.07.31	1	0
506	688	2677	CHRISTOPHER	NYODI	BLUEBAY	M	66	65-69M	1.07.36	1	0
507	2893	626	VICKI	VAN SCHALKWYK	ASPEN	F	43	40-44F	1.07.40	1	0
508	185	588	RENIER	LIEBENBERG	RUN4C	M	42	40-44M	1.07.40	1	0
509	95	213	SHARON	SMUTS	CSEP	F	58	55-59F	1.07.48	1	0
510	710	1603	RONNIE	JONKER	DESPATCH	M	54	50-54M	1.07.53	1	0
511	462	2183	PHATHEKA	MOKGWETSI	MADIBAZ	F	33	SF	1.07.58	1	0
512	340	7340	CLEAVE	ARENDS	TEMP	M	24	SM	1.08.13	0	0
513	72	40187	STACEY	DE RIDDER	ELITEAC	F	15	JF	1.08.14	1	0
514	737	1954	ALISON	GLOVER	TEMP	F	44	40-44F	1.08.22	0	0
515	231	2532	Jeniffer	Buchler	ABSAEP	F	63	60-64F	1.08.24	1	0
516	520	1104	CATHY	IVES	ACH	F	71	70+F	1.08.24	1	0
517	921	1232	SONIKA	NEL	ELITEAC	F	24	SF	1.08.24	1	0
518	920	1224	SHAUN	NEL	ELITEAC	M	49	45-49M	1.08.28	1	0
519	526	1684	ERIKA	FOREMAN	MADIBA	F	54	50-54F	1.08.31	1	0
520	82	1935	XENOPHON	FERREIRA	BLUEBAY	M	63	60-64M	1.08.31	1	0
521	748	562	JUDITH	NIENABER	RUN4C	F	64	60-64F	1.08.31	1	0
522	66	100	LYNETTE	CRAUSE	INFINITY	F	64	60-64F	1.08.31	1	0
523	436	7436	XOLILE	MVINJELWA	TEMP	M	49	45-49M	1.08.36	0	0
524	106	1911	NANDIPA	MYELEYELE	SPAREC	F	36	35-39F	1.08.38	1	0
525	149	2518	Wendy	Bululu	ABSAEP	F	41	40-44F	1.08.45	1	0
526	463	47	ANDREW	MOSES	SAPPE	M	51	50-54M	1.08.59	1	0
527	464	48	COLLEEN	MOSES	SAPPE	F	49	45-49F	1.08.59	1	0
528	2899	796	REBECCA	JORDAAN	32GI	F	33	SF	1.09.02	1	0
529	713	848	WAYNE	SCHOLTZ	32GI	M	44	40-44M	1.09.02	1	0
530	732	1331	JAN	LE ROUX	NEDBANK	M	65	65-69M	1.09.03	1	0
531	2889	40188	Lauren	Gerber	ELITEAC	F	17	JF	1.09.07	1	0
532	451	824	LISE	JOUBERT	32GI	F	26	SF	1.09.08	1	0
533	722	318	KAREN	HUME	MUIRITE	F	45	45-49F	1.09.08	1	0
534	262	292	CHANTELL	VAN BAALEN	MUIRITE	F	48	45-49F	1.09.08	1	0
535	362	7362	LEE-WYN	ARENDS	TEMP	M	35	35-39M	1.09.12	0	0
536	423	7423	THULANI	NTSHANYANA	TEMP	M	32	SM	1.09.12	0	0
537	15	1791	NOZUKO	DLAMBA	VUKANI	F	47	45-49F	1.09.16	1	0
538	1913	2594	MICHELLE	HARDY-BERRINGTON	VWAC	F	39	35-39F	1.09.19	1	0
539	163	2704	JACKIE	ELOFF	RUN4C	F	52	50-54F	1.09.35	1	0
540	121	1310	PHUMLA	SIBALI	VWAC	F	45	45-49F	1.09.45	1	0
541	336	7336	HANNAH	BUCKSEY	TEMP	F	27	SF	1.09.45	0	0
542	120	1274	GAYLE	SAAYMAN	VWAC	F	36	35-39F	1.09.45	1	0
543	681	1743	THOMAS	PLAATJIES	GELVAN	M	47	45-49M	1.09.49	1	0
544	2883	1445	NOYISE	LUVALO	NEDBANK	F	44	40-44F	1.09.50	1	0
