



“GOLDEN OLDIES 10KM”

Out and Back from Beacon Bay Country Club, Beaconhurst Drive, Beacon Bay.
Saturday, 20 July 2024 at 06:00

RULES OF THE RACE

1. All runners must wear their 2024 license numbers on the **front and back** of their vests. Age category **flashes** must be worn **front and back** to qualify for prize money.
2. Race numbers (laser chip) must be on the front and temp licences on the back of the vest. Timing by Mobi timing
3. All race officials must be obeyed.
4. All entrants must be 14 years of age or older.
5. No ear phones or head phones to be worn. Please adhere to this or you could be disqualified.

ENTRIES

1. Entries at Sportsmans Warehouse, Beacon Retail Park up to 15.00 on Thursday, 18 July 2024
2. **Once you have entered at SPORTSMANS take your race number to JONSSONS WORKWEAR next door for your reflector belt.**
3. Cost –10km race – R120.00.
4. TEMPORARY LICENCES – at Sportsmans Warehouse at R45.00 per license.
5. Late entries at BBCC on Saturday 05.30 using cells and QR code ONLY NO CASH

GENERAL INFORMATION

1. **Medals to the first 500 Finishers. Three refreshment stations will be provided.**
2. Enquiries - please contact Graham Reynolds on 082 448 0727 or grahamr@iteweb.co.za

RUNNERS Male and Female			
Category	1st	2nd	3rd
Open	R300	R250	R200
Juniors, 35+, 40+ and 50+	R250	R200	R150
60+ and 70+	R200	R150	R100

10 KM RACE ENTRY FORM

RACE NO (LASER CHIP)

SURNAME: FIRST NAME

GENDER: Female Male CATEGORY RUNNERS: Open / Junior / 35+ / 40+ / 50+ / 60+ / 70+

CLUB: DATE OF BIRTH:

ID NUMBER: 2024 LICENCE NUMBER

AGE ON RACE DAY: TEMP. LICENCE NO: ENTRY FEE: R120.00 TEMPORARY LICENCE: R45.00

SIGNATURE: Contact number.....

EMERGENCY DETAILS:	Name:	Phone:
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Participation in this event is at my own risk without any recourse to the organizers. Signature of parent or guardian required if under the age of 18 Run in accordance with the rules of ASA and BA.

THANK YOU TO THE FOLLOWING WHO MADE OUR RACE POSSIBLE

