



VITALITY RUN SERIES

RANDBURG HARRIERS CHALLENGE

28 JULY '24

RANDBURG SPORTS COMPLEX

**Join the 1000's of Goal - Getters
as they Conquer the hills!
ONE More Time..**

Race Overview

The event is 3 of 5 in the JHB Vitality Run Series offering 21.1km, 10km and 5km distances.

It's packed with music, food and fun for the family. Plus Spot prizes up for grabs.

**SCAN QR TO
REGISTER**



Race Entry Fees (ONLINE ONLY)

21.1KM

Price: R220
TEMP LIC: R70

10KM

Price: R170
TEMP LIC: R60

5KM

Price: R110

SUBSTITUTIONS R50 FOR ALL CATEGORIES (applicable before 28 July)

Great Grandmaster and Blind Runners can collect their complementary entry at collections table

Randburg Harriers Running Club, Randburg Sports Complex
Corner Republic Rd and Silver Pine Ave, Praegville, Randburg

Vitality Points

5 KM - 300 Points
10 KM - 600 Points
21.1 KM - 1,500 Points

Members will also receive an additional 500 Vitality points as this is a Discovery sponsored event.

ENTRY COLLECTIONS:

JULY 25-26

16:00-19:00
RANDBURG
SPORTS COMPLEX

JULY 27

10:00-17:00
RANDBURG
SPORTS COMPLEX

JULY 28

05:00-07:00
RANDBURG
SPORTS COMPLEX

@randburgharriersrunningclub @randburgharriers



VITALITY RUN SERIES

RANDBURG HARRIERS CHALLENGE'24



The event is held under the rules of ASA and CGA.

1. **Discovery Vitality** is the official title sponsor of the event and not the event organizer

2. Athletes indemnify the national, provincial and regional bodies, sponsors and organizers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.

2. All athletes participate at their own risk. Athletes acknowledge by entering the event that they are medically fit to participate. All athletes must supply the name and contact number of their next of kin on both the race number and entry form.

3. Licensed athletes must wear club colours and their 2024 license number back and front, on the upper body of the garment and the issued race number worn on the front of vest without concealing the sponsors names. Licensed athletes who do not wear their 2024 license numbers must purchase a temporary license on the day or face disqualification.

4. Temporary licensed athletes to wear plain clothing with the issued temporary license on the back of their vest.

5. Athletes competing for category prizes must wear clearly visible age tags of the appropriate size, on the back and front of their running vest.

7. No seconding allowed.

8. International Athletes must provide a clearance letter (from their country of origin) to the organizers and chief referee prior to the start of the event. Prizes will be withheld if this rule is not adhered to.

9. Walkers competing for Walkers prizes (if any) must wear Walker tags on the front and back of their running vest and adhere to IAAF rule 230.

10. No blades, cyclist or mechanically operated devices allowed in the race

11. No 2(two), 3(three) or 4(four) wheel carts/prams which are mechanically or manually operated by participants, or wheelchairs athletes will be permitted to participate without special permission has been granted from the race organiser. All such participants MUST start at the back of the field.

13. No animals/pets are allowed to participate.

14. Only South African athletes are eligible for team prizes. The domicile rule applies.

15. All instructions from traffic and race officials must be obeyed at all times.

16. Proof of age for prize winners is required and must be presented to the referees before prize giving. Prizes will be withheld until all the necessary details of the winners are confirmed.

17. Only those who have completed all the information required in the race entry/number are eligible for prizes.

18. No refunds.

19. No earphones, iPods and the like allowed and contravention of IAAF rule 144.2b, may lead to disqualification.

20. Athletes may not run with another athlete's race number unless by prior arrangement with the race organizer.

21. The race organizer retains the right to refuse entry and eject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.

22. The race organizer retains the right to refuse entry and eject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.

22. Athletes who participate without buying a race entry will be disqualified, will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge. Habitual offenders (those who regularly participate without purchasing a race entry) will be called to a CGA disciplinary.

23. Minimum age for participation: 21.1km | 16 years old, 10km | 14 years old, and 5km | 5 years old.

24. Licenced athletes not wearing club colours may face disqualification.

25. Littering is not allowed. Athletes are to dispose of any litter in appropriate bins. Athletes can be disqualified if they litter.

26. Objections/disputes must be lodged within 30 minutes before and after prize giving in writing to the chief referee accompanied by R500.00 which is refundable if the appeal is upheld.

27. No athletes should be denied his prize money if he/she has entered a race, and allowed to start without an electronic chip, providing that the referees have spotted him/her at each and every check point. This implies that the athlete has ran the entire race and won fairly.

28. Foreign athletes are not allowed to run with an ASA Provincial license and are required to purchase a temporary license or face disqualification. (Refer to IAAF rule 4.)

29. Foreign athletes are not allowed to run in club colours unless such club exist in their country of origin, or they are in possession of a refugee status permit or are naturalized citizens of RSA.

30. **Disclaimer:** By entering this race as a Vitality member, you hereby agree to share the relevant personal information with Discovery Vitality (Pty) Ltd and authorized third parties for purposes of facilitating your Vitality rewards. Applicable to Vitality members over 18, limits, terms and conditions apply.

Prize Giving starts 10:00 AM

Male & Female Positions(21km)	Open	40 - 49 years	50 - 59 years	60 - 69 years	70+ years	Junior
1	1,400.00	800.00	550.00	400.00	300.00	400.00
2	850.00	550.00	400.00	300.00		350.00
3	500.00	450.00	300.00			300.00
Male & Female Positions(10km)	Open	40 - 49 years	50 - 59 years	60 - 69 years	70+ years	Junior
1	700.00	450.00	300.00	250.00	250.00	300.00
2	550.00	350.00	200.00	200.00		250.00
3	450.00	250.00	150.00			200.00

Race Start Times

21.1KM 10KM 5KM
06:30 AM 06:45 AM 06:45 AM

Spot Prizes will be up for grabs on race day
 Food, Music and Entertainment on race day
 Entries are capped at 6000
 The event will be timed electronically
 Parking and Tog Bag Area will be available at the venue(Randburg Sports Complex), More information will be communicated on our socials

For More information

secretary@randburgharriers.co.za

079 844 7156

[@randburgharriersrunningclub](https://www.facebook.com/randburgharriersrunningclub)

[@randburgharriers](https://www.instagram.com/randburgharriers)