545	143	1577	MELISSA	BERG	DESPATCH	F	54	50-54F	1.09.51	1	0
546	486	2121	ANDRE	VAN RAYNER	ATLANTIC	M	44	40-44M	1.09.52	1	0
547	197	463	ELMARIE	NEL	WALMER	F	49	45-49F	1.10.00	1	0
548	142	746	JOHAN	BARNARD	CRUSADE	M	69	65-69M	1.10.05	1	0
549	295	2110	JOY	HILL	HEATAC	F	32	SF	1.10.14	1	0
550	99	1794	NOMLINDO	MAKUBALO	VUKANI	F	50	50-54F	1.10.14	1	0
551	654	1266	DAVID	CHENGWE	VWAC	M	46	45-49M	1.10.16	1	0
552	507	185	Sabata	Tsibolane	CSEP	M	45	45-49M	1.10.23	1	0
553	2859	1464	DAVID	O'REILLY	NEDBANK	M	76	70+M	1.10.23	1	0
554	708	2416	JOHN	FREWEN	MADIBA	M	62	60-64M	1.10.30	1	0
555	715	198	RIAAN	SMALBERGER	CSEP	M	70	70+M	1.10.32	1	0
556	58	709	BABALWA	HENA	SIBALEKA	F	47	45-49F	1.10.37	1	0
557	88	14493	VICTORIA	GOODALL	CCJHB	F	43	40-44F	1.10.38	0	0
558	445	7445	ROXANNE	MULLER	TEMP	F	40	40-44F	1.10.47	0	0
559	728	377	NOBUNTU	MPONGWANA	IKHAMVA	F	45	45-49F	1.10.48	1	0
560	424	7424	JACO	ROOS	TEMP	M	36	35-39M	1.10.54	0	0
561	352	7352	TEMBISA	KHOMO	TEMP	F	48	45-49F	1.10.56	0	0
562	376	7376	WILBUR	WRIGHT	TEMP	M	48	45-49M	1.11.03	0	0
563	705	1945	JENNY	VAN DER WALT	TEMP	F	42	40-44F	1.11.29	0	0
564	341	7341	JOELENE	DANN	TEMP	F	34	SF	1.11.31	0	0
565	323	7323	NADIA	SERFONTEIN	TEMP	F	49	45-49F	1.11.33	0	0
566	568	6615	SIZWE	ZUNGU	TEMP	M	39	35-39M	1.11.35	0	0
567	532	646	LUTHO	NOMBEMBE	ASPEN	M	31	SM	1.11.35	1	0
568	202	334	MADELEINE	OTTO	MUIRITE	F	64	60-64F	1.11.36	1	0
569	473	1368	ZHULDYZ	ROBBERTS	NEDBANK	F	38	35-39F	1.11.43	1	0
570	325	7325	SEAN	THOMPSON	TEMP	M	34	SM	1.11.47	0	0
571	332	7332	MEGAN	ALBERTS	TEMP	F	28	SF	1.11.47	0	0
572	595	6689	MICHELLE	BLOM	TEMP	F	47	45-49F	1.11.51	0	0
573	596	6690	LISA	RANDALL	TEMP	F	44	40-44F	1.11.52	0	0
574	198	2815	FREDERIK	NEL	JBAY	M	44	40-44M	1.12.12	1	0
575	255	219	Percival	Phewa	CSEP	M	37	35-39M	1.12.14	1	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
576	157	2330	ANIRLE	DE MEYER	VITALITY	F	27	SF	1.12.15	1	0
577	292	40645	CAZEO	FREEMAN	ATLANTIC	M	18	JM	1.12.18	1	0
578	655	1365	JOHN	FACEY	NEDBANK	M	67	65-69M	1.12.20	1	0
579	525	1683	SUNET	HARRIS	MADIBA	F	51	50-54F	1.12.22	1	0
580	738	1840	MSUTUKAZI	NDIMBA	VUKANI	F	45	45-49F	1.12.27	1	0
581	668	2748	THANDISWA	COSA	SAPSNC	F	47	45-49F	1.12.44	0	0
582	538	2725	MUHAMMAD	ADAM	VITALGN	M	27	SM	1.12.50	0	0
583	584	6662	SIYABONGA	NKAYI	TEMP	M	37	35-39M	1.12.56	0	0
584	217	776	CHANDRE	WEST	CRUSADE	F	48	45-49F	1.13.07	1	0
585	373	7373	SHAVONNE	VAN STADEN	TEMP	F	42	40-44F	1.13.07	0	0
586	438	7438	SINDILE	MKETELWA	TEMP	M	56	55-59M	1.13.12	0	0
587	402	7402	MARK	IRVINE	TEMP	M	57	55-59M	1.13.13	0	0
588	548	6548	JANE	NEL	TEMP	F	22	SF	1.13.15	0	0
589	426	7426	OWEN	RUPPELT	TEMP	M	41	40-44M	1.13.23	0	0
590	282	574	EUGENE	BONTHUYS	RUN4C	M	41	40-44M	1.13.23	1	0
591	427	7427	BRESLER	SWANEPOEL	TEMP	M	31	SM	1.13.27	0	0
592	409	7409	DONNE	KRITZINGER	TEMP	F	26	SF	1.13.31	0	0
593	2879	1306	GAVIN	KLINK	VWAC	M	51	50-54M	1.13.33	1	0
594	627	536	ELIZMA	HARMSE	RUN4C	F	63	60-64F	1.13.37	1	0
595	87	570	PIETER	GERBER	RUN4C	M	66	65-69M	1.13.38	1	0
596	583	6661	NWABISA	NGCINGWANA	TEMP	F	40	40-44F	1.13.41	0	0
597	316	7316	THUTHUZELA	MAPOMA	TEMP	F	30	SF	1.13.42	0	0
598	309	7309	ABDURRAHMAAN	FREDERICKS	TEMP	M	44	40-44M	1.13.50	0	0
599	570	1008	VERONICA	SMITH	BODYCON	F	58	55-59F	1.13.59	1	0
600	109	1956	SONJA	OLIVIER	BLUEBAY	F	57	55-59F	1.14.00	1	0
601	50	19	EMMERENCHIA	SLABBERT	PEAAC	F	52	50-54F	1.14.18	1	0
602	551	6551	LINDA	HEWANA	TEMP	M	33	SM	1.14.23	0	0
603	78	2710	TINA	DERBYSHIRE	SAPEC	F	70	70+F	1.14.30	0	0
604	56	566	JANINE	VILJOEN	RUN4C	F	54	50-54F	1.14.31	1	0
605	581	6581	GLYNN	O'REILLY	TEMP	M	35	35-39M	1.14.35	0	0
606	686	2280	SELBY	THABETHE	SIBALEKA	M	50	50-54M	1.14.37	1	0
607	346	7346	ROESTOFF	GEYSER	TEMP	M	37	35-39M	1.14.38	0	0
608	349	7349	KAYLEIGH	HILL	TEMP	F	23	SF	1.14.41	0	0
609	601	809	SANELISIWE	FUNANI	MTHATHA	M	40	40-44M	1.14.45	0	0
610	557	6557	SIMANKELE	NTANTA	TEMP	M	26	SM	1.14.45	0	0
611	368	7368	CLINT	TESSNER	TEMP	M	43	40-44M	1.14.53	0	0
612	690	197	AUBREY	LE ROUX	CSEP	M	71	70+M	1.14.57	1	0
613	110	543	NIEKIE	OOSTHUIZEN	RUN4C	F	54	50-54F	1.15.07	1	0
614	79	572	SHANTE	DU PLESSIS	RUN4C	F	32	SF	1.15.07	1	0
615	644	1058	FRANSI	JANSE VAN RENSBURG	XCEL	F	52	50-54F	1.15.09	1	0
616	610	1459	PHILA	HENGE	NEDBANK	F	39	35-39F	1.15.12	1	0
617	377	7377	BIANCA	ZEELIE	TEMP	F	25	SF	1.15.20	0	0
618	412	7412	JADE	MAGSON	TEMP	F	25	SF	1.15.22	0	0
619	413	7413	WAYNE	MAGSON	TEMP	M	54	50-54M	1.15.22	0	0
620	174	2711	DANEILLE	HARRY	MADIBAZ	F	39	35-39F	1.15.23	1	0
621	724	315	SIMONE	POTGIETER	MUIRITE	F	46	45-49F	1.15.25	1	0
622	301	7301	MOGAMAD	ABDOLLATIEF	TEMP	M	51	50-54M	1.15.28	0	0
623	434	7434	WAYNE	DEWING	TEMP	M	57	55-59M	1.15.32	0	0
624	600	1800	CWAYITA	MAPEKULA	VUKANI	F	41	40-44F	1.15.35	1	0
625	304	7304	WESLEY	BLIGNAUT	TEMP	M	64	60-64M	1.15.36	0	0
626	209	1035	SHANNON	SEPTEMBER	MUIRITE	F	31	SF	1.15.36	1	0
627	433	7433	LORETTE	DEWING	TEMP	F	54	50-54F	1.15.38	0	0
628	114	600	ANDRE	PIENAAR	RUN4C	M	61	60-64M	1.15.38	1	0
629	160	82	LETA	DOS SANTOS	INFINITY	F	60	60-64F	1.15.38	1	0
630	153	1606	FANIE	CLAASSEN	DESPATCH	M	66	65-69M	1.15.38	1	0
631	635	457	KAREN	VAN DEVENTER	WALMER	F	36	35-39F	1.15.55	1	0
632	394	7394	MELANIE	VAN HEERDEN	TEMP	F	52	50-54F	1.15.55	0	0
633	916	916	SIYAMUKELA	MAGWAZA	TEMP	M	26	SM	1.16.08	0	0
634	23	713	DENISE	FERREIRA	CRUSADE	F	62	60-64F	1.16.13	1	0
635	33	1933	SAKEENA	NORDIEN	TEMP	F	25	SF	1.16.13	0	0
636	2913	2913	ZAMOKWAKHE	MTHEMBU	TEMP	M	27	SM	1.16.23	0	0
637	523	585	JEANETTE	PIENAAR	RUN4C	F	76	70+F	1.16.30	1	0
638	24	64	DAVID	FORTEIN	SAPPE	M	59	55-59M	1.16.31	1	0
639	214	2670	KAREN	STUTHARD	VITALITY	F	51	50-54F	1.16.32	1	0
640	455	2077	LI-ANNE	LANOMAN	VITALITY	F	44	40-44F	1.16.32	1	0
641	366	7366	AIMEE	TAYLOR	TEMP	F	30	SF	1.16.37	0	0
642	367	7367	ERIN	TAYLOR	TEMP	F	26	SF	1.16.37	0	0
643	364	7364	SHANNON	SMITH	TEMP	F	28	SF	1.16.37	0	0
644	189	1858	TABOGO	MALATJI	HOLLYWOO	M	30	SM	1.16.46	1	0
645	565	6478	MOMELEZI	COMJWA	TEMP	M	29	SM	1.16.52	0	0
646	81	2373	TAMARIN	VAN DER BERG	VITALITY	F	38	35-39F	1.17.07	1	0
647	122	287	YOLANDI	SMALBERGER	MUIRITE	F	45	45-49F	1.17.22	1	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
648	459	8810	TRENTON	MATTHEWS	NMBMUN	M	33	SM	1.17.23	1	0
649	396	7396	CLEVAN	BARENDSE	TEMP	M	33	SM	1.17.23	0	0
650	547	6512	BOMIKASI	NKQAYI	TEMP	F	26	SF	1.17.27	0	0
651	251	1231	HELENE	OPPEL	ELITEAC	F	74	70+F	1.17.34	1	0
652	442	7442	NOMAZOTSHO	MQOMBOTI	TEMP	F	44	40-44F	1.17.50	0	0
653	49	2491	STEPHANIE	SCHEEPERS	DESPATCH	F	27	SF	1.17.50	1	0
654	11	1593	NAOMI	BAKKER	DESPATCH	F	47	45-49F	1.17.51	1	0
655	254	1279	NURENA	PETESEN	VWAC	F	40	40-44F	1.17.55	1	0
656	2857	1305	CASEY	ISAACS	VWAC	F	46	45-49F	1.17.55	1	0
657	29	1929	CHANTAL	KILIAN	TEMP	F	49	45-49F	1.18.06	0	0
658	34	1934	DANAC	STEENKAMP	MADIBA	F	25	SF	1.18.06	1	0
659	52	1634	TANIA	TRUTER	MADIBA	F	52	50-54F	1.18.25	1	0
660	236	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	49	45-49F	1.18.25	1	0
661	123	2699	LEANDRE	STRUMPHER	MUIRITE	F	41	40-44F	1.18.26	1	0
662	358	7358	SHAAHID	NORKEE	TEMP	M	59	55-59M	1.18.26	0	0
663	917	1805	MKONYISELA	MCUBASE	VUKANI	M	38	35-39M	1.18.37	1	0
664	243	1433	THOKOZANI	MTIMKULU	CHILLIEP	F	27	SF	1.18.56	1	0
665	184	1693	JASON	LE ROUX	GELVAN	M	28	SM	1.18.58	1	0
666	617	1792	NELISWA	MZAZA	VUKANI	F	34	SF	1.19.09	1	0
667	138	194	MZIMKHULU	NONJWANGU	CSEP	M	50	50-54M	1.19.15	1	0
668	94	1936	MARKUS	KUNNEKE	BLUEBAY	M	55	55-59M	1.19.16	1	0
669	290	1204	YOLANDA	DEYSEL	ELITEAC	F	49	45-49F	1.19.16	1	0
670	564	6452	KUHLE	MAYAPI	TEMP	F	36	35-39F	1.19.25	0	0
671	483	1773	EYETHU	TISO	VUKANI	F	31	SF	1.19.47	1	0
672	506	42	CRAIG	BESTER	ACH	M	47	45-49M	1.19.48	1	0
673	718	590	GERHARD	SCHOEMAN	RUN4C	M	49	45-49M	1.19.48	1	0
674	100	2563	PHAKAMA	MATATA	RUN4C	F	33	SF	1.20.04	1	0
675	39	2607	Algene	Koeberg	MADIBAZ	F	41	40-44F	1.20.16	1	0
676	211	2366	NOLUBABALO	SOHABA	VITALITY	F	35	35-39F	1.20.16	1	0
677	910	2501	KHAYA	MTI	ABSAEP	M	45	45-49M	1.20.36	1	0
678	132	2702	SASKIA	WAIT	RUN4C	F	22	SF	1.20.39	1	0
679	685	2283	NOMBULELO	NDZUZO	SIBALEKA	F	44	40-44F	1.20.43	1	0
680	177	1198	VICTOR	HUGO	JBAY	M	64	60-64M	1.20.44	1	0
681	560	6575	MICHELE	MINNAAR	TEMP	F	36	35-39F	1.20.49	0	0
682	573	2476	ARLENE	HELBERG	ELITEAC	F	61	60-64F	1.20.52	1	0
683	27	1927	ZIMKITHA	DAYI-SIBANGELE	TEMP	F	39	35-39F	1.21.06	0	0
684	298	1686	ROUXLE	HORN	MADIBA	F	31	SF	1.21.06	1	0
685	164	2554	ERICA	ERASMUS	RUN4C	F	55	55-59F	1.21.18	1	0
686	544	6047	ARTHUR	MAASDORP	TEMP	M	34	SM	1.21.27	0	0
687	42	1541	NOCAWE	MDAZUKA	SIBALEKA	F	40	40-44F	1.21.39	1	0
688	147	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	52	50-54M	1.21.41	1	0
689	335	7335	SIGOURNEY	BRUINTJIES	TEMP	F	28	SF	1.21.42	0	0
690	401	7401	BEVERLY	IRVINE	TEMP	F	55	55-59F	1.21.53	0	0
691	375	7375	TERSIA	WEYER	TEMP	F	56	55-59F	1.21.59	0	0
692	374	7374	MARK	WEYER	TEMP	M	59	55-59M	1.21.59	0	0
693	432	7432	MAGGIE	MULLER	TEMP	F	69	65-69F	1.22.04	0	0
694	554	6554	NAYOLENE	JOSEPHUS	TEMP	F	31	SF	1.22.06	0	0
695	901	901	JASON	FIELD	TEMP	M	33	SM	1.22.06	0	0
696	299	2115	DERRICK	HOSHE	ATLANTIC	M	65	65-69M	1.22.15	1	0
697	324	7324	SIMON	STRIMLING	TEMP	M	62	60-64M	1.22.15	0	0
698	302	7302	DENIELLE	BLIGNAUT	TEMP	F	31	SF	1.22.22	0	0
699	303	7303	TAMARA	BLIGNAUT	TEMP	F	27	SF	1.22.22	0	0
700	339	7339	VERNA	CLAASSEN	TEMP	F	61	60-64F	1.22.38	0	0
701	353	7353	ANTONETTE	MASHEGO	TEMP	F	31	SF	1.23.22	0	0
702	111	1033	KARMEL	PAGE	MUIRITE	F	33	SF	1.23.25	1	0
703	691	770	WINSLOW	BOUWER	CRUSADE	M	40	40-44M	1.23.26	1	0
704	328	7328	AMUKELANI	VALOYI	TEMP	F	29	SF	1.24.12	0	0
705	317	7317	LIRIKEN	MATTHEWS	TEMP	F	30	SF	1.24.12	0	0
706	682	1740	JANICE	JONES	GELVAN	F	48	45-49F	1.24.14	1	0
707	43	453	JO-ANNE	MUIR	WALMER	F	55	55-59F	1.24.17	1	0
708	46	452	SHARON	POTGIETER	WALMER	F	60	60-64F	1.24.21	1	0
709	77	40001	ZANTE	DEKKER	SAPPE	F	17	JF	1.24.34	1	0
710	125	70	BIANCA	SWARTS	SAPPE	F	21	SF	1.24.35	1	0
711	175	1434	DIANNE	HARTZENBERG	NEDBANK	F	65	65-69F	1.24.44	1	0
712	725	5761	AGNES	KGANYAGO	TEMP	F	34	SF	1.24.48	0	0
713	719	1241	MARLENE	TERBLANCHE	ELITEAC	F	74	70+F	1.25.01	1	0
714	159	81	JOSE	DOS SANTOS	INFINITY	M	59	55-59M	1.25.02	1	0
715	89	1287	BANDILE	GWAMANDA	VITALITY	M	54	50-54M	1.25.02	1	0
716	2860	1362	TANYA	SMALBERGER	NEDBANK	F	43	40-44F	1.25.03	1	0
717	471	53	KEZIA	PRINSLOO	SAPPE	F	40	40-44F	1.25.10	1	0
718	709	1471	SHIRLEEN	CLARKE	NEDBANK	F	62	60-64F	1.25.11	1	0
719	194	2022	LERATO	MUZAH	MALABAR	F	38	35-39F	1.25.13	1	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
720	350	7350	ANNEME	JACOBS	TEMP	F	33	SF	1.25.42	0	0
721	31	1931	VUYISEKA	MAKALIMA	TEMP	F	40	40-44F	1.25.43	0	0
722	327	7327	MOSALE	TLAKA	TEMP	F	27	SF	1.25.43	0	0
723	562	6082	RICHTER	JACOBS	TEMP	M	37	35-39M	1.26.09	0	0
724	561	6081	CASPER	BADENHORST	TEMP	M	43	40-44M	1.26.10	0	0
725	84	528	HELEN	FOURIE	RUN4C	F	54	50-54F	1.26.31	1	0
726	660	1122	BOB	STEDMAN	ACH	M	75	70+M	1.26.53	1	0
727	305	7305	BULELWA	BULELWA	TEMP	F	30	SF	1.26.55	0	0
728	577	207	PHUMELA	SIGODI	CSEP	F	40	40-44F	1.26.56	1	0
729	102	520	NOMVUYO	MCINGANA	SIBALEKA	F	44	40-44F	1.26.56	1	0
730	139	192	THULULE	MPOLASE	CSEP	F	40	40-44F	1.26.56	1	0
731	533	368	NWABISA	MSUTHWANA	IKHAMVA	F	44	40-44F	1.26.58	1	0
732	313	7313	ABONGILE	HINTSA	TEMP	F	27	SF	1.27.00	0	0
733	469	1851	SIPHOSETHU	NYATI	HOLLYWOOD	F	41	40-44F	1.27.02	1	0
734	179	2021	TARRYN	JONAS	MALABAR	F	39	35-39F	1.27.34	1	0
735	343	7343	JANEL	FOUCHÉ	TEMP	F	27	SF	1.27.41	0	0
736	155	761	NTOKOZO	DAMBUZA	CRUSADE	F	45	45-49F	1.28.46	1	0
737	2884	1720	NOLEEN	NORRIS	GELVAN	F	67	65-69F	1.29.21	1	0
738	208	2604	MARCOLENE	SAUNDERS	MADIBAZ	F	39	35-39F	1.29.21	1	0
739	903	2295	KHOLISA	PAPU	CHILLIEP	F	37	35-39F	1.30.25	1	0
740	414	7414	RENEILWE	MALEMATJA	TEMP	F	33	SF	1.31.25	0	0
741	528	2304	KUSELWA	MAJALI	ADVEN	F	50	50-54F	1.31.26	1	0
742	96	580	MARIA	MAHWEHWE	RUN4C	F	50	50-54F	1.31.28	1	0
743	260	712	NDILEKA	THOMPSON	CRUSADE	F	47	45-49F	1.32.27	1	0
744	437	7437	DIBUSENG	MAOBA	TEMP	F	44	40-44F	1.34.49	0	0
745	2892	1703	GODFREY	KARIEM	GELVAN	M	84	70+M	1.35.16	1	0
746	634	327	ELWIN BRUCE	WOODS	MUIRITE	M	61	60-64M	1.35.24	1	0
747	356	7356	THANDIWE	MPANGEVA	TEMP	F	30	SF	1.35.31	0	0
748	329	7329	NHLAWUTELO	VALOYI	TEMP	F	33	SF	1.35.51	0	0
749	711	50180	PHILISWA	SITELA	CHEETAH	F	35	35-39F	1.35.59	0	0
750	288	52125	SIVUYISIWE	MKETELWA	UNKNOWN	F	57	55-59F	1.36.16	0	0
751	418	7418	KHAMUSI	MLAMBO	TEMP	F	31	SF	1.36.51	0	0
752	624	6624	NANDIPHA	BHE	TEMP	F	35	35-39F	1.37.16	0	0
753	707	1095	MOF	BOTHA	ACH	M	68	65-69M	1.37.40	1	0
754	431	7431	JADE	GROENEWALD	TEMP	F	33	SF	1.38.52	0	0
755	430	7430	BELINDA	SMAILES	TEMP	F	54	50-54F	1.38.52	0	0
756	338	7338	NOM AHLUBI	NDIMENI	TEMP	F	39	35-39F	1.39.40	0	0
757	219	51301	MBALI	ZUMA	DEPTRA	F	42	40-44F	1.40.18	0	0
758	235	1679	KENNETH	GREYLING	MADIBA	M	64	60-64M	1.44.36	0	0
HELPERS RUN											
H1	3002	40167	KHANYISA	GEDZE	MOTHER	M	17	JM	0.38.12	3	0
H2	3005	40174	SINOMTHE	BOLTINA	MOTHER	M	16	JM	0.40.32	3	0
H3	3011	931	ANDILE	NYOKA	CHARLO	M	51	50-54M	0.45.19	3	0
H4	3012	955	SIVUYILE	SCHEEPERS	CHARLO	M	31	SM	0.45.19	2	0
H5	3013	957	PIERRE	RENSHAW	CHARLO	M	51	50-54M	0.46.28	3	0
H6	3014	561	DARRYL	CALVERT	CHARLO	M	49	45-49M	0.47.26	2	0
H7	3025	40175	SINAKEKELE	JEZILE	MOTHER	M	15	JM	0.48.41	2	0
H8	3016	952	CINDY	MARAIS	CHARLO	F	47	45-49F	0.50.53	2	0
H9	3017	970	MALCOLM	BLANDY	CHARLO	M	42	40-44M	0.50.53	1	0
H10	3018	1010	JAN	VAN EEDEN	NEDBANK	M	66	65-69M	0.51.37	2	0
H11	3019	1247	LISLE	MATTHEWS	ELITEAC	F	50	50-54F	0.52.24	2	0
H12	3020	1222	BURNITA	STRYDOM	ELITEAC	F	56	55-59F	0.52.53	3	0
H13	3021	1213	SEBASTIAN	KLEU	ELITEAC	M	48	45-49M	0.52.54	1	0
H14	3022	557	CHARLENE	RADEMEYER	RUN4C	F	43	40-44F	0.52.54	2	0
H15	3023	978	CHRISTOPHER	AYERST	CHARLO	M	57	55-59M	0.53.04	2	0
H16	3024	944	DISEMBA	BLOU	CHARLO	M	66	65-69M	0.53.34	2	0
H17	3026	556	ARTHUR	WILLIAMS	RUN4C	M	61	60-64M	0.53.55	2	0
H18	3027	921	RYAN	VAN DER MESCHT	CHARLO	M	43	40-44M	0.53.55	1	0
H19	3028	745	KATHLEEN	FLANAGAN	CRUSADE	F	38	35-39F	0.54.15	1	0
H20	3029	891	GEORGE	WINSHIP	CHARLO	M	58	55-59M	0.54.15	1	0
H21	3030	883	LINDI	VAN TONDER	CHARLO	F	46	45-49F	0.54.33	2	0
H22	3031	948	THOMAS	MARAIS	CHARLO	M	37	35-39M	0.54.43	1	0
H23	3032	915	JOEL	HUMAN	CHARLO	M	51	50-54M	0.54.44	1	0
H24	3033	926	TREVOR	VAN RENSBURG	CHARLO	M	72	70+M	0.55.40	2	0
H25	3034	1237	HERMAN	MATTHEWS	ELITEAC	M	50	50-54M	0.57.14	1	0
H26	3035	501	MPUMELELO	NDLUMBINI	MOTHER	M	52	50-54M	0.59.49	1	0
H27	3036	904	MARI	CALITZ	CHARLO	F	64	60-64F	1.00.06	1	0
H28	3037	1277	DENVER	ELLIE	VWAC	M	44	40-44M	1.00.42	1	0
H29	3038	877	KURT	GROENER	CHARLO	M	43	40-44M	1.00.46	1	0
H30	3039	956	NEELESH	BHANA	CHARLO	M	53	50-54M	1.00.52	1	0
H31	3040	930	IMKE	SMIT	CHARLO	F	35	35-39F	1.01.37	1	0
H32	3041	903	KESVAL	CHETTY	CHARLO	M	60	60-64M	1.03.07	1	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
H33	3042	914	ETIENNE	GERBER	CHARLO	M	54	50-54M	1.04.10	1	0
H34	3043	996	PAULA	PEARCE	CHARLO	F	56	55-59F	1.05.31	1	0
H35	3044	906	TARYN	FERREIRA	CHARLO	F	43	40-44F	1.06.20	1	0
H36	3045	1325	SHANNON	THEOBALD	NEDBANK	F	49	45-49F	1.06.55	1	0
H37	3046	911	TANYA	MEYER	CHARLO	F	40	40-44F	1.06.55	1	0
H38	3047	884	SHAMEMMA	SOLOMON	CHARLO	F	44	40-44F	1.08.03	1	0
H39	3048	920	LOCHI	LOCHNER	CHARLO	M	76	70+M	1.09.58	1	0
H40	3049	984	BELINDA	BAIN	CHARLO	F	62	60-64F	1.10.39	1	0
H41	3050	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	1.11.14	1	0
H42	3051	927	ANTON	VAN WYK	CHARLO	M	56	55-59M	1.11.24	1	0
H43	3052	935	BRENTON	SCHNETLER	CHARLO	M	50	50-54M	1.11.38	1	0
H44	3053	871	RICHARD	DE ANDRADE	CHARLO	M	64	60-64M	1.11.49	1	0
H45	3054	886	CELEST	JOYCE	CHARLO	F	55	55-59F	1.12.04	1	0
H46	3055	968	DENISE	DARLOW	CHARLO	F	56	55-59F	1.13.15	1	0
H47	3056	969	GARY	KELLEHER	CHARLO	M	67	65-69M	1.13.16	1	0
H48	3057	995	BERNADETTE	LOOCK	CHARLO	F	45	45-49F	1.15.13	1	0
H49	3058	923	EVA	CHETTY	CHARLO	F	56	55-59F	1.15.35	1	0
H50	3001	889	PETER	POHLMANN	CHARLO	M	61	60-64M	1.15.53	1	0
H51	3059	1239	YOLANDE	KNOETZE	ELITEAC	F	57	55-59F	1.16.04	1	0
H52	3060	928	ALLISTER	MARRAN	CHARLO	M	48	45-49M	1.17.48	1	0
H53	3006	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	55	55-59F	1.31.20	1	0
H54	3007	910	RAE	LUCKMAN	CHARLO	F	54	50-54F	1.31.20	1	0
H55	3008	962	MILE	VERMAAK	CHARLO	F	57	55-59F	1.31.20	1	0
H56	3009	939	DINA	SCHUTTE	CHARLO	F	58	55-59F	1.31.34	1	0
H57	3010	980	PETRUS	KOOPMAN	CHARLO	M	63	60-64M	1.31.34	1	0
H58	3062	971	DEIDRE	GERBER	CHARLO	F	53	50-54F	1.35.16	1	